

Individual Muscle stimulation

Area under the curve	BsM	PcM
# Y values analyzed	5	16
Outliers	0	2

Max Pura Increase	BsM	PcM
# Y values analyzed	5	15
Outliers	<u>0</u>	<u>1</u>

Sequential PcM-BsM stimulation

Area under the curve	5 Hz	10 Hz	20 Hz	40 Hz	60 Hz
Frequency					
# Y values analyzed	7	7	7	11	6
Outliers	0	0	0	1	1
Max Pura Increase					
# Y values analyzed	7	7	7	11	6
Outliers	1	0	0	2	1
Fatigue					
# Y values analyzed	7	7	7	11	5
Outliers	0	2	1	2	0

Sequential BsM-PcM stimulation : no outliers

Simultaneous BsM+PcM stimulation

Area under the curve	5 Hz	10 Hz	20 Hz	40 Hz	60 Hz
# Y values analyzed	7	7	9	13	9
Outliers	0	0	0	1	0
Max Pura Increase					
# Y values analyzed	7	7	9	13	9
Outliers	1	1	0	1	0
Latency					
# Y values analyzed	7	7	9	13	9
Outliers	0	0	0	1	0
Fatigue					
# Y values analyzed	6	7	9	9	8
Outliers	1	0	2	1	0

Delivery mode analysis

Area under the curve	Unil- Sim	Unil-Seq	Bil- Sim	Bil Seq	Cont- Sim	Con- Seq
# Y values analyzed	8	6	6	4	5	8
Outliers	1	0	1	0	1	1

Max Pura Increase	Unil- Sim	Unil-Seq	Bil- Sim	Bil Seq	Cont- Sim	Con- Seq
# Y values analyzed	8	6	6	4	5	5

<u>Outliers</u>	1	0	0	0	1	1
Fatigue	Unil- Sim	Unil-Seq	Bil- Sim	Bil Seq	Cont- Sim	Con- Seq
# Y values analyzed	7	6	6	4	5	5
<u>Outliers</u>	0	1	1	0	1	1