

Table S1. Comparison of Bioactive Compounds and Immunomodulatory Properties of Moringa oleifera with Conventional Feed Crops

Bioactive Compound	Moringa oleifera	Soybean	Maize	Alfalfa	Refs
Flavonoids	- Quercetin, kaempferol (high concentrations). Role: Inhibit pro-inflammatory enzymes (COX-2, iNOS), promote IL-10.	- Isoflavones (genistein, daidzein). - Role: Mild anti-inflammatory effects .	- Limited flavonoids (e.g., luteolin). - Role: Minimal immunomodulatory activity .	- Flavonols (quercetin derivatives). - Role: Moderate antioxidant support .	
Polyphenols	- Caffeoylquinic acid, feruloylquinic acid. - Role: Scavenge ROS, reduce oxidative stress 6.	- Phenolic acids (ferulic acid). - Role: Moderate antioxidant capacity .	- Ferulic acid (bound to fiber). - Role: Limited bioavailability .	- Coumestrol, phenolic acids. - Role: Antioxidant and phytoestrogenic effects .	
Polysaccharides	- Arabinogalactans (MOP-1, MOP-2). - Role: Modulate gut microbiota (\uparrow <i>Lactobacillus</i>) 6.	- Oligosaccharides (raffinose, stachyose). - Role: Prebiotic effects .	- Starch-derived polysaccharides. - Role: Energy source .	- Pectin, fructans. - Role: Mild prebiotic activity .	
Saponins	- High content. - Role: Antimicrobial activity, immune stimulation 6.	- Soyasaponins. - Role: Limited immune stimulation .	- Absent or trace amounts. - Role: No significant contribution .	- Medicago-derived saponins. - Role: Anti-parasitic .	1-8
Vitamins	- Vitamin C, E, A. - Role: Boost antioxidant enzymes (SOD, CAT) 6.	- Vitamin E (tocopherols). - Role: Antioxidant protection .	- Vitamin B complex. - Role: Metabolic support .	- Vitamin K, folate. - Role: Blood health .	
Minerals	- Calcium (2,016 mg/100g), iron (19.7 mg/100g). - Role: Reduce oxidative stress 6.	- Iron (8.2 mg/100g), zinc. - Role: Basic mineral support .	- Phosphorus, magnesium. - Role: Structural roles .	- Calcium, magnesium. - Role: Bone health .	
Unique Components	- Isothiocyanates (e.g., moringin). - Role: Anti-cancer via NF- κ B inhibition 6.	- Trypsin inhibitors. - Role: Anti-nutritional if unprocessed .	- Zein (storage protein). - Role: No immunomodulatory relevance .	- Phytoestrogens (coumestrol). - Role: Hormonal modulation .	

Ref;

1. Neupane, S.P., Stagnati, L., Dell'Acqua, M. et al. Genetic basis of Fusarium ear rot resistance and productivity traits in a heterozygous multi-parent recombinant inbred intercross (RIX) maize population. *BMC Plant Biol* 25, 639 (2025). <https://doi.org/10.1186/s12870-025-06684-7>
2. Gao, Y. (2025). Polyphenols in different parts of *Moringa oleifera* Lam.: Composition, antioxidant and neuroprotective potential. *Food Chemistry*, 475, 143207. <https://doi.org/10.1016/j.foodchem.2025.143207>
3. Alowo, D., Olum, S., Mukisa, I.M. et al. Prebiotic potential of oligosaccharides extracted from improved Ugandan varieties of millet, sesame, soybean, and sorghum: enhancing probiotic growth and enteric pathogen inhibition. *BMC Microbiol* 25, 307 (2025). <https://doi.org/10.1186/s12866-025-04028-x>
4. Yagi S, Rahman MTA, Zengin G, Eyupoglu OE, Spina R, Grosjean J, Abdalla AMA, Laurain-Mattar D. Phytoconstituents, antioxidant and enzyme inhibition activities of oilseeds and cakes of four underutilized wild edible plants in Sudan. *Food Chem.* 2025 May 9;486:144670. doi: 10.1016/j.foodchem.2025.144670. Epub ahead of print. PMID: 40367824.
5. El-Tanbouly, R., Gaber, M.A., Omran, S. et al. *Moringa* (*Moringa oleifera*) green-synthesized copper oxide nanoparticles for the drought tolerance of tomato (*Solanum lycopersicum*). *BMC Plant Biol* 25, 685 (2025). <https://doi.org/10.1186/s12870-025-06708-2>
6. Tlahig, S., & Elfalleh, W. (2025). Alfalfa as a nutritional and functional food resource: Applications and health benefits. *Food Bioscience*, 68, 106762. <https://doi.org/10.1016/j.fbio.2025.106762>
7. Li, B., Fan, R., Sun, G. et al. Flavonoids improve drought tolerance of maize seedlings by regulating the homeostasis of reactive oxygen species. *Plant Soil* 461, 389–405 (2021). <https://doi.org/10.1007/s11104-020-04814-8>
8. Lin, P., Liu, S., Fu, Z., Luo, K., Li, Y., Peng, X., Yuan, X., Yang, L., Pu, T., Li, Y., Yong, T., & Yang, W. (2024). Rhizosphere flavonoids alleviate the inhibition of soybean nodulation caused by shading under maize-soybean strip intercropping. *Journal of Integrative Agriculture*. <https://doi.org/10.1016/j.jia.2024.09.030>