Appendix 3: Parenting Training Matrix Outlining the Functions, Forms, and Assessment Tools from Provider and Patient

Perspectives

Function	Form	Provider Assessment	Patient Assessment
To build positive rapport with both parent and child	Psychoeducation	STAR-C	STAR-P
	Problem-Solving	All EMR Notes	Reported Use of Handout/Exercise:
	Behavioral Practice Using	Periodic Reflections	Positive Self-Statements Brainstorm
	Worksheets/Handouts		Incentives for Me Brainstorm
			Self-Talk in Problem Situations
	Psychoeducation	STAR-C	STAR-P
	Problem-Solving	T1 (D.) 1 1 1 1	PAPF
	Set a SMART Goal	EMR Notes Addressing:	Reported Use of Handout/Exercise:
To help strengthen parent-child	Roleplay	Parental Attention	Special Time Record Sheet
bond/connection	Behavioral Practice Using	Persistence Coaching	Evaluating Special Time Interactions
	Worksheets/Handouts	Effective Praise	Checklist
		Tangible Rewards	Play and Special Time Brainstorm
		Periodic Reflections	
	Psychoeducation	EMR Notes Addressing:	Reported Use of Handout/Exercise:
	Problem-Solving	Persistence Coaching	Praise Record Sheet
To build parent capacity to serve as a	Set a SMART Goal	Managing Your Own Emotions	Emotional Literacy Checklist
social, emotional, and academic	Roleplay	Periodic Reflections	Social Skills Coaching Checklist
coach for child	Behavioral Practice Using		Academic Coaching Checklist
	Worksheets/Handouts		Labeled Praise Refrigerator Notes
			Positive Self-Statements Brainstorm
To build parent confidence and skills in providing labeled praise to build child's social, emotional, and academic competency	Psychoeducation	EMR Notes Addressing:	Reported Use of Handout/Exercise:
	Problem-Solving	Effective Praise	Praise Record Sheet
	Set a SMART Goal	Managing Your Own Emotions	Behavior Record Sheet
	Roleplay	Periodic Reflections	Praise Brainstorm
	Behavioral Practice Using		Positive Self-Statements Brainstorm
	Worksheets/Handouts		Providing Praise Refrigerator Notes
To build parent confidence and skills in providing incentives and rewards to build child's social, emotional, and academic competency	Psychoeducation	EMR Notes Addressing:	Reported Use of Handout/Exercise:
	Problem-Solving	Tangible Rewards	No-Cost/Spontaneous Tangible Rewards
	Set a SMART Goal	Managing Your Own Emotions	Brainstorm
	Roleplay	Periodic Reflections	Incentives for Me Brainstorm
	Behavioral Practice Using		Rewards Chart
	Worksheets/Handouts		Tangible Rewards Refrigerator Notes

Psychoeducation   Problem-Solving   Rules and Routines   Written morning routine for child   Written bedtime or after-school routine for child   Written household rules, routines, and responsibilities   Release   Periodic Reflections   Written household rules of family   Written				Behavior Record Sheet
Set a SMART Goal   Periodic Reflections   Written hedding or after-school routine for child child written household rules, routines, and responsibilities   Roleplay   Behavioral Practice Using Worksheets/Handouts		Psychoeducation	EMR Notes Addressing:	Written morning routine for child
To help parents set alear limits for their child in their home  Roleplay  To build parent capacity to handle misbehavior and use discipline appropriately  To build parent set apacity to roblem solving appropriately  To build parent's capacity to problem solving appropriately  To build parent set clear limits for their child appropriately  To build parent capacity to problem solving appropriately  To build parent sepacity approach appr		Problem-Solving	Rules and Routines	
rules, routines, and responsibilities    Roleplay		Set a SMART Goal	Periodic Reflections	
Worksheets/Handouts		Roleplay		
To help parents set clear limits for their child in their home    Roleplay   Periodic Reflections   Reflections   Reflective Commands Brainstorm   Effective Commands Brainstorm   Effective Commands Regulation   Limit Setting Refrigerator Notes   Commands Record Sheet		Worksheets/Handouts		
To help parents set clear limits for their child in their home    Set a SMART Goal   Periodic Reflections   Periodic Reflections   Effective Commands Brainstorm Limit Setting Refrigerator Notes   Commands Record Sheet				
their child in their home    Roleplay   Periodic Reflections   Behavioral Practice Using Worksheets/Handouts		Problem-Solving		
Behavioral Practice Using Worksheets/Handouts  Psychoeducation Problem-Solving Set a SMART Goal Periodic Reflections  Set a SMART Goal Regulation Training Behavior and use discipline appropriately  Psychoeducation Problem-Solving Behavior and use discipline appropriately  Psychoeducation Problem-Solving Behavior Practice Using Worksheets/Handouts  Psychoeducation Regulation Training Behavior Practice Using Worksheets/Handouts  Psychoeducation Problem-Solving Problem-Solving Problem-Solving Problem-Solving Set a SMART Goal  Psychoeducation Problem-Solving Problem-Solving Problem-Solving Behavior Record Sheet Logical Consequences Refrigerator Notes Special Time Record Sheet Logical Consequences Refrigerator Notes Special Time Record Sheet Work Chores Record Sheet Logical Consequences Record Sheet Logical Consequences Record Sheet Logica		Set a SMART Goal		
Worksheets/Handouts  Psychoeducation Problem-Solving Set a SMART Goal Periodic Reflections Roleplay Cognitive-Emotional Regulation Training Behaviora and use discipline appropriately  Psychoeducation Problem-Solving Behaviora Practice Using Worksheets/Handouts  Psychoeducation Problem-Solving Set a SMART Goal Periodic Reflections Roleplay Cognitive-Emotional Regulation Training Behaviora Practice Using Worksheets/Handouts  Psychoeducation Problem-Solving Set a SMART Goal Periodic Reflections  Behavior Record Self-Talk in Problem Situations Handout Ignore and Praise Record Sheet Logical Consequences Refrigerator Notes Special Time Record Sheet Logical Consequences Record Sheet Work Chores Record Sheet  Emotional Literacy Checklist Emotional Literacy Checklist	their child in their home		Periodic Reflections	
Problem-Solving   Logical Consequences   Staying Calm While Ignoring Brainstorm   Staying Calm While Ignoring Misbehavior Refrigerator Notes   Staying				
Set a SMART Goal   Periodic Reflections   Roleplay   Cognitive-Emotional Regulation Training   Regulation Training   Behavioral Practice Using Worksheets/Handouts   Problem-Solving   Problem		Psychoeducation	EMR Notes Addressing:	Reported Use of Handout/Exercise:
Roleplay Cognitive-Emotional Regulation Training Behavior Refrigerator Notes Self-Talk in Problem Situations Handout Ignore and Praise Record Sheet Logical Consequences Refrigerator Notes Special Time Record Sheet Work Chores Record Sheet Logical Consequences Refrigerator Notes Special Time Record Sheet Logical Time Record Sheet Logical Time Record Sheet L		Problem-Solving	Logical Consequences	
To build parent capacity to handle misbehavior and use discipline appropriately    Cognitive-Emotional Regulation Training   Behavioral Practice Using Worksheets/Handouts   Ignoring Misbehavior Refrigerator Notes Behavior Record Self-Talk in Problem Situations Handout Ignore and Praise Record Sheet   Logical Consequences Refrigerator Notes Special Time Record Sheet   Logical Consequences Record Sheet   Work Chores Record Sheet   Work Chores Record Sheet   Work Chores Record Sheet		Set a SMART Goal	Periodic Reflections	Staying Calm While Ignoring Brainstorm
Regulation Training Behavior Record Self-Talk in Problem Situations Handout Ignore and Praise Record Sheet Logical Consequences Refrigerator Notes Special Time Record Sheet Logical Consequences Refrigerator Notes Special Time Record Sheet Logical Consequences Record Sheet Work Chores Record Shee		Roleplay		Ignoring Misbehavior Refrigerator Notes
To build parent capacity to handle misbehavior and use discipline appropriately  Behavioral Practice Using Worksheets/Handouts  Behavioral Practice Using Worksheets/H		Cognitive-Emotional		
misbehavior and use discipline appropriately  Worksheets/Handouts  Psychoeducation To build parent's capacity to problem solve difficulties with their child  Poblem-Solving Behavioral Practice Using Worksheets/Handouts  Periodic Reflections  Behavioral Practice Using Worksheets/Handouts  Psychoeducation EMR Notes Addressing: Problem Solving Problem Solving Set a SMART Goal Managing Your Own Emotions  Roleplay Worksheets/Handouts  Psychoeducation Behavioral Practice Using Worksheets/Handouts  Psychoeducation Behavioral Practice Using Worksheets/Handouts  Psychoeducation Problem-Solving Behavioral Practice Using Worksheets/Handouts  Psychoeducation Problem-Solving Managing Your Own Emotions  EMR Notes Addressing: Persistence Coaching Emotional Literacy Checklist  Emotional Literacy Checklist	T 1 11	Regulation Training		
appropriately  Approp		Behavioral Practice Using		
Special Time Record Sheet Logical Consequences Record Sheet Work Chores		Worksheets/Handouts		
Logical Consequences Record Sheet Work Chores	appropriately			
Psychoeducation EMR Notes Addressing: Reported Use of Handout/Exercise: SOLVE Practice Sheet  Problem-Solving Problem Solving SOLVE Practice Sheet  Set a SMART Goal Managing Your Own Emotions  Roleplay Periodic Reflections  Roleplay Periodic Reflections  Behavioral Practice Using Worksheets/Handouts  Psychoeducation EMR Notes Addressing: Reported Use of Handout/Exercise: Emotional Literacy Checklist  Reported Use of Handout/Exercise: Emotional Literacy Checklist				
Psychoeducation EMR Notes Addressing: Reported Use of Handout/Exercise: SOLVE Practice Sheet  To build parent's capacity to problem solve difficulties with their child  Roleplay Periodic Reflections  Roleplay Periodic Reflections  Behavioral Practice Using Worksheets/Handouts  Psychoeducation EMR Notes Addressing: Reported Use of Handout/Exercise: SOLVE Practice Sheet  Roleplay Periodic Reflections  Behavioral Practice Using Worksheets/Handouts  Psychoeducation EMR Notes Addressing: Reported Use of Handout/Exercise: Problem-Solving Persistence Coaching Emotional Literacy Checklist  To build parent confidence and skills to manage child's emotions  Set a SMART Goal Managing Your Own Emotions				
To build parent's capacity to problem solving				Work Chores Record Sheet
To build parent's capacity to problem solving Set a SMART Goal Managing Your Own Emotions  Roleplay Periodic Reflections  Behavioral Practice Using Worksheets/Handouts  To build parent confidence and skills to manage child's emotions  Problem-Solving Managing Your Own Emotions  Roleplay Periodic Reflections  EMR Notes Addressing: Reported Use of Handout/Exercise: Emotional Literacy Checklist  Problem-Solving Persistence Coaching Emotional Literacy Checklist				-
To build parent's capacity to problem solving		Psychoeducation	EMR Notes Addressing:	Reported Use of Handout/Exercise:
To build parent's capacity to problem solve difficulties with their child  Roleplay  Behavioral Practice Using Worksheets/Handouts  Psychoeducation  To build parent confidence and skills to manage child's emotions  Set a SMART Goal  Managing Your Own Emotions  Periodic Reflections  Periodic Reflections  EMR Notes Addressing: Persistence Coaching Persistence Coaching Managing Your Own Emotions  Reported Use of Handout/Exercise: Emotional Literacy Checklist  Managing Your Own Emotions		Problem-Solving		
Behavioral Practice Using Worksheets/Handouts  Psychoeducation To build parent confidence and skills to manage child's emotions  EMR Notes Addressing: Persistence Coaching Persistence Coaching Managing Your Own Emotions  Reported Use of Handout/Exercise: Emotional Literacy Checklist		Set a SMART Goal		
Worksheets/Handouts  Psychoeducation  To build parent confidence and skills to manage child's emotions  EMR Notes Addressing: Persistence Coaching Persistence Coaching Persistence Coaching Managing Your Own Emotions  Reported Use of Handout/Exercise: Emotional Literacy Checklist		Roleplay	Periodic Reflections	
Psychoeducation   EMR Notes Addressing: Reported Use of Handout/Exercise:				
To build parent confidence and skills to manage child's emotions  Problem-Solving Persistence Coaching Emotional Literacy Checklist  Set a SMART Goal Managing Your Own Emotions			EMR Notes Addressing	Reported Use of Handout/Exercise:
to manage child's emotions  Set a SMART Goal  Managing Your Own Emotions				
				Emerican Environ Circumst
Rolenlay   Periodic Reflections		Roleplay	Periodic Reflections	

	Behavioral Practice Using Worksheets/Handouts		
To build parent confidence and skills to manage their own emotions	Psychoeducation Problem-Solving Set a SMART Goal Roleplay	EMR Notes Addressing: Managing Your Own Emotions Periodic Reflections	Reported Use of Handout/Exercise: Emotional Literacy Checklist
To improve parent communication skills	Psychoeducation Problem-Solving Set a SMART Goal Roleplay Behavioral Practice Using Worksheets/Handouts	EMR Notes Addressing: Persistence Coaching Effective Praise Clear Limit Setting Managing Your Own Emotions	Reported Use of Handout/Exercise: Emotional Literacy Checklist Social Skills Checklist Praise Brainstorm Positive Self-Statements Brainstorm
		Periodic Reflections	

SMART Goal: Specific, Measurable, Achievable, Relevant, and Time-Bound Goal STAR-C: Scale to Assess Therapeutic Relationship - Clinician STAR-P: Scale to Assess Therapeutic Relationship - Patient EMR: Electronic Medical Record

PAPF: Parents' Assessment of Protective Factors