# Table S2. Study quality evaluation and risk of bias

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| --- | --- | --- | --- |
| **Study** | **Items** | **Score** | **Quality** |
| Q1 | Q2 | Q3 | Q4 | Q5 | Q6 | Q7 | Q8 | Q9 | Q10 | Q11 | Q12 | Q13 | Q14 | Q15 | Q16 | Raw | % |
| (Bénéfice et al. 2001)Senegal | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 14 | 87.5 | Excellent |
| (Garnier 2001)Senegal | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 13 | 81.2 | Excellent |
| (Schmitz et al. 2002)USA | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 | 100 | Excellent |
| (Gavarry et al. 2003)France | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 13 | 81.2 | Excellent |
| (Klentrou et al. 2003)Canada | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 15 | 93.8 | Excellent |
| (Kim et al. 2007)Korea | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 15 | 93.8 | Excellent |
| Kaya et al. 2010Turkey | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 14 | 87.5 | Excellent |
| (Moreno-Murcia et al. 2011)Spain | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 15 | 93.8 | Excellent |
| (Bąk‐Sosnowska and Skrzypulec‐Plinta 2012)Polish | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 14 | 87.5 | Excellent |
| (Hosseini et al. 2013)Iran | 1 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 1 | 12 | 75 | Good |
| (Piéron and Ruiz-Juan 2013)Spain | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 13 | 81.2 | Excellent |
| (Zach et al. 2013)Israel | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 15 | 93.8 | Excellent |
| (Dos Santos et al. 2014)Mozambique | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 14 | 87.5 | Excellent |
| (Wafa et al. 2014)Malaysia | 1 | 1 | 1 | 0 | 0 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 11 | 68.8 | Good |
| (Wushe et al. 2014)South Africa | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 14 | 87.5 | Excellent |
| (Kelishadi et al. 2016)Iran | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 14 | 87.5 | Excellent |
| (López Sánchez et al. 2016)Spain | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 12 | 75 | Good |
| (Carayanni et al. 2021)Greece | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 14 | 87.5 | Excellent |