

Supplementary Material

Supplementary Figure Legends

Supplementary Figure 1. The use of combined oral contraceptives did not significantly influence vaginal microbiota, the number of viable bacteria, or vaginal pH in vaginal swabs.

(A) Results of vaginal microbiota composition using amplicon sequencing analysis were sorted based on the non-use or use of combined oral contraceptives (COC). (B) The relative abundance of *Lactobacillus* in each sample, categorized by the non-use or use of COC, was plotted. Statistical analysis was performed using the Mann–Whitney U-test. The association between (C) the number of viable bacteria in the vaginal fluid or (D) vaginal pH and the use of COC is highlighted. Statistical analysis was also performed using the Mann–Whitney U-test. The green, orange, red, and purple dots represent the dominant bacterial species classified as community state types: CST1, CST2, CST3, and CST4. Abbreviations: COC, combined oral contraceptives; CFU, colony-forming unit; CST, community state type.

Supplementary Figure 2. The hormonal cycle did not significantly influence vaginal microbiota, the number of viable bacteria, or vaginal pH in vaginal swabs.

(A) Results of vaginal microbiota composition using amplicon sequencing analysis were sorted by the days since the first day of the last menstrual period from left to right. (B) The relative abundance of *Lactobacillus* in each sample, categorized by the days since the first day of the last menstrual period (1-14, 15-28, and 28 or more), was plotted. Statistical analysis was performed using the Mann–Whitney U-test. The association between (C) the number of viable bacteria in the vaginal fluid or (D) vaginal pH and the use of COC is highlighted. Statistical analysis was also performed using the Mann–Whitney U-test. The green, orange, red, and purple dots represent the dominant bacterial species classified as community state types: CST1, CST2, CST3, and CST4. Abbreviations: CFU, colony-forming unit; CST, community state type.

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Supplementary Table 1. Primers used in this study.

Target	Primer	Primer sequence (5'-3')	Product length (bp)	Reference
<i>L. crispatus</i>	s-Lcri-F	ATGTGTTTAAAGAGCACGTGG	570	(Kurakawa et al., 2015)
	s-Lcri-R	GGCTAACCAATCTCTGGCT		
<i>L. iners</i>	InersFw	GTCTGCCTTGAAGATCGG	158	(Backer et al., 2007)
	InersRev	ACAGTTGATAGGCATCATC		
<i>L. gasseri</i>	s-Lgas-F	GATAACAAACACTAGACGCATGT	301	(Backer et al., 2007; Kurakawa et al., 2015)
	LgassR	CAGTTACTACCTCTATCTTCTTCACTAC		
	LjensF	AAGTCGAGCGAGCTTGCCTATAGA		
<i>L. jensenii</i>	LjensR	ACGCCGCCTTTAAACTTCTT	172	(Backer et al., 2007; Tamrakar et al., 2007)
<i>Lactobacillus</i>	LactoF	TGGAAACAGRTGCTAATACCG	231-233	(Byun et al., 2004)
	LactoR	GTCCATTGTGGAAGATTCCC		
<i>G. vaginalis</i>	s-Gvag-F	AGTGTGAACTTGTCGTGGAC	437	(Kurakawa et al., 2015)
	s-Gvag-R	ATCACCGGAATCAGCCTTACA		
<i>Prevotella</i>	g-Prevo-F	CACRGTAACGATGGATGCC	527-529	(Matsuki et al., 2002)
	g-Prevo-R	GGTCGGGTTGCAGACC		
<i>C. albicans</i>	s-Calb-F	ATGTGGCACGGCTCTGCTG	53	(Ogata et

	s-Calb-R	TAGGCTGGCAGTATCGTCAGAGG		al., 2015)
<i>Streptococcus</i>	g-Str-F	AGCTTAGAACGAGCTATTCAATTC	309	(Kurakawa et al., 2015)
	g-Str-R	GAGAGACCGAAAGGTGTATCC		
<i>Staphylococcus</i>	g-Staph-F	TTTGGGCTACACACCGTGCATAATGGACAA	79	(Matsuda et al., 2009)
	g-Staph-R	AACAACTTATGGGATTGCWTGA		
<i>N. gonorrhoeae</i>	Ngon_SL67-F	TATCGGAACGTACCGGGTAGC	414	(Farrell, 1999)
	Ngon_SL59-R	GTATTACCGCGGCTGCTGGCA		
<i>M. curtisii</i>	s-Mcur-F	CCTAATGAGTGTGATAGCGTA	165	(Kurakawa et al., 2015)
	s-Mcur-R	AACCCAGCACCATGCCAAC		
<i>Enterobacteriaceae</i>	En-lsu-3F	TGCCGTAACCTCGGGAGAAGGCA	428	(Matsuda et al., 2007)
	En-lsu-3'R	TCAAGGACCAGTGTTCACTGTC		
<i>Enterococcus</i>	g-Encoc-F	ATCAGAGGGGGATAACACTT	337	(Matsuda et al., 2009)
	g-Encoc-R	ACTCTCATCCTTGTCTTCTC		
<i>Bifidobacterium</i>	g-Bifid-F	CTCCTGGAAACGGGTGG	549-563	(Matsuki et al., 2002)
	g-Bifid-R	GGTGTCTTCCCGATATCTACA		

Supplementary Table 2. Baseline characteristics of participants in this study were characterized using vaginal swab samples.

Characteristic	All Participants (n = 24)	Correct pH measurement (n = 19)	
Age (years)	32.7 ± 7.8 (19-49)	32.9 ± 8.6 (19-49)	
BMI	19.6 ± 1.7 (15.6-21.8)	19.7 ± 1.7 (15.6-21.8)	
Temperature (°C)	36.3 ± 0.4	36.3 ± 0.5	
Vaginal pH	4.9 ± 1.0 (3.68-6.80)	4.9 ± 1.0 (3.68-6.80)	
Swab volume (mg)	239.5 ± 52.1	238.3 ± 51.8	
Menstrual Cycle (day)	29.1 ± 4.4	28.9 ± 4.8	
Menstrual Period (day)	5.6 ± 1.2	5.6 ± 1.2	
Days since the start of last menstruation (day)	108.0 ± 289.7 (2-1,430)	131.0 ± 323.3 (2-1,430)	
Current menstruation, n (%)	2 (8.3)	2 (8.3)	
History of current illness, n (%)	Pseudohypoparathyroidism Chlamydial infection Herpes infection Cervical cancer Gonadotropin-releasing Hormone (GnRH) inhibitors	1 (4.2) 2 (8.3) 1 (4.2) 2 (8.3) 1 (4.2)	1 (5.3) 1 (5.3) 1 (5.3) 2 (10.5) 1 (4.2)
Taking medications, n (%)			
Use of combined oral contraceptives, n (%)	12 (50.0)	10 (52.6)	
Vaginal washing routine, n (%)	0 (0.0)	0 (0.0)	
Allergy, n (%)	Pollen House dust Animal hair Penicillin	9 (37.5) 4 (16.7) 3 (12.5) 1 (4.2)	8 (42.1) 3 (15.8) 3 (15.8) 1 (5.3)
Ever pregnant, n (%)	7 (29.2)	4 (21.1)	
Current Pregnancy, n (%)	2 (8.3)	2 (10.5)	
Childbirth Experience, n (%)	3 (12.5)	1 (5.3)	
Delivery Method, n (%)	Vaginal delivery Cesarean section	2 (8.3) 0 (0.0)	1 (5.3) 0 (0.0)
History of spontaneous abortion, n (%)	1 (4.2)	0 (0.0)	

History of abortion, n (%)	3 (12.5)	1 (5.3)
History of emergency contraceptive use, n (%)	1 (4.2)	0 (0.0)