Comparison of MyParkinson's and other Parkinson's Disease Motor Tracking Apps							
Feature	My Parkinson's	mPower (Sage Bionetworks)	Parkinson mHealth (University of Rochester)	uMotif	Roche PD Mobile Application V2	Parkinson's Diary	OPDM (Ontario Parkinson Disease Management)
Real-time reporting	Yes – Provides real-time logging and sharing of motor symptom data with clinicians for immediate monitoring and response.	No – Collects data but does not provide real-time access to clinicians.	No – Data is collected over time but not shared in real-time.	No – Data is collected and accessible by clinicians but not shared in real-time.	Yes – Offers real-time monitoring of motor symptoms and sends data to clinicians for timely review.	No – Logs motor symptoms daily but does not provide real-time data access.	Yes – Real-time data sharing with healthcare providers and clinicians for monitoring PD progression.
Clinician interaction	Yes – Direct integration with clinicians allowing them to receive real-time updates and review patient status remotely.	Limited – Mainly for research purposes with no direct clinical interaction features.	No – Focuses on self-managem ent and research with no clinician integration.	Yes – Allows data sharing with clinicians for review and long-term monitoring.	Yes – Clinicians can monitor symptoms remotely and review data in real-time.	No – Primarily for patient self-reporting with no clinician interface.	Yes – Clinician access to real-time data for adjusting treatment and tracking patient progress.

Symptom logging	Motor symptoms – Tracks key PD motor symptoms (tremors, dyskinesia, on-off states). Plans to expand to non-motor symptoms in future updates.	Wide range – Includes both motor and non-motor symptoms along with daily tasks and walking assessments.	Motor symptoms – Limited to tremor and dyskinesia with fewer options for non-motor symptoms.	Wide range – Tracks motor and non-motor symptoms, medication adherence, and well-being through a customizable interface.	Motor and non-motor symptoms – Tracks tremors, dyskinesia, bradykinesia, along with non-motor symptoms like sleep and mood changes.	Motor symptoms – Focuses on tremor, dyskinesia, and freezing episodes.	Tracks motor and non-motor symptoms, cognitive changes, and medication effectiveness.
Reminders for entries	Yes – Sends regular prompts to ensure patients log their symptoms on time. No backtracking allowed to maintain data accuracy.	Yes – Reminds users to perform specific tasks but allows for delayed entry.	Yes – Prompts patients but allows for more flexible entry timing which can introduce recall bias.	Yes – Sends reminders to track symptoms and medication adherence at regular intervals.	Yes – Sends alerts and reminders for symptom tracking and medication schedules.	Yes – Allows manual reminder setup but no automated prompts.	Yes – Automated prompts for symptom logging, medication adherence, and cognitive testing.
Multilingual support	Under development – Currently available in Turkish with plans for English and other languages.	No – Only available in English, limiting accessibility for non-English-s peaking patients.	No – Available only in English.	Yes – Available in multiple languages including English, French, and Spanish.	Yes – Available in multiple languages, including English, French, Spanish, and German.	No – English only.	No – English and French available.

Cost	Free – Available without any subscription or in-app purchases.	Free – Funded through research grants making it freely available to users.	Free – Supported by research but may require institutional access.	Free – Available to patients participating in studies, or as part of clinical partnerships.	Free – Provided to clinical trial participants and may be commercially available in future.	Free – Open access to patients and caregivers.	Free – Funded by the Ontario government and available to residents as part of their care plan.
Customization	Yes – Personalized tracking based on patient preferences and clinician instructions.	Limited – Tasks are pre-determine d and cannot be customized to the individual's treatment plan.	No – Users follow a set protocol with no room for customization.	Yes – Highly customizable interface allowing patients to log personalized symptoms and activities.	Yes – Customizabl e based on patient needs and allows for personalized feedback from clinicians.	Limited – Pre-set symptom tracking with minor customization.	Yes – Highly customizable, allows tracking based on personal and clinician feedback.
Data sharing	Yes – Patients can share real-time reports with their physicians through a unique access code.	Yes – Data can be shared with researchers but not directly with personal clinicians.	Yes – Data can be shared for research purposes but lacks a direct physician connection.	Yes – Data can be shared with clinicians and researchers for personalized care and study analysis.	Yes – Real-time data sharing with clinicians is supported for real-time adjustments and clinical review.	No – Data remains on the app without external sharing functionality.	Yes – Data shared with clinicians for ongoing treatment adjustment and care management.
User interface	Simple and accessible – Designed for ease of use particularly for older patients with motor impairments.	Moderately complex – Includes multiple tasks which can be overwhelming for some users.	Basic – Limited functionality and not optimized for older users or those with advanced PD.	Simple and intuitive – Focuses on ease of use, with customizable options for symptom tracking.	Simple and accessible – Designed with a focus on ease of use and accessibility for PD patients.	Basic – Designed for quick symptom logging with minimal features.	Moderate – Designed for a broad range of tasks including symptom tracking, cognitive assessments,

							and caregiver feedback.
Feedback	Immediate – Patients and clinicians receive immediate visual feedback about symptoms.	Delayed – Users may review their data but real-time feedback is not provided.	No feedback – Patients record data but the app does not provide any form of instant feedback.	Immediate – Users can see immediate feedback on their entries; clinicians can review data trends over time.	Immediate – Both patients and clinicians receive real-time feedback based on symptom tracking.	No – Data is stored without providing instant feedback to the patient.	Immediate – Provides personalized feedback based on symptom logging and trends over time.
Special Features	Clinician dashboard – Clinicians can track patient progress and make adjustments based on real-time data.	Task-based assessments – Includes cognitive and walking tasks to assess daily functioning.	Limited – Primarily focuses on tremor and medication timing.	Comprehensive tracking – Supports long-term studies and personalized care with a focus on both motor and non-motor symptoms.	Advanced algorithms – Uses machine learning algorithms to analyze symptom progression and offers personalized insights for clinical decisions.	Symptom diary – Simple logging of motor fluctuations, medication adherence, and tremors.	Comprehensive platform – Tracks a wide range of symptoms and includes cognitive assessments, patient education resources, and direct links to caregivers and clinicia