# Descriptive statistics for z-score heart rate (HR) across different conditions

Table 1. Mean values of z-score HR and estimation error (± standard deviation) for different focus conditions. Values represent the mean (± standard deviation) of z-score HR and estimation error, averaged across participants for each combination of emotion and focus condition (negative, neutral, positive). Data were pre-processed by averaging individual participant scores within each emotion-focus group prior to calculating overall means.

