**Supplementary data 1.** Patients with Cardiovascular Diseases in Percentages

|  |  |
| --- | --- |
| **Cardiovascular Disease** | **Study population****N (%)** |
| Hypertension | 4217 (89.5%) |
| Angina Pectoris | 1293 (27.4%) |
| Myocardial Infarction | 201 (4.3%) |
| Stroke | 149 (3.2%) |

**Supplementary data 2.** Exclusion Flowchart of the Participants

The total number of participants aged 20 and older without cardiovascular diseases (excluded)

N=7727

The total number of participants aged 20 and older with cardiovascular diseases

(complete base)

N=4712

The total number of participants aged 20 and older

N=12439

The total number of participants under the age of 20 (excluded)

N=739

The total number of participants aged 15 and older

N=13178