Appendix 1

**Table S1 SB, the effective wearing time and the ratio**

|  |  |  |  |
| --- | --- | --- | --- |
|  | SB | Wearing Time | Ratio |
| x̄ ± SD | 479.65 ± 112.65 | 1026.42±165.85 | 47.93±13.75 |

**Abbreviations:**SB,Sedentary behaviour;