## Non-dimensionalization Α

Here we non-dimensionalize (2.2) to obtain the PDE-ODE system (2.3). Let [z] denote the unit of some variable z. In the SI unit system, we have

$$\begin{bmatrix} U \end{bmatrix} = \frac{\text{moles}}{\text{m}^2}, \quad \begin{bmatrix} D_U \end{bmatrix} = \frac{\text{m}^2}{\text{s}}, \quad \begin{bmatrix} \kappa_U \end{bmatrix} = \frac{1}{\text{s}}, \quad \begin{bmatrix} T \end{bmatrix} = \text{s}, \quad \begin{bmatrix} X \end{bmatrix} = \text{m}, \\ \begin{bmatrix} M_j \end{bmatrix} = \text{moles}, \quad \begin{bmatrix} \kappa_R \end{bmatrix} = \frac{1}{\text{s}}, \quad \begin{bmatrix} \mu_c \end{bmatrix} = \text{moles}, \quad \begin{bmatrix} \beta_{U,1} \end{bmatrix} = \frac{\text{m}}{\text{s}}, \quad \begin{bmatrix} \beta_{U,2} \end{bmatrix} = \frac{1}{\text{ms}},$$

Letting L denote the length-scale of the domain, we introduce the dimensionless variables  $u \equiv L^2 U/\mu_c$ ,  $v \equiv$  $L^2 V/\mu_c$ ,  $t \equiv \kappa_R T$ ,  $\mathbf{x} \equiv X/L$ ,  $\mu_j \equiv M_j/\mu_c$ , and  $\eta_j \equiv H_j/\mu_c$ . Then, we obtain that

where we have defined the dimensionless effective diffusivities  $D_u$  and  $D_v$  and degradation rates  $\sigma_u$  and  $\sigma_v$  by

$$D_u \equiv \frac{D_U}{L^2 \kappa_R}, \qquad \sigma_u \equiv \frac{\kappa_U}{\kappa_R}, \qquad D_v \equiv \frac{D_V}{L^2 \kappa_R}, \qquad \sigma_v \equiv \frac{\kappa_V}{\kappa_R}.$$

Since we assume that the common radius, denoted by  $L_c$ , of the cells is much smaller than the domain length-scale L, we introduce  $\varepsilon \ll 1$  by  $\varepsilon = L_c/L \ll 1$ .

Next, by non-dimensionalizing the Robin boundary conditions in (2.2), we obtain

$$\begin{array}{rcl} \frac{D_U}{L}\frac{\mu_c}{L^2}\partial_{n_{\mathbf{x}}}u &=& \beta_{U,1}\frac{\mu_c}{L^2}u - \beta_{U,2}\,\mu_c\mu_j\,,\\ \frac{D_V}{L}\frac{\mu_c}{L^2}\partial_{n_{\mathbf{x}}}v &=& \beta_{V,1}\frac{\mu_c}{L^2}v - \beta_{V,2}\,\mu_c\eta j\,, \end{array} \Leftrightarrow \qquad \begin{array}{rcl} \varepsilon D_u\partial_{n_{\mathbf{x}}}u &=& d_1^u u - d_2^u\mu_j, \\ \varepsilon D_v\partial_{n_{\mathbf{x}}}v &=& d_1^v v - d_2^v\eta_j, \end{array} \Rightarrow \qquad \begin{array}{rcl} \varepsilon D_u\partial_{n_{\mathbf{x}}}v &=& d_1^u v - d_2^u\mu_j, \\ \varepsilon D_v\partial_{n_{\mathbf{x}}}v &=& d_1^v v - d_2^v\eta_j, \end{array}$$

where we have defined  $d_1^u$ ,  $d_2^u$ ,  $d_1^v$ , and  $d_2^v$  by

$$d_1^u \equiv \frac{\beta_{U,1}}{\kappa_R L} \varepsilon \,, \qquad d_2^u \equiv \frac{\beta_{U,2} L}{\kappa_R} \varepsilon \,, \qquad d_2^v \equiv \frac{\beta_{V,1}}{\kappa_R L} \varepsilon \,, \qquad d_2^v \equiv \frac{\beta_{V,2} L}{\kappa_R} \varepsilon \,.$$

Here, in order that there is an  $\mathcal{O}(1)$  exchange across the cell membranes we have assumed that  $\frac{\beta_{U,1}}{\kappa_R L}$ ,  $\frac{\beta_{U,2}L}{\kappa_R}$ ,  $\frac{\beta_{V,1}}{\kappa_R L}$ and  $\frac{\beta_{V,2}L}{\kappa_R}$  are all  $\mathcal{O}(\varepsilon^{-1})$ . Lastly, we non-dimensionalize the intracellular reaction kinetics in (2.2) by

$$\begin{aligned} \kappa_R \mu_c \frac{d}{dt} \mu_j &= \kappa_R \mu_c f(\mu_j, \eta_j) + \int_{\partial \Omega_j} \left( \beta_{U,1} \frac{\mu_c L}{L^2} u - \beta_{U,2} \mu_c L \mu_j \right) \, dS_{\mathbf{x}} \,, \\ \kappa_R \mu_c \frac{d}{dt} \eta_j &= \kappa_R \mu_c \, g(\mu_j, \eta_j) + \int_{\partial \Omega_j} \left( \beta_{V,1} \frac{\mu_c L}{L^2} v - \beta_{V,2} \mu_c L \eta_j \right) \, dS_{\mathbf{x}} \,, \end{aligned}$$

which yields the dimensionless intracellular reactions

$$\frac{d\mu_j}{dt} = f(\mu_j, \eta_j) + \frac{1}{\varepsilon} \int_{\partial\Omega_j} (d_1^u u - d_2^u \mu_j) \, dS_{\mathbf{x}}, \qquad \frac{d\eta_j}{dt} = g(\mu_j, \eta_j) + \frac{1}{\varepsilon} \int_{\partial\Omega_j} (d_1^v v - d_2^v \eta_j) \, dS_{\mathbf{x}},$$

for each  $j \in \{1, ..., m\}$ . This completes the derivation of (2.3).

## Reduced-wave Green's function for the unit disk Β

When  $\Omega$  is the unit disk, the reduced-wave Green's function  $G_{\omega}(\mathbf{x};\xi)$  and its regular part, satisfying (2.9) can be determined analytically using separation of variables as (see equations (6.10) and (6.11) of [20])

$$G_{\omega}(\mathbf{x};\xi) = \frac{1}{2\pi} K_0\left(\omega|\mathbf{x}-\xi|\right) - \frac{1}{2\pi} \sum_{n=0}^{\infty} \beta_n \cos\left(n(\psi-\psi_0)\right) \frac{K'_n(\omega)}{I'_n(\omega)} I_n\left(\omega|\mathbf{x}|\right) I_n\left(\omega|\xi|\right) , \qquad (B.1a)$$

$$R_{\omega}(\xi) = \frac{1}{2\pi} \left(\log 2 - \gamma_e - \log \omega\right) - \frac{1}{2\pi} \sum_{n=0}^{\infty} \beta_n \frac{K'_n(\omega)}{I'_n(\omega)} \left[I_n\left(\omega|\xi|\right)\right]^2, \tag{B.1b}$$

where  $\gamma_e \approx 0.5772$  is Euler's constant, and  $I_n(z)$  and  $K_n(z)$  are the modified Bessel functions of the first and second kind of order *n*, respectively. In (B.1),  $\beta_0 \equiv 1$ ,  $\beta_n \equiv 2$  for  $n \geq 1$ , while  $\mathbf{x} \equiv |\mathbf{x}|(\cos \psi, \sin \psi)^T$ , and  $\xi \equiv |\xi|(\cos \psi_0, \sin \psi_0)^T$ .

For a ring pattern where the cell centers  $\mathbf{x}_k$  for  $k \in \{1, \ldots, m\}$ , are equidistantly spaced on a ring of radius r concentric within the unit disk, as in (4.1), all the Green's matrices used in the steady-state and linear stability analysis are circulant and symmetric matrices. As a result, each such matrix spectrum is available analytically.

Following Appendix A of [50], for an  $m \times m$  circulant matrix  $\mathcal{A}$ , with possibly complex-valued matrix entries, its complex-valued eigenvectors  $\tilde{\mathbf{v}}_j$  and eigenvalues  $\alpha_j$  are  $\alpha_j = \sum_{k=1}^m \mathcal{A}_{1k} \omega_j^{k-1}$  and  $\tilde{\mathbf{v}}_j = \left(1, Z_j, \dots, Z_j^{m-1}\right)^T$ , for

 $j \in \{1, \ldots, m\}$ . Here  $Z_j \equiv \exp\left(\frac{2\pi i (j-1)}{m}\right)$  and  $\mathcal{A}_{1k}$ , for  $k \in \{1, \ldots, m\}$ , are the elements of the first row of  $\mathcal{A}$ . Since  $\mathcal{A}$  is also a symmetric matrix, we have  $\mathcal{A}_{1,j} = \mathcal{A}_{1,m+2-j}$ , for  $j \in \{2, \ldots, \lceil m/2 \rceil\}$ , where the ceiling function  $\lceil x \rceil$  is defined as the smallest integer not less than x. Therefore,  $\alpha_j = \alpha_{m+2-j}$ , for  $j \in \{2, \ldots, \lceil m/2 \rceil\}$ , so that there are m-1 eigenvalues with a multiplicity of two when m is odd, and m-2 such eigenvalues when m is even. As a result, we conclude that  $\frac{1}{2} [\tilde{\mathbf{v}}_j + \tilde{\mathbf{v}}_{m+2-j}]$  and  $\frac{1}{2i} [\tilde{\mathbf{v}}_j - \tilde{\mathbf{v}}_{m+2-j}]$  are two independent real-valued eigenvectors of  $\mathcal{A}$ , corresponding to the eigenvalues of multiplicity two. In summary, the matrix spectrum of a circulant and symmetric matrix  $\mathcal{A}$ , where the eigenvectors have been normalized by  $\mathbf{v}_j^T \mathbf{v}_j = 1$ , is

$$\alpha_{j} = \sum_{k=1}^{m} \mathcal{A}_{1k} \cos(\theta_{j}(k-1)) , \quad j \in \{1, \dots, m\}; \qquad \theta_{j} \equiv \frac{2\pi(j-1)}{m}; \qquad \mathbf{v}_{1} = \frac{1}{\sqrt{m}} \mathbf{e},$$
(B.2a)

$$\mathbf{v}_{j} = \sqrt{\frac{2}{m}} \left( 1, \cos(\theta_{j}), \dots, \cos(\theta_{j}(m-1)) \right)^{T}, \quad \mathbf{v}_{m+2-j} = \sqrt{\frac{2}{m}} \left( 0, \sin(\theta_{j}), \dots, \sin(\theta_{j}(m-1)) \right)^{T} (B.2b)$$

for  $j \in \{2, \ldots, \lceil m/2 \rceil\}$ , where  $\theta_j \equiv 2\pi (j-1)/m$ . When *m* is even, there is an additional normalized eigenvector of multiplicity one given by  $\mathbf{v}_{m/2+1} = m^{-1/2} (1, -1, 1, \ldots, -1)^T$ .