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| 纳入研究 | 随机序列的产生 | 随机化隐藏 | 盲法 | 撤出与退出 | 评分 | 等级 |
| Tsai et al. (1) | 2 | 2 | 1 | 1 | 6 | H |
| Hongni and Peng (2) | 2 | 0 | 1 | 1 | 4 | H |
| Xiangxian and Qing (3) | 1 | 0 | 1 | 1 | 3 | L |
| Qinghua (4) | 2 | 1 | 1 | 1 | 5 | H |
| Jinghe et al. (5) | 0 | 0 | 1 | 1 | 2 | L |
| Xiaojun et al. (6) | 2 | 2 | 1 | 1 | 6 | H |
| Lo et al. (7) | 0 | 0 | 2 | 1 | 3 | L |
| Feng and Chunfeng (8) | 2 | 2 | 2 | 1 | 7 | H |
| Huijuan and Caiqin (9) | 2 | 2 | 1 | 0 | 5 | H |
| Dalu et al. (10) | 2 | 2 | 1 | 0 | 5 | H |
| Lixun and Jianquan (11) | 2 | 2 | 1 | 1 | 6 | H |
| Pan et al. (12) | 2 | 1 | 1 | 0 | 4 | H |
| Sun and Buys (13) | 2 | 1 | 1 | 1 | 5 | H |
| Yongcai et al. (14) | 2 | 1 | 1 | 1 | 5 | H |
| Chaoyang et al. (15) | 2 | 1 | 1 | 1 | 5 | H |
| Haolei and Jiajia (16) | 2 | 1 | 1 | 1 | 5 | H |
| Rong et al. (17) | 0 | 1 | 1 | 1 | 3 | L |
| Lijuan et al. (18) | 2 | 1 | 1 | 1 | 5 | H |
| Ma et al. (19) | 2 | 2 | 1 | 1 | 6 | H |
| Tao et al. (20) | 2 | 1 | 1 | 1 | 5 | H |
| Xiaoling et al. (21) | 2 | 1 | 1 | 1 | 5 | H |
| Xiaorui (22) | 0 | 1 | 1 | 1 | 3 | L |
| Yakang (23) | 2 | 1 | 1 | 1 | 5 | H |
| Shou et al. (24) | 2 | 1 | 1 | 1 | 5 | H |
| Xiaobin and Luping (25) | 2 | 1 | 1 | 1 | 5 | H |
| Qinghua et al. (26) | 2 | 1 | 1 | 1 | 5 | H |

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