|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Included study | Randomization method | Allocation concealment | Blinding | Intention to treat and follow up  |
| Ciotta 2011 | 2 | 1 | 1 | 1 |
| Sene 2019 | 2 | 2 | 1 | 1 |
| Lesoine 2016 | 2 | 1 | 1 | 1 |
| Nazari 2019 | 2 | 1 | 1 | 1 |
| Mohammadi 2021 | 2 | 1 | 2 | 1 |
| Papaleo 2009 | 2 | 1 | 1 | 1 |
| Tabatabaie 2022 | 1 | 2 | 2 | 1 |
| Pacchiarotti 2015 | 2 | 1 | 2 | 2 |

Table S1. Quality assessment by Cochrane Handbook for Systematic Reviews of Interventions.