

1 **Appendix B**

2 *The Workaholism Facet-Based Scale (WFBS) measure*

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4 Please read the sentences below and indicate the extent to which an internal drive "compels" you to:

			<b>Strongly disagree</b>	<b>Disagree</b>	<b>Somewhat disagree</b>	<b>Somewhat agree</b>	<b>Agree</b>	<b>Strongly agree</b>
a1-b1	<b>1.</b>	Think about the job all the time.	1	2	3	4	5	6
a1-b2	<b>2.</b>	Invest vast cognitive effort regarding your job (e.g.: planning, examining alternatives for problem solving in the job, etc.)	1	2	3	4	5	6
a2-b1	<b>3.</b>	Feel frustrated if you need to stay at work beyond the formal working hours. <b>(R)</b>	1	2	3	4	5	6
a2-b2	<b>4.</b>	Feel bitter when you need to invest a lot of effort in your work. <b>(R)</b>	1	2	3	4	5	6
a3-b1	<b>5.</b>	Work long hours, even beyond the role's requirements.	1	2	3	4	5	6
a3-b2	<b>6.</b>	Work very diligently.	1	2	3	4	5	6
a1-b1	<b>7.</b>	Think constantly about job-related issues (e.g.: while driving, on holidays and rest days, etc.).	1	2	3	4	5	6
a1-b2	<b>8.</b>	Invest much thought regarding your work, even when you wish to disengage from it.	1	2	3	4	5	6
a2-b1	<b>9.</b>	Feel anxiety if you are not occupied all day long.	1	2	3	4	5	6
a2-b2	<b>10.</b>	Feel ecstatic when you need to invest much effort at work.	1	2	3	4	5	6
a3-b1	<b>11.</b>	Arrive very early to work, and leave very late.	1	2	3	4	5	6
a3-b2	<b>12.</b>	Work very intensely.	1	2	3	4	5	6
a1-b1	<b>13.</b>	Think long about work issues.	1	2	3	4	5	6
a1-b2	<b>14.</b>	Positively perceive a role in which you can infuse effort, regardless of the interest that may derive from the tasks themselves.	1	2	3	4	5	6
a2-b1	<b>15.</b>	Feel disappointed when a working day ends earlier than expected.	1	2	3	4	5	6
a2-b2	<b>16.</b>	Feel enthusiastic about working days, which require heavy work investment.	1	2	3	4	5	6
a3-b1	<b>17.</b>	Work all the time, even on breaks (e.g.: lunch breaks, smoking breaks, etc.)	1	2	3	4	5	6
a3-b2	<b>18.</b>	Invest a large amount of effort in executing job tasks.	1	2	3	4	5	6

5 *Notes:* The left-most column shows the structuples based on the mapping sentence. An (R) symbol refers to  
6 reverse-coded items.