

Table 2
Test-Retest Reliabilities Used for Calculating the RCI

Primary outcome	Test-retest reliability	Time period	Population	Reference
Beck Anxiety Inventory	$r = 0.81$	2 weeks	Normal	Saemundsson, B. R., Borsdottir, F., Kristjansdottir, H., Olason, D. B., Smari, J., & Sigurdsson, J. F. (2011). Psychometric properties of the Icelandic version of the Beck Anxiety Inventory in a clinical and a student population. <i>European Journal of Psychological Assessment</i> , 27(2), 133-141.
Liebowitz Social Anxiety Scale – Self-Report	$r = 0.93$	8 weeks	Normal	Heeren, A., Maurange, P., Rossignol, M., Vanhaelen, M., Peschard, V., Eeckhout, C., & Phillippot, P. (2012). Self-report version of the Liebowitz Social Anxiety Scale: Psychometric properties of the French version. <i>Canadian Journal of Behavioural Science</i> , 44(2), 99-107.
Panic Disorder Severity Scale – Self-Report	$\rho = 0.94$	2 days	Patient	Lee, E. H., Kim, J. H., & Yu, B. H. (2009). Reliability and validity of the self-report version of the Panic Disorder Severity Scale in Korea. <i>Depression and Anxiety</i> , 26(8), E120-E123.
Patient Health Questionnaire – 9 Items	$r = 0.94$	2 weeks	Patient	Zuithoff, N. P. A., Vergouwe, Y., Kling, M., Nazareth, I., van Wezep, M. J., Moons, K. G. M., & Geerlings, M. I. (2010). The Patient Health Questionnaire-9 for detection of major depressive disorder in primary care: Consequences of current thresholds in a crosssectional study. <i>BMC Family Practice</i> , 11(98).
International Index of Erectile Functioning – 5 Items ^a	$r = 0.84$	4 weeks	Patient	Rosen, R. C., Riley, A., Wagner, G., Osterloh, I. H., Kirkpatrick, J., & Mishra, A. (1997). The international index of erectile function (IIEF): A multidimensional scale for assessment of erectile dysfunction. <i>Urology</i> , 49(6), 822–830.
Beck Depression Inventory	$r = 0.77$	^b	Normal	Beck, A. T., & Steer, R. A. (1996). <i>Beck Depression Inventory</i> . Manual, Svensk version (Swedish version). Fagernes, Norway: Psykologiförlaget AB.
Impact of Event Scale – Revised	$r = 0.89-0.94$ ^c $M = 0.92$	6 months	Patient	Sundin, E. C., & Horowitz, M. J. (2002). Impact of Event Scale: Psychometric properties. <i>British Journal of Psychiatry</i> , 180, 205-209.
Generalized Anxiety Disorder – 7 Items	ICC = 0.83	1 week	Patient	Spitzer, R. L., Kroenke, K., Williams, J. W., & Löwe, B. (2006). A brief measure for assessing generalized anxiety disorder: The GAD-7. <i>Archives Of Internal Medicine</i> , 166(10), 1092-1097.
Penn State Worry Questionnaire	$r = 0.84$	3 weeks	Normal	Pallesen, S., Nordhus, I. H., Carlstedt, B., Thayer, J. F., & Johnsen, T. B. (2006). A Norwegian adaption of the Penn State Worry Questionnaire: Factor structure, reliability, validity and norms. <i>Scandinavian Journal of Psychology</i> , 47, 281-291.
Body Sensations Questionnaire	$r = 0.89$	3 months	Patient	Arrindell, W. A. (1993). The fear of fear concept: Stability, retest artifact and predictive power. <i>Behaviour Research and Therapy</i> , 31(1), 139-148.
Dyadic Adjustment Scale ^a	$r = 0.87$	2 weeks	Patient	Carey, M. P., Spector, I. P., Lantinga, L. J., & Krauss, D. J. (1993). Reliability of the Dyadic Adjustment Scale. <i>Psychological Assessment</i> , 5(2), 238-240.
Snake Anxiety Questionnaire	$r = 0.78$	1 month	Normal	Klorman, R., Weerts, T. C., Hastings, J. E., Melamed, B. G., & Lang, P. J. (1974). Psychometric properties of some specific-fear questionnaires. <i>Behavior Therapy</i> , 5(3), 401-409.
Montgomery-Åsberg Depression Rating Scale – Self-Report	ICC = 0.78	1 week	Patient	Fantino, B., & Moore, N. (2009). The self-reported Montgomery-Åsberg Depression rating scale is a useful evaluative tool in major depressive disorder. <i>BMC Psychiatry</i> , 9(26).
Spider Phobia Questionnaire	$r = 0.94$	3 weeks	Normal	Muris, P., & Merckelbach, H. (1996). A comparison of two spider fear questionnaires. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 27(3), 241-244.
The NORC Diagnostic Screen for Gambling Problems	$r = 0.98-0.99$ ^d $M = 0.98$	1 week	Patient	Gerstein, D. R., Volberg, R. A., Toce, M. T., Harwood, H., Johnson, R. A., Buie, T., et al. (1999). <i>Gambling impact and behavior study: Report to the National Gambling Impact Study Commission</i> . Chicago, IL: NORC, at the University of Chicago.

RCI = Reliable Change Index; NORC = A National Organization for Research at the University of Chicago

^a Reversed scales, higher scores indicate less problems

^b Information regarding the time period was unavailable

^c Separate estimates for the two subscales

^d Lifetime test statistic and past year test statistic