

Supplementary Data Sheet 2: Estrogen and Progesterone values across all reproductive stages of women

Stage	Estrogen (ng/ml)	Progesterone (ng/ml)	References
Tanner-Stage II	0.013	0.545	(Jenner et al., 1972; LabCorp)
Tanner-Stage III	0.025	0.83	(Jenner et al., 1972; LabCorp)
Tanner-Stage IV	0.044	1.24	(Jenner et al., 1972; LabCorp)
Tanner-Stage V	0.058	1.42	(Jenner et al., 1972; LabCorp)
Menstrual	0.05	0.1	(Fertility Testing - AACC.org; Häggström and Häggström, 2014)
Follicular	0.136	0.83	(Fertility Testing AACC.org; Häggström and Häggström, 2014)
1 st Trimester	2.18	25.6	(Schock et al., 2016)
2 nd Trimester	9.71	48.1	(Schock et al., 2016)
3 rd Trimester	20.4	130	(Schock et al., 2016)
Pre-Menopause	0.266	0.78	(How To Interpret Blood Results In The Lead-Up To Menopause HuffPost)
Peri-Menopause	0.1	0.4	(How To Interpret Blood Results In The Lead-Up To Menopause HuffPost)
Post-Menopause	0.01	0.09	(How To Interpret Blood Results In The Lead-Up To Menopause HuffPost)

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