

Supplementary materials

Table S1 The mechanism of natural compounds in the treatment of ulcerative colitis

Name	Study model	Intestinal mucosal barrier	Intestinal mucosal immune response	Gut microbiota and metabolites	Classification	Reference
β -Patchoulene	DSS-induced UC mice	↑ Occludin, ZO-1 ↓ ICAM-1, LPS	↓ MPO, TNF- α ↓ TLR4/MyD88/NF- κ B pathway	↑ <i>4C0d-2, Bacteroidia, Bacteroidales, Bacteroidetes, Clostridia, Firmicutes, Mollicutes, prevotella, TM7-3, Tenericutes</i> ↓ <i>Alphaproteobacteria, Enterobacteriaceae, Escherichia, Proteobacteria, Gammaproteobacteria, Parabacteroides, Proteus</i>	B	[1]
β -Caryophyllene	DSS-induced UC mice; RSL3-induced RAW264.7 cells and BMDMs	↑ GSH ↓ MDA, LDH, ROS	↓ IL-1 β , IL-6, MPO, TNF- α	↑ Bacilli ↓ Enterobacteriaceae, Peptostreptococcaceae, Proteobacteria	B	[2, 3]
β -Carotene	DSS-induced UC rats; DSS-induced UC mice	↑ GSH, Nrf2 ↓ MMP-9	↓ COX-2, IFN- γ , IL-1 β , IL-6, TNF- α ↓ MAPK, NF- κ B pathway	↑ <i>Actinobacteria, Firmicutes</i> ↓ <i>Bacteroidetes, Proteobacteria</i>	J	[4, 5]
α -Mangostin	DSS-induced UC mice	↑ CAT, SOD ↓ MDA	↓ MPO, NO ↓ MAPK, NF- κ B pathway	↑ <i>Enterococcus</i> , ↓ <i>Bacteroidales, Bifidobacteriales, Clostridiales, Erysipelotrichales, Lactobacillales, Lactobacillus</i>	A	[6-8]
Zonarol	DSS-induced UC mice; LPS-induced RAW264.7 cells	-	↓ iNOS, IL-1 β , IL-6, NO, TNF- α	-	K	[9]

Zingerone	DSS-induced UC mice	↑ GSH, Muc2, Occludin, SOD, ZO-1 ↓ MDA	↑ PPARγ ↓ IFN-γ, IL-1β, IL-12, IL-17A, TNF-α ↓ NF-κB pathway	↓ <i>Escherichia coli</i>	I	[10]
Zerumbone	DSS-induced UC mice	-	↓ IL-1 β , TNF- α	-	K	[11]
Zeaxanthin	Acetic acid-induced UC rats	↑ CAT, GSH, SOD ↓ Caspase-3, MDA	↓ COX-2, IFN-γ, IL-1β, IL-6, iNOS, MPO, NF-κB, TNF-α	-	B	[12]
Wogonoside	DSS-induced UC mice; TNF- α induced Caco-2 cells	↑ Claudin-1, Occludin, ZO-1 ↓ FITC-dextran	-	-	A	[13]
Wogonin	DSS-induced UC mice	↑ GST, GSH, HO-1, SOD ↑ Nrf2 pathway ↓ TBARS	↑ IL-10 ↓ COX-2, iNOS, IL-6, MPO, NO, p65, TLR4, TNF-α regulate Nrf2/TLR4/NF-κB pathway	-	A	[14]
Wedelolactone	DSS-induced UC rats; DSS-induced UC mice; LPS+ATP-induced THP-1 cells; TNF- α -induced NCM460 cells	↑ GSH, Occludin ↓ Caspase-1	↑ IL-10 ↓ CCL-5, IFN-γ, IL-1α, IL-1β, IL-2, IL-6, MPO, NF-κB, NLRP3, STAT3, TNF-α ↓ IL-6/STAT3, MAPK, NF-κB pathway	-	G	[15, 16]

Vitexin	DSS-induced UC mice	↑ Muc2, Occludin, ZO-1 ↓ FITC-Dextran	↑ IL-10 ↓ F4/80, IL-1β, IL-6, TNF-α ↓ TLR4/NF-κB pathway	↑ <i>Alistipes</i> , <i>Clostridia</i> , <i>Erysipelotrichia</i> , <i>Lachnospiraceae_NK4A136_group</i> , <i>Lachnospiraceae_UCG-006</i> , <i>Verrucomicrobiae</i> ↓ <i>Bacilli</i> , <i>Bacteroides</i> , <i>Gammaproteobacteria</i> , <i>Helicobacter</i>	A	[17, 18]
Vitamin E	Acetic acid-induced UC rats; DSS-induced UC rats	↑ GSH, SOD ↓ MDA	↓ IFN-γ, IL-1β, IL-6, IL-12, IL-18, MPO, TNF-α	-	J	[19, 20]
Vitamin D3	DSS-induced UC mice; LPS-induced primary intestinal epithelial cells	↓ Caspase-1	↑ IL-10, ↓ IL-6, NLRP6, TNF-α	-	J	[21, 22]
Vitamin C	DSS-induced UC mice	↑ CAT, GPX, H2O2, SOD ↓ MDA	↓ COX-2, iNOS, IL-1β, IL-6, IL-17, TNF-α ↓ NF-κB pathway	-	J	[23, 24]
Vitamin A	DSS-induced UC mice	↑ Muc1, Muc2, Muc4, Occludin	↑ IL-10 ↓ IL-1β, IL-6, TNF-α	↑ SCFAs ↓ <i>Bacteroides</i> , <i>Butyrimonas</i> , <i>Clostridium</i> , <i>Clostridium XIVb</i> , <i>Escherichia/Shigella</i> , <i>Klebsiella</i> , <i>Oscillibacter</i> , <i>Pseudolavonifractor</i> , <i>Parabacteroides</i>	J	[25]
Vicenin-2	DSS-induced UC mice	↓ MMP-9	↓ COX-2, iNOS, IL-1β, IL-6, MPO, NF-κB p65, TNF-α	-	A	[26]
Ursolic acid	DSS-induced UC mice	↑ SOD ↓ MDA	↓ Ccr-2, Csf-1, IL-6, TGF-β, MPO, NF-κB p65 ↓ IL-6/STAT3, MAPKs, PI3K pathway, regulate immune cells	-	B	[27, 28]

Ursodeoxycholic acid	TNBS-induced UC rats	↓ AP activity	↑ IL-10	-	E	[29]
Tyrosol	DSS-induced UC rats	↑ CAT, GSH, GSH-Px, Nrf2 ↓ MDA	↓ COX-2, IL-6, NF-κB, TNF-α	-	K	[30]
Tryptophan	DSS-induced UC mice	↑ Muc1, Muc2, Muc3, Muc4, Reg3γ ↓ TBARS	↑ Foxp3, IL-22, ↓ CCL2, CXCL1, CXCR3, IL-1β, IL-17, IL-6, MPO, TNF-α ↑ Arg-1, CCL2, M2 macrophages	-	C	[31, 32]
Triptolide	DSS-induced UC mice; LPS+IFN-γ-induced RAW264.7 cells	↑ Claudin-1, Occludin ↓ ROS ↑ Nrf2/HO-1 pathway	↓ CD80, CXCL10, IL-1β, IL-6, M1 macrophages, MCP-1, TNF-α ↓ PDE4B/AKT/NF-κB Axis	↑ <i>Clostridiales</i> , <i>Firmicutes</i> , <i>Oscillospira</i> , <i>Psychrobacter</i> , <i>Ruminococcus</i> , <i>Staphylococcus</i> , <i>S24-7</i> ↓ <i>Bacteroides</i> , <i>Lachnospiraceae</i>	B	[33-36]
Tiliroside	DSS-induced UC mice; LPS+IFN-γ-induced e BMDMs; IL-4-induced e BMDMs	-	↑ M2 macrophages ↓ IL-1β, iNOS, M1 macrophages, MPO ↓ COX-2, IL-1β, IL-6, MPO, NF-κB p65, TNF-α ↓ NF-κB pathway	-	A	[37]
Thymol	Acetic acid-induced UC rats	↓ MDA	↓ COX-2, IL-1β, IL-6, MPO, NF-κB p65, TNF-α ↓ NF-κB pathway	-	I	[38, 39]
Theophylline	Acetic acid-induced UC rats	-	↓ IL-1β, IL-6, MPO, TNF-α	-	C	[40]

Tetrandrine	DSS-induced UC mice	-	↓ IL-1 β , MPO, NF- κ B, TNF- α	-	C	[41]
Tetramethylpyrazine	Oxazolone-induced UC mice	-	↑ PPAR γ ↓ COX-2, iNOS, MPO, NF- κ B p65, TNF- α ↓ MAPK pathway	-	C	[42]
Terpinen-4-ol	DSS-induced UC mice; LPS-induced RAW 264.7	↑ Occludin, ZO-1 ↓ Caspase-1	↓ IL-1 β , IL-12, MPO, NLRP3, p65, p-I κ B, TNF- α ↓ NF- κ B pathway ↑ IL-10	↑ <i>Lactobacillus</i> ↓ <i>Escherichia coli</i>	B	[43]
Taxifolin	DSS-induced UC mice	-	↓ IL-1 β , IL-6, TNF- α ↓ NF- κ B pathway	↑ SCFAs	A	[44]
Tauroursodeoxycholate	TNBS-induced UC mice	-	↓ IFN- γ , IL-1 β , MPO, TNF- α ↑ Foxp3, IL-4, IL-10, STAT6, TGF- β 1	-	E	[45]
Taurohyodeoxycholic acid	TNBS-induced UC mice; DSS-induced UC mice;	↑ Bcl-2 ↓ Caspase-3	↓ CXCL2, IFN- γ , IL-1 β , IL-6, IL-12p70, IL-17A, IL-21, IL-22, MPO, STAT3, STAT4, T-bet, TNF- α , Th1/Th2 cells, Th17/Treg cells	-	E	[46-48]

Taurocholate	TNBS-induced UC mice	-	↓ IFN- γ , IL-1 β , MPO, TNF- α	-	E	[49]
Taurine	TNBS-induced UC rats	↑ Bcl-2, GSH ↓ Bax, MDA	↓ MPO	-	E	[50]
Taraxasterol	DSS-induced UC mice; LPS-induced HT-29 cells	↓ Bax, Caspase-3	↓ IL-6, p53, TNF- α	-	E	[51]
Syringic acid	Acetic acid-induced UC rats; DSS-induced UC mice; LPS-induced RAW 264.7	↑ HO-1, NQO1, Nrf2	↓ CD68, IL-1 β , IL-6, MPO, NF- κ B p65, p-I κ B- α , p-STAT3Y705, TNF- α	-	I	[52, 53]
Sulforaphane	DSS-induced UC mice	↑ Nrf2, ZO-1	↓ IFN- γ , IL-6, MPO, TNF- α	↑ SCFAs ↑ <i>Bacteroides</i> , <i>Butyricicoccus</i> , <i>Parabacteroides</i> , <i>Prevotellaceae</i> , <i>Proteobacteria</i> , <i>Rikenellacea</i> ↓ <i>Bacteroidales_S24-7</i> , <i>Bacteroidota</i> , <i>Campylobacteraceae</i> , <i>Erysipelotrichaeae</i> , <i>Firmicutes</i> , <i>Firmicutes/Bacteroides</i> , <i>Parabacteroides</i> , <i>Turibaccharacter</i> , <i>Verrucomicrobiota</i>	K	[54, 55]
Stevioside	Acetic acid-induced UC rats; DSS-induced UC mice; LPS-induced RAW 264.7 cells	↑ CAT, GSH, GST, HO-1, Nrf2, SOD ↓ ROS	↑ PPAR γ ↓ COX-2, IL-6, iNOS, MPO, NO, TNF- α ↓ NF- κ B, MAPK pathway	-	B	[56, 57]
Squalene	DSS-induced UC mice	-	↓ COX-2, iNOS, IL-1 β , TNF- α ↓ p38 MAPK, NF- κ B pathway	-	B	[58]

Sophocarpine	DSS-induced UC mice	-	↓ MPO	-	C	[59]
Sodium houttuysfonate	<i>Candida albicans</i> +DSS-induced UC mice;	↑ Claudin-1, Occludin, ZO-1	↑ IL-10	↑ <i>Lachnospiraceae_NK4A136_group</i> , <i>Lactobacillus</i> ,	K	[60, 61]
	TNBS+Ethyl alcohol-induced UC rats	↓ LPS, MDA	↓ IL-1β, IL-6, IL-8, MPO, NF-κB, TLR4, TNF-α	<i>norank_f_Muribaculaceae</i> ↓ <i>Bacteroides</i> , <i>Klebsiella</i>		
Skimmianine	TNBS+Ethyl alcohol-induced UC rats; LPS-induced HT29 cells	↓ LBP	↓ TLR4	-	C	[62]
Sinomenine hydrochloride	DSS-induced UC mice	↓ Caspase-1	↑ Arg-1, IL-10 ↓ iNOS, IL-6, NLRP3, TNF-α	↑ Bacteroidia ↓ <i>Proteobacteria</i> , γ-proteobacteria	C	[63]
Sinomenine	DSS-induced UC mice DSS-induced human colonic epithelial cells	↑ HO-1, SOD ↑ Nrf2/NQO1 pathway	↓ CCL2, CCL5, iNOS, IL-1β, IL-6, NO, TNF-α ↓ NF-κB pathway ↓ COX-2, CD68, F4/80, IL-1β,	-	C	[64, 65]
Sinigrin	DSS-induced UC mice	↑ CAT, GST, GSH, SOD ↓ MDA	IL-6, IL-17, MCP-1, MPO, TNF-α ↓ MAPK pathway	-	C	[66]

Sinapic acid	Acetic acid-induced UC rats; DSS-induced UC mice	↑ Bcl-2, CAT, Claudin-1, GSH, GSH-Px, HO-1, Nrf2, Occludin, SOD, ZO-1 ↓ Bax, Caspase-1, Caspase-3, MDA	↓ COX-2, iNOS, IL-6, MPO, NF-κB p65, NLRP3, NO, TNF-α	-	G	[67, 68]
Shikonin	DSS-induced UC mice; LPS-induced RAW 264.7 cells	-	↑ IL-10 ↓ CD86, F4/80, iNOS, IFN-γ, IL-1β, IL-6, TNF-α	-	D	[69]
Sesamin	DSS-induced UC mice; Caco-2 cells	↑ GR, GSH, HO-1, Keap-1, NQO1, Nrf2, SOD ↓ MDA	↑ p-AKT/AKT, p-ERK/ERK ↓ IL-1β, IL-6, TNF-α	-	G	[70]
Serine	DSS-induced UC mice	↓ Caspase-3	↓ IL-1β, IL-6, MPO, TNF-α	-	C	[71]
Sericic acid	DSS-induced UC mice; LPS-induced RAW264.7 cells	↑ HO-1, SOD ↑ Nrf2 pathway ↓ MDA	↓ COX-2, iNOS, IL-1β, IL-6, NO, TNF-α ↓ NF-κB pathway	-	B	[72]
Schisandrin B	DSS-induced UC mice; Caco-2 cells; ATP+LPS-induced intestinal epithelial Cells; HCT-116 cells	↑ E-cadherin, Occludin ↑ AMPK/Nrf2 pathway ↓ Caspase-1, ROS, GSDMD	↓ IL-1β, IL-6, IL-18, NLRP3, p- Erk, p-JNK, p-p38/MAPK, TNF- α	-	G	[73, 74]
Sauchinone	DSS-induced UC mice	↑ Claudin-1, NQO1, Occludin, ZO-1	↓ IL-1β, IL-6, TNF-α regulate NQO1/NF-κB pathway	↑ <i>Firmicutes</i> , <i>Oscillospira</i> , <i>Ruminococcus</i> ↓ <i>Bacteroidetes</i> , <i>Bacteroides</i> , <i>Helicobacter</i> , <i>Proteobacteria</i> , <i>Verrucomicrobia</i>	B	[75]

Sarsasapogenin	TNBS-induced UC rats	↑ GSH, SOD ↓ MDA	↓ MPO, NO	-	H	[76]
Sanguinarine	DSS-induced UC mice; Acetic acid-induced UC mice; LPS+Nigericin-induced THP-1 cells	↓ Caspase-1, ROS	↑ IL-4, IL-10 ↓ IFN- γ , IL-1 β , IL-6, IL-13, IL-18, MPO, NLRP3, NF- κ B p65, TNF- α ↓ NLRP3/IL-1 β pathway	↑ <i>Muribaculaceae_unclassified</i> , <i>Mucispirillum</i> , <i>Ruminiclostridium_5</i> ↓ <i>Escherichia-Shigella</i> , <i>Lachno-spiraceae_NK4A136_group</i> , <i>Helicobacter</i> , <i>Eisenbergiella</i>	C	[77, 78]
Salidroside	DSS-induced UC mice; LPS+ATP-induced BMDMs	↓ Caspase-1	↑ IL-10, PPAR γ , Treg cells ↓ IFN- γ , IL-1 β , IL-6, IL-17A, MAPK p38, NLRP3, p62, p65, Th17 cells, TNF- α ↓ TREM1 pathway	↑ <i>Deinococcus-Thermus</i> , Firmicutes, Gemmatimonadetes, Nitrospirae, uncultured_bacterium_f_Lachnospiraceae ↓ Akkermansia, Bacteroidetes, Lachnospiraceae_NK4A136_group, uncultured_bacterium_g_Lachnospiraceae_NK4A136_group, uncultured_bacterium_f_Muribaculaceae ↑ Shannon index	I	[79, 80]
Saikosaponin D	DSS-induced UC mice	↑ Claudin-1, Muc1, Muc2, ZO-1	↑ IL-10 ↓ IL-1 β , IL-6, TNF- α	↑ <i>Anaerotruncus</i> , <i>Akkermansia</i> , <i>Blautia</i> , <i>Mucispirillum</i> , <i>Oscillibacter</i> , <i>Ruminiclostridium_5</i> , <i>Ruminiclostridium_9</i> , <i>Ruminiclostridium</i> , <i>unclassified Lachnospiraceae</i> ↓ Simpson index	H	[81]
Saikosaponin A	DSS-induced UC mice	-	↓ IL-1 β , MPO, TNF- α ↓ NF- κ B pathway	-	H	[82]

			↑ IL-10, Treg cells ↓ CD4+ T cells, CD8+ T cells, COX-2, iNOS, IFN- γ , IL-1 β , IL-6, IL-22, MPO, NF- κ B p65, p-STAT3, TNF- α ↓ NF- κ B pathway			
Rosmarinic acid	TNBS-induced UC rats; DSS-induced UC mice	↑ GSH, Muc2, SOD, ZO-1 ↓ MDA		-	G	[83, 84]
Riboflavin	Acetic acid-induced UC rats	↑ GSH	↑ TGF- β 1 ↓ MPO	-	J	[85]
Rhein	DSS-induced UC mice; LPS-induced RAW264.7 cells	-	↓ IL-1 β , IL-6, MPO, TNF- α ↓ PI3K/Akt/mTOR pathway	↑ Bacteroidetes, <i>Rikenellaceae</i> , <i>Unspecified-S24-7</i> ↓ <i>Enterobacteriaceae</i> , Proteobacteria, <i>Turicibacter</i>	D	[86, 87]
Resveratrol	DSS-induced UC mice; TNBS-induced UC mice; TNBS-induced UC rats; Oxazolone-induced UC rats; HCT 116 cell	↑ GSH-Px, Occludin, SOD, ZO-1 ↓ ICAM-1, MDA	↑ IL-10, TGF- β 1 ↓ Atg12, COX-2, iNOS, IFN- γ , IL-1 β , IL-4, IL-6, IL-8, IL-17, MAPK, MPO, PGES-1, p38 MAPK, p53, TNF- α ↓ HIF-1 α -Th17, PI3K/Akt/VEGFA, Wnt pathway	-	I	[88-97]
Quercitrin	DSS-induced UC rats	-	↓ MPO, TNF- α	-	A	[98]
Quercetin	DSS-induced UC mice; Ochratoxin A-induced UC rats	↑ GSH, SOD ↓ MDA	↓ IL-1 β , IL-6, MPO, NO, TNF- α ↓ PI3K/AKT pathway	↑ <i>Bacteroidaceae</i> , <i>Erysipelotrichia</i> , <i>Oscillospirales</i> , <i>Ruminococcaceae</i>	A	[99-101]

Puerarin	TNBS-induced UC rats; DSS-induced UC mice	↑ CAT, Claudin-1, Goblet cells, GSH, HO-1, Muc2, NQO1, Nrf2, Occludin, SOD, ZO-1 ↓ MDA	↓ COX-2, iNOS, IFN- γ , IL-1 β , IL-6, MPO, NO, TNF- α ↓ NF- κ B pathway	↑ SCFAs ↓ <i>Ruminococcus 1</i> , <i>Ruminococcaceae</i> UCG-009	A	[102, 103]
Procyanidin A1	DSS-induced UC mice; LPS-induced HT-29 and IEC-6 cells	↑ AMP/ATP	↑ AMPK/mTOR pathway ↓ IL-1 β , IL-6, TNF- α	-	I	[104]
Prim-O- Glucosylcimifugin	DSS-induced UC mice; LPS-induced RAW 264.7 cells	↑ Claudin-3, Occludin, ZO-1	↓ COX-2, iNOS, IL-1 β , IL-6, TNF- α ↓ AKT, MAPK, NF- κ B pathway	↑ <i>Bacteroidetes</i> , <i>Firmicute</i> , <i>Lactobacillus</i> , <i>Proteobacteria</i> ↓ <i>Enterobacteriales</i> , <i>Gammaproteobacteria</i> , <i>Helicobacteraceae</i>	I	[105]
Polydatin	DNBS-induced UC mice; DSS-induced UC mice	↑ Bcl-2, GSH-Px, SOD ↓ Bax, Caspase-3, ICAM-1, MDA	↓ IL-1 β , IL-6, MPO, NF- κ B p65, TNF- α ↓ NF- κ B pathway	-	I	[106-108]
Plumericin	DNBS-induced UC mice; LPS + IFN-induced IEC-6 cells	↑ Bcl-2, Bcl-xL, Claudin-1, E- cadherin, Occludin ↓ Bax, Caspase-3, ICAM-1	↓ MPO	-	B	[109]
Platycodin D	DSS-induced UC mice; LPS-induced RAW 264.7 cells	↑ Ocln, TJP1 ↓ FITC-Dextran	↑ Arg-1, IL-10, M2 macrophages ↑ PI3K/Akt pathway ↓ CD86, iNOS, IL-1 β , IL-6, M1 macrophages, TNF- α ↓ NF- κ B pathway	-	H	[110]
Piperine	TNBS-induced UC rats; Acetic acid-induced UC mice	↑ Claudin-1, GSH, Occludin, SOD, ZO-1 ↓ Caspase-1, MDA	↑ IL-10 ↓ COX-2, iNOS, IFN- γ , IL-1 β , IL-6, MPO, NF- κ B p65, NO,	-	C	[111, 112]

			TNF- α , regulate I κ B- α /NF- κ B pathway			
Pinocembrin	DSS-induced UC rats; DSS-induced UC mice; LPS-induced RAW 264.7 cells; LPS-induced Caco-2 cells	↑ Claudin-1, JAM-A, Occludin, ZO-1	↑ TGF- β ↓ IFN- γ , iNOS, IL-1 β , IL-6, IL-15, MyD88, TNF- α ↓ TLR4/MD2/NF- κ B pathway	↑ Shannon index, <i>Alloprevotella</i> spp., <i>Bacteroidetes</i> , <i>Desulfovibrio</i> spp, <i>Firmicutes</i> , <i>Lactobacillus</i> spp, <i>Lachnospiraceae</i> , SCFAs ↓ <i>Enterobacteriaceae</i> , <i>Enterococcus</i> , <i>Escherichia-Shigella</i> , <i>Proteobacteria</i>	A	[113, 114]
Picroside II	DSS-induced UC mice; LPS+ATP-induced THP-1 cells	↓ Caspase-1	↓ IL-1 β , IL-6, TNF- α , p- p65/p65, NLRP3 ↓ NF- κ B pathway	-	B	[115]
Phytic acid	DSS-induced UC mice; LPS-induced Caco-2 cells	↑ Claudin-3, Occludin, ZO-1	↓ COX2, iNOS, IL-1 β , IL-6, MPO, TNF- α ↓ AKT/NF- κ B pathway	-	K	[116]
Physalin B	DSS-induced UC mice; LPS-induced RAW 264.7 cells	-	↓ IL-1 β , IL-6, MPO, NLRP3, TNF- α ↓ NF- κ B, STAT3 pathway	-	E	[117]
Phloretin	DSS-induced UC mice; Acetic acid-induced UC rats; LPS-induced RAW 264.7 cells	↑ Claudin-1, GSH, Muc2, Occludin, SOD, ZO-1 ↓ Caspase-1, MDA	↑ IL-10, PPAR γ ↓ iNOS, IFN- γ , IL-1 β , IL-6, IL-12, IL-17A, I κ B, MPO, NO, NLRP3, TNF- α , TLR4 ↓ NF- κ B pathway	↑ <i>Alistipes</i> , <i>Akkermansia</i> , <i>Bacteroidetes</i> , <i>Lactobacillus</i> ↓ <i>Acetatifactor</i> , <i>Butyricoccus</i> , <i>Escherichia coli</i> , <i>Firmicutes</i> , <i>Oscillibacter</i> , <i>Ruminiclostridium_6</i> , <i>Ruminiclostridium_9</i> , <i>Tyzzzerella_3</i> , <i>Tyzzzerella</i>	A	[118-120]
Phillygenin	DSS-induced UC mice; LPS-induced RAW264.7 Cells	↑ E-cadherin, Goblet cells, Occludin, SOD, ZO-1 ↓ MDA	↓ IL-1 β , IL-6, MPO, TLR4, TNF- α ↓ MAPK, NF- κ B Pathway	-	G	[121]

Phellodendrine	DSS-induced UC mice H2O2-induced Caco-2 cells	-	↑ p-AMPK/AMPK ↓ p-mTOR/mTOR regulate AMPK/mTOR pathway	-	C	[122]
Perillyl alcohol	DSS+ Restraint stress -induced UC mice	↑ GSH ↓ MDA	↓ IL-1β, MPO, NO, TLR-4, TNF-α ↓ TLR4/NF-κB, IL-6/JAK2/STAT3 pathway	-	B	[123]
Pedunculoside	DSS-induced UC mice; LPS-induced RAW 264.7 cells and primary peritoneal macrophages	-	↓ COX-2, iNOS, IL-1β, IL-6, MPO, P65, TNF-α ↓ MAPK, AKT/NF-κB pathway	-	B	[124]
Patchouli alcohol	DSS-induced UC mice; TNBS-induced UC rats	↑ Bcl-2, Claudin-1, Muc1,, Occludin, ZO-1, ZO-2 ↓ Bax	↓ COX-2, iNOS, IFN-γ, IL-1β, IL-4, IL-6, MPO, TNF-α ↓ NF-κB parthway	-	B	[125, 126]
Parthenolide	DSS-induced UC mice	-	↓ IL-1β, IκBα, MPO, p-NF-κB p65, TNF-α ↓ NF-κB pathway	-	B	[127]
Panaxynol	DSS-induced UC mice; IFN γ -stimulated RAW264.7 cells; IFN γ -stimulated ANA-1 cells	-	↓ CD11b, COX-2	-	K	[128]
Palmitoylethanolamid e	DSS-induced UC mice; DNBS-induced UC rats	↑ HO-1, Nrf2 ↓ HIF-1α, ICAM-1, MDA, PARP	↓ IL-1β, MPO, TNF-α, NF-κB ↓ Akt/mTOR/P70s6k pathway	-	C	[106, 129]

Palmitine	DSS-induced UC mice; LPS+ATP induced THP-Ms	↑ Bcl-2, Claudin-1, Muc1, Muc2, ZO-1, ZO-2 ↓ Bax, Caspase-1	↑ IL-10 ↓ F4/80 +cells, IFN-γ, IL-1β, IL-4, IL-6, MPO, NLRP3, TNF-α	↓ Proteobacteria	C	[130, 131]
Paeonol	DSS-induced UC mice	↑ Occludin, ZO-1	↑ IL-4, IL-10 ↓ IL-1β, IL-6, IL-8, NF-κB, TNF-α, TLR-2, TLR-4 ↑ Foxp3, IL-10, Treg cells ↓ COX-2, CCL11, CCL24, CCR3, Eosinophil cells, iNOS, IFN-γ, IL-1β, IL-2, IL-4, IL-5, IL-6, IL-12, IL-17, MCP-1, MPO, MyD88, NF-κB p65, Th17/Treg, TNF-α ↓ MAPK/NF-κB, NF-κB, NF-κB pathway	↑ Bile acid, SCFAs, Bacteroides spp., <i>Lactobacillus</i>, Patescibacteria ↓ Bacteroides, Escherichia-Shigella, <i>Romboutsia</i>, Turicibacter	I	[132, 133]
Paeoniflorin	DSS-induced UC mice; TNBS-induced UC mice; LPS-induced RAW264.7 cells; LPS-treated DCS	↑ Bcl-2 ↓ Bax, Caspase-3, Caspase-9	↓ MAPK/NF-κB, NF-κB, NF-κB pathway	↓ <i>Clostridium</i> , Firmicutes	B	[134-138]
Octacosanol	DSS-induced UC mice	↑ Occludin, ZO-1	↓ IL-6, TNF- α	↑ SCFAs ↑ <i>Prevotellaceae</i>, <i>S24-7</i>, <i>Turicibacter</i> ↓ <i>Enterococcus</i>, <i>Stenotrophomonas</i>	K	[139]
Norisoboldine	DSS-induced UC mice	-	↑ Foxp3, IL-10, TGF-β, Treg cells ↓ IFN-γ, IL-1β, IL-6, IL-17, IL-17A, MPO, TNF-α, Th17 cells	-	C	[140]

			↑ IL-10			
Nigeglanine	DSS-induced UC mice	↑ Occludin, ZO-1 ↓ Caspase-1	↓ IL-1β, IL-6, IL-12, MPO, NLRP3, TNF-α ↓ MAPK, NF-κB pathway	-	C	[141]
Nigakinone	DSS-induced UC mice; DSS-induced UC rats	↑ Claudin-1, Occludin, ZO-1 ↓ Caspase-1	↓ iNOS, IL-1β, MPO, NLRP3, TNF-α	-	C	[142, 143]
Nicotine	DSS-induced UC mice; IL-6-induced Caco-2 cells	-	↓ IL-6, MPO, STAT3, TNF-α	↑ <i>Clostridium, Porphyromonas</i>	C	[144] [145, 146]
Niacin	DSS-induced UC mice; Peritoneal macrophage treated with niacin	↓ Apoptotic epithelial cells	↓ MPO, TNF-α regulate immune cells	-	C	[147, 148]
Nervonic acid	DSS-induced UC mice; LPS-induced RAW264.7 cells	↑ Bcl-2 ↓ Bax	↑ IL-10 ↓ COX-2, iNOS, IL-1β, IL-6, MPO, NO, TLR4, TNF-α ↓ MAPK, NF-κB pathway	-	K	[149]
Nerolidol	Acetic acid-induced UC rats	↑ CAT, GSH, SOD ↓ MDA	↓ IL-1β, IL-6, IL-23, MPO, TNF-α	-	K	[150]
Neferine	DSS-induced UC mice; LPS/LPS+Z-VAD-induced RAW 264.7 cells	↓ ICAM-1	↓ COX-2, iNOS, IL-6, MPO, NO, TNF-α	-	C	[151, 152]

Naringin	DSS-induced UC mice; TNBS-induced UC mice; TNBS-induced UC rats; LPS-induced IEC-6 and RAW 264.7 cells	↑ CAT, GSH, Occludin, SOD, ZO-1 ↓ Caspase-1, Caspase3, MDA	↑ PPAR γ ↓ COX2, iNOS, IFN- γ , IL-1 β , IL-6, IL-12, MPO, NLRP3, TNF- α ↓ MAPK, NF- κ B pathway ↓ COX-2, iNOS, IL-1 β , IL-6, MCP-1, NF- κ B, NO, TLR4, TNF- α ↓ TLR4/NF- κ B pathway	↑ <i>Firmicutes/Bacteroides Firmicutes</i> ↓ <i>Bacteroidota, Proteobacteria</i>	A	[153-156]
Naringenin	DSS-induced UC mice; Acetic acid-induced UC rats; LPS-inducedd RAW264.7 cells	↑ CAT, SOD, T-GSH ↓ ICAM-1, TBARS	↓ COX-2, iNOS, IL-1 β , IL-6, MCP-1, NF- κ B, NO, TLR4, TNF- α ↓ TLR4/NF- κ B pathway	-	A	[157, 158]
Myristicin	Acetic acid-induced UC rats	↑ HO-1, Nrf2	↓ COX-2, MPO, NF- κ B	-	G	[159]
Myricetin	DSS-induced UC mice	↑ Claudin-1, GSH-Px, Occludin, SOD ↓ MDA	↑ Treg cells ↓ IL-1 β , IL-6, MPO, NO, Th1 cells, Th17 cells	-	A	[160, 161]
Morroniside	DSS-induced UC mice	↑ Claudin-3, E-Cadherin, Muc2, Occludin, ZO-1	↓ IL-1 β , IL-6, TNF- α ↓ STAT3/NF- κ B pathway	-	B	[162]
Mollugin	DSS-induced UC mice	-	↓ TNF- α	-	D	[163]
Mogrol	DSS-induced UC mice; TNF- α -induced NCM460; LPS-induced THP-M	↑ Occludin, ZO-1	↑ IL-10, I κ B- α ↓IL-1 β , IL-17, NLRP3, SIRT1	-	B	[164]

Mimulone	DSS-induced UC rats	-	↑ MMP2 ↓ COX-2	-	A	[165]
Methyl gallate	DSS-induced UC mice; LPS-induced RAW264.7 cells	-	↑ Arg-1, IL-10, IL-4, M2 macrophages, ↓ IL-1β, IL-6, M1 macrophages, NO, TNF-α ↓ TLR4/NF-κB pathway	↑ Cyanobacteria, <i>Muribaculum</i>, <i>unclassified_f_Lachnospiraceae</i> ↓ <i>Faecalibaculu</i>, <i>Turicibacter</i>	I	[166]
Menthol	Acetic acid-induced UC rats	-	↓ IL-1 β , IL-6, MPO, TNF- α	-	B	[167]
Melittin	Acetic acid-induced UC mice	↑ GSH, SOD ↓ MDA	↓ COX-2, IL-6, p38 MAPK, TNF-α, TLR4, TRAF6 ↓ NF-κB, p38MAPK pathway	-	C	[168]
Matrine	DSS-induced UC mice; TNBS+Ethyl alcohol-induced UC rats	↑ Claudin-1, Claudin-2, Occludin, Tff3, ZO-1	↓ IL-1β, IL-6, IL-8, TNF-α ↓ PPARα pathway	↑ <i>Barnesiella intestinihominis</i> ↓ <i>Helicobacter ganmani</i>	C	[61, 169, 170]
Lycopene	Acetic acid-induced UC rats; Ochratoxin A-induced UC rats	↑ CAT, GSH, GSH-Px, Nrf-2, SOD ↓ MDA	↓ COX-2, IL-1β, IL-6, MPO, NF-κB p65, NO, TNF-α ↓ TLR4/TRIF/NF-κB pathway ↑ ERK1/2, IL-22, PPARγ	-	B	[101, 171, 172]
Luteolin	DSS-induced UC mice; DSS-induced UC rats	↑ Occludin, ZO-1 ↓ Caspase-3, Caspase-9, FITC- Dextran, PARP	↓ COX-2, IFN-γ, IL-17, IL-17A, IL-23, TNF-α ↓ JNK1/2, p38, NF-κB, STAT3 pathway	↑ Bacteroidetes, <i>Bacteroides</i>, <i>Lachnospiraceae_NK4A136_group</i> ↓ <i>Lactobacillus</i>, <i>Prevotella_9</i>	A	[173-175]

Loganin	DSS-induced UC mice	↑ Claudin-3, E-cadherin, Muc2, Occludin, ZO-1	↓ COX-2, CXCL10, IL-1 β , IL-6, M1 macrophages, MCP-1, MPO, NF- κ B-p65, TNF- α ↓ STAT3/NF- κ B pathway regulate Sirt1/NF- κ B pathway	-	B	[162, 176]
Liriodendrin	DSS-induced UC mice; LPS-induced RAW 264.7 cells	↑ GPX-Px, SOD ↓ MDA	↓ IL-1 β , IL-6, MPO, TNF- α ↓ Akt, NF- κ B pathway	-	K	[177]
Limonin	DSS-induced UC mice LPS-induced RAW 264.7 cells	-	↑ IL-10 ↓ COX-2, iNOS, IL-1 β , IL-6, miR-214, MPO, NF- κ B p65, pSTAT3/STAT3, TNF- α , regulate STAT3/miR-214 pathway	-	B	[178, 179]
Licoflavone B	DSS-induced UC mice	↑ Claudin-1, Occludin, ZO-1	↑ IL-10 ↓ IL-1 β , IL-4, IL-6, TNF- α ↓ MAPK pathway	↑ <i>Adlercreutzia</i> , <i>Bacteroides</i> , <i>Faecalibaculum</i> ↓ <i>Alloprevotella</i>	A	[180]
Licochalcone A	DSS-induced UC mice	↑ Claudin-1, GSH, Occludin, SOD, ZO-1 ↑ Nrf2 pathway	↑ IL-10 ↓ IL-1 β , IL-6, MPO, NO, TNF- α ↓ MAPK, NF- κ B pathway	↑ <i>Akkermansiaceae</i> , <i>Bacteroidaceae</i> , <i>Bifidobacteriales</i> , <i>Moraxellaceae</i> ↓ <i>Bacillaceae</i> , <i>Defluviitaleaceae</i> , <i>Lachnospiraceae</i> , <i>Prevotellaceae</i> ↑ <i>Ackermania</i> , <i>Parasutterella</i>	A	[181, 182]
Leonurine	DSS-induced UC mice	-	↓ NF- κ B pathway	↓ <i>Bifidobacterium</i> , <i>Escherichia coli</i> - <i>Shigella</i> , <i>Helicobacter</i> , <i>Turicibacter</i>	C	[183]

L-arginine	DSS-induced UC mice	-	↓ IL-1 α , IL-1 β , IL-6, IL-17, MCP-1, MIP-1 α , MIP-1 β , MPO	-	C	[184]
Kynurenine	TNBS+Ethyl alcohol-induced UC mice	-	↑ Foxp3, IL-10	-	C	[185]
Kushenin	TNBS-induced UC rats	-	↓ IL-6, NF- κ B p65, NOD2	-	I	[186]
Kolaviron	DSS-induced UC rats	↓ H ₂ O ₂ , LPO	↓ IL-1 β , MPO, NO, TNF- α	-	A	[187]
Kaempferol	DSS-induced UC mice	↑ Claudin-1, Occludin, Tff3, ZO-1 ↓ Epithelial permeability	↓ COX-2, iNOS, IL-1 β , IL-6, MPO, TNF- α ↓ LPS-TLR4-NF- κ B pathway	↑ Shannon, Simpson, Chao1, index, <i>Firmicutes/Bacteroidetes</i> ↓ <i>Enterobacteriales</i> , <i>Enterobacteriaceae</i> , <i>Escherichia_Shigella</i> <i>species</i> , <i>Gammaproteobacteria</i> , <i>Proteobacteria</i> ↑ Shannon, Simpson index ↑ <i>Actinobacteriota</i> , <i>Akkermansia</i> , <i>Blautia</i> , <i>Firmicutes/Bacteroidota</i> , <i>Bifidobacterium</i> , <i>Lactobacillus</i> ↓ <i>Bacteroides</i> , <i>Desulfovibrio</i> , <i>Escherichia-Shigella</i> , <i>Proteobacteria</i> , <i>Parasutterella</i> , <i>Turicibacter</i> , <i>Verrucomicrobiota</i> ↑ Chao, Shannon index ↑ <i>Akkermansia</i>	A	[188, 189]
Juglone	DSS-induced UC mice	-	↑ Foxp3, IL-10 ↓ IL-1 β , IL-6, STAT3, TNF- α	↓ <i>Bacteroides</i> , <i>Desulfovibrio</i> , <i>Escherichia-Shigella</i> , <i>Proteobacteria</i> , <i>Parasutterella</i> , <i>Turicibacter</i> , <i>Verrucomicrobiota</i> ↑ Chao, Shannon index ↑ <i>Akkermansia</i>	D	[190]
Jatrorrhizine	DSS-induced UC mice	-	↑ IL-10, TGF- β ↓ COX-2, MPO, NOS2, TNF- α ↓ TLR4/MyD88/NF- κ B pathway	↓ <i>Deferribacteres</i> , <i>Proteobacteria</i> , <i>Desulfovibrio</i> , <i>Escherichia-Shigella</i> , <i>Mucispirillum</i> , <i>Ruminiclostridium_9</i> , <i>Rikenella</i>	C	[191, 192]

Isovitexin	DSS-induced UC mice; LPS-induced RAW264.7 cells	↑ CAT, GSH-Px, SOD	↑ IL-10 ↓ IL-1 β , IL-6, IL-17A, NO, TNF- α ↓ MAPK/NF- κ B pathway	-	A	[193]
Isobavachalcone	DSS-induced UC mice; LPS-induced RAW264.7 cells	-	↓ COX-2, iNOS, IL-1 β , IL-6, MPO, NF- κ B p65, NO, TLR4, TNF- α	-	A	[194]
Isatin	DSS-induced UC mice; TNBS+Ethyl alcohol-induced UC rats	↑ Bcl-2, GSH, SOD ↓ Bax, Caspase-3, GSH-Px, GSH-Rd, MDA	↑ IL-10, Foxp3 ↓ COX-2, iNOS, IFN- γ , IL-6, MPO, NO, TNF- α ↓ NF- κ B, MAPK pathway	-	C	[195, 196]
Irisin	DSS-induced UC mice	-	-	↓ <i>Erysipelotrichia</i> , <i>Bacteroides-Unclassified</i> , <i>Ruminococcaceae-UCG-014</i>	A	[197]
Indole-3-Carbinol	DSS-induced UC mice	-	↓ IL-1 β , MPO, NF- κ B p65, TNF- α	-	C	[198]
Indirubin	DSS-induced UC mice	↑ Bcl-2, GSH, SOD ↓ Bax, Caspase-3, MDA	↑ Foxp3, IL-4, IL-10, Treg cells ↓ CD4+ T cells, COX-2, iNOS, IFN- γ , IL-2, IL-6, MPO, NO, TNF- α ↓ MAPK, NF- κ B pathway	-	C	[195, 199]

Imperatorin	TNBS-induced UC rats	↓ ARE, HO-1, ROS regulate Nrf-2/ARE/HO-1 pathway	↓ IL-6, TNF-α	-	G	[200]
Icariin	DSS-induced UC mice	-	↓ NF-κB pathway	↑ <i>Akkermansia</i> , <i>Lactobacillus</i> , <i>Lachnospiraceae</i> ↓ <i>Bacteroides</i> , <i>Helicobacteraceae</i> , <i>Turicibacter</i>	A	[201]
Hyperoside	DSS-induced UC mice	↑ Claudin-5, Muc2, Occludin, TJP1, ZO-1	↑ FOXP3, IL-10, PPARγ, TGF-β, Treg cells ↓ IL-1β, IL-6, IL-17, IL-22, IL-23, TNF-α, Th17 cells	-	A	[202]
Hypaconitine	TNBS+Ethyl alcohol-induced UC rats; LPS-induced HT29 cells	↓ LBP	↓ PGE2 ↓ TLR4/NF-κB pathway	-	C	[62]
Hydroxytyrosol	Acetic acid-induced UC rats; DSS-induced UC mice	↑ Bcl2, CAT, GPX, GSH-Px, SOD ↓ Bax, Caspase-1, MDA, ROS	↑ IL-10 ↓ COX-2, iNOS, IL-1β, IL-18, MPO, MCP-1, NF-κB, NLRP3, NO, TGF-β, TNF-α	↑ ACE, Chao, Shannon index ↑ Actinobacteria, Firmicutes, <i>Lactobacillus</i> , <i>Lachnospiraceae</i> NK4A136 group, [<i>Ruminococcus</i>] <i>torques</i> group, <i>Roseburia</i> , SCFAs ↓ Simpson index, <i>Desulfovibrio</i> , Epsilonbacteraeota, <i>Helicobacter</i> , Proteobacteria, <i>Staphylococcus</i> , <i>Streptococcus</i>	I	[203, 204]
Hydroxysafflor yellow A	DSS-induced UC rats; LPS-induced RAW264.7 cells	-	↓ IL-1β, IL-6, MPO, TNF-α ↓ TLR4/NF-κB pathway	-	A	[205]
Honokiol	DSS-induced UC mice; LPS-induced RAW264.7 cells	↑ Claudin-1, Occludin, ZO-1	↑ PPAR-α, PPARγ ↓ COX2, iNOS, IFN-γ, IL-1β, IL-6, NF-κB p65, TNF-α ↓ TLR4-NF-κB pathway	-	G	[206, 207]

Homoharringtonine	DSS-induced UC mice; LPS-induced RAW264.7 cells	-	↓ CCL2, IL-1 β , IL-6, M1 macrophages polarization, NOS2, TNF- α ↓ NF- κ B pathway	-	C	[208]
Heterophyllin B	DSS-induced UC mice; TNF- α -induced NCM460 cells	↑ Muc2, Occludin, ZO-1	↑ IL-10, ↓ IL-1 β , IL-6, IL-17, NLRP3 ↓ NF- κ B/NLRP3 pathway	↑ <i>Akkermansia muciniphila</i> , <i>Akkermansia</i> , <i>Blautia</i> , <i>Bacteroidetes</i> , <i>Bilophila</i> , <i>Dubosiella</i> , <i>Epsilonbacteraeota</i> , <i>Firmicutes</i> , <i>Micromonospora</i> , <i>Muribaculaceae</i> , <i>Proteobacteria</i> , <i>Verrucomicrobia</i> ↓ <i>Escherichia-Shigella</i> abundance, <i>Helicobacter</i>	C	[209]
Hesperidin methyl chalcone	Acetic acid-induced UC mice	↑ GSH	↑ Total p65/p-p65 ↓ IL-1 β , IL-6, IL-33, TNF- α	-	A	[210]
Hesperidin	DSS-induced UC mice; DSS-induced UC rats; TNBS+Ethyl alcohol-induced UC rats; LPS-induced RAW264.7 cells	↑ Occludin, SOD, ZO-1 ↓ Bax, Caspase-3, HMGB1 MDA	↑ IL-10 ↓ IL-1 β , IL-6, IL-18, MPO, NO, TNF- α	-	A	[211-214]
Glycyrrhizin	Acetic acid-induced UC rats; DSS-induced UC rats	↑ Catalase, GSH-Px, SOD	↑ PPAR γ ↓ MPO, TNF- α	-	B	[215, 216]
Glycyrrhetic acid	DSS-induced UC mice	-	↓ COX-2, NF- κ B, p-I κ B α , NF- κ B p65	-	B	[217]
Glutamine	TNBS-induced UC rats; DSS-induced UC mice; Acetic acid-induced UC mice	↑ GSH, SOD ↓ Caspase-3, MDA	↓ MPO, NF- κ B ↓ PI3K/Akt pathway	-	C	[218-220]

Glutamate	TNBS-induced UC rats	↑ Bcl-2, SOD ↓ Bax, Caspase-3, MDA	↓ IL-1 β , TNF- α	-	K	[221]
Glabridin	DSS-induced UC rats	↑ AMP	↓ iNOS, MPO, NO, TNF- α	-	A	[222]
Ginsenoside Rk3	DSS-induced UC mice	↑ Claudin-1, Occludin, ZO-1 ↓ Caspase-1	↓ iNOS, IL-1 β , IL-6, MPO, NLRP3, TNF- α	↑ SCFAs	B	[223]
Ginsenoside Rh2	DSS-induced UC mice; IL-6-induced NCM460 cells	-	↑ TGF- β ↓ F4/80, IL-1 β , IFN- γ , IL-6, TNF- α ↓ STAT3/miR-214 pathway	-	B	[224, 225]
Ginsenoside Rg3	DSS-induced UC mice; LPS+ATP-induced BMDMs	↑ Claudin-1, E-cadherin, Muc1, Occludin ↓ Caspase-1	↓ IL-1 β , IL-18, NLRP3	↑ <i>Actinobacteriota</i> , <i>g__Chlamydia</i> , <i>Paraprevotella</i> , <i>Prevotellaceae__NK3B31__group</i> , <i>Verrucomicrobiota</i> ↓ <i>Cyanobacteria</i> , <i>Clostridium__sensu__stricto1</i> , <i>Patescibacteria</i> , <i>Rikenellaceae__RC9__gut__group</i>	B	[226]
Ginsenoside Rg1	DSS-induced UC mice	-	↑ Arg-1, IL-4, IL-10, M2 macrophages ↓ CCL-2, F4/80, IL-2, IL-6, IL- 33, M1 macrophages, MIF-1, PIM-1, TLR2, TNF- α ↓ Nogo-B/RhoA pathway	↑ ACE, <i>Allobaculum</i> , <i>Akkermansia</i> , Chao, <i>Eubacterium__fissicatena_group</i> , <i>Lachnospiraceae</i> , <i>Lactobacillus</i> , <i>Norank_f__Muribaculaceae</i> ↓ <i>Bacteroides</i> , <i>Clostridia_UCG-014</i> , <i>Odoribacter</i> , <i>Proteobacteria</i> , <i>Turicibacter</i>	B	[227, 228]

Ginsenoside Rd	TNBS-induced UC rats; DSS-induced UC mice	↑ GSH-Px, SOD ↓ Caspase-1, MDA	↑ AMPK/ULK1 pathway ↓ F4/80, iNOS, IFN- γ , IL-12/23p40, IL-17A, IL-1 β , IL-6, MPO, NLRP3, NO, p-JNK, P-P38, p-65, p-ERK, TNF- α ↓ NF- κ B pathway	-	B	[229-231]
Ginsenoside compound K	DSS-induced UC mice	↑ Occludin, ZO-1 ↓ FITC-Dextran	↓ IL-1 β , IL-17 α , Th17/Treg cells, TNF- α	↑ <i>Akkermansia</i> , <i>Candidatus_Saccharomonas</i> , <i>Patescibacteria</i> , <i>Ruminococcaceae_UCG-014</i> , <i>Verrucomicrobia</i> ↓ <i>Proteobacteria</i> ↑ Chao1, Shannon index, <i>Allobaculum</i> , <i>Lactobacillus</i> , <i>Lactobacillaceae</i> , <i>S24-7</i>	H	[232]
Ginkgolide C	DSS-induced UC mice	↑ Claudin-3, Goblet cells, Occludin, ZO-1	↓ COX-2, iNOS, IL-1 β , IL-6, MPO, TNF- α ↓ MAPK, NF- κ B pathway	↓ <i>Alistipes</i> , <i>Bacteroides</i> , <i>Bacteroidaceae</i> , <i>Desulfovibrionaceae</i> , <i>Lachnospiraceae</i> , <i>Oscillospira</i> , <i>Prevotella</i> , <i>Prevotellaceae</i> , <i>Ruminococcus</i> , <i>Ruminococcaceae</i> , <i>Turicibacteraceae</i> , <i>Turicibacter</i>	B	[233]
Genistein	DSS-induced UC mice	↓ Caspase-1	↓ IL-1 β , IL-18, MPO, TNF- α	-	A	[234]
Geniposide	DSS-induced UC mice; DSS-induced UC rats; LPS-induced BMDM cells; LPS-induced RAW264.7 cells; TNBS-induced UC rats; LPS-treated Caco-2 cells; TNBS-induced UC mice; LPS-induced Caco-2 cells	↑ Claudin-1, occludin, SOD, ZO-1 ↑ Nrf-2/HO-1 pathway ↓ Caspase-1, MDA, ROS	↑ IL-10, p-AMPK, p-ACC, PPAR γ , SIRT1 ↓ CCL-2, COX-2, iNOS, IFN- γ , IL-1 β , IL-6, IL-17, MPO, NLRP3, NOS2, p-p65, MLCK,, p-I κ B α , TNF- α ↓ NF- κ B, p38 MAPK pathway, regulate AMPK/MLCK pathway	-	B	[21, 235-239]

Garlicin	TNBS-induced UC rats	↓ Bcl-2	-	-	K	[240]
Gallotannin corilagin	DSS-induced UC mice	↓ Caspase-3, Caspase-9	↑ IκB-α ↓ IL-1β, IL-6, MPO, TNF-α	-	I	[241]
Gallic acid	DSS-induced UC mice; LPS-induced RAW 264.7 cell; TNBS-induced UC mice; IL-1β-induced HIEC-6 cells	↓ Bcl-xl, Caspase-1, Caspase-4	↑ IκB-α, IL-4, IL-10, ↓ COX-2, ERK, iNOS, IFN-γ, IL-1, IL-1β, IL-6, IL-12, IL-17, IL-18, IL-23, IL-33, MPO, NO, p65, p-p65, NLRP3, TGF-β, TNF-α ↓ NF-κB pathway ↑ IL-10	-	I	[242-244]
Galangin	DSS-induced UC mice; LPS-induced RAW 264.7 cells	↑ GST, GSH, SOD ↑ Nrf2/HO-1 pathway ↓ MDA, TBARS	↓ COX-2, HMGB1, iNOS, IL-1β, IL-6, MPO, NF-κB p65, TLR4, TNF-α ↓ NF-κB pathway	↑ Shannon index, Bacteroidetes/Firmicutes, SCFAs ↓ Simpson index	A	[245-247]
Fumigaclavine C	DSS-induced UC mice	↓ Caspase-1	↓ IL-1β, IL-17A, p-p65, p-STAT1, p-STAT3, TNF-α	-	C	[248]
Fucoxanthin	DSS-induced UC mice LPS-induced RAW 264.7 macrophage	-	↓ COX-2, NF-κB, PGE2	-	B	[249]

Friedelin	DSS-induced UC mice	-	↑ IL-10, ATG5 ↓ IL-6, IL-1β, MPO, p-MAPK, p-mTOR	-	B	[250]
Flavocoxid	Acetic acid-induced UC rats	↑ GSH, SOD ↓ Caspase-3, MDA	↓ iNOS, MPO, NOx, NF-κB/p65, TNF-α	-	A	[251]
Fisetin	DSS-induced UC mice; LPS-induced mouse; peritoneal macrophages	↑ GSH ↓ TBARS	↑ IκBα, p-ERK/ERK ↓ Akt, COX-2, iNOS, IL-1β, IL-6, MPO, NF-κB, p-IκBα, p-p38/p38, pAkt/Akt, TNF-α, regulate p38 MAPK ↓ NF-κB pathway	-	A	[252]
Ferulic Acid	TNBS-induced UC rats; TNF- α -induced HIMECs	↑ Bcl-2, GSH, SOD ↓ Caspase-1, Caspase-3, MDA	↑ IL-10 ↓ COX-2, iNOS, IL-1β, IL-6, IL-12, MPO, NO, TNF-α ↓ TXNIP/NLRP3 pathway	-	G	[253, 254]
Evodiamine	DSS-induced UC mice; DSS-induced UC rats	↑ Claudin-1, Claudin-2, Muc-2, Occludin, Tff3, ZO-1 ↓ Caspase-1	↑ IL-10 ↓ IL-1β, IL-6, IL-8, IκB, IFN-γ, MPO, Myd88, NLRP3, p-p65, p-IκBα, TLR4, TNF-α ↓ NF-κB pathway	↑ <i>Firmicutes</i>, <i>Lachnospiraceae</i>, <i>Ruminococcus</i>, SCFAs ↓ <i>Bacteroidetes</i>	C	[255-257]
Eupatilin	TNF- α -induced NCM460 LPS-induced THP-M DSS-induced UC mice	↑ Occludin, ZO-1 ↓ ROS	↑ p-AMPK/AMPK ↓ IL-1β, MPO, NOX4, TNF-α ↓ NF-κB, MAPK pathway	-	A	[258]

Ethyl rosmarinate	DSS-induced UC mice; LPS-induced RAW264.7 cells	-	↓ IL-1 β , IL-6, MPO, NO, TNF- α	-	I	[259]
Esculentoside A	TNBS-induced UC rats; DSS-induced UC rats; LPS-induced primary intestinal neuronal cells	-	↓ IL-6, nNOS, NO, TNF- α	-	H	[260, 261]
Eriodictyol	TNBS-induced UC rats; DSS-induced UC mice	↑ Bcl-2, CAT, GSH-Px, Occludin, SOD, ZO-1 ↓ MDA	↑ IL-10 ↓ MPO, IL-1 β , IL-2, IL-6, IL-12, IL-17, IL-23, TNF- α , regulate TLR4/NF- κ B pathway	-	A	[262, 263]
Eriocitrin	DSS-induced UC mice	↓ MMP-9	↓ COX-2, iNOS, IL-1 β , IL-6, MPO, NF- κ B, TNF- α	-	A	[264]
Erianin	DSS-induced UC mice	↑ SOD ↓ ROS	↓ IL-1 β , IL-6, IL-8, IFN- γ , IkB α , TNF- α , TRAF6 ↓ NF- κ B, TLR4, STAT3, Jak2/STAT3 pathway ↓ CD4 ⁺ T cells, IL-1 β , IL-6, MPO, MyD88, NF- κ B p65, TNF- α , TLR4 ↓ TLR4/MyD88/NF- κ B pathway	-	K	[265]
Ergothioneine	DSS-induced UC mice; DSS-induced UC rats	↑ Occludin	↓ COX2, iNOS, IL-1 β , IL-6, MPO, NO, TNF- α	-	C	[266, 267]
Epoxymicheliolide	DSS-induced UC mice; LPS-induced RAW264.7 cells	↑ Occludin ↑ Keap1-Nrf2 pathway ↓ MDA, ROS	↓ COX2, iNOS, IL-1 β , IL-6, MPO, NO, TNF- α	-	B	[268]

			↓ TAK1-NF-κB, NF-κB pathway			
Epigallocatechin gallate	DSS-induced UC mice	↑ GLP-2, Muc2, Nrf2, Occludin, ZO-1 ↓ MDA	↑ IL-10, TGF-β, ↓ IL-1β, IL-6, IL-17A, MCP-1, TNF-α	-	I	[269-271]
Epicatechin	DSS-induced UC mice; LPS-induced RAW 264.7 cells	↑ CAT, GSH-Px, SOD ↓ MDA	↓ IL-6, MPO, NO, TNF-α ↓ NF-κB pathway	-	I	[272]
Emodin	DSS-induced UC mice; LPS-induced RAW 264.7 cells; IFN-γ + IL-22-induced Caco-2 cells; Flagellin-induced HT-29 cells	-	↑ IκB, PPARγ ↓ iNOS, IL-1β, IL-6, MPO, MyD88, NOS2, p65, TLR4, TLR5 ↓ PI3K/Akt pathway, regulate flagellin/TLR5, TLR5/NF-κB, TLR4/NF-κB, PPARγ pathway ↓ COX-2, iNOS, IFN-γ, IL-6, p-IκBα, NF-κB p65, p-p38/p38, p-STAT3/ STAT3, TNF-α ↑ IL-10	↑ Cyanobacteria, Peptococcaceae and Rikenellaceae, Shannon index ↓ Aerococcaceae, Proteobacteria, Enterobacteriaceae, Enterococcaceae, Lactobacillaceae	D	[86, 273-275]
Ellagic Acid	DSS-induced UC mice	-	↑ IL-10 ↑ PPARγ/NF-κB pathway	-	I	[276]
D-Pinitol	DSS-induced UC mice	↑ CAT, GSH, SOD ↑ Nrf2/ARE pathway ↓ MDA	↓ COX-2, iNOS, IFN-γ, IL-1β, IL-6, IL-17, MPO, NF-κB p65, IκBα, TNF-α	-	K	[277]

Docosapentaenoic acid	DSS-induced UC mice	-	↑ IL-10, PGE2 ↓ 5-LOX, COX, IL-1β, IL-6, LTB4, MPO, TNF-α	↑ ACE, Chao index, Shanno index ↑ <i>Bacteroidetes</i>, <i>Firmicutes</i> ↓ <i>Firmicutes/Bacteroidetes</i>	K	[278, 279]
D-limonene	DSS-induced UC rats	↑ GSH, SOD ↓ MMP-2, MMP-9	↑ p-ERK1/2 ↓ COX-2, iNOS, IL-1β, IL-6, NF-κB p65, TGF-β, TNF-α	-	B	[280]
Diplacone	DSS-induced UC rats	↑ pro-MMP2/MMP2	↓ COX-2	-	A	[165]
Diosmin	Acetic acid-induced UC rats	↑ GSH ↓ MDA, Caspase-3	↓ COX-2, MPO, TNF- α	-	A	[281]
Diosgenin	TNBS-induced UC rats	↑ GSH, SOD ↓ MDA ↓ Bax/Caspase-1 pathway	↑ IL-10 ↓ COX-2, iNOS, IκBα, IL-1β, IL-6, IFN-γ, MPO, NO, TNF-α ↓ NF-κB/IκB-α pathway	-	E	[282]
Dioscin	DSS-induced UC mice; LPS+ IFN-γ-induced RAW 264.7 cells	↑ GSH, Occludin, SOD, ZO-1 ↓ Caspase-1, FITC-Dextran, HIF-1α, MDA	↑ IL-10, p-AMPK ↑ mTORC2/PPARγ pathway ↓ CD80, iNOS, IFN-γ, IL-1β, IL-6, MPO, NLRP3, NO, p-mTOR, p-p38, TNF-α ↓ MAPK, mTORC1/ HIF-1α, NF-κB pathway	-	H	[283-285]

Dihydrotanshinone I	DSS-induced UC mic; LPS-induced RAW 264.7 cells	↑ Caspase-8	↓ COX-2, HMGB1, iNOS, IL-1β, IL-6, MPO, MLKL, RIP1, RIP3, TNF-α	-	B	[286]
Dihydroberberine	DSS-induced UC mice	↑ Claudin-1, JAM-A, Muc1, Muc2, Occludin, ZO-1, ZO-2	↓ IFN-γ, IL-1β, IL-6, IL-17, TNF-α, MPO ↓ TLR4/MyD88/NF-κB pathway ↑ IL-10	-	C	[287]
Dihydroartemisinin	DSS-induced UC mice	↑ Occludin, ZO-1	↓ IL-1β, IL-4, IL-6, IL-17, TNF-α ↓ JAK2/STAT3, NF-κB, PI3K/AKT pathway ↑ IL-10, M2 Macrophages	-	B	[288, 289]
Didymin	DSS-induced UC mice	-	↓ IL-6, M1 Macrophages, MPO, NOS2, TNF	-	A	[290]
Diammonium Glycyrrhizinate	Acetic acid-induced UC rats	↓ ICAM-1	↓ MPO, NF-κB p65, TNF-α	-	B	[291]
Diacetylrhein	DSS-induced UC mice	↑ Bcl-2/Bax, Bcl-2, Occludin, ZO-1 ↓ Caspase-3, Bax, Caspase-1 activity, MDA, ROS	↑ IL-10 ↓ IL-1β, IL-6, IL-18, MPO, MCP-1, NLRP3, NF-κB DNA binding activity, TGF-β	-	D	[292]

Desmethylbellidifolin	TNBS-induced UC rats; LPS-induced RAW 264.7 cells; DSS-induced UC mice Caco-2 cells	↑ Claudin-2, GSH, Occludin, ZO-1	↓ COX-2, iNOS, IL-6, MPO, NO, TNF- α	↓ Bacteroidaceae	A	[293, 294]
Deoxyschizandrin	DSS-induced UC mice	↑ Bcl-2, CAT, SOD ↓ Bax, Caspase-3, MDA	↓ IL-1 β , IL-6, MyD88, TNF- α ↓ TLR4/NF- κ B pathway	-	G	[295, 296]
Demethyleneberberine	DSS-induced UC rats	↓ Caspase-1	↓ IL-1 β , NLRP3, TNF- α ↓ NF- κ B pathway	-	C	[297]
Dehydrocostus Lactone	DSS-induced UC mice	↑ Muc2 ↓ α -Defensin, SOD, XBP1s	↓ IL-1 β , IL-6, IL-17, IL-23, MCP-1, MPO, TNF- α ↓ IL-6/STAT3 Pathway	-	B	[298]
Daidzein	DSS-induced UC mice LPS-induced RAW 264.7 cells	-	↓ IL-1 β , IL-6, MPO, NO, TNF- α ↓ NF- κ B pathway	-	A	[299]
Cyclosporine	DSS-induced UC mice Caco-2 cells	↓ Caspase-8	↑ IL-10, TGF- β	-	C	[300, 301]
Cycloastragenol	Acetic acid-induced UC rats	↑ Bcl2 ↓ BAX, Caspase-3	↓ MIP-1 α , SphK, TNF- α Regulate SphK/MIP-1 α /miR-143 pathway	-	B	[302]

Curcumin	DSS-induced UC mice; Acetic acid-induced UC rats; TNB-induced UC mice	↓ Apoptotic epithelial cells ↓ ATP, CAT, HIF-1 α , MDA	↑ IL-10, IL-33, M2 macrophages, mTOR, SIRT1, STAT3, TGF- β ↓ CCL2, CD4 T cells, CD8 T cells, F4/ 80, Foxp1, IL-1, IL-1 β , IL-6, IL-12, IL-17 α , IL-23, M1 macrophages, MCP-1, MPO, p- STAT3, TGF- β , Th17 cells, Th17/Treg cells, TNF- α ↓ TLRs pathway, p38MAPK pathway	-	I	[89, 303- 308]
Corynoline	DSS-induced UC mice	↑ CAT, GSH/GSSG, SOD ↑ Nrf2 pathway	↓ IL-1 β , IL-6, MPO, TNF- α ↓ NF- κ B pathway	-	C	[309]
Corylin	DSS-induced UC mice	↑ ZO-1, Occludin	↓ IL-6, TNF- α	↑ <i>Candidatus_Stoquefichus</i> , <i>Dubosiella</i> , <i>Enterorhabdus</i> ↓ <i>Bacteroides</i> , <i>Escherichia-Shigella</i> , <i>Turicibacter</i>	A	[310]
Coptisine	DSS-induced UC mice	↑ Bcl-2, Claudin-1, Occludin, ZO-1, ZO-2 ↓ Bax, Bax/Bcl-2, Caspase-3, ICAM-1, VCAM-1	↑ IL-10, TGF- β ↓ IL-1 β , IL-6, IL-17, IFN- γ , MPO TNF- α ↓ NF- κ B pathway	-	C	[311]

Convallatoxin	DSS-induced UC mice; LPS-induced RAW264.7 cells and BMDMs	-	↑ PPARγ ↓ COX-2, iNOS, IL-1β, IL-6, NF-κB p65, TNF-α ↓ NF-κB pathway	-	E	[312]
Citrulline	TNBS+Ethyl alcohol-induced UC rats	-	↓ CD68, IL-6, IL-17A, MCP-1, p-STAT3	-	C	[313]
Cinnamtannin D1	DSS-induced UC mice	-	↑ AMPK/mTOR pathway ↓ IL-1β, IL-6, MPO, TNF-α, restore the balance of Th17-Treg cells ↑ IL-10	-	I	[314]
Cinnamaldehyde	DSS-induced UC mice LPS-induced RAW264.7 cells DSS+ <i>Candida albicans</i> - induced UC mice	↓ Caspase-1, ROS	↓ CDC42, COX-2, Dectin-1, IL- 1β, IL-6, IL-8, IL-17A, IL-18, MPO, NF-κB, NLRP3, NO, STAT3, Th17, TLR2, TNF-α ↓ TLR4/NF-κB pathway	-	G	[315-318]

Regulate dectin-1/TLRs/NF-κB
pathway

Chelidonic acid	DSS-induced UC mice	-	↓ COX-2, HIF-1α	-	K	[319]
Cepharanthine	DSS-induced UC mice	-	-	↑ <i>Acetatifactor</i> , <i>Family_XIII_AD3011_group</i> , <i>Ruminococcaceae_N-K4A214_group</i> ↓ <i>Escherichia-Shigella</i> , <i>Romboutsia</i> , <i>Romboutsia</i> , <i>Turicibacter</i>	C	[320]
Celastrol	DSS-induced UC mice	↑ Caspase-8, CDH1, E-cadherin, Muc2, Occludin, ZO-1	↑ IL-10, NOx, TGF-β, ↓ IFN-γ, IL-1β, IL-6, IL-17A, IL-23, MPO, MLKL, Th1, Th17, TNF-α	↑ <i>Alloprevotella</i> , <i>Butyricicoccus</i> , <i>Paraprevotella</i> , <i>Prevotellaceae</i>	B	[320-322]
Cavidine	Acetic acid-induced UC mice LPS-induced peritoneal macrophages	↑ GSH, SOD ↓ MDA	↓ IL-6, MPO, TNF-α ↓ NF-κB pathway	-	C	[323]
Caulerpin	DSS-induced UC mice	-	↓ IFN-γ, IL-6, IL-17, TNF-α ↓ NF-κB pathway	-	C	[324]

Catechin-7-O- β -D-glucopyranoside	TNBS-induced UC rats	↑ GSH, Muc2, Muc3 ↓ MDA, ICAM-1	↓ COX-2, iNOS, IL-1β, MCP-1, MPO, TNF-α ↓ p38 MAPK-NF-κB pathway	-	A	[325]
Casticin	DSS-induced UC mice; LPS-induced RAW264.7 cells; H2O2-treated Caco-2 cells	↑ E-cadherin, GSH, ICAM-1, SOD ↓ MDA, ROS	↓ CD4+ cells, iNOS, IL-1β, IL-6, MPO, TNF-α ↓ AKT/NF-κB pathway ↑ IEL subpopulations	-	A	[326]
Carnosol	DSS-induced UC mice; Thapsigargin -induced HCT-116 cells	↑ Claudin-1, Muc2, Occludin, Tff3, ZO-1	↓ Dendritic cell, IFN-γ, TNF-α, IL-6, IL-1β, monocytes/macrophages, neutrophils	-	B	[327]
Carnosic acid	DSS-induced UC mice	↑ GCLM, GPX2, GSH, HO-1, Nrf2, SOD, SOD2 ↓ Caspase-1, MDA regulate Keap1/Nrf2 pathway	↓ F4/80, IFN-γ, IL-6, IL-1β, IL-17A, IL-18, MPO, TNF-α ↓ C-Jun, NF-κB pathway	-	B	[328]
Cardamonin	Acetic acid-induced UC rats	↓ MDA	↓ iNOS, MPO, NF- κ B, TNF- α	-	A	[329]

Capsaicin	DSS-induced UC mice	-	↓ IFN- γ , IL-17A, IL-22, MPO	↑ <i>Ruminoclostridium_1</i> , <i>Oscillibacter</i> , <i>Marvinbryantia</i> , <i>Faecalibaculum</i> ↓ <i>Bacteroidales</i>	C	[330, 331]
Cannabidivarin	DNBS-induced UC mice	↓ FITC-Dextran	↑ TRPV1 ↓ IL-1 β , IL-6, MCP-1, MPO, TRPA1, TRPV2	↑ Bacteroidales, Proteobacteria	I	[332]
Camptothecin	DSS-induced UC mice; LPS-induced RAW264.7 cells	-	↓ COX-2, iNOS, IL-1 β , IL-6, MPO, TNF- α ↓ AKT/NF- κ B, MAPK pathway	-	C	[333]
Caffeic acid phenethyl ester	DSS-induced UC mice; LPS-induced RAW264.7 cells	↓ ICAM-1, VCAM	↓ IFN- γ , IL-1 β , IL-6, IL-17, MPO, NF- κ B p65, p-I κ B- α , TNF- α	-	G	[334, 335]
Caffeic acid	DSS-induced UC mice; LPS-induced primary BMDMs and BMDCs	-	↓ CD11; F4/80; IL-1 β , IL-6, IL- 12, IFN- γ , TNF- α ↓ NF- κ B pathway	↑ <i>Akkermansia</i> , <i>Verrucomicrobia</i> ↓ <i>Firmicutes/Bacteroidetes</i>	G	[336, 337]
Butyrate	Acetic acid-induced UC rats; TNBS-induced UC rats; DSS-induced UC mice	↑ Goblet cells	↑ IL-10, IL-10/IL-12, TGF- β ↓ IL-6, IL-12, IL-17, TNF- α ↓ CCR9/NF- κ B pathway	↑ SCFAs	K	[338-340]

Bryodulcosigenin	DSS-induced UC mice; NCM460 cells; MLE-12 cells	↑ Occludin, ZO-1 ↓ Bax/Bcl, Caspase-3, Caspase-9	↑ IκBα, IL-10 ↓ IL-1β, IL-6, IL-17, NLRP3	-	B	[341]
Brusatol	TNBS-induced UC rats; LPS-induced RAW 264.7 macrophages	↑ CAT, GSH, Nrf2, SOD ↓ Caspase-1, Keap-1	↑ TGF-β, IL-4 ↓ IL-1β, IL-18, NO, NF-κB p65, NLRP3, TNF-α ↓ NF-κB pathway	-	B	[342]
Bruceine D	TNBS-induced UC rats	↑ GSH-Px, SOD ↓ MDA, ROS	↑ IL-10, TGF-β ↓ COX-2, iNOS, IL-1β, IL-6, IL- 8, MPO, MyD88, NF-κB p65, TLR4, TNF-α, TRAF-6	-	B	[342]
Boldine	DSS-induced UC mice	↑ CAT, SOD ↓ MDA	↑ IκB-α ↓ CD 68+, IL-6, IL-17, MPO, p65-NF-κB , TNF-α	-	C	[343]
Bilobalide	DSS-induced UC mice; LPS-induced RAW 264.7 Cells	↑ Claudin-3, Occludin, ZO-1	↓ COX-2, iNOS, IL-1β, IL-6, MPO, TNF-α ↓ AKT/NF-κB, MAPK pathway	↑ <i>Firmicutes</i> , <i>Lactobacillus</i> ↓ <i>Bacteroidetes</i> , <i>Dubosiella</i>	B	[344]

Betulinic acid hydroxamate	DSS-induced UC mice; TNBS-induced UC mice; Caco-2 cells	↑ Claudin-1, Muc2, Muc3, ZO-1 ↓ MMP-3, MMP-8, Mrc-1	↑ IL-13 ↓ CD3, F4/80, HIF-1 α , IL-1 β	-	B	[345]
Betulin	Acetic acid-induced UC rats	↓ Caspase-8, Caspase-3	↓ CD68 cells, IL-6, IL-1 β , NF- κ B, TLR4, TNF- α	-	B	[346]
Betaine	DSS-induced UC mice	↑ CAT, caspase-1, GSH, GSH/GSSG, Nrf2 ↓ GSSG, MDA, SOD1	↓ COX-2, IL-1 β , IL-6, IL-18, MPO, NLRP3, NOS1, NOS2, NOS3	-	C	[347]
Bergenin	DSS-induced UC mice; LPS-induced RAW 264.7 cells; TNBS-induced UC rats	↓ Caspase 11	↑ I κ B, PPAR γ , SIRT1 ↑ NF- κ B pathway ↓ COX-2, iNOS, IFN- γ , IL-1 β , IL-6, IL-18, MPO, NF κ B-p65, p-STAT3, TNF- α ↓ NLRP3 Regulate PPAR γ /SIRT1/NF- κ B-p65 pathway	-	G	[348, 349]
Berberubine	DSS-induced UC mice	↑ Bcl-2, Claudin-1, Muc1, Muc2, Occludin, ZO-1, ZO-2 ↓ Bax/Bcl-2	↓ IFN- γ , IL-1 β , IL-4, IL-6, MPO, TNF- α	-	C	[350]

Berberine hydrochloride	DSS-induced UC rats	↑ Claudin-1, Occludin, ZO-1, VCAM-1	↑ IL-4, IL-10 ↓ IL-1, IL-1β, IL-6, IL-12, TNF-α, TGF-β, IFN-γ	-	C	[351]
Berberine	Acetic acid-induced UC rats; Alcohol-induced UC rats; DSS-induced UC mice; DSS-induced UC rats; TNBS-induced UC rats; DSS- induced UC cats; LPS-induced HT29 cells; LPS-induced Raw 264.7 cells; LPS-induced inflammatory damage of NCM460 cells; LPS-induced IEC-18 Inflammatory Model; TNF-α-primed Caco-2 cells monolayers	↑ Bcl-2, CAT, E-cadherin, GPX, GR, GSH, Muc2, Occludin, SOD, ZO-1 ↑ Nrf2/HO-1 pathway ↓ Bax, Caspase-1, Caspase-12, Caspase-3, FITC-Dextran, GRP78, ICAM-1, IECs apoptosis, LBP, LPO, MDA, MMP-9, MadCAM-1 ↓ Caspase12/caspase-3 apoptosis pathway	↑ IL-10, IL-13, IL-4 ↑ p38 MAPK, Wnt/β-catenin pathway ↓ Dendritic cells, NK cells, NKp46, COX-2, GATA3, iNOS, IFN-γ, IL-1β, IL-2, IL-5, IL-6, IL-17, IL-17A, IL-18, IL-23, IL-23R, ILC1, JNK, MAPK14, MPO, NLRP3, NO, NOS2, neutrophils, p-STAT3, Th17, TNF-α, ↓ p-JAK2/STAT3, TLR4/NF-κB pathway Regulate AMPK/MTOR/ULK1 pathway ↑ AMPK, IL-10, IL-4 ↓ IFN-γ, IL-1β, IL-6, MLCK, TNF-α, Regulated the AMPK/MLCK pathway	↑ ACE, Chao index ↑ Bacillibacteria, <i>Bacteroides</i> , <i>Bacteroides fragilis</i> , <i>Eubacterium</i> , <i>Lactobacillus/Lactococcus</i> , <i>Sutterella</i> ↓ <i>Allobaculum</i> , <i>Akkermansia</i> , <i>Bacteroides</i> , <i>Desulfovibrio</i> , Enterobacteriaceae, <i>Mucispirillum</i> , <i>Oscillospira</i> , Verrucomicrobiales	C	[62, 352-364]
Barbaloin	DSS-induced UC rats; LPS-induced Caco-2 cell	↑ E-cadherin, Occludin, ZO-1		-	D	[365]

Baicalin	LPS-induced RAW 264.7 cells; TNBS-induced UC rats; DSS-induced UC mice	↑ ATP, Bcl-2, CAT, GSH-Px, Occludin, SOD, ZO-1 ↓ Bax, Bcl-2/Bax, Caspase-3, Caspase-9, Cyt-c, Fas, FasL, ICAM-1, MDA, ROS	↑ Foxp3, IL-10, TGF-β, PPARγ, Treg cells ↓ COX-2, F4/80, IFN-γ, iNOS, IL-1β, IL-6, IL-12, IL-13, IL-17, IL-33, MCP-1, MIP-3α, MPO, NF-κB p65, NO, p-IκB-α, TLR2, TLR4, TLR 9, Th17/Treg cells, TNF-α ↓ CD14/TLR4/NF-κB, IKK/IκB/NF-κB, MAPK, NF- κB, TLR4/NF-κB-p65/IL-6, TLR4/NF-κB regulate PPARγ pathway	↑ Shannon index, <i>Firmicutes</i>, SCFAs ↓ <i>Actinobacteria</i>, <i>Firmicutes/Bacteroidetes</i> ratios, <i>Proteobacteria</i>	A	[273, 354, 366-375]
Procyanidins	DSS-induced UC mice	↑ Claudin-1, Muc2, Occludin, SOD ↓MDA	↑ IL-10 ↓ COX-2, iNOS, IL-1β, IL-6, MPO, NO, TNF-α	↑ <i>Anaerotruncus</i>, <i>Clostridium XIVb</i>, SCFAs ↓ <i>Alistipes</i>	K	[376, 377]
Atractylodin	DSS-induced UC mice; LPS-induced RAW264.7 cells	-	↓ IL-6, IL-1β, iNOS, TNF-α ↓ MAPK Pathway	↑ <i>Akkermansia</i>, <i>Alistipes</i>, <i>Firmicutes</i>, <i>Muribaculum</i> ↓ <i>Bacteroides</i>, <i>Deferribacteres</i>, <i>Desulfovibrio</i>, <i>Flavonifractor</i>, <i>Mucispirillum</i>, <i>Proteobacteria</i>	K	[378]

			↑ Chao1, Shannon, Simpson index			
Atractylenolide I	DSS-induced UC mice	-	↓ PI3K, AKT	↑ <i>Erysipelatoclostridium</i> , <i>Firmicutes</i> , <i>Lactobacillus</i> ,	B	[379]
				<i>Lachnospiraceae</i> , ↓ <i>Enterobacter</i> , <i>Helicobacter</i> , <i>Proteobacteria</i> , <i>Rodentibacter</i> , <i>Shigella</i>		
Atractylenolide III	DSS-induced UC mice; LPS-induced IEC-6 cells	↑ GSH, Occludin, SOD, ZO-1 ↓MDA	↑ AMPK/SIRT1/PGC-1 α pathway	-	B	[380]
			↓ COX-2, iNOS, IL-6, TNF- α ↑ Foxp3, IL-10, TGF- β 1, STAT5, Treg cells			
Astragaloside IV	DSS-induced UC mice; LPS-induced CCD-18Co cells	↑ CAT, Claudin-1, GSH-Px, SOD, ZO-1 ↓ MDA	↓ AHR, IL-17, IL-1 β , IL-21, IL-6, MPO, NO, TNF- α , Th17 cells	-	B	[381-383]
			↓ NF- κ B, Notch pathway			
Astragaloside II	DSS-induced UC mice; LPS-induced UC CCD-18Co cells	↑ SOD ↓ MDA	↓ IL-1 β , IL-6, MPO, NO, TNF- α ↓ HIF- α /NF- κ B pathway	-	H	[384]
			↑ ACE, Shannon index			
Astragalin	DSS-induced UC mice	↑ Muc2, Occludin, ZO-1	↓ COX-2, IFN- γ , IL-1 β , IL-6, MCP-1, MPO, TLR4, TNF- α ↓ NF- κ B pathway	↑ <i>Butyricicoccus</i> , <i>Lachnospiraceae</i> , <i>Family_XIII_UCG-001</i> , <i>Oscillibacter</i> , <i>Ruminiclostridium_9</i> , <i>Ruminiclostridium</i> , <i>Ruminococcaceae_NK4A214_group</i> , <i>Ruminococcaceae_UCG-009</i> , <i>Peptococcus</i> , <i>Ruminococcaceae</i> , <i>Unclassified_f__</i> <i>Lachnospiraceae</i> ↓ <i>Bacteroidaceae</i> , <i>Escherichia-Shigella</i> , <i>Ruminococcus_1</i> , <i>Erysipelotrichaceae</i> , <i>Prevotellaceae</i> , <i>Peptostreptococcaceae</i> , norank_o__Rhodospirillales	A	[385]

Asperuloside	DSS-induced UC mice; LPS-induced RAW 264.7 cell	↑ GSH-Px, SOD ↑ Nrf2/HO-1 pathway ↓ ROS	↑ IL-10 ↓ IL-6, MPO, TNF- α ↓ NF- κ B pathway	-	B	[386]
Aspartate	DSS-induced UC mice	↑ GPX4	↑ PIPK3, MLKL ↓ IL-1 β , RIPK1, TNF- α	↑ <i>Alistipes</i> , <i>Bacteroidetes</i> , <i>Lactobacillus</i> ↓ <i>Actinobacteria</i> , <i>Akkermansia</i> , <i>Verrucomicrobia</i>	C	[387]
Artesunate	TNBS+Ethyl alcohol-induced UC mice; LPS-induced RAW264.7 cells; DSS-induced UC mice; DSS-induced UC rats	↑ Bcl-2/Bax ↓ Bax, Caspase-3, Caspase-9, Caspases-12	↑ IL-10 ↓ IFN- γ , IL-1 β , IL-6, IL-8, IL-12, IL-17, IL-23, MPO, TNF- α ↓ TLR4-NF- κ B pathway	-	B	[388-391]
Artemisinin	DSS-induced UC rats	-	↑ PPAR γ ↓ NF- κ B	-	B	[392]
Aromatic-turmerone	Acetic acid-induced UC mice	-	↓ COX-2, TNF- α	↑ <i>Lachnospiraceae</i> , <i>Muribaculaceae</i> , <i>Ruminococcaceae</i> , uncultured-bacteroidales-bacterium-g-alloprevotella ↓ gut_metagenome_G_alloprevotella	B	[393]
Arctigenin	DSS-induced UC mice	↑ GSH, ICAM-1, SOD ↓ MDA, MAdCAM-1, VCAM-1, E-selectin	↓ IL-6, MCP-1, MIP-2, MPO, TNF- α ↓ MAPK, NF- κ B pathway	-	G	[394]
Arbutin	DSS-induced UC mice	↑ Bcl-2, Claudin-1, Occludin, ZO-1 ↓ Bax, PARP	↑ IL-10 ↓ IL-6, MPO, TNF- α ↓ MAPK/ELK1 pathway	-	K	[395]

Apocynin	DSS-induced UC mice	↓ ROS	↓ COX-2, iNOS, IFN- γ , IL-1 β , IL-6, NO, NOXs, TNF- α ↓ NOXs-ROS-p38MAPK pathway	-	K	[396]
Apigenin	Acetic acid-induced UC mice; DSS-induced UC mice; Acetic acid-induced UC rats	↑ Claudin-1, Goblet cells, GSH, Occludin, ZO-1 ↓ Caspase-1, Caspase-11, MDA, MAdCAM-1	↑ IL-10 ↓ COX-2, iNOS, IL-1 β , IL-6, IL- 18, MPO, mPGES, MMP-3, TNF- α	↑ ACE, Chao1 index, SCFAs ↑ <i>Lactobacillus</i> , <i>Akkermansia</i> , <i>Dubosiella</i> , <i>Firmicutes</i> , <i>Faecalibaculum</i> , <i>Verrucomicrobia</i> ↓ <i>Bacteroides</i> , <i>Proteobacteria</i> , <i>Turicibacter</i> , <i>Klebsiella</i> , <i>Romboutsia</i>	A	[397-400]
Anemoside B4	DSS-induced UC mice; LPS-induced RAW 264.7 cell; TNBS-induced UC mice	↓ Bcl-2/Bax, Caspase-3	↓ IL-1 β , IL-6, IL-17, MPO, NO, TNF- α ↓ TLR4/ NF- κ B/MAPK, S100A9/MAPK/NF- κ B pathway	↑ <i>Akkermansia</i> ↓ <i>Bacteroidetes</i>	H	[401-403]
Anemonin	DSS-induced UC mice	-	↓ IL-1 β , IL-6, TNF- α	-	K	[404]
Andrographolide sodium bisulfite	DSS-induced UC mice	↑ α -Catenin, β -Catenin, ZO-1 ↓ YAP	↓ IL-1 β , IL-6, IL-17A, TNF- α	-	B	[405]
Andrographolide	Oxazolone-induced UC rats	-	↓ IL-13, IL-4, MPO, NF- κ B p- p65, TNF- α ↓ IL-4R-STAT6 pathway	-	B	[406]

Amentoflavone	Acetic acid-induced UC rats	↑ GSH, SOD ↓ LPO, LDH	↓ COX-2, iNOS, IL-1β, IL-6, MPO, NO, TNF-α ↓ NF-κB pathway	-	A	[407]
Alpinetin	DSS-induced UC mice; TNF- α -stimulated Caco -2 cells	↑ Occludin, occludens-1, claudin -7, SOD, ZO-1 ↑ Nrf2/HO-1 pathway ↓ Caspase-3, Claudin-2, IECs apoptosis, MDA ↓ mTORC1 pathway	↑ Treg cells, Foxp3, IL-10 ↓ IL-1β, IL-17, MPO, RORγt, TNF-α	-	A	[408-410]
Alliin	DSS-induced UC mice LPS-induced 264.7 cells	↓ MDA	↓ ERK, iNOS, IL-6, IL-1β, JNK, MPO, NO, p38, TNF-α ↓ MAPKs-PPARγ/NF-κB/AP- 1/STAT-1 pathway	-	C	[411]
Aloin A	DSS-induced UC mice LPS-induced LS174T cells	↑ Muc2, Occludin ↓ Caspase-3 ↓ Notch/Hes1 pathway	↑ IL-10 ↓ IL-1β, MPO, TNF-α	-	D	[412]
Albiflorin	DSS-induced UC mice	↑ GSH, SOD ↓ MDA	↑ Foxp3, STAT5 ↓ IL-1β, IL-6, MPO, TLR4, TNF-α ↓ NF-κB, MAPK pathway	-	K	[413]
Alanyl-glutamine	DSS-induced UC mice	↑ Bcl-xL, Muc2, Tff3	↑ IκBα/NF-κB p65 ↓ IFN-γ, IL-4, IL-17A, IL-17F, TLR4, TNF-α	-	K	[414, 415]

Aesculin	DSS-induced UC mice; LPS-induced RAW 264.7 cells	-	↑ PPARγ pathway ↓ iNOS, IL-1β, TNF-α, NO ↓ NF-κB pathway	-	G	[416]
Acteoside	DSS-induced UC mice; DSS-treated Caco-2 cells	↑ Bcl-2, CAT, GSH, HO-1, Occludin, SOD, ZO-1 ↓ Bax, Caspase-3, Claudin-2, MDA	↓ IL-1β, IL-6, TNF-α	-	G	[417]
Acanthoic acid	DSS-induced UC mice	-	↓ COX-2, MPO, TNF- α	-	B	[418]
Acacetin	DSS-induced UC mice; LPS-induced RAW264.7 cells	-	↓ COX-2, iNOS, IL-1β, IL-6, NO, TNF-α	↑ Shannon index, <i>Firmicutes</i> ↓ <i>Bacteroidaceae</i>, <i>Deferribacteres</i>, <i>Deferribacteraceae</i>, <i>Enterobacteriaceae</i>, <i>Escherichia-Shigella</i>, <i>Faecalibaculum</i>, <i>Proteobacteria</i>	A	[419]
8-Oxypalmatine	DSS-induced UC mice	↑ CAT, GSH, GSH-Px, HO-1, Nrf2, SOD, T-AOC ↓ MDA	↑ IL-10 ↓ IFN-γ, IL-1β, IL-6, IL-17A, MPO, NLRP3, NO, TNF-α	-	C	[420]
8-Gingerol	DSS-induced UC rats	↑ SOD ↓ MDA	↓ MPO	-	I	[421]

6-Shogaol	DSS-induced UC mice	-	↓ IL-1 β , IL-6, TNF- α	↑ ACE, Chao, Shannon, Simpson index ↓ Verrucomicrobia, Verrucomicrobiae, Verrucomicrobiales	I	[422]
6-Paradol	Acetic acid-induced UC rats	↑ GSH ↓ MDA	↓ MPO	-	I	[423]
6-Gingerol	DSS-induced UC mice; DSS-induced UC rats	↑ CAT, GPX, GSH, GST, SOD ↓ H2O2, MDA	↑ Foxp3, IL-10 ↓ COX-2, iNOS, IL-17, IL-1 β , IL-6, MCP-1, MPO, NF- κ B, p38, NO, TNF- α ↓ Wnt/-catenin pathway	-	I	[421, 424-426]
6,7-Dihydroxy-2,4-Dimethoxyphenanthrene	DSS-induced UC mice	↑ Occludin ↓ Caspase-3, Caspase-8	↓ ERK, IFN- γ , IL-23, MPO, NO ↓ NF- κ B/COX-2 pathway	-	K	[427]
4-Geranyloxy-2,6-Dihydroxybenzophenone	DSS-induced UC mice	↑ E-cadherin, ZO-1	↑ PKA/CREB pathway ↓ COX-2, iNOS, IFN- γ , IL-1 β , IL-6, TNF- α , MPO ↓ NF- κ B pathway	-	K	[428]
3,4-Oxo-isopropylidene-shikimic acid	TNBS-induced UC rats; Acetic acid-induced UC rats; TNBS-induced UC mice	↑ GSH, GSH-Px, ICAM-1, SOD ↓ MDA,	↓ IFN- γ , iNOS, IL-1 β , IL-8, MPO, NF- κ B p65, NO, TNF- α	-	K	[429, 430]

3,3'- Diselenodipropionic acid	DSS-induced UC mice	-	↓ F4/80, IL-1β, IL-6, IL-17A, IL-17F, NLRP3, p- STAT3/STAT3, TNF-α	-	K	[431]
2,3,5,4'- Tetrahydroxystilbene- 2-O-β-D-glucoside	DSS-induced UC mice	↑ Occludin, ZO-1	↑ IL-10 ↓ IL-1β, IL-6, TNF-α	↑ ACE, Chao1 index, Bacteroidetes, Firmicutes, Lachnospiraceae_NK4A136 ↓ Simpson index, Bacteroides, Firmicutes/Bacteroidetes ratio, Helicobacter, Parabacteroides, Proteobacteria	K	[432]
14-O-Acetylneoline	TNBS-induced UC mice	-	↓ IFN-γ	-	C	[433]
11-Hydroxy-1'-O- Methylamentadione	DSS-induced UC mice	-	↓ COX-2, iNOS, IL-1β, MPO, TNF-α	-	B	[434]
10-Gingerol	DSS-induced UC rats	↑ SOD ↓ MDA	↓ MPO	-	I	[421]
1,25- Dihydroxyvitamin D3	DSS-induced UC mice; ATP+LPS-induced peritoneal macrophages	↓ ROS	↑ M2 macrophages ↓ CD4+ T cells, Dendritic cells, IFN-γ, IL-1β, IL-6, IL-17, IL-18, M1 macrophages, MPO, NLRP3, Th1, Th17, TNF-α	-	K	[435, 436]

Linalool	Acetic acid-induced UC rats	↑ CAT, GPX, Nrf2 ↓ MDA	↓ COX-2, IL-1β, NF-κB	-	B	[171]
Chlorogenic Acid	DSS-induced UC mice; LPS/ATP-induced RAW264.7 cells	↑ Bcl-2, SOD ↓ Bax, Caspase-1, Caspase-3	↑ IL-10 ↓ IL-1β, IL-18, IL-6, MPO, NLRP3, NO, PAF, p-NF-κB, TNF-α ↓ MAPK/ERK/JNK, NF-κB/NLRP3 pathway	↑ Simpson index ↑ <i>Akkermansia</i> , <i>Bifidobacterium</i> , <i>Clostridium_sensu_stricto_1</i> , <i>Firmicutes/Bacteroidetes</i> , <i>Dubosiella</i> , <i>Lactobacillus</i> , <i>Verrucomicrobia</i> ↓ <i>Bacteroides</i> , <i>Streptococcus</i> , <i>Subdoligranulum</i>	G	[437-440]

Note: A indicate Flavonoids, B indicate Terpenoids, C indicate Alkaloids, D indicate Quinonoids, E indicate Steroids, G indicate Phenylpropanoids, H indicate Saponins, I indicate Phenols, J indicate Vitamins, K indicate Other.

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