

**Supplementary Figure 1.** Scatter plot for the forward MR analysis.

**Supplementary Figure 2.** Forest plot for the forward MR analysis.

**Supplementary Figure 3.** Leave-one-out analysis for the forward MR analysis.

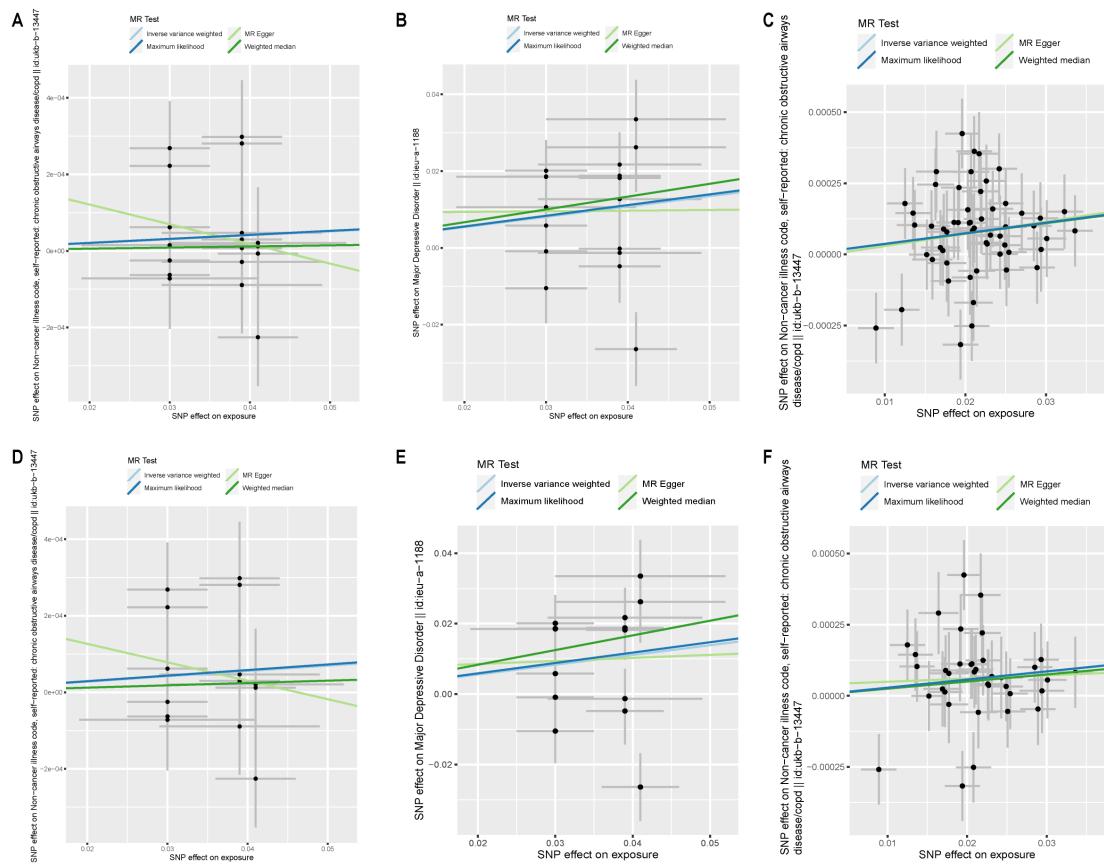
**Supplementary Figure 4.** Funnel plot for the forward MR analysis.

**Supplementary Figure 5.** Scatter plot for the reverse MR analysis.

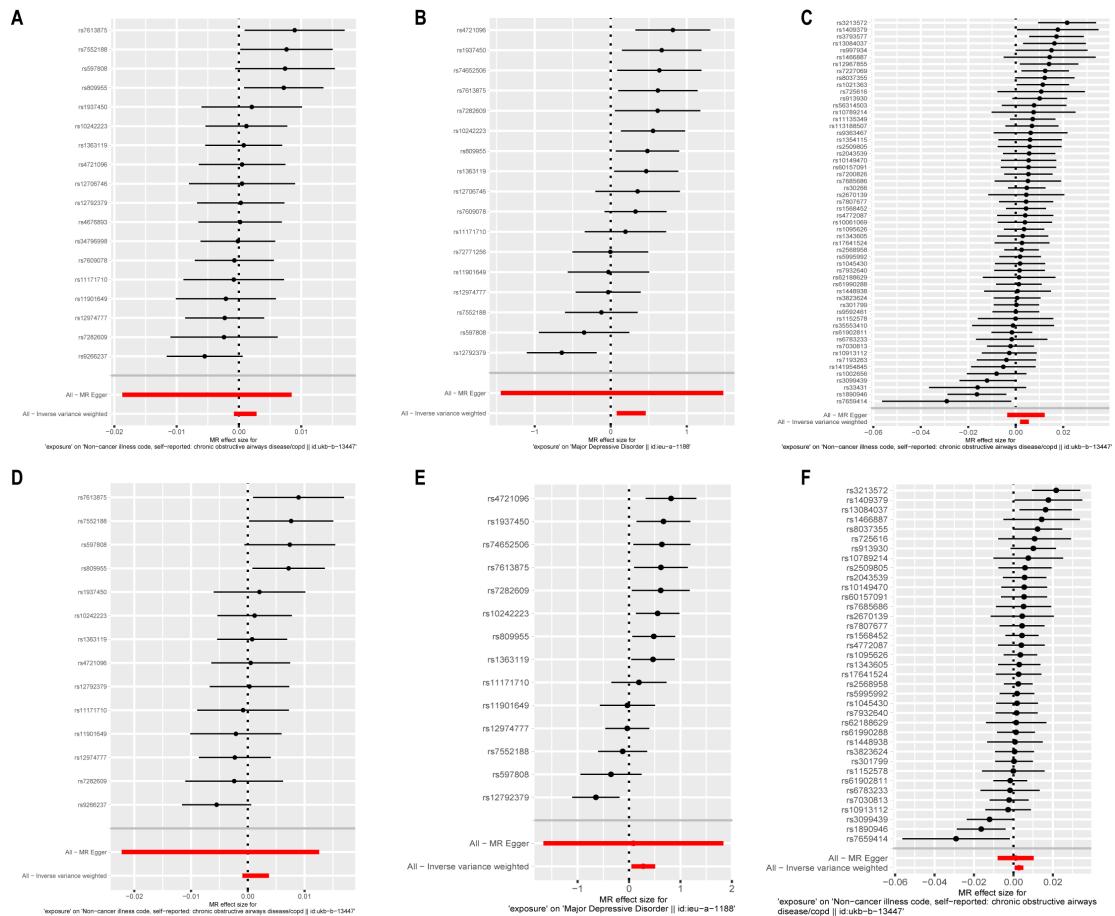
**Supplementary Figure 6.** Forest plot for the reverse MR analysis.

**Supplementary Figure 7.** Leave-one-out analysis for the reverse MR analysis.

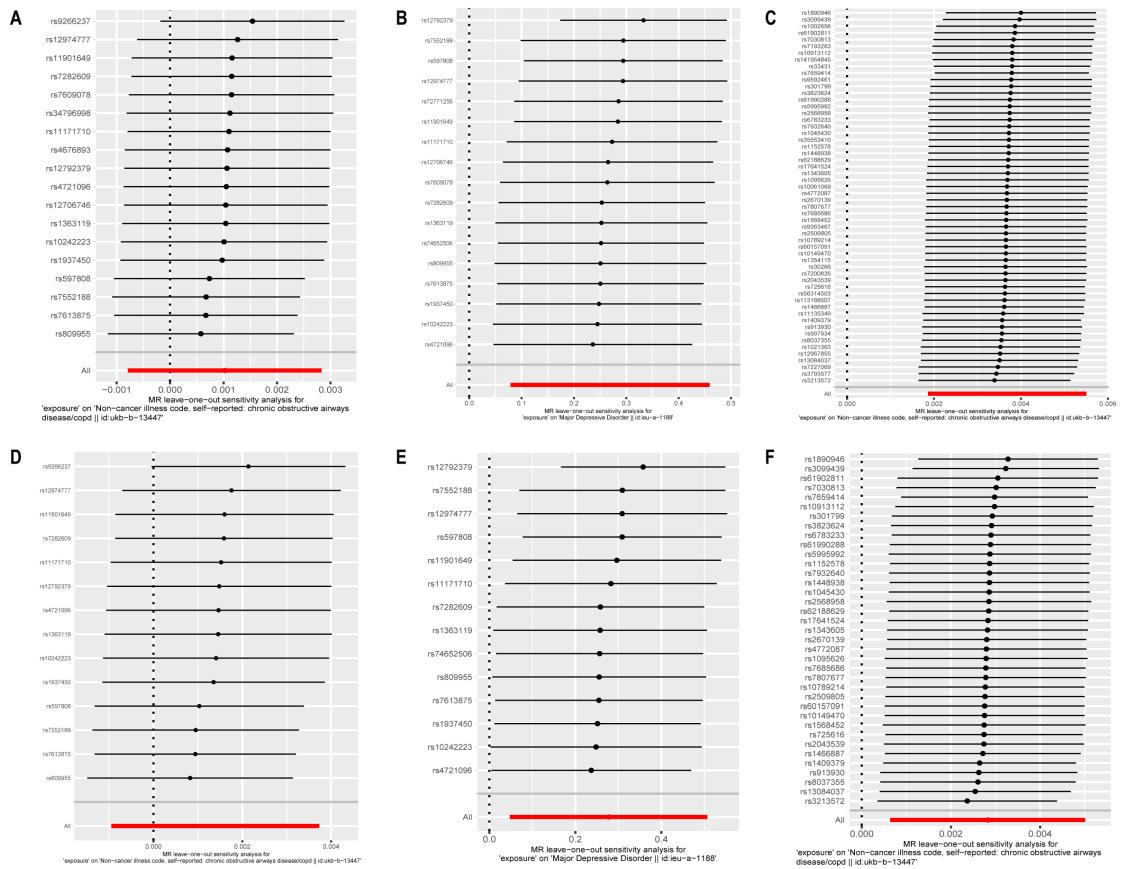
**Supplementary Figure 8.** Funnel plot for the reverse MR analysis.



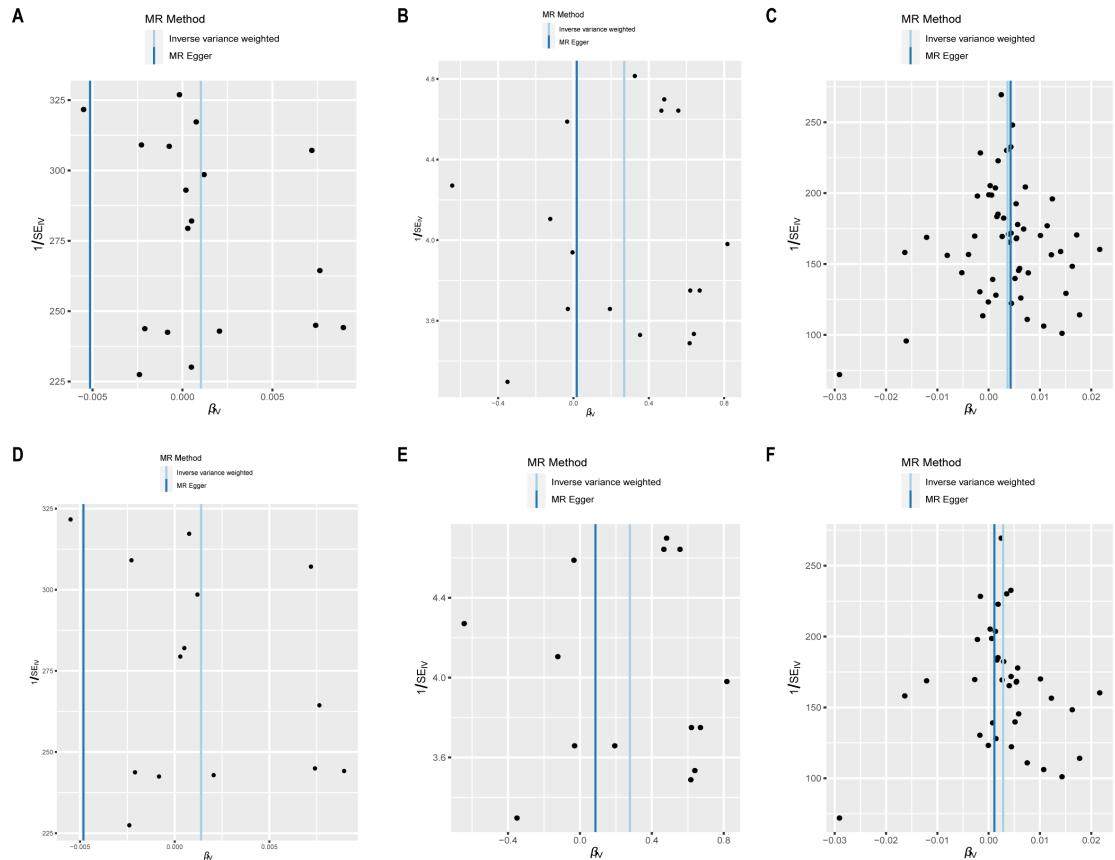
**Supplementary Figure 1.** Scatter plot for the forward MR analysis. **(A)** GERD-COPD in MR analysis. **(B)** GERD-MDD in MR analysis. **(C)** MDD-COPD in MR analysis. **(D)** GERD-COPD in eQTL-MR analysis. **(E)** GERD-MDD in eQTL-MR analysis. **(F)** MDD-COPD in eQTL-MR analysis.



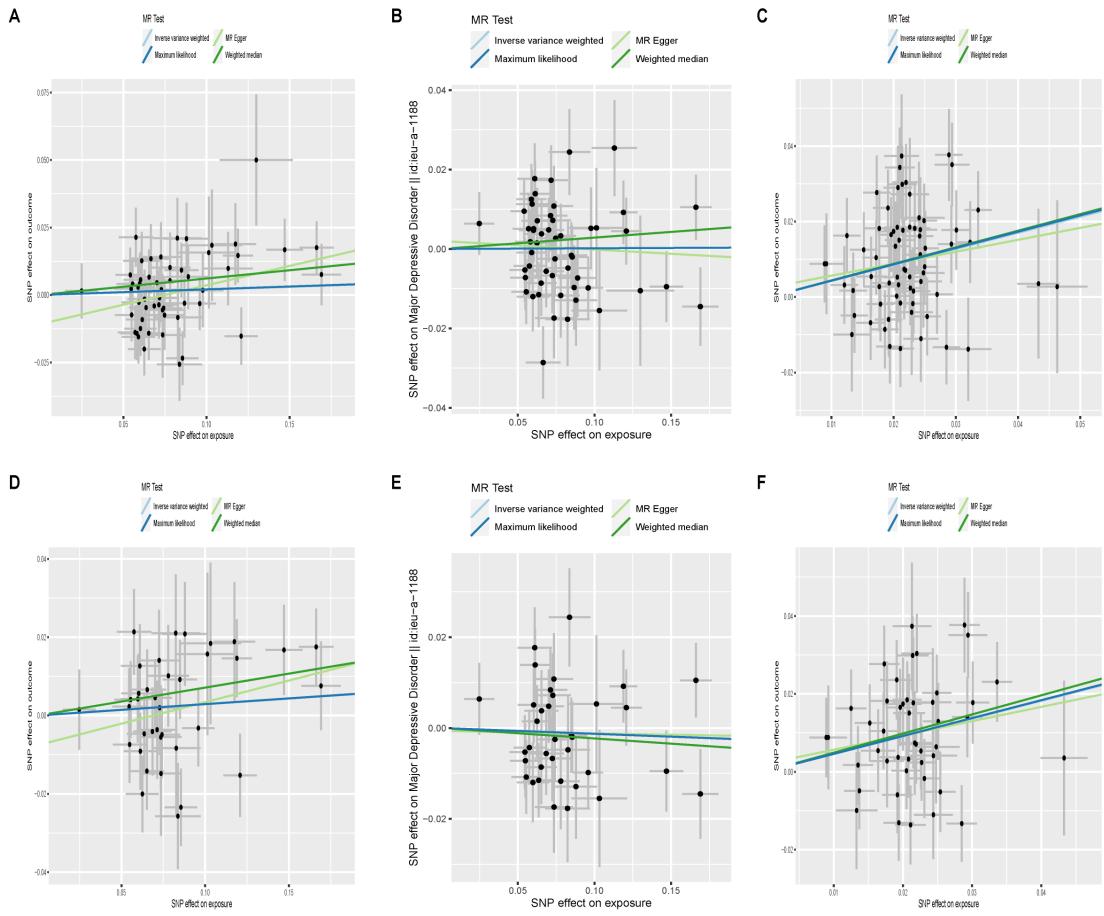
**Supplementary Figure 2.** Forest plot for the forward MR analysis. **(A)** GERD-COPD in MR analysis. **(B)** GERD-MDD in MR analysis. **(C)** MDD-COPD in MR analysis. **(D)** GERD-COPD in eQTL-MR analysis. **(E)** GERD-MDD in eQTL-MR analysis. **(F)** MDD-COPD in eQTL-MR analysis.



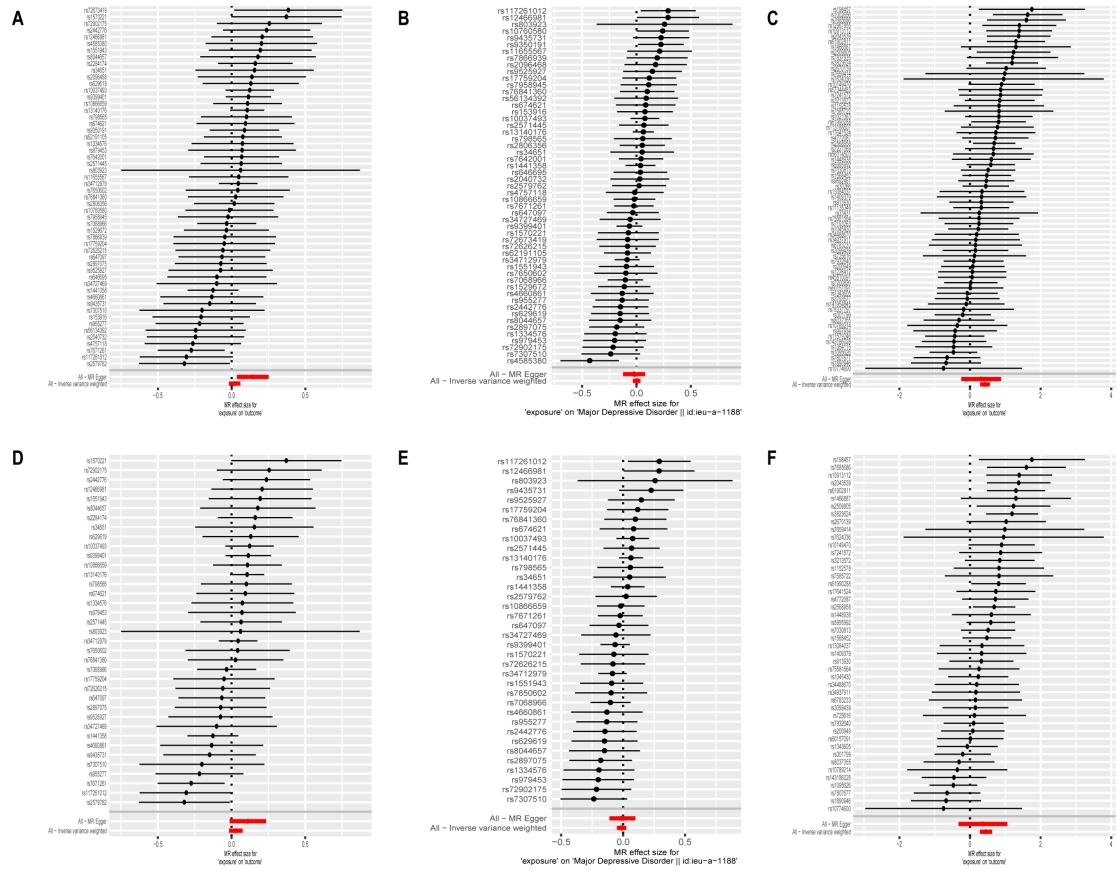
**Supplementary Figure 3.** Leave-one-out analysis for the forward MR analysis. **(A)** GERD-COPD in MR analysis. **(B)** GERD-MDD in MR analysis. **(C)** MDD-COPD in MR analysis. **(D)** GERD-COPD in eQTL-MR analysis. **(E)** GERD-MDD in eQTL-MR analysis. **(F)** MDD-COPD in eQTL-MR analysis.



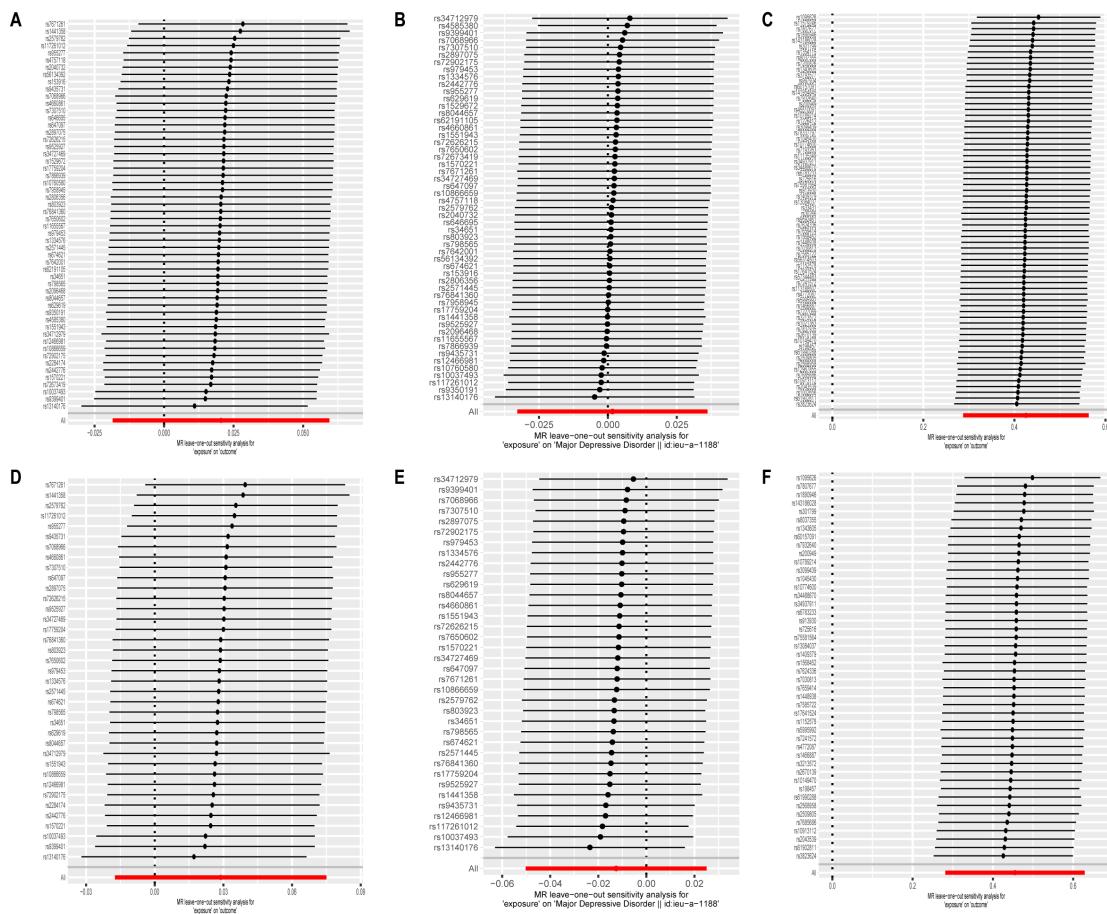
**Supplementary Figure 4.** Funnel plot for the forward MR analysis. **(A)** GERD-COPD in MR analysis. **(B)** GERD-MDD in MR analysis. **(C)** MDD-COPD in MR analysis. **(D)** GERD-COPD in eQTL-MR analysis. **(E)** GERD-MDD in eQTL-MR analysis. **(F)** MDD-COPD in eQTL-MR analysis.



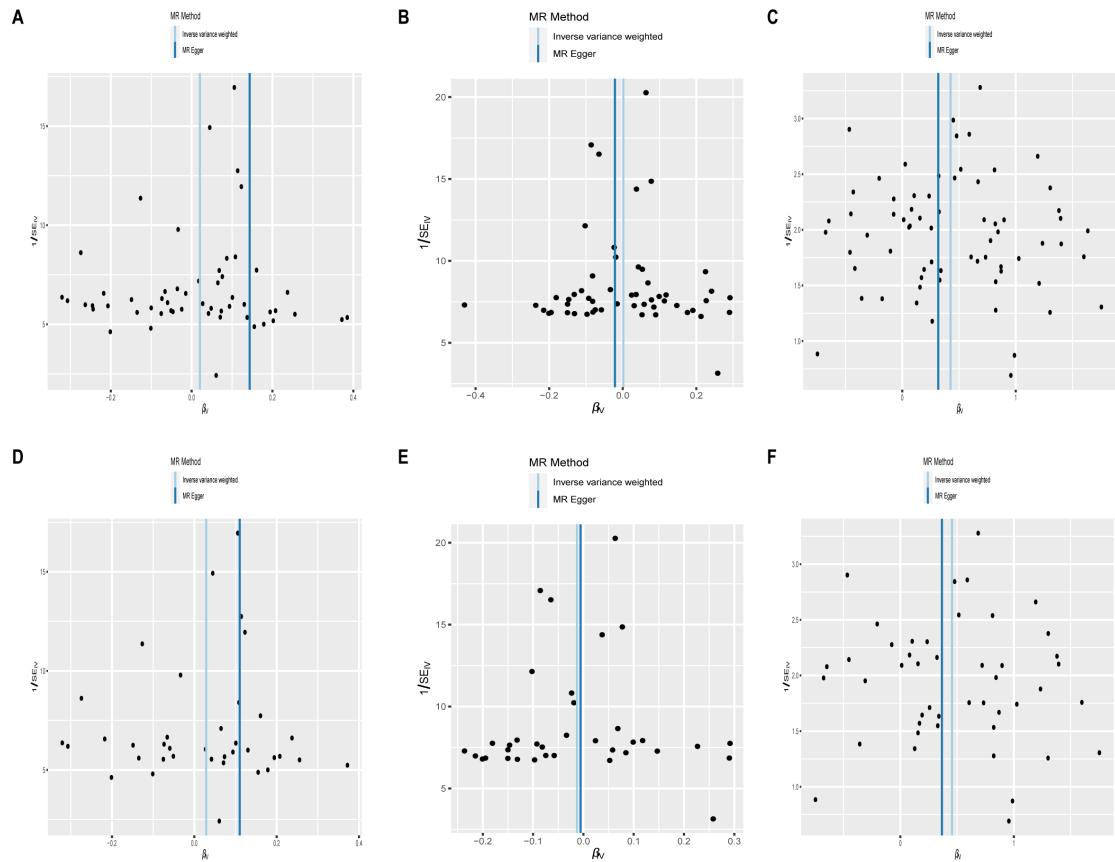
**Supplementary Figure 5.** Scatter plot for the reverse MR analysis. **(A)** COPD-GERD in MR analysis. **(B)** COPD-MDD in MR analysis. **(C)** MDD-GERD in MR analysis. **(D)** COPD-GERD in eQTL-MR analysis. **(E)** COPD-MDD in eQTL-MR analysis. **(F)** MDD-GERD in eQTL-MR analysis.



**Supplementary Figure 6.** Forest plot for the reverse MR analysis. **(A)** COPD-GERD in MR analysis. **(B)** COPD-MDD in MR analysis. **(C)** MDD-GERD in MR analysis. **(D)** COPD-GERD in eQTL-MR analysis. **(E)** COPD-MDD in eQTL-MR analysis. **(F)** MDD-GERD in eQTL-MR analysis.



**Supplementary Figure 7.** Leave-one-out analysis for the reverse MR analysis. **(A)** COPD-GERD in MR analysis. **(B)** COPD-MDD in MR analysis. **(C)** MDD-GERD in MR analysis. **(D)** COPD-GERD in eQTL-MR analysis. **(E)** COPD-MDD in eQTL-MR analysis. **(F)** MDD-GERD in eQTL-MR analysis.



**Supplementary Figure 8.** Funnel plot for the reverse MR analysis. **(A)** COPD-GERD in MR analysis. **(B)** COPD-MDD in MR analysis. **(C)** MDD-GERD in MR analysis. **(D)** COPD-GERD in eQTL-MR analysis. **(E)** COPD-MDD in eQTL-MR analysis. **(F)** MDD-GERD in eQTL-MR analysis.