***Table S1. Search strategy***

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| Scopus=414 | (TITLE-ABS-KEY(Adolescent\* OR teens OR teenager\* OR juvenile OR school-aged children) AND TITLE-ABS-KEY(physical activity OR physical exercise OR sports activities OR sport movement OR sport\* OR motor OR athletic sports) AND TITLE-ABS-KEY(habit\* OR custom\* OR Behavior habit\*)) |
| Pub-med=535 | ((Adolescent\*[Title/Abstract] OR teens[Title/Abstract] OR teenager\*[Title/Abstract] OR juvenile[Title/Abstract] OR school-aged children[Title/Abstract]) AND (physical activity[Title/Abstract] OR physical exercise[Title/Abstract] OR sports activities[Title/Abstract] OR sport movement[Title/Abstract] OR sport\*[Title/Abstract] OR motor[Title/Abstract] OR athletic sports[Title/Abstract])) AND (habit\*[Title/Abstract] OR custom\*[Title/Abstract] OR Behavior habit\*[Title/Abstract]) |
| Web of science= 687 | ((TI=(Adolescent\* OR teens OR teenager\* OR juvenile OR school-aged children)) AND TI=((physical activity OR physical exercise OR sports activities OR sport movement OR sport\* OR motor OR athletic sports)) AND TS=(habit\* OR custom\* OR Behavior habit\*)) |
| EBSCOhost ERIC=18 | AB (Adolescent\* OR teens OR teenager\* OR juvenile OR school-aged children ) AND AB ( physical activity OR physical exercise OR sports activities OR sport movement OR sport\* OR motor OR athletic sports ) AND AB ( habit\* OR custom\* OR Behavior habit\* ) |
| Psychology and Behavioral Sciences Collection=51 | AB (Adolescent\* OR teens OR teenager\* OR juvenile OR school-aged children ) AND AB ( physical activity OR physical exercise OR sports activities OR sport movement OR sport\* OR motor OR athletic sports ) AND AB ( habit\* OR custom\* OR Behavior habit\* ) |

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