

Appendix ii. Predictors used in univariate testing for the development of the algorithm, grouped by category, and reasons of exclusion for testing in the multivariate models

| Predictor | Description | Univariate analysis | P-value (algorithm score) | Reason of exclusion |
|-----------------------------------|--|---------------------|---------------------------|---|
| Medication distribution | | | | |
| Collects his/her own medication† | Medication is collected by the patient him/herself at the pharmacy. | T-test | 0.0020 | - |
| Sachet packed medication‡ | Receives sachet packed medication | T-test | 0.0045 | - |
| Mobility | | | | |
| Diminished mobility† | Has no to seriously impaired mobility | T-test | <0.0001 | - |
| Diminished mobility (categorised) | Diminished mobility in 5 categories from not to seriously impaired mobility | Oneway anova | <0.0001 | No difference in complexity between different categories |
| Blood pressure | | | | |
| Systolic blood pressure† | Systolic blood pressure | Linear regression | 0.0053 | - |
| Low systolic blood pressure‡ | Systolic blood pressure below 120 mmHg when under 80 years old and below 140 mmHg when 80 years or older | T-test | 0.0107 | - |
| Diastolic blood pressure | Diastolic blood pressure | Linear regression | 0.2881 | P-value >0.25 |
| High systolic blood pressure | Systolic blood pressure over 140 mmHg when <80 years or Systolic blood pressure over 160 mmHg when ≥80 years | T-test | 0.1077 | Patients with high blood pressure had a lower algorithm score |

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| High or low systolic blood pressure | Either low or high systolic blood pressure | T-test | 0.3005 | P-value >0.25 |
| High or low blood pressure + at least 3 antihypertensive medications | Has high or low blood systolic pressure in combination with ≥ 3 antihypertensive medications | T-test | 0.7394 | P-value >0.25 |
| Low systolic blood pressure + at least 3 antihypertensive medications | Low systolic blood pressure in combination with ≥ 3 antihypertensive medications | T-test | 0.2841 | P-value >0.25 |
| Medication | | | | |
| Number of medications [†] | A count of all medications with a distinct ATC-code | Linear regression | <0.0001 | - |
| Number of antihypertensive medications | A count of antihypertensive medications | Linear regression | 0.3123 | P-value >0.25 |
| HARM medication (Leendertse et al., 2008) [‡] | A count of medications responsible for many medication related hospitalisations according to the HARM study, excluding antibiotics | Linear regression | 0.0816 | - |
| HARM+ narrow therapeutic index + high risk medication (Barnett et al., 2011; Blix et al., 2010; Leendertse et al., 2008) | A count of medications responsible for many medication related hospitalisations according to the HARM study (excluding antibiotics) plus other medications considered | Linear regression | 0.0062 | - |

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| Saedder et al., 2014)‡ | to be high risk medication | | | |
| ACB anticholinergic score (Campbell et al., 2009)‡ | A score of the anticholinergic load of the medications according to the Anticholinergic Cognitive Burden Scale | Linear regression | 0.0228 | - |
| Number of medications requiring adjustment according to eGFR | A count of the medications that need to be adjusted in the presence of low eGFR | Linear regression | 0.9853 | P-value >0.25 |
| MRCI (George et al., 2004)‡ | Adjusted Medication regimen complexity index (MRCI) | Linear regression | <0.0001 | - |
| Number of units a day‡ | A count of all units (pills, inhalations, injections, etc.) to be used per day | Linear regression | <0.0001 | - |
| Kidney function | | | | |
| eGFR† | Estimated Glomerular Filtration Rate | Linear regression | 0.2368 | - |
| eGFR categorised | eGFR in 3 categories: <30 , 30-59 and >59 ml/min/1,73m ² | Oneway anova | 0.2729 | P-value >0.25 |
| Low eGFR in combination with a relevant medication‡ | eGFR <60 ml/min/1,73m ² in combination with at least 1 medication that needs to be adjusted for eGFR | T-test | 0.2448 | - |
| Hospitalisations | | | | |
| Hospitalisation in | Has had at least 1 | T-test | 0.0047 | - |

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| the last 12 months [†] | unplanned hospitalisation is the last 12 months | | | |
| Number of unplanned hospitalisations in last 12 months | Unplanned hospitalisations in 4 categories: none; 1; 2 or 3 ; 4 or more | Oneway anova | 0.0253 | No difference in complexity between 1 or more hospitalisations |
| Morbidity scores | | | | |
| QOF (Carey et al., 2013) [‡] | Quality and Outcomes Framework score | Linear regression | <0.0001 | - |
| QOF extended, excluding renal disease (Carey et al., 2013) [‡] | Quality and Outcomes Framework extended score | Linear regression | <0.0001 | - |
| QOF extended excluding renal disease (Carey et al., 2013) [†] | Quality and Outcomes Framework extended score, excluding renal disease | Linear regression | <0.0001 | - |
| Cholesterol | | | | |
| Total cholesterol | Total cholesterol level | Linear regression | 0.0511 | Patients with a high cholesterol had a lower algorithm score |
| Total cholesterol/HDL | Total cholesterol divided by High-density-lipoprotein (HDL) level | Linear regression | 0.9805 | P-value >0.25 |
| Fall incidents | | | | |
| Fall incidents [†] | Has had at least 1 severe fall incident is the last 12 months | T-test | 0.0006 | - |
| Fall incidents categorised | Number of fall incidents in 4 categories: no falls; 1; 2 or 3 ; 4 or more | Oneway anova | 0.0018 | No difference between 1 or more fall incidents |
| Age | | | | |

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|--|---|-------------------|---------|---|
| Age† | Age | Linear regression | 0.0483 | - |
| Age categorised | Age in 5 year classes | Oneway anova | 0.0409 | Differences between groups cannot be explained by older age |
| Other individual characteristics (not part of a category) | | | | |
| Number of prescribers† | A count of all active prescribers including the GP | Linear regression | <0.0001 | - |
| Diminished eyesight | Diminished eyesight in 5 categories from not to seriously diminished eyesight | Oneway anova | 0.1190 | Differences between groups cannot be explained by the severity of the eyesight impairment |
| Diminished social network | Diminished social network in 5 categories from no to adequate social network | Oneway anova | 0.0353 | Differences between groups cannot be explained by more severely diminished social network |
| Adherence issue† | Patient has some form of adherence problems | T-test | 0.1488 | - |
| Believes that (some of the) medication does not work† | Patient believes that (some of) his/her medication does not work | T-test | 0.1683 | - |
| Worries about the amount of medication† | Patient worries about the amount of medication he/she is taking | T-test | 0.1974 | - |
| Difficulty in communicating† | Patient has difficulties in communicating (with healthcare professionals) | T-test | 0.0818 | - |
| Education | Level of education | Oneway | 0.3089 | P-value >0.25 |

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| | divided in 5 categories | anova | | |
| Deviating potassium or sodium levels | Potassium or sodium level is outside the reference value; potassium [3.5-5.0 mmol/L]; sodium [135-145 mmol/L] | T-test | 0.8062 | P-value >0.25 |
| Side effect(s) | Reported at least 1 side effect | T-test | 0.4841 | P-value >0.25 |
| Intake problem(s) | At least 1 issue for medication intake, e.g. swallowing problem, inhalation problem | T-test | 0.6834 | P-value >0.25 |
| Diminished hearing | Diminished hearing in 5 categories from not to seriously impaired hearing | Oneway anova | 0.9416 | P-value >0.25 |
| Diminished cognition | Diminished cognition in 5 categories from not to seriously impaired cognition | Oneway anova | 0.6479 | P-value >0.25 |
| Sex | Male or female | T-test | 0.6706 | P-value >0.25 |
| Contacts healthcare professionals in time | Patient contacts healthcare professionals in time when needed | T-test | 0.3407 | P-value >0.25 |

† Included in the first backward stepwise linear regression procedure,‡ Alternative predictor tested in the model

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