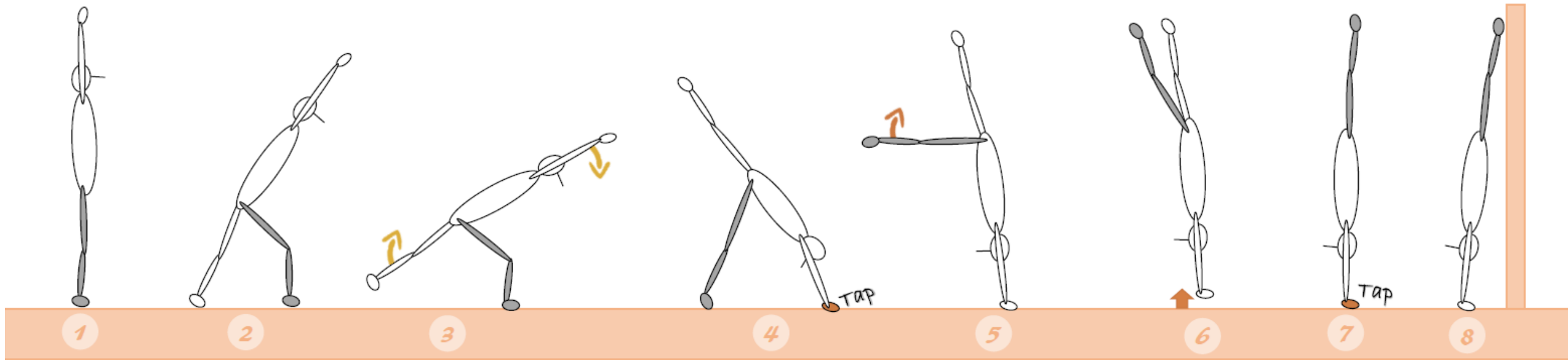


Learning situation: Front handspring Handspring against a wall



Instruction : Keep your whole body aligned (except the dominant leg) throughout the movement

Success criteria : Hands lift off the ground as the dominant leg rises to the vertical (see **5**)