Supplementary Material

Low-intensity Pulsed Ultrasound regulates 1 osteoblast-osteoclast crosstalk via EphrinB2/EphB4 2 signaling for orthodontic alveolar bone remodeling 3 Jie Zhou^{1, 2, 3}, Yanlin Zhu^{1, 2, 3}, Dongqing Ai^{1, 2, 3}, Mengjiao Zhou^{1, 2, 3}, Han Li^{1, 2, 3}, 4 Yiru Fu^{1, 2, 3}, Jinlin Song* 5 * Correspondence: Jinlin Song: songjinlin@hospital.cqmu.edu.cn 6 1 Conventional materials and methods are described in detail: 7 1.1 Quantification of the tooth movement distance. 8 After the maxillary samples of each group were fixed and washed, they were 9 photographed with a stereomicroscope (SteREO Discovery.V20, Zeiss, Germany) and 10 11 analysed using microscopic measurement software (n = 3/group/time point). The

distance from the distal contact point of the first molar to the proximal contact point of the second molar represented the range of OTM. The measurement was carried out by the same operator three times, and the average value was taken.

15 **1.2 Micro-CT analysis**

At the end of the animal experiment, CO_2 inhalation was used to sacrifice the rats (n = 16 6/group). After the orthodontic appliances were removed, the maxillae were trimmed 17 to include the segment of the alveolar bone with three molars and the tissue 3 mm 18 mesial to the first molar that contained the resorption and compensatory bone 19 formation sites. The samples were fixed in 4% paraformaldehyde for 24 h and 20 scanned using a micro-CT Scanner (vivaCT 40, SCANCO Medical AG, Switzerland). 21 3D reconstructions were generated by Amira software. A 200*200*400 µm volume 22 set at a distance of 50 µm from the root furcation was defined as the region of interest 23 (ROI) for analysis. BV/TV, Tb.Th., Tb.N. and Tb.Sp. of the alveolar bone were 24 analysed, as previously described.^{15,31} 25

26 **1.3 Calcein and ARS labelling**

Six rats were intraperitoneally injected with Calcein (20 mg/kg) (1461, Solarbio, 27 Beijing, CN) one day before tooth movement, and ARS (25 mg/kg) (A5533, Sigma) 28 29 was injected on the 13th day. The rats were sacrificed on the 15th day and the maxillae were cut in half along the sagittal plane. Then, the specimens were fixed, 30 dehydrated and embedded in photopolymer resin. The specimens were sectioned at 5 31 um thickness along the transversal direction with a hard tissue cutting and grinding 32 system (E300CP/400CS, EXAKT, Germany) and were observed with a fluorescence 33 microscope. The distance between the Calcein and ARS lines was taken as a measure 34 of newly-formed bone. 35

36 **1.4 Sample preparation and histology analysis**

After micro-CT the with scanning, samples were decalcified 37 ethylenediaminetetraacetate (EDTA; 10%, pH 7.4) for one month, embedded in 38 paraffin and sectioned in the sagittal direction. Sections containing the mesial and 39 distal buccal roots of the first molar, especially the 2-3 mm intact alveolar bone cortex 40 of the mesial buccal roots, were selected. The sections were stained with HE and 41 42 Masson for histologic observation, respectively. Images were acquired with a slide scanner (Slideview VS200, Olympus, Japan). 43

The paraffin sections were dewaxed, rehydrated, immersed in preheated buffer 44 containing sodium citrate for antigen retrieval at 95°C for 20 min, and blocked with 45 hydrogen peroxide (3%). Then, the sections were incubated with mouse monoclonal 46 IgG-anti EphB4 (1:200, sc-130081, Santa Cruz, CA, USA) or rabbit polyclonal 47 IgG-anti ephrinB2 (1:200, D220598, Sango, Shanghai, CN) at 4 °C overnight, 48 49 detected by biotinylated secondary antibody, and then visualized by a DAB Kit (ZLI-9017, ZSJQ-BIO, Beijing, CN), according to the manufacturer's protocol. 50 Finally, they were counter-stained with haematoxylin and Image J was employed to 51 measure the mean optical density (OD) value and the size of the positive area. 52

53 **1.5 ALP and ARS staining**

ALP staining and measurement were performed after osteogenic induction for seven 54 days. For activity measurement, cell lysates were obtained and measured by an 55 Alkaline Phosphatase Assay Kit (A059-2-2, Jiancheng, Nanjing, CN). For ALP 56 staining, the cells were washed with PBS, fixed with 4% paraformaldehyde for 10 min, 57 and stained using a BCIP/NBT Alkaline Phosphatase Colour Development Kit 58 (C3206, Beyotime, Shanghai, CN), according to the manufacturer's protocol. Calcium 59 mineral deposition was determined after 21 days of osteogenic induction. The cells 60 were washed with double distilled water, fixed with 4% paraformaldehyde for 15 min, 61 and stained with 2% ARS (A5533, Sigma) for 30 min. The stained culture plates were 62 imaged using scanner(V330, EPSON, Japan) and microscope (EVOS FL Auto, 63 Thermo Fisher Scientific, USA), respectively. 64

65 **1.6 TRAP staining**

The differential level of osteoclasts was revealed by TRAP staining, which was performed using a Tartrate-Resistant Acid Phosphatase (TRAP) Stain Kit (G1492, Solarbio), according to the manufacturer's instructions.

69 **1.7 RT-qPCR analysis**

70 For reverse transcription, 5 ug of total RNA in each group was submitted to a GoScript[™] Reverse Transcription System (A5001, Promega, Madison, WI, USA). 71 cDNA, as a template, was added into a mixture of SYBR green (A6001, Promega) 72 73 and primer at a final concentration of 0.2 uM. RT-qPCR amplification was performed as follows: 94 \C for 20 s, 40 cycles of 10 s at 94 \C and 10 s at 55 \C and 10 s at 72 \C , 74 followed by the melting curve program. Relative expression levels were analysed by 75 the $\Delta\Delta$ -Ct method normalized to β -actin and the control group. Fold change data are 76 presented as the mean \pm SEM. The primer sequences used for the qPCR assays are 77 78 shown in Table 1. Table 1 Primer sequences 79

| 9 | Table 1. I Timer sequences. | | |
|---|-----------------------------|---------------------------------|---------------------------------|
| | Gene | Forward Primer sequences(5'-3') | Reverse Primer sequences(5'-3') |

| Gene | Forward Primer sequences(5'-3') | Reverse Primer sequences(5'-3') |
|----------|---------------------------------|---------------------------------|
| EphB4 | GTTCACCTTGCACTACCCCA | TCGGCAGCGTACAGCATAAG |
| EphrinB2 | GCCAGACCAGACCAAGATGT | GCCCTCCAAAGACCCATTTG |
| Runx2 | GGGAACCAAGAAGGCACAGA | GGATGAGGAATGCGCCCTAA |
| Col1a | CCCTGGTCCCTCTGGAAATG | GGACCTTTGCCCCCTTCTTT |
| Bglap | ACCTCACAGATGCCAAGCC | GCCGGAGTCTGTTCACTACC |
| Nfatc1 | CCACTCCACCCACTTCTGAC | GTCGGGGAAAGAGACTTGGG |
| c-fos | CAGTCAAGAGCATCAGCAACG | CTCCCAGTCTGCTGCATAGAA |
| Ctsk | TGGAGGCGGCTATATGACCA | CCTTTGCCGTGGCGTTATAC |
| MMP-9 | CTTCCCCAAAGACCTGAAAACC | CCATAGCGGTACAAGTATGCCT |

80 **1.8 Western blot analysis**

At the end of the corresponding experiment, cells were lysed in RIPA buffer on ice, 81 and total protein was extracted and quantified with a BCA Assay Kit (P0010, 82 83 Beyotime). 20 ug of total protein in each sample was separated by SDS-PAGE and transferred to PVDF membranes. The samples were blocked by 5% BSA and 84 85 incubated with primary antibody at 4° C overnight. The antibodies used for Western blot analysis included mouse monoclonal anti-EphB4 (1:500, sc-130081, Santa Cruz, 86 CA, USA), rabbit polyclonal anti-EphrinB2 (1:500, D220598, Sango, Shanghai, CN), 87 anti-YAP (1:1000, 14074, CST, Danvers, MA, USA), anti-Phospho-YAP (Ser127) 88 89 (1:1000, 13008, CST), anti-β-actin (1:1000, 8457, CST), anti-GAPDH (1:500, D110016, Sango) and anti-Histone H3 (1:1000, 4499, CST). Immunolabelling was 90 detected using the ECL reagent and densitometry was performed by ImageJ. 91

92 **1.9 Co-immunoprecipitation**

The interaction between EphB4 and EphrinB2 was examined using the Co-IP protocol. 93 The osteoblast-osteoclast co-culture system treated with LIPUS was washed with PBS 94 and lysed with NP-40 (P0013F, Beyotime) on ice for 10 min. After centrifugation, the 95 cellular extracts were collected, Pansorbin (507858, Sigma) was added, and mixing 96 was performed at 4° C for 1 h. The supernatant was obtained by centrifugation and 97 was then incubated with anti-EphB4 antibody (1:50, sc-130081, Santa Cruz) and 98 Protein A/G PLUS-Agarose (sc-2003, Santa Cruz) overnight at 4°C. Immune 99 complexes were washed with ice-cold PBS three times, collected after centrifugation, 100 101 resuspended with loading buffer, and boiled for 5 min for SDS-PAGE electrophoresis and immunoblotting analyses. 102

103 **1.10 Wound healing and migration assay**

The BMSC-derived osteoblastic cells with or without shEphb4 transfection were seeded into six-well plates. At 70% confluence, the medium was replaced to serum-free medium for 12 h of serum starvation. A straight-line was scratched in the well of each group by a ruler and 100 ul pipette tips. The wells were washed, and the floating debris was removed. Images were acquired by inverted microscope at 0 h as control. The EphrinB2-Fc and LIPUS treatments were given according to the
experimental design. The same scratch site was photographed again, and the scratch
area was measured and calculated by ImageJ.

Cell migration was assessed using a Transwell assay. The BMSC-derived osteoblastic 112 cells with or without shEphb4 transfection were seeded into inserts with a pore size of 113 114 8 µm (140629, Thermo, Waltham, MA, USA) within a 24-well Transwell culture chamber at 1*10⁴ cells per well. EphrinB2-Fc was added to the lower chamber and 115 LIPUS treatment was implemented according to the study design. After incubation for 116 48 h, the non-migrated cells left on the inner side of the membrane at the bottom of 117 the upper inserts were removed. The migrated cells were fixed with 4% 118 paraformaldehyde for 15 min, stained with 0.5% crystal violet for 15 min, washed 119 with PBS, and then observed and photographed using a microscope. Images were 120 121 analysed using ImageJ software.

122 **1.11 Immunofluorescence staining**

- The BMMs were cultured under the indicated conditions for seven days to examine F-Actin ring formation. After fixation with paraformaldehyde (4%) and permeabilization with Triton X-100 (0.1%), the osteoclasts from each group were stained with phalloidin-Alexa Fluor 555 (C2203, Beyotime) for F-actin and DAPI (C1005, Beyotime) for the nuclei. The F-Actin ring formation and nuclei were examined, and images were collected using a fluorescence microscope (EVOS FL Auto, Thermo Fisher Scientific, USA).
- To explore the effect of LIPUS on the binding ability between the EphB4 receptor and
 EphrinB2 ligand, BMSC-derived osteoblastic cells treated with EphrinB2-Fc chimera
 protein cross-linking with His-Tag antibody and LIPUS were fixed with 4%
 paraformaldehyde and incubated with secondary antibody (NBP1-75181, Novus,
 Littleton, CO, USA) to detect the His-Tag antibody binding to the EphB4 receptor on
 the cell membrane.
- The effects of LIPUS and the EphrinB2-Fc synergistic signals on the cytoskeleton 136 distribution and nuclear location of YAP were observed by immunofluorescence. 137 BMSC-derived osteoblastic cells from each group were fixed with paraformaldehyde 138 (4%), permeabilized with Triton X-100 (0.5%), blocked with BSA (5%), incubated 139 with rabbit monoclonal IgG-anti YAP (1:500, 14074, CST) at 4 °C overnight, and 140 detected with Alexa Fluor 488-labelled goat anti-rabbit IgG secondary antibody 141 142 (1:500, A0423, Beyotime) for 1 h at room temperature. The cytoskeletons were labelled with phalloidin-Alexa Fluor 555 for 20 min and the nuclei were stained with 143 144 DAPI for 10 min. Imaging was performed using a fluorescence microscope.