

Supplemental Material. Detailed Deprescription Analyses
Prices are in USD and come from GoodRx® (or Amazon® if not Available)

	Medications	Dose	Monthly cost	Stopped	Savings per month	Added	Cost per Month	
Blood pressure	Amlodipine	2.5mg daily	\$ 14.00	1	\$ 14.00			
	Amlodipine Olmesartan	5mg 20mg	\$ 25.00		\$ -	1	\$ 25.00	
	Chlorthalidone	25mg daily	\$ 10.00	1	\$ 10.00		\$ -	
	Hydrochlorothizide	12.5mg daily	\$ 4.00	3	\$ 12.00		\$ -	
	Hydrochlorothizide	25mg daily	\$ 4.00	5	\$ 20.00		\$ -	
	Benazepril	10mg daily	\$ 10.00	1	\$ 10.00		\$ -	
	Benazepril	20mg daily	\$ 12.00	1	\$ 12.00		\$ -	
	Valsartan	80mg daily	\$ 20.00	1	\$ 20.00		\$ -	
	Olmesartan	20mg daily	\$ 20.00	1	\$ 20.00		\$ -	
	Losartan	50mg daily	\$ 10.00	2	\$ 20.00		\$ -	
	Atenolol	25mg daily	\$ 4.00	1	\$ 4.00		\$ -	
	Amlodipine	5mg daily	\$ 18.00	1	\$ 18.00		\$ -	
	Amlodipine	10mg daily	\$ 18.00	2	\$ 36.00		\$ -	
	Lisinopril	10mg daily	\$ 4.00	1	\$ 4.00		\$ -	
	Lisinopril	30mg daily	\$ 4.00		\$ -		\$ -	
	Lisinopril	40mg daily	\$ 5.00	1	\$ 5.00		\$ -	
	Metoprolol tartrate	25mg bid	\$ 10.00	1	\$ 10.00		\$ -	
	Metoprolol ER	25mg daily	\$ 10.00	1	\$ 10.00		\$ -	
	Carvedilol	12.5mg bid	\$ 18.00	0	\$ -		\$ -	
	Spironolactone	100mg daily	\$ 15.00	1	\$ 15.00		\$ -	
	Furosemide	40mg daily	\$ 5.98	1	\$ 5.98		\$ -	
Blood Sugar	Ozempic (Semaglutide)	2mg weekly	\$ 998.00	2	\$ 1,996.00		\$ -	
	Semaglutide	1mg weekly	\$ 998.00	1	\$ 998.00		\$ -	
	Dulaglutide	3mg	\$ 852.00	1	\$ 852.00		\$ -	
	Dulaglutide	4.5mg	\$ 852.00	1	\$ 852.00		\$ -	
	Trulicity (Dulaglutide)	1.5mg	\$ 850.00	0	\$ -		\$ -	
	Sitagliptin	50mg daily	\$ 1,023.00	1	\$ 1,023.00		\$ -	
	Metformin	500mg daily	\$ 10.00	1	\$ 10.00		\$ -	
	Metformin	500mg bid	\$ 14.00	1	\$ 14.00		\$ -	
	Metformin	1000mg bid	\$ 15.00	2	\$ 30.00		\$ -	
	Metformin ER	1000mg daily	\$ 17.00	3	\$ 51.00		\$ -	
	Mounjaro (Tirzepatide)	15mg weekly	\$ 1,136.00	0	\$ -	2	\$ 2,272.00	
	Dapagliflozin	5mg	\$ 474.00	1	\$ 474.00		\$ -	
	Empagliflozin	10mg	\$ 600.00	0	\$ -		\$ -	
	Glipizide	5mg BID	\$ 10.00	1	\$ 10.00		\$ -	
	Linagliptin	5mg	\$ 461.00	0	\$ -		\$ -	
	Lantus solostar 40U	1200U monthly	\$ 35.00	1	\$ 35.00		\$ -	
	Lispro 75u daily	2,250u monthly	\$ 51.50	1	\$ 51.50		\$ -	
	Humulin R U-500 75u TID	6750U monthly	\$ 1,032.00	1	\$ 1,032.00		\$ -	
	Lipids	Atorvastatin	5mg daily	\$ 18.00	1	\$ 18.00		\$ -
		Atorvastatin	10mg daily	\$ 18.00	2	\$ 36.00		\$ -
Atorvastatin		20mg daily	\$ 18.00	1	\$ 18.00		\$ -	
Atorvastatin		40mg daily	\$ 18.00		\$ -		\$ -	
Ezetimibe		10mg daily	\$ 8.00	1	\$ 8.00		\$ -	
Fenofibrate		150mg daily	\$ 20.00	1	\$ 20.00		\$ -	
Gemfibrozil		600mg daily	\$ 50.00	1	\$ 50.00		\$ -	
Cholestyramine		powder	\$ 30.00	0	\$ -		\$ -	
Pravastatin		20mg daily	\$ 19.00		\$ -	1	\$ 19.00	
Rosuvastatin		5mg daily	\$ 15.00	1	\$ 15.00	2	\$ 30.00	
Rosuvastatin		10mg daily	\$ 15.00		\$ -	1	\$ 15.00	
Rosuvastatin		20mg daily	\$ 19.43	1	\$ 19.43	0	\$ -	
Baby aspirin			\$ 3.59	2	\$ 7.18		\$ -	
Livalo (Pitavastatin)		4mg daily	\$ 334.00	0	\$ -		\$ -	
GERD		Omeprazole	20mg daily	\$ 10.81	2	\$ 21.62		\$ -
	Omeprazole	40mg daily	\$ 15.00	3	\$ 45.00		\$ -	
	Pantoprazole	20mg daily	\$ 18.77	1	\$ 18.77		\$ -	
	Pantoprazole	40mg daily	\$ 18.91	1	\$ 18.91		\$ -	
	Famotidine	40mg daily	\$ 8.00	1	\$ 8.00		\$ -	
	Lansoprazole (prevacid)	30mg daily	\$ 11.00	1	\$ 11.00		\$ -	
Mood	Bupropion	150mg daily	\$ 15.00	0	\$ -		\$ -	
	Vilazodone (Viibryd)	40mg daily	\$ 60.00	1	\$ 60.00		\$ -	
	Trazodone	50mg daily	\$ 10.00	1	\$ 10.00		\$ -	
	Buspirone	10mg bid	\$ 22.00	1	\$ 22.00		\$ -	
	Xanax (alprazolam)	0.5mg daily	\$ 11.00	1	\$ 11.00		\$ -	
Misc	Tamsulosin	0.4mg daily	\$ 10.00	1	\$ 10.00		\$ -	
	Linacotide	72mcg	\$ 560.93	1	\$ 560.93		\$ -	
	Dicyclomine	20mg daily	\$ 8.76	1	\$ 8.76		\$ -	
	Ergocalciferol	50000iu weekly	\$ 5.00	2	\$ 10.00		\$ -	
	Allopurinol	300mg daily	\$ 14.50	1	\$ 14.50		\$ -	
	Allopurinol	100mg daily	\$ 7.00	1	\$ 7.00		\$ -	
	Potassium Chloride	20meq daily	\$ 10.00	1	\$ 10.00		\$ -	
	Terbinafine	250mg daily	\$ 30.00	1	\$ 30.00		\$ -	
	Triamcinolone	430g jar	\$ 14.00	1	\$ 14.00		\$ -	
	Adderall	20mg BID	\$ 31.40	1	\$ 31.40		\$ -	
	Adderall	20mg daily	\$ 20.00	2	\$ 40.00		\$ -	
	Levothyroxine	50mcg daily	\$ 10.00	0	\$ -	1	\$ 10.00	
	Naltrexone	50mg daily	\$ 30.00	1	\$ 30.00		\$ -	
	Meloxicam	15mg daily	\$ 28.00	1	\$ 28.00		\$ -	
	Flonase	1 inhaler	\$ 15.00	3	\$ 45.00		\$ -	
	Amitriptylline	25mg daily	\$ 10.00	1	\$ 10.00		\$ -	
	Premarin	0.625mg daily	\$ 200.00	1	\$ 200.00		\$ -	
	Testosterone	200mg weekly	\$ 23.00	2	\$ 46.00		\$ -	
	Singulair	10mg daily	\$ 15.00	1	\$ 15.00		\$ -	
	Ondansetron	4mg daily	\$ 19.50	1	\$ 19.50		\$ -	
	Ondansetron	8mg	\$ 33.00	1	\$ 33.00		\$ -	
	Percocet	10mg tid	\$ 33.00	1	\$ 33.00		\$ -	
	Lunesta	3mg nightly	\$ 20.00	1	\$ 20.00		\$ -	
	Generlac	473ml solution	\$ 17.00	1	\$ 17.00		\$ -	
	Tolerodine ER	4mg daily	\$ 34.00	0	\$ -		\$ -	
	Liothyronine	5mcg daily	\$ 13.00		\$ -		\$ -	
	Estradiol	1mg daily	\$ 10.00	0	\$ -		\$ -	
	Gabapentin	300mg bid	\$ 12.00	0	\$ -		\$ -	
	Methocarbamol	500mg bid	\$ 11.00	0	\$ -		\$ -	
	Zolpidem	10mg nightly	\$ 18.00	0	\$ -		\$ -	
Norethindrone	0.35mg daily	\$ 12.00	0	\$ -		\$ -		
					Total saving per month	\$ 9,311.48	Total cost per month	\$ 2,371.00
					Total saving per year	\$ 111,737.76	Total cost per year	\$ 28,452.00
					Net savings: average per person			1665.7152
					Total savings: average per person			2234.7552