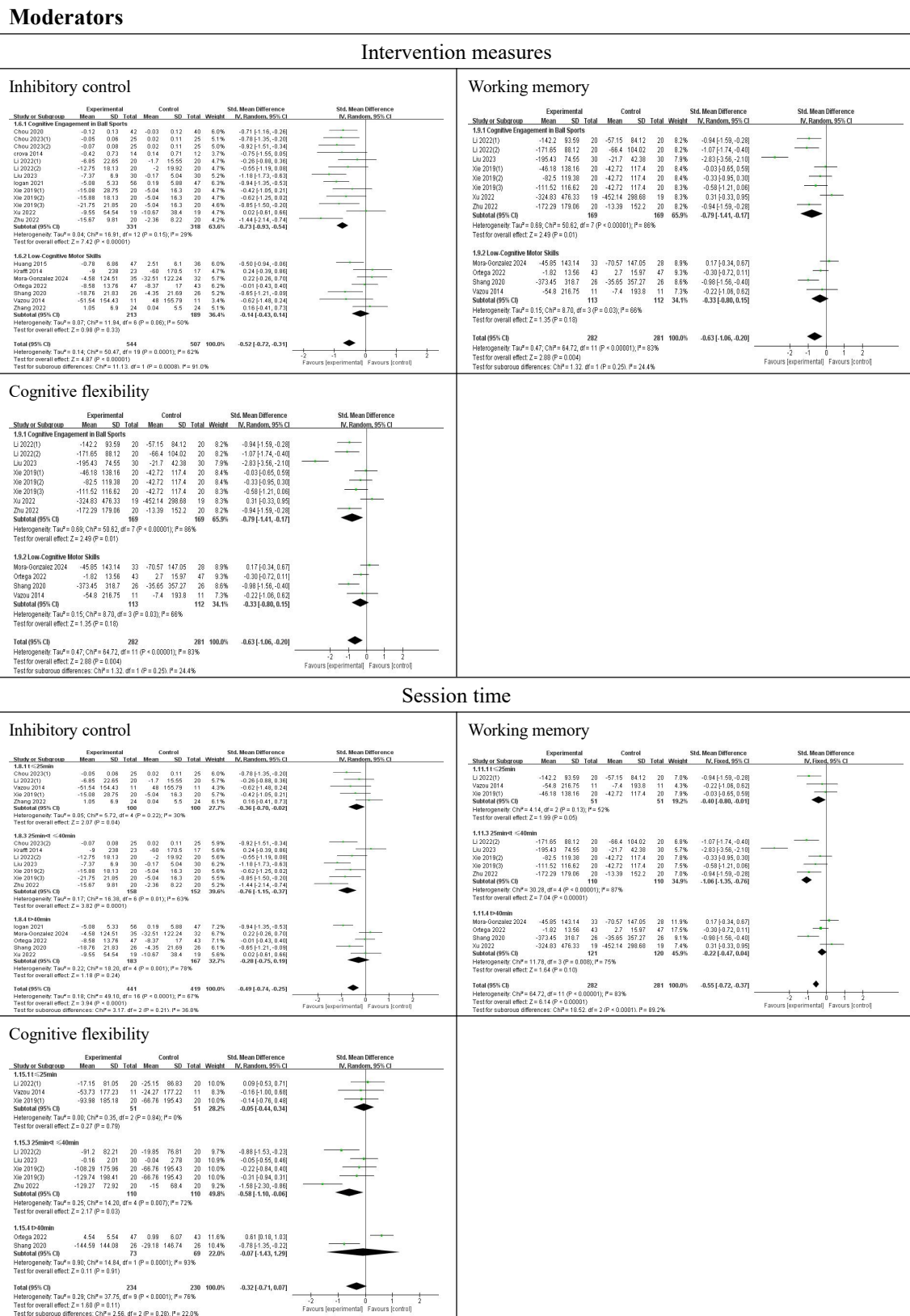
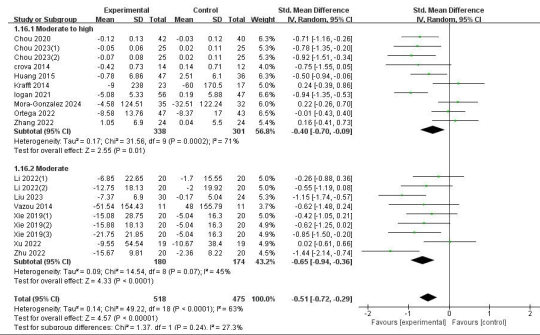


# Appendix B. Forest Plots

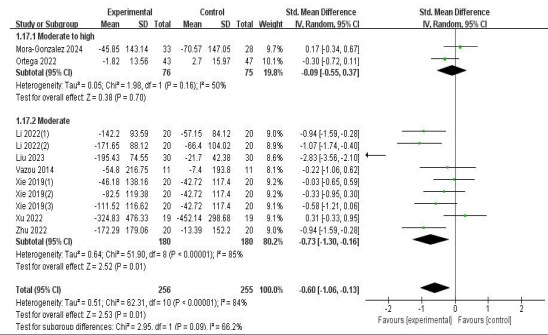


## Intervention intensity

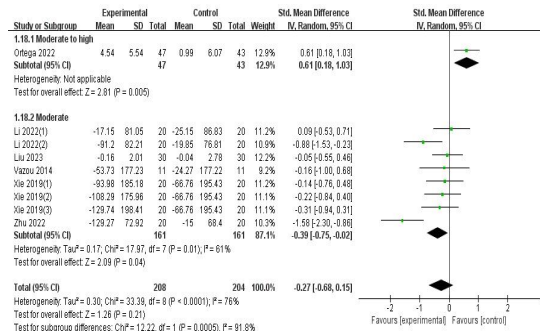
### Inhibitory control



### Working memory

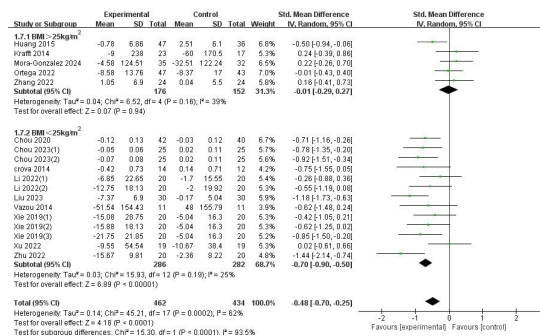


### Cognitive flexibility



## BMI

### Inhibitory control



### Working memory

