**SUPPLEMENT**

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| **Table S1. Individual Financial Stress Items for Adults 18-26 years, from the National Health Interview Survey 2013-18.** |
| **No. (N)** |  **19,821** |
| **Estimated US Population, (weighted %)** |  **33,889,626 (100)** |
|  |  |
| How worried are you about money for retirement, n (weighted %) |  |
|  1 Very worried |  2,222 (11.0) |
|  2 Moderately worried |  3,707 (18.1) |
|  3 Not too worried |  5,625 (27.5) |
|  4 Not worried at all |  8,267 (43.4) |
|  How worried are you about medical costs of illness/accident, n (weighted %) |
|  1 Very worried |  2,990 (14.4) |
|  2 Moderately worried |  4,025 (20.2) |
|  3 Not too worried |  4,944 (24.7) |
|  4 Not worried at all |  7,862 (40.7) |
|  How worried are you about maintaining standard of living, n (weighted %) |
|  1 Very worried |  1,936 (9.9) |
|  2 Moderately worried |  3,928 (19.9) |
|  3 Not too worried |  5,986 (29.2) |
|  4 Not worried at all |  7,971 (41.0) |
| How worried are you about medical costs of healthcare, n (weighted %) |
|  1 Very worried |  1,782 (8.9) |
|  2 Moderately worried |  2,838 (14.7) |
|  3 Not too worried |  5,351 (26.5) |
|  4 Not worried at all |  9,850 (50.0) |
| How worried are you about paying monthly bills, n (weighted %) |  |
|  1 Very worried |  1,559 (7.9) |
|  2 Moderately worried |  3,526 (17.7) |
|  3 Not too worried |  5,380 (26.3) |
|  4 Not worried at all |  9,356 (48.1) |
|  How worried are you about paying rent/mortgage/housing costs, n (weighted %) |
|  1 Very worried |  1,318 (6.7) |
|  2 Moderately worried |  2,559 (12.3) |
|  3 Not too worried |  5,082 (23.4) |
|  4 Not worried at all |  10,862 (57.6) |