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**Date:** 2022-07-24  
**Question:** Should acupuncture vs antispasmodics be used for IBS?  
**Settings:**   
**Bibliography:**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Quality assessment** | | | | | | | **No of patients** | | **Effect** | | **Quality** | **Importance** |
|
| **No of studies** | **Design** | **Risk of bias** | **Inconsistency** | **Indirectness** | **Imprecision** | **Other considerations** | **Acupuncture** | **Antispasmodics** | **Relative (95% CI)** | **Absolute** |
| **abdominal pain** | | | | | | | | | | | | |
| 9 | randomised trials | serious1 | serious2 | Serious3 | no serious imprecision | none | - | - | - | - | ÅOOO VERY LOW | CRITICAL |
|  | 0% | - |
| **the relief of Global IBS symptoms** | | | | | | | | | | | | |
| 16 | randomised trials | serious1 | serious2 | Serious3 | no serious imprecision | none | - | - | - | - | ÅOOO VERY LOW | IMPORTANT |
|  | 0% | - |
| **adverse events** | | | | | | | | | | | | |
| 17 | randomised trials | serious1 | no serious inconsistency | Serious3 | no serious imprecision | none | - | - | - | - | ÅÅOO LOW | IMPORTANT |
|  | 0% | - |

1Method of randomization is unclear or lack of .  
2The variety of antispasmodics including different types, dosages, usages, and duration of treatment and different acupuncture prescriptions maybe contribute to the statistical heterogeneity.

3 Indirect comparison.