**Supplemental Table S1. Effects of Targeted Temperature Management and Increase in Body Temperature on the Central Nervous System**

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| **Effect** | **Cardiac Arrest** | **Traumatic brain injury** |
| Effects of TTM on the central nervous system | **Differences** |
| Inhibits cell apoptosis associated with ischemia and reperfusion injury | Suppresses fever due to trauma-induced cytokine productionSuppresses secondary brain injury due to increased cerebral vascular permeability associated with fever and reduced exposure of neuronal cells to cytokines |
| **Similarities** |
| Reduces BBB damage Oligodendrocyte and microglial damage is reduced Suppresses apoptosis in damaged cells by inhibiting the activation of caspase-9, inhibiting the accumulation of free radicals, decreasing glutamate and mitochondrial dysfunctionDecreased CBF leads to decreased cerebral edema, decreased metabolism, decreased ROS, and decreased apoptosisDecreased metabolism leads to constriction of cerebral blood vessels, decreased intracranial blood volume, and decreased ICP  |
| Effects of hyperthermia on the central nervous system | Increased vascular permeability and exposure to cytokinesIncreased vascular permeability and exacerbated brain edemaIncreased inflammatory cell infiltration into damaged brain regionsIncreased damage and morphology of axons, neurons, glial cells, and vascular endotheliumIncreased cerebral metabolism and increased CBF requirementsImpaired autoregulation of CBF results in increased intracranial pressure with increased body temperature |

TTM: targeted temperature management, BBB: blood brain barrier, CBF: cerebral blood flow, ROS: reactive oxygen species, ICP: intra cranial pressure