

GRASSP Movement	Pre-Intervention Baseline 1		Pre-Intervention Baseline 2		At End of Intervention		1-month follow-up		2-month follow-up	
	Left	Right	Left	Right	Left	Right	Left	Right	Left	Right
Shoulder	5	5	5		4	4	4	5	5	5
Biceps	5	5	5		5	5	5	5	5	5
Triceps	2	2	2		2	1	2	2	2	2
Wrist extensors	1	1	1		2	2	2	1	2	1
Finger extensors	0	0	0		0	0	0	1	1	0
D1 rotation	0	0	0		0	0	0	0	0	1
D1 IP	0	0	0		0	0	0	0	0	0
D3 DIP	0	0	0		0	0	0	0	0	0
D5 abduction	0	0	0		0	0	0	0	0	0
D1 abduction	0	0	0		0	1	0	1	0	0
D2 flexion	0	0	0		0	0	0	0	0	0
D5 flexion	0	0	0		0	0	0	0	0	0
GRASSP Sensation										
	Left	Right	Left	Right	Left	Right	Left	Right	Left	Right
1 (D1 dorsum)	3	3	2	3	4	3	3	3	4	4
2 (D3 dorsum)	0	0	0	0	0	0	1	0	1	0
3 (D5 dorsum)	2	0	3	0	0	0	1	0	2	0
Dorsal Total (12)	5	3	5	3	4	3	5	3	7	4
4 (D1 palmar)	3	3	3	3	4	3	3	3	3	2
5 (D3 palmar)	0	1	0	3	1	0	0	1	0	1
6 (D5 palmar)	0	0	1	0	0	0	1	0	0	0
Palmar Total (12)	3	4	4	6	5	3	4	4	3	3
Total (out of 24)	8	7	9	9	9	6	9	7	10	7
Index	4	0	2	0	1	2	2	1	3	2
Ring	1	2	1	0	0	3	0	0	1	0
Palm (Index)	3	0	0	1	1	0	0	1	0	1
Palm (Pinky)	3	0	0	0	1	0	0	0	0	0
Palm (Base)	4	3	0	0	1	2	1	1	3	2
Palm (Thumb)	0	3	1	3	4	3	1	1	4	2

Supplementary Table 1. GRASSP movement and sensation scores for CTS02