Table 1A. Results of statistical analysis.

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|  | Groups/variables compared | Statistics |
| Length of CBD use | Sex | r = -0.19a, p = 0.002\* |
| Age | r = 0.06b, p = 0.34 |
| Psychotropic medication use | r = 0.006a, p = 0.92 |
| Prescribed medication use | r = 0.008a, p = 0.9 |
| Under medical supervision due to health condition | r = 0.02a, p = 0.76 |
| Route of administration | | |
| Sublingual | Sex | χ2 = 9.86, p = 0.002\*, Cramer V = 0.22 |
| Age | r = 0.19a, p= 0.002\* |
| Psychotropic medication use | χ2 = 1.37, p = 0.24, Cramer V = 0.09 |
| Prescribed medication use | χ2 = 4.11, p = 0.043\*, Cramer V = 0.15 |
| Under medical supervision due to health condition | χ2 = 1.15, p = 0.28, Cramer V = 0.1 |
| Smoking | Sex | χ2 = 26.88, p < 0.0001\*, Cramer V = 0.33 |
| Age | r = -0.21a, p=0.0006\* |
| Psychotropic medication use | χ2 = 0.07, p = 0.79, Cramer V = 0.03 |
| Prescribed medication use | χ2 = 4.44, p = 0.035\*, Cramer V = 0.14 |
| Under medical supervision due to health condition | χ2 = 3.73, p = 0.053, Cramer V = 0.13 |
| Vaping | Sex | χ2 = 26.84, p < 0.0001\*, Cramer V = 0.33 |
| Age | r = -0.11a, p=0.07 |
| Psychotropic medication use | χ2 = 0.022, p = 0.88, Cramer V = 0.02 |
| Prescribed medication use | χ2 = 2.81, p = 0.093, Cramer V = 0.11 |
| Under medical supervision due to health condition | χ2 = 0.014, p = 0.91, Cramer V = 0.02 |
| Daily CBD dosage | Sex | r= -0.027a, p = 0.72 |
| Age | r= 0.05b, p = 0.49 |
| Psychotropic medication use | r= 0.23a, p =0.002\* |
| Prescribed medication use | r= 0.17a, p = 0.03\* |
| Under medical supervision due to health condition | r= 0.11a, p = 0.16 |
| Perceived effectiveness | Sex | χ2 = 0.05, p = 0.83, Cramer V = 0.02 |
| Age | r= -0.06a, p = 0.3 |
| Psychotropic medication use | χ2 = 1.16, p = 0.28, Cramer V = 0.08 |
| Prescribed medication use | χ2 = 0.2, p = 0.65, Cramer V = 0.04 |
| Under medical supervision due to health condition | χ2 = 0.14, p = 0.71, Cramer V = 0.03 |
| Perceived side effects | Sex | χ2 = 0.51, p = 0.47, Cramer V = 0.06 |
| Age | r = 0.17b, p = 0.005\* |
| Psychotropic medication use | χ2 <0.01, p=1, Cramer V = 0.01 |
| Prescribed medication use | χ2 = 0.93, p = 0.34, Cramer V = 0.07 |
| Under medical supervision due to health condition | χ2 = 0.19, p = 0.66, Cramer V = 0.04 |
| Top reasons for using CBD | | |
| Stress | Sex | χ2 = 2.19, p = 0.14, Cramer V = 0.09 |
| Age | r = -0.07a, p = 0.25 |
| Psychotropic medication use | χ2 = 7.48,p = 0.006\*, Cramer V = 0.18 |
| Prescribed medication use | χ2 = 1.81, p = 0.18, Cramer V = 0.09 |
| Under medical supervision due to health condition | χ2 = 1.94, p = 0.16, Cramer V = 0.09 |
| Anxiety | Sex | χ2 = 4.37, p = 0.037\*, Cramer V = 0.14 |
| Age | r = -0.05a, p = 0.44 |
| Psychotropic medication use | χ2 = 24.32, p< 0.0001\*, Cramer V = 0.31 |
| Prescribed medication use | χ2 = 5.58, p = 0.018\*, Cramer V = 0.15 |
| Currently using CBD products | Under medical supervision due to health condition | χ2 = 6.58, p = 0.01\*, Cramer V = 0.16 |
| Sleep | Sex | χ2 = 1.68, p = 0.19, Cramer V = 0.09 |
| Age | r = -0.05a, p = 0.4 |
| Psychotropic medication use | χ2 = 0.37,p = 0.54, Cramer V = 0.05 |
| Prescribed medication use | χ2 = 0.91, p = 0.34, Cramer V = 0.07 |
| Under medical supervision due to health condition | χ2 = 0.19, p = 0.66, Cramer V = 0.03 |
| Mood | Sex | χ2 = 1.58, p = 0.21, Cramer V = 0.09 |
| Age | r = -0.06a, p = 0.37 |
| psychotropic medication use | χ2 = 0.32, p = 0.57, Cramer V = 0.04) |
| prescribed medication use | χ2 = 0.028, p = 0.87, Cramer V = 0.02 |
| medical supervision | χ2 = 0.004, p = 0.95, Cramer V = 0.01 |
| Overall wellbeing | Sex | χ2 = 0.62, p = 0.43, Cramer V = 0.06 |
| Age | r =-0.16a, p = 0.008\* |
| psychotropic medication use | χ2 = 0.18, p = 0.68, Cramer V = 0.03 |
| prescribed medication use | χ2 = 0.37,p = 0.54, Cramer V = 0.04 |
| medical supervision | χ2 = 0.39, p = 0.53, Cramer V = 0.05 |

Note: a point biserial correlation; bSpearman's rank correlation rho\*Significant results p < 0.05

User Survey

1. Gender

* Male
* Female

1. Age
2. Have you heard about CBD products?

* Yes
* No

1. Have you used CBD products?

* Yes
* No

1. Do you stay under medical supervision due to chronic health condition?

* Yes
* No

1. Do you suffer from a mental disorder diagnosed by a psychiatrist?

* Yes
* No

1. Are you currently taking any prescribed medications?

* Yes
* No

1. Are you taking medications for sleep, sedatives or psychotropic drugs (for example antidepressants or anti-anxiety medications)?

* Yes
* No

1. Do you use cannabis?

* Yes
* No

1. How long have you been using CBD?

* 0-3 months
* 3-6 months
* 6-12 months
* 1-2 years
* 2-5 years
* more than 5 years

1. At what time of the day do you use CBD?

* In the morning
* In the evening
* In the morning and the evening
* Multiple times per day (>2)
* When needed

1. How do you usually take CBD? (Choose all that apply)

* Sublingually
* Capsules or Pills
* Topical on the skin
* Vaping
* Edibles
* Smoking
* Sprayed in the mouth
* Suppository
* Other (please specify)

1. How much CBD do you use per day?

* 0-24 mg
* 25-49 mg
* 50-99 mg
* 100-149 mg
* 150-199 mg
* 200 <
* I don't know

1. What was the reason for using CBD? (Choose all that apply)

* For general health and wellbeing
* Stress
* Chronic Pain
* Anxiety
* Headaches/migraine
* Depression
* To increase focus
* To improve sleep
* To improve mood
* Menstrual Pain
* Skin conditions
* Fatigue
* Neurodegenerative disease
* Addiciton (other substance)
* Curiousity
* Other (please specify)

1. Do you think CBD products have effectively helped your ailments?

* Yes
* No

1. Which other benefits and effects do you feel from CBD? (Choose all that apply)

* I have a better mood
* I have a better memory
* I focus better
* I feel more calm
* I feel euphoric/high
* My muscles relax
* Increased energy
* I have no positive benefits from CBD
* Other (please specify)

1. Are you currently using CBD?

* Yes
* No

1. Have you noticed any side effects after using CBD?

* Yes
* No

1. What side effects have you noticed after using CBD?

(please specify)