

Table of Contents

1. **CDC Registry Data Collection Instrument**
(Page 2)
2. **CDC "Find a Lifestyle Program" Data Collection Instrument**
(Page 3)
3. **dDPP Website Data Collection Instrument**
(Page 5)

CDC Registry Data

Record ID

DPP Name

Address Line 1

Address Line 2

City

State

Zip

Phone

Email

Website listed

- ☐ Yes
☐ No

Web Address

Recognition Status

- ☐ Pending
☐ Preliminary
☐ Full
☐ Full Plus

Class Open to

- ☐ Public
☐ Employees
☐ Members
☐ Other

Find a Program Data

Record ID

Abstract information about each Digital DPP, also referred to as online (non-live), programs from this page:
<https://www.cdc.gov/diabetes-prevention/lifestyle-change-program/find-a-program.html>

Name of data abstractor

- ☐ Benjamin Lalani
☐ Jalene Shim
☐ Vidhu Vadini
☐ Yllka Valdez
☐ Nestoras Mathioudakis
-

The DPP name as listed on the CDC registry is: [dpp_name].

The state listed is: [state]

Could the online program be identified on the CDC's
Find a Program webpage?

- ☐ Yes
☐ No
-

Name of the program as listed on "Find a Lifestyle
Change Program"

Is Link to "Visit Website" Provided?

- ☐ Yes
☐ No
-

Concordance between CDC Registry and Find a Program
(website listed)

(0 = Neither; 1= CDC registry only; 2= Find a
Program Only; 3 = Both)

List the url of the website link provided from the
Find a Program Page

Concordance between CDC Registry and Find a Program
(URL)

(1= match; 0= do not match)

Is the website link valid?

- ☐ Yes
☐ No
-

What happens when you click the link?

Which of the following Features tags are listed on
Find A Program?

- ☐ Nationwide
☐ Digital Scale
☐ Accessible Scale
☐ 24/7 Coach Support
☐ Mobile App- Android
☐ Mobile App- iOS
☐ Offers a trial
☐ Online Community
☐ Self-paced
☐ No feature tags listed

Language Options

- ☐ English
- ☐ Spanish
- ☐ English but supplemented with Spanish materials
- ☐ Chinese
- ☐ English but supplemented with Chinese materials
- ☐ American Indian or Alaska Native language
- ☐ Native Hawaiian or Other Pacific Islander language or dialect
- ☐ English but supplemented with Native Hawaiian or Other Pacific Islander language or dialect material
- ☐ English but supplemented with American Indian or Alaska Native Language materials
- ☐ Other
- ☐ No language information provided (no feature tag)

Payment Options

- ☐ Free of charge
- ☐ Private Insurer
- ☐ Employer
- ☐ Medicare
- ☐ Medicaid
- ☐ Self-pay
- ☐ Dual Eligible
- ☐ Grant funding
- ☐ Private/Commercial Insurer
- ☐ Other
- ☐ Government/Military
- ☐ Venture Capital
- ☐ No Payment information provided

CDC-Recognized Organization Associated with this Site

(Cut and paste name, address, phone number)

Validation

Name of data validator

- ☐ Benjamin Lalani
- ☐ Jalene Shim
- ☐ Vidhu Vadini
- ☐ Yllka Valdez
- ☐ Nestoras Mathioudakis
- ☐ Daniel Zade

Date of data validation

Validation Issues/Comments

Company Website Data - Organized

Record ID

Name of data abstractor

- ☐ Benjamin Lalani
☐ Jalene Shim
☐ Vidhu Vadini
☐ Yllka Valdez
☐ Nestoras Mathioudakis

Can you find a website associated with this DPP?

- ☐ Yes
☐ No
(either from CDC registry, Find a Program, or Google search)

URL on CDC Registry: [web_address]

URL on Find a Program: [list_url_find_a_program]

List url of company website (as specific as possible for DPP)

(If the link provided on the CDC Registry or Find A Program is not valid but you are able to find the correct URL through a Google search, list here.)

Does company website provide specific and detailed information about the DPP?

- ☐ Yes
☐ No
(Beyond generic description of what the National DPP is -- i.e. specific aspects of the diabetes prevention program need to be mentioned.)

Does it seem like the digital (online) DPP may have been misclassified (i.e. distance learning video conference or in-person sessions)?

- ☐ Yes
☐ No

Is there evidence the DPP is out-of-service or not currently available?

- ☐ Yes
☐ No

Type of Digital DPP

- ☐ Proprietary (developed by company)
☐ External DPP (e.g. HALT) offered
☐ Unclear

URL of external DPP

Program Credibility

Credibility-Related Information Listed on Company Website

- ☐ Clinically validated publications
☐ Company publications/ White papers
☐ CDC recognition status (i.e. Full, Full Plus, etc.)
☐ Claim of endorsement/collaboration (e.g. ADA, celebrity)
☐ Awards Received
☐ News articles/ media attention
☐ Other

Number of clinically validated (i.e. peer reviewed publications specifically on the DPP)

Are links to the actual publications provided?

- ☐ Yes
☐ No
-

Number of company publications/whitepapers (specific to Diabetes)

Are links to the company white papers/publications actually provided?

- ☐ Yes
☐ No
(This is non peer-reviewed papers. Mark no if individual must provide their contact information in order to get the paper.)
-

What CDC recognition status is listed on company website

- ☐ Pending
☐ Preliminary
☐ Full
☐ Full Plus
☐ Not specified
-

List professional groups/societies/companies/celebrities that the company claims to have endorsed or collaborated with their product

(separate each entity with comma. For example, American Heart Association, American Diabetes Association)

Number of awards received

List names of awards received

(name award)

News Articles / Media Attention

(separate each article title by a comma)

Other Claim of Program Credibility

Clinical Performance/Outcomes

Information listed on Company Website

- ☐ Weight loss
☐ Physical activity outcomes
☐ A1C outcomes
☐ Engagement outcomes (e.g., retention)
☐ Number of members/participants
☐ Other
-

What type of weight loss outcome is reported?

- ☐ Average weight loss (lbs or kg)
☐ Average % weight loss
☐ % of people meeting 5% weight loss
☐ % of people meeting >5% weight loss
☐ Other

Average Weight Loss (lbs or kgs)

Average % Weight Loss

% of people meeting 5% weight loss

% of people meeting >5% weight loss

Other Weight Loss Outcome

What type of physical activity outcome is reported?

- ☐ Average minutes / week of physical activity
☐ % of participants meeting 150 minutes of activity / week
☐ Average increase in minutes/week of physical activity
☐ Other

Average minutes / week of physical activity

% of participants meeting 150 minutes of activity / week

Average increase in minutes/week of physical activity

Other physical activity outcome reported

What type of A1C outcomes are reported?

- ☐ Average A1C
☐ Average change in A1C
☐ % of participants meeting A1C decrease of 0.2 or greater
☐ % of participants with normal A1C after completing program
☐ Other

Average A1C

% of participants meeting A1C decrease of 0.2 or greater

% of participants with normal A1C after completing program

Average change in A1C

Other A1C Outcome

What type of engagement outcomes are reported?

- ☐ Program Completion Rate
- ☐ Lesson Completion
- ☐ Daily Logins
- ☐ Weekly Active Users
- ☐ Food Logging Frequency
- ☐ Physical Activity Tracking Frequency
- ☐ Weight Tracking Frequency
- ☐ Time Spent on Platform
- ☐ Feature Adoption Rate (% of participants using specific features)
- ☐ Responsiveness to prompts/reminders
- ☐ Retention Rate (% of participants who remain active over a specified period)
- ☐ Other

Program Completion Rate

Lesson Completion

Daily Logins

Weekly Active Users

Food Logging Frequency

Physical Activity Tracking Frequency

Weight Tracking Frequency

Time Spent on Platform

Feature Adoption Rate (% of participants using specific features)

Responsiveness to prompts/reminders

Retention Rate (% of participants who remain active over a specified period)

Other Engagement Outcome

List number of members/participants company claims to have used their product

Other Clinical Performance Measures

Program-Specific Features

Platform	<input type="radio"/> Mobile app <input type="radio"/> Web page <input type="radio"/> Both
Program Specific Features	<input type="checkbox"/> Technology offered (e.g., digital scale, Fitbit) <input type="checkbox"/> Technology integration (e.g., Apple Watch, Google Fit) <input type="checkbox"/> AI technology (e.g., chatbot, photo-based meal detection) <input type="checkbox"/> Health information dashboard on website/app <input type="checkbox"/> Automated reminders (e.g., medication timing, meal timing, SMS / app notifications) <input type="checkbox"/> Human coaching option <input type="checkbox"/> Self-paced program <input type="checkbox"/> Informational/demo videos about program <input type="checkbox"/> Educational video libraries <input type="checkbox"/> Expected duration of program <input type="checkbox"/> Food subscriptions / meal delivery / etc.
Expected Duration of Program	<div style="border-bottom: 1px solid black; width: 100%;"></div> (enter in months)
AI technology	<input type="checkbox"/> AI-driven health recommendations <input type="checkbox"/> Photo-based meal detection <input type="checkbox"/> Other <div style="border-bottom: 1px solid black; width: 100%;"></div> (enter in months)
AI technology - Other	<div style="border-bottom: 1px solid black; width: 100%;"></div> (enter in months)
Which of the following tags can be inferred from the company website?	<input type="checkbox"/> Nationwide <input type="checkbox"/> Digital Scale <input type="checkbox"/> Accessible Scale <input type="checkbox"/> 24/7 Coach Support <input type="checkbox"/> Mobile App- Android <input type="checkbox"/> Mobile App- iOS <input type="checkbox"/> Mobile App- not specified <input type="checkbox"/> Offers a trial <input type="checkbox"/> Online Community <input type="checkbox"/> Self-paced

Technologies Provided or Capable of Integrating

	Offered (physical device or in-app feature)	Integration Possible (with external device or external app)
Digital scales (monitor weight/transmit data automatically)	<input type="checkbox"/>	<input type="checkbox"/>
Activity trackers (e.g. Fitbit, Garmin, Apple Watch)	<input type="checkbox"/>	<input type="checkbox"/>

CGMs (e.g. Dexcom, Libre)	<input type="checkbox"/>	<input type="checkbox"/>
Smart Blood Pressure Monitors	<input type="checkbox"/>	<input type="checkbox"/>
Mobile apps - customized program apps for tracking goals, diet, and exercise	<input type="checkbox"/>	<input type="checkbox"/>
Wearable heart rate monitors (tracking cardiovascular metrics)	<input type="checkbox"/>	<input type="checkbox"/>
Sleep trackers	<input type="checkbox"/>	<input type="checkbox"/>
Nutrition tracking tools (apps/devices to log food intake and nutritional info)	<input type="checkbox"/>	<input type="checkbox"/>
Telehealth platforms (virtual health coaching sessions/consultations)	<input type="checkbox"/>	<input type="checkbox"/>
Digital food scales (portion control, calorie tracking)	<input type="checkbox"/>	<input type="checkbox"/>
Glucose Meters for periodic blood glucose checks	<input type="checkbox"/>	<input type="checkbox"/>
Other technology	<input type="checkbox"/>	<input type="checkbox"/>

Describe other technology

Does the digital platform extend to health conditions or behaviors besides prediabetes (e.g. sleep, mental health, type 2 diabetes, etc.)?

- ☐ Yes
☐ No

Which other health conditions or behaviors does the digital platform extend to besides prediabetes?

- ☐ Obesity/weight management
☐ Hypertension
☐ Type 2 diabetes
☐ Heart failure
☐ Medication adherence
☐ Mental wellbeing
☐ Sleep
☐ Coronary heart disease
☐ Hyperlipidemia
☐ Other

Other health conditions not listed above

User Experience and Support

Information listed on Company Website

- ☐ Satisfaction scores (e.g., App Store rating, Net Promoter Score)
☐ Patient testimonials
☐ FAQ page

What type of satisfaction scores are reported?

- ☐ App Store rating
☐ Net Promoter Score (NPS)
☐ Customer Satisfaction Score
☐ Other

Net Promoter Score

Describe other satisfaction measure

Eligibility, Payment, Access Barriers

Information listed on Company Website

- ☐ Eligibility (payment options)
 - ☐ Provide contact information (Name/Email) to learn more about program
 - ☐ Languages offered
 - ☐ Other
-

Other Eligibility / Access-related Information

Language Options

- ☐ English
 - ☐ Spanish
 - ☐ English but supplemented with Spanish materials
 - ☐ Chinese
 - ☐ English but supplemented with Chinese materials
 - ☐ American Indian or Alaska Native language
 - ☐ Native Hawaiian or Other Pacific Islander language or dialect
 - ☐ English but supplemented with Native Hawaiian or Other Pacific Islander language or dialect material
 - ☐ English but supplemented with American Indian or Alaska Native Language materials
 - ☐ Other
 - ☐ No language information provided (no feature tag)
-

Other Language Offered

Validation

Name of data validator

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Date of data validation

Issues/Comments identified during data validation
