**Supplementary 1.** 44–item Big Five Inventory (OBFI\_O)

Disagree strongly Disagree a little Neither agree nor disagree Agree a little Agree strongly

**1**-----------------------------**2**----------------------------------**3**-------------------------------------**4**----------------------------------**5**

|  |  |
| --- | --- |
| I see myself *as someone who …* |  |
| \_\_\_ 1. is talkative | \_\_\_ 23. tends to be lazy |
| \_\_\_ 2. tends to find fault with others | \_\_\_ 24. is emotionally stable, not easily upset |
| \_\_\_ 3. does a thorough job | \_\_\_ 25. is inventive |
| \_\_\_ 4. is depressed, blue | \_\_\_ 26. has an assertive personality |
| \_\_\_ 5. is original, comes up with new ideas | \_\_\_ 27. can be cold and aloof |
| \_\_\_ 6. is reserved | \_\_\_ 28. perseveres until the task is finished |
| \_\_\_ 7. is helpful and unselfish with others | \_\_\_ 29. can be moody |
| \_\_\_ 8. can be somewhat careless | \_\_\_ 30. values artistic, aesthetic experiences |
| \_\_\_ 9. is relaxed, handles stress well | \_\_\_ 31. is sometimes shy, inhibited |
| \_\_\_ 10. is curious about many different things | \_\_\_ 32. is considerate and kind to almost everyone |
| \_\_\_ 11. is full of energy | \_\_\_ 33. does things efficiently |
| \_\_\_ 12. starts quarrels with others | \_\_\_ 34. remains calm in tense situations |
| \_\_\_ 13. is a reliable worker | \_\_\_ 35. prefers work that is routine |
| \_\_\_ 14. can be tense | \_\_\_ 36. is outgoing, sociable |
| \_\_\_ 15. is ingenious, a deep thinker | \_\_\_ 37. is sometimes rude to others |
| \_\_\_ 16. generates a lot of enthusiasm | \_\_\_ 38. makes plans and follows through with them |
| \_\_\_ 17. has a forgiving nature | \_\_\_ 39. gets nervous easily |
| \_\_\_ 18. tends to be disorganized | \_\_\_ 40. likes to reflect, play with ideas |
| \_\_\_ 19. worries a lot | \_\_\_ 41. has few artistic interests |
| \_\_\_ 20. has an active imagination | \_\_\_ 42. likes to cooperate with others |
| \_\_\_ 21. tends to be quiet | \_\_\_ 43. is easily distracted |
| \_\_\_ 22. is generally trusting | \_\_\_ 44. is sophisticated in art, music, or literature |

**Big Five Inventory Scoring Key**

Extraversion: 1, 6R [[1]](#footnote-1),11, 16, 21R, 26, 31R, 36

Neuroticism: 4, 9R, 14, 19, 24R, 29, 34R, 39

Agreeableness: 2R, 7, 12R, 17, 22, 27R, 32, 37R, 42

Openness: 5, 10, 15, 20, 25, 30, 35R, 40, 41R, 44

Conscientiousness: 3, 8R, 13, 18R, 23R, 28, 33, 38, 43R

1. Note that “R” denotes reverse-scored items (1=5, 2=4, 3=3, 4=2, 5=1). [↑](#footnote-ref-1)