

IBS extra-intestinal symptom severity scale (IBS-EISSS)								
	Item	never	very low	low	sometimes	a lot	most of the time	always
1	Nausea/vomiting							
2	Early satiety							
3	Headache							
4	Back pain							
5	Fatigue							
6	Excessive throat gas							
7	Excessive intestinal gas							
8	Heartburn							
9	Urgency to defecate							
10	Straining to defecate							
11	Feeling of incomplete defecation							
12	Urgency to defecate urine							
13	Leg pain							
14	Muscle or joint pain							
15	Postprandial fullness							