**Table S4:** Quality appraisal of included studies using an adapted version of the 12-criteria tool from Evidence for Policy and Practice Information and Co-ordinating Centre (15) \*

| **Paper** | **Criteria** |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Aims and objectives clearly reported | Adequately described context of research | Adequately described sample and sampling methods | Adequately described data collection methods | Adequately described data analysis methods | Reliability of data collection tools | Validity of data collection tools | Reliability of data analysis  | Validity of data analysis | Used appropriate data collection methods to allow expression of views | Used appropriate methods for ensuring analysis was grounded in the views | Actively involved participants in study design and conduct |
| Billings et al (2021) | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | –  | Checkmark with solid fill | –  | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | – |
| Brigante et al (2022) | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | –  | Checkmark with solid fill | –  | Checkmark with solid fill | –  | Checkmark with solid fill | –  | Checkmark with solid fill | – |
| De Backer et al (2022) | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill |
| Hanley et al (2022) | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | –  | Close with solid fill | Close with solid fill | Close with solid fill | Close with solid fill | Checkmark with solid fill | Checkmark with solid fill | –  |
| Hinton et al (2022) | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | – | – | – | Close with solid fill | Close with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill |
| Hinton et al (2023) | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | – | Checkmark with solid fill | Checkmark with solid fill | – | – | Checkmark with solid fill | Checkmark with solid fill | – |
| Jones et al (2022) | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | –  | Checkmark with solid fill | Close with solid fill | Close with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Close with solid fill |
| Martin-Key et al (2021) | Checkmark with solid fill | Checkmark with solid fill | – | – | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Close with solid fill |
| Moltrecht et al (2022) | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | –  | Checkmark with solid fill | Close with solid fill | Close with solid fill | Checkmark with solid fill | Checkmark with solid fill | –  | Checkmark with solid fill | Close with solid fill |
| Silverio et al (2022) | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill |
| Silverio et al., (2023) | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill |
| Thomson et al (2022) | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | –  | Checkmark with solid fill | – | – | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | Close with solid fill |
| van den Berg et al (2022) | Checkmark with solid fill | Checkmark with solid fill | –  | Checkmark with solid fill | Checkmark with solid fill | –  | Checkmark with solid fill | –  | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | – |
| Wilson et al (2021) | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill | –  | Checkmark with solid fill | Close with solid fill | Close with solid fill | Close with solid fill | Close with solid fill | Checkmark with solid fill | Checkmark with solid fill | Close with solid fill |
| Wiseman et al (2022) | Checkmark with solid fill | Checkmark with solid fill | – | Checkmark with solid fill | – | Checkmark with solid fill | Checkmark with solid fill | – | – | Checkmark with solid fill | Checkmark with solid fill | Checkmark with solid fill |

\*A ‘tick’ indicates that a criterion was fully-met, ‘–’ that the criterion was partially-met, and an X that the criterion was not met