

GRASSP movement	Pre- Intervention Baseline 1		Pre- Intervention Baseline 2		At End of Intervention		1-month follow-up		2-month follow-up	
	Left	Right	Left	Right	Left	Right	Left	Right	Left	Right
Shoulder	4	2	4		3	1	4	2		
Biceps	4	2	4		4	2	5	3		
Triceps	1	2	1		2	2	2	2		
Wrist extensors	0	0	0		0	1	1	0		
Finger extensors	0	0	0		0	1	0	0		
D1 rotation	0	0	0		0	0	0	0		
D1 IP	0	0	0		0	0	0	0		
D3 DIP	0	0	0		0	0	0	0		
D5 abduction	0	0	0		0	0	0	0		
D1 abduction	0	0	0		1	0	0	1		
D2 flexion	0	0	0		0	0	0	0		
D5 flexion	0	0	0		0	0	0	0		
GRASSP Sensation										
	Left	Right	Left	Right	Left	Right	Left	Right	Left	Right
1 (D1 dorsum)	3	4	4	4	4	4	3	3	4	4
2 (D3 dorsum)	3	3	4	2	4	4	4	3	2	4
3 (D5 dorsum)	2	4	4	4	4	4	2	4	1	4
Dorsal Total (12)	8	11	12	10	12	12	9	12	7	12
4 (D1 palmar)	1	3	1	4	3	4	4	4	2	4
5 (D3 palmar)	2	3	2	3	2	4	1	4	2	4
6 (D5 palmar)	2	4	3	3	3	4	2	4	2	4
Palmar Total (12)	5	10	6	10	8	12	7	12	6	12
Total (out of 24)	13	21	18	20	20	24	16	22	13	24
Index	2	3	1	2	2	4	2	3	2	4
Ring	2	4	2	3	4	4	4	3	4	3
Palm (Index)	0	4	0	2	2	4	2	3	2	4
Palm (Pinky)	3	4	3	4	3	4	3	3	4	3
Palm (Base)	3	4	2	4	4	4	2	3	2	3
Palm (Thumb)	3	3	3	4	3	4	4	3	3	4

Supplementary Table 2. GRASSP movement and sensation scores for CTS03