

## 6. Paired Sample Effect Sizes

<b>Value Post - Value Pre</b>	<b>Cohen's d</b>	<b>Hedges' correction</b>
Standardizer	1,38247	1,42969
Point Estimate	-0,57300	-0,55400
Lower 95% Confidence Interval of the Difference	-1,00000	-0,96700
Upper 95% Confidence Interval of the Difference	-0,13500	-0,13000