**Title Page**

**Title**

Effectiveness of Non-pharmacological Traditional Chinese Medicine Combined with Conventional Therapy in Treating Fibromyalgia: A Systematic Review and Meta-Analysis

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**List of abbreviations**

|  |  |
| --- | --- |
| BARS | Body Awareness Rating Scale |
| BDI | Beck Depression Inventory |
| CBT | cognitive behavioral therapy |
| CI | confidence interval |
| CINAHL | Cumulative Index of Nursing and Allied Health Literature |
| Ex-HN-3 | Yintang |
| FIQ | Fibromyalgia Impact Questionnaire |
| GB34 | Yanglingquan |
| GRADE | Grading of Recommendations Assessment, Development, and Evaluation |
| HAM | Hamilton test score |
| LI4 | Hegu |
| LR3 | Taichong |
| PC6 | Neiguan |
| PPT | pressure pain threshold |
| PRISMA | Preferred Reporting Items for Systematic review and Meta-Analysis |
| RCT | Randomized Controlled Trial |
| SD | standard deviation |
| SF-12 | short form 12 questionnaire |
| SF-36 | short form 36 questionnaire |
| SMD | standardized mean difference |
| SNRI | serotonin-norepinephrine reuptake inhibitors |
| SP6 | Sanyinjiao |
| TCAs | tricyclic antidepressants |
| TCM | Traditional Chinese Medicine |
| TePsN | number of tender points |
| VAS | visual analogue scale |
| WMD | weighted mean difference |