

Table S2 Modified Medical Research Council dyspnea scale, mMRC

mMRC evaluation level	Severity
Level 0	Difficulty breathing only occurs during intense physical activity
Level 1	Shortness of breath when walking briskly on flat ground or climbing small slopes on foot
Level 2	Due to shortness of breath, walking on flat ground is slower than peers or requires stopping to rest
Level 3	After walking on flat ground for about 100 m or a few minutes, you need to stop and catch your breath
Level 4	Due to severe breathing difficulties, unable to leave home, or experiencing breathing difficulties while putting on or taking off clothes