

Food Category	Intersection Size
WhiteFlour	136
WheatFlour	24
Tuna	18
Honey	15
Butter	15
Chitin	13
Methylcellulose	11
MCC	9
Pectin	9
Starch	5
Xylan	5

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Supplement 10: Additional UpSet plots. The rarefied samples (7924 depth) from whole food and synthetic diets were used to generate UpSet plots. **(A)** depicts sets where ASVs are found in all but one of the diets. **(B)** depicts sets found in only two diets. **(C)** contains remaining sets not yet displayed with at least 5 ASVs. Additional sets were not included.