### Appendix 2 1-on-1 interview guidelines (therapists).

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| Topic | Number | Question for therapists |
| Basic Information | 1 | How long are you being a therapist? |
| 2 | What intervention you usually provide? |
| Instrumental activities | 3 | What instrumental activities of daily life are difficult for people with MCI? |
| Social Connection | 4 | What social connection circle you suggest them to maintain? |
| 5 | If you want to enhance the social connection of people with MCI, what would you suggest them to do? |
| 6 | In your opinion, what may stop them to build social connection |
| 7 | In your opinion, what may motivate them to build social connection |
| Social Participation | 8 | Which social activities are most popular? |
| 9 | What attributes of social activities will attract them? |
| 10 | What kind of social activities you suggest them to do more of? |
| 11 | What difficulties do they have in doing these activities? (e.g., memory, language, attention. Visuospatial, executive/planning) |
| 12 | What will you suggest them to cope with these difficulties? |
| 13 | What instrumental activities of daily life are difficult for people with MCI? |
| 14 | What will you suggest them to change first? |
| Community-based activities | 15 | Which social groups are most popular? |
| 16 | Where are the social groups happening? |
| 17 | Which kind of social group you suggest them to join? |
| 18 | How the participation generates the sense of belonging? |
| Closing Question | 19 | Do you have anything to further explain? |