**Supplementary material 1 – Search Strategy Keywords**

The following keywords related to pregnancy were searched using the .mp field: “preconception” or “fertility” or “fertilization”or “pregnancy” or “pregnant” or “gestation” or “matern\*” or “postpartum” or “post-partum” or “postnatal”.

The pregnancy terms were linked to body position keywords using the AND operator.

The following keywords related to body position were searched using the .mp field: “gravity” or “gravitation” or “posture” or “sitting” or “standing” or “prone” or “supine” or “recumben\*”, or “position adj4 body” or “position adj4 sleep\*” or “position adj4 dominant” or “position adj4 resting” or “position adj4 pregnan\*” or “position adj4 matern\*”, or “position adj4 trimester” or “position adj4 gestation\*”.