

**Supplementary Table 1. Trial Design**

	Screening period		Placebo period		Follow-up period							Single-dose period		Follow-up period							Repeated-dose period							Follow-up period			
Time	D-2	D-1	D1	D2	D3	D4	D5	D6	D7	D8	D9	D10	D11	D12	D13	D14	D15	D16	D17	D18	D19	D20	D21	D22	D23	D24	D25	D26			
Vital signs	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X			
Physical examination	X								X	X																X					
Drug administration			qd								qd								tid	tid	tid	tid	tid	tid	tid	qd					
ECG	X	X	X	X							X	X	X	X					X			X	X	X	X	X	X	X			
Hematology	X			X							X	X							X			X	X								
Blood chemistry		X			X						X	X							X							X	X				
HBs-Ag	X																										X				
HCV-Ab	X																										X				
HIV	X																											X			
Blood sugar	X		X									X															X				
Insulin	X		X									X															X				
C-peptide	X		X									X															X				
Glucagon			X									X															X				
GLP-1			X									X															X				
Urinanalysis	X			X								X	X						X							X	X				
Urine microscopic evaluation	X			X								X	X						X							X	X				
Urine pregnancy test	X																											X			
Glycated Albumin	X																		X									X			
GABA			X									X															X				

Drug administration, qd: 2g/day; tid: 2g × 3/day

Time: D, day