

Viral Mimicry as a Design Template for Nucleic Acid Nanocarriers

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9 Abstract

10 Therapeutic nucleic acids hold immense potential in combating undruggable, gene-based 11 diseases owing to their high programmability and relative ease of synthesis. While the delivery of this 12 class of therapeutics has successfully entered the clinical setting, extrahepatic targeting and endosomal escape efficiency remain as major roadblocks. On the other hand, viruses serve as natural carriers of 13 14 nucleic acids and have acquired a plethora of structures and mechanisms that confer remarkable 15 transfection efficiency. Thus, understanding the structure and mechanism of viruses can guide the 16 design of synthetic nucleic acid vectors. This review revisits relevant structural and mechanistic 17 features of viruses as design considerations for efficient nucleic acid delivery systems. This article 18 explores how viral ligand display and a metastable structure are central to the molecular mechanisms 19 of attachment, entry, and viral genome release. For comparison, accounted for are details on the design 20 and intracellular fate of existing nucleic acid carriers and nanostructures that share similar and essential 21 features to viruses. The review, thus, highlights unifying themes of viruses and nucleic acid delivery 22 systems such as genome protection, target specificity, and controlled release. Sophisticated viral 23 mechanisms that are yet to be exploited in oligonucleotide delivery are also identified as they could 24 further the development of next-generation nonviral nucleic acid vectors. 25

26 1 Introduction

27 Undruggable targets are disease-implicated proteins that lack easy-to-bind pockets where conventional 28 therapeutics like small molecules can bind (Duffy and Crown 2021; Crews 2010). However, around 29 80% of the human proteome is difficult to reach or target (Verdine and Walensky 2007). The past 30 decade has shown enormous progress in targeting the previously thought to be unreachable sites such 31 as growth factors, enzymes, defective genes, or nuclear transcription factors (Lazo and Sharlow 2016). 32 In particular, therapeutic nucleic acids such as small interfering RNAs (siRNAs), microRNAs 33 (miRNAs), antisense oligonucleotides (ASOs), synthetic messenger RNAs (mRNAs), and CRISPR-34 Cas9-guide RNAs are programmable, easy to synthesize, and thus have the potential to treat previously 35 undruggable diseases such as cancer and viral diseases (Dowdy 2017). They hold great promise in 36 treating the root cause of the disease rather than just treating the symptoms by targeting the mutated 37 genes or proteins with high specificity and selectivity (Brady 2020). The challenge lies in delivery 38 (Dowdy and Levy 2018; Dowdy 2017; Johannes and Lucchino 2018; Juliano 2018).

39 For billions of years, cells have evolved to keep genomic material on one side of the membrane. Thus, 40 transfection by bare nucleic acids across an anionic lipid barrier is fundamentally prevented by the 41 large size and density of negative charges (Dowdy and Levy 2018; Dowdy 2017; Johannes and Lucchino 2018). Furthermore, medical translation necessitates a successful *in vivo* delivery. This is 42 43 particularly challenging given the limited systemic stability of unmodified nucleic acids. Thus, an 44 ideal delivery strategy should include nucleic acid protection from nuclease degradation and oxidation, 45 prolonged systemic circulation, targeted delivery, efficient transfection across a membrane, facilitated 46 access to the cytoplasm or nucleus, and little to no side effects (Zhu and Mahato 2010). While progress 47 has been made in designing and implementing safe, effective, and efficient nucleic acid delivery 48 systems, realizing their therapeutic potential is, at present, challenged mainly by the lack of cellular 49 target diversity and endosomal escape ability (Dowdy and Levy 2018; Dowdy 2017; Johannes and

50 Lucchino 2018; Juliano 2018).

51 In contrast, viruses have evolved a diversity of enabling architectures for the infiltration of various host 52 cells and controlled viral genome replication using the host cell machinery (Flint et al. 2015). While 53 they have become longstanding models for engineering the transfection of therapeutic nucleic acids 54 (**Figure 1**), their delivery efficiency far outplays that of synthetic vectors (Ni et al. 2016). This 55 underscores how our current molecular understanding of viral function and how this relates to nucleic

56 acid transfection can be improved to achieve more effective translation to rational design.

57 This review, therefore, details the structure and intracellular fate of existing nucleic acid delivery 58 strategies whose designs are either directly inspired by viruses or their resulting formulation exhibits 59 many similarities to that of viruses. Hence, relevant structural and mechanistic features of viruses as 60 design considerations for viable nucleic acid delivery systems are examined. This article also explores 61 how a dynamic and stimulus-responsive structure can play an important role in designing an effective 62 nucleic acid carrier. Importantly, it also highlights how sophisticated ligand display is central to the 63 molecular mechanisms of carrier trafficking and nucleic acid release.

64 2 General Structure of Nucleic Acid Carriers and Mechanism of Protection

An ideal carrier packs, stores, and protects nucleic acid cargo until it has reached the target site. In that regard, this section provides examples of select viruses and nonviral nucleic acid vectors and discusses their structural features relevant to the efficient packing and protection of nucleic acids. **Figure 2** presents examples of common viruses to show that despite differences in sizes and shapes, viruses collectively protect their genome through condensation and encapsulation. In addition to these two mechanisms of nucleic acid protection, nonviral carriers also use chemical modifications, selfgenerated sterics, or a combination of these strategies to achieve the same effect.

72 **2.1 Structure of Viruses and Genome Protection**

73 Viruses are obligate intracellular parasites (Gelderblom 1996). They have evolved to transfect their 74 DNA or RNA genome into the host cell for expression and subsequent production of more virus particles (Prasad and Schmid 2011). At the core of virus structure are structural proteins that serve to 75 76 protect the viral genome until it is delivered to the target site. These structural proteins assemble to 77 form the viral capsid, which is the protein coat that wraps around the genome. The high degree of folding and dense packing of capsid proteins protect them from proteolytic digestion, making them 78 79 stable carriers of nucleic acid cargo (Flint et al. 2015). Moreover, the viral genome is typically 80 condensed by viral proteins through charge neutralization (Gelderblom 1996), allowing confinement within the interior of the capsid. Enveloped viruses possess an outer lipid envelope that provides 81 82 additional encapsulation and can fuse with the host plasma membrane during uptake or endosomal

83 escape. The protein components encoded by the viral genome display highly specific and often,

84 multiple, roles essential for structural integrity, attachment, and replication in the host cell (Flint et al.

85 <mark>2015).</mark>

86 For example, the main components of the influenza virus are the lipid bilayer, glycoprotein spikes 87 hemagglutinin and neuraminidase, matrix proteins (M1 and M2), the heterotrimeric RNA-dependent 88 RNA polymerase (RdRP), the viral RNA segments, a nucleoprotein (NP), and two nonstructural 89 proteins (NS1 and NS2 a.k.a. nuclear export protein or NEP). The outermost layer of the virus is a 90 lipid membrane decorated with glycoproteins that, in turn, may be recognized by antibodies to protect 91 the host against infection (James and Whitley 2017). Thus, these glycoproteins are critical in both 92 immune response and the development of therapeutics. Hemagglutinin, specifically its subunit HA1, 93 is responsible for the targeting of and uptake by the host cells. HA1 binds to sialic acid functionalized 94 cell surface receptors, resulting in receptor-mediated endocytosis. The lipid bilayer is stabilized by 95 M1 on its cytoplasmic periphery and is spanned by M2, a proton ionophore. The core of the virion 96 contains the viral genome as well as proteins essential for viral gene replication (RdRP), gene 97 encapsulation (NP), and nuclear translocation (NEP). Each protein-coding ssRNA segment is coated 98 by NPs and associated with an RdRP, forming a ribonucleoprotein (RNP) complex that is anchored to 99 M1. The viral envelope of influenza virus has been used as a carrier for nucleic acids such as siRNA 100 (de Jonge et al. 2006) and miRNA (Li et al. 2013). Particularly, the reconstituted influenza virus 101 membrane envelope, called "virosome," acts as an efficient carrier to target small nucleic acid such as 102 siRNA in vitro as well as in vivo (de Jonge et al. 2006). As per this study, the functional integrity of 103 HA viral protein helps in membrane fusion and efficient cytosolic delivery of siRNA.

104 Another example is the adenovirus (AdV), one of the largest (90-100 nm) non-enveloped double 105 stranded linear DNA viruses. The icosahedral shaped capsid is made of many structural polypeptides. 106 Most of the capsid coat (about 75%) is composed of a hexon protein, which is held together by protein 107 IX. A unique feature of Adv capsid is that the vertices are made of a penton protein from which fiber 108 knobs protrude out – both of which are essential for host cell entry. The viral genome is condensed by 109 proteins V, VII and μ and is also covalently associated with the terminal protein. The cementing 110 protein IIIa acts as capsid stabilizing protein by linking the facets of the icosahedron (Fay and Panté 111 2015, Greber et al. 1997). Adenoviral vectors have been used for delivering shRNA, siRNA 112 (Nayerossadat et al. 2012), and large sizes of DNA (up to 38 kb). However, unlike retroviruses, these 113 cannot integrate the carried DNA into the host genome. Thus, the desired gene expression is limited. 114 Also, the immunogenic response caused by adenoviral infection and low cell specificity limits the use 115 of such viral vector only to few tissues such as lungs and liver (Vorburger and Hunt 2002).

116 Despite the structural and mechanistic differences among viruses, all viral capsids are metastable, 117 which means they are stable enough to protect the genome until they reach the target site to uncoat it. 118 Thus, the virus construct is spring-loaded in that potential energy is stored during its assembly. Upon 119 reaching the target site, a chemical trigger such as low pH or proteolytic enzymes overcome the 120 energetic barrier, resulting in virus disassembly and uncoating of the genome. Metastability is achieved 121 by the inherent symmetrical arrangement of identical capsid protein subunits that is stabilized by 122 nonspecific noncovalent interactions. In this regard, many capsid proteins self-assemble into virus-123 like particles (VLPs) (Flint et al. 2015).

124 VLPs are non-infectious, multiprotein complexes that mimic the viral capsid assembly but are devoid 125 of the genome. Their utility as experimental tools and as therapeutic carriers has been thoroughly 126 reviewed elsewhere (Roldão et al. 2017; Rohovie et al. 2017). Recombinant versions with attenuated 127 or inactivated antigens can also be reconstructed from complementary DNA of a viral genome. While

128 VLPs are historically produced and extracted from the natural hosts themselves, nowadays they are

- 129 primarily produced through various cell cultures (Roldão et al. 2017). The use of mammalian and non-
- 130 mammalian cells, baculoviruses, and bacteria has been reported, but VLPs are commonly expressed in
- yeast cells due to the relative ease of protein expression, scalability, and lower production cost
- 132 compared to mammalian and insect cells (Roldão et al. 2017; Kim and Kim 2017).
- Like viruses, VLPs have been successfully used in developing vaccines and vaccine adjuvants, and their use in gene therapy and immunotherapy has also been explored (Roldão et al. 2017; Rohovie et
- al. 2017). Some of those that have shown potential for nucleic acid delivery include bacteriophage-
- 136 based MS2 (Pan, Jia et al. 2012; Pan, Zhang et al. 2012), bacteriophage-based M13 (Yata et al. 2014),
- 137 animal virus-based hepatitis B virus core (Brandenburg et al. 2005), and plant-based cowpea chlorotic
- 138 mottle virus (Lam and Steinmetz 2019).
- 139 Target specificity can be tailored by chemical conjugation of or directly expressing targeting ligands 140 on the protein coat (Rohovie, Nagasawa, and Swartz 2017). For example, Yata et al (2014) demonstrated the use of a hybrid VLP/cationic polymer-based system for efficient gene transfer. The 141 142 construct specifically used bacteriophage M13 that was genetically modified to express the RGD peptide on its surface for tumor targeting and was complexed with a cationic polymer for enhanced 143 144 cellular uptake. Similarly, Lam and Steinmetz (2019) recently delivered siRNA for the knockdown of GFP and FOXA1 target genes using cowpea chlorotic mottle VLPs. With an SM(PEG)₄ crosslinker, 145 146 the VLPs were chemically labeled with m-lycotoxin, a cell-penetrating peptide, to enhance cellular
- 147 <mark>uptake.</mark>

148 **2.2 Strategies for nucleic acid protection by nonviral carriers**

149 While the ability of viruses and VLPs to efficiently encapsulate and transfect nucleic acids is 150 remarkable, they are structurally more complex and, thus, typically require hosts for production and subsequent purification (Roldão et al. 2017), both of which may come at a high cost. Moreover, viruses 151 152 and VLPs have a higher risk of triggering an immune response (Xue et al. 2015) and possess limited 153 chemistry (Wagner 2012). Therefore, tuning properties such as target specificity, particle stability, and 154 subcellular localization is restricted, motivating the construction of non-viral vectors (Wagner 2012). 155 Beyond condensation and encapsulation, this section lists other strategies that have been employed for 156 efficient protection of nucleic acid cargo such as chemical modifications and self-generated sterics.

157 Furthermore, these strategies are often combined for enhanced protection.

158 **2.2.1 Condensation by Cationic Materials**

159 Viral assembly mainly involves electrostatic interactions between the capsid proteins and genomic 160 cargo. Similarly, many first-generation designs of delivery agents relied on the electrostatic masking 161 of the polyanionic backbone of nucleic acids for successful delivery into cells. Whereas viruses protect 162 their nucleic acid cargo via capsid encapsulation, cationic materials such as natural and synthetic 163 polymers, dendrimers, proteins, peptides, and cationic lipids as well as inorganic nanoparticles bearing 164 a positive charge (to be discussed in Section 2.2.4) form an electrostatic interaction with the negative 165 phosphate backbone of the nucleic acid cargo, providing protection from nuclease degradation (Thomas and Klibanov 2003; Moret et al. 2001; Ferrari et al. 1999). This can be ascribed to the 166 167 compaction of nucleic acids, which results in the blockage of enzymatic digestion sites, thereby 168 conferring nuclease protection (Feng et al. 2015).

169 Electrostatic interactions also strengthen viral attachment to the surface of negatively-charged host 170 cells. Thus, viruses such as the hepatitis C virus (Penin et al. 2001) and the influenza virus

171 (Arinaminpathy and Grenfell 2010) have conserved cationic regions in their glycoproteins that aid in 172 membrane binding. In the same light, synthetic polycationic nucleic acid carriers not only allow 173 compaction and protection from nuclease degradation but they also mediate cellular attachment and 174 entry (Mislick and Baldeschwieler 1996). However, this uptake mechanism is nonspecific, and 175 polymeric materials tend to form aggregates with components of the blood such as serum proteins. For 176 this reason, nonionic, hydrophilic polymers such as PEG are commonly added to confer stealth 177 (Klibanov et al. 1990; Takemoto et al. 2014). Additionally, the structural flexibility of PEG makes its 178 integration into different formulations very convenient. However, while PEG-vlation imparts blood compatibility and circulation longevity (Takemoto et al. 2014), it can compromise cellular uptake 179 180 and/or endosomal escape (Fang et al. 2017).

181 To address this limitation, PEG-ylation typically involves responsive linkages that can be cleaved by 182 cellular cues such as low pH or external stimuli such as temperature (Fang et al. 2017). An alternative 183 way of using cleavable PEG was demonstrated by Li and co-workers (2013) where they used MMP-184 7-cleavable peptides as linkers. Matrix Metalloproteinase-7 (MMP-7) belongs to a class of zinc-185 dependent, extracellular proteases that are overexpressed on the surface of breast tumor cells. In their 186 construct, the outer surface of the polymer-based siRNA-delivery vector was decorated with PEG 187 attached to the core of the particle using a peptide substrate of MMP-7. When the peptide substrate 188 came to contact with MMP-7, the PEG outer layer was cleaved off, revealing a highly cationic 189 dimethylaminoethyl methacrylate core that then engages the membrane, facilitating uptake. Thus, the 190 selective attachment and entry of the resulting construct is afforded through proximity activation by 191 MMP-7.

192 Peptide-based vectors tend to rely on positive charge character to condense nucleic acids for packaging 193 and protection. In particular, these consist of cationic amphiphilic peptides that are composed of a 194 hydrophobic and a hydrophilic domain that form a well-defined nanoparticle (Kang et al. 2019). The 195 hydrophobic region consists of non-polar neutral amino acids whereas the hydrophilic region has polar 196 aliphatic residues. These peptides self-assemble to form a micellular structure. Small molecule drugs 197 and DNA can be co-delivered using these multifunctional micelle-plexes, where each peptide plays a 198 different role. For example, displaying a cell penetrating peptide on the surface facilitates binding and 199 entry. Histidine residues cause endosomal escape while lysine residues condense DNA. These types 200 of complexes have been used to deliver siRNA and plasmid DNA. Recent studies have also shown that 201 the addition of stearyl, an alkyl chain, or cholesterol to the hydrophobic domain of self-assembled 202 peptides further enhances DNA condensation and transfection efficiency (Kang et al. 2019).

203 In addition, highly branched polypeptides are used as hybrid-peptide based gene delivery vehicles. 204 This is achieved by covalently joining multi-functional peptide sequences. Functional peptides are 205 separated by spacers such as repeats of glycine residues that confer flexibility. Nucleic acids are also 206 packed by condensation. Redox-active disulfide bonds can be used to connect peptides in a branched 207 fashion, delivering genes more efficiently than linear counterparts. These disulfide bonds are then 208 reduced in the cytoplasm by glutathione to liberate the nucleic acid cargo as well as to reduce 209 cytotoxicity. Highly branched arginine-rich polypeptides are multivalent and flexible – attributes 210 beneficial for nucleic acid compaction and cellular entry. Many of these reducible multibranched 211 cationic polypeptides have the potential to be non-toxic, degradable vectors for gene delivery (Kang et 212 al. 2019).

Among various polycationic formulations, materials based on synthetic polymers such as polymeric nanoparticles, dendrimers, polymer micelles, polymersomes, polyplexes, and lipopolyplexes have benefited from their chemical diversity, relatively simple design, and potential for multi-functionality (Takemoto et al. 2014; Yuan and Li 2017). The chemistry, molecular weight, weight relative to the

- 217 nucleic acid, and overall topology of the polymer determine its stability and transfection efficiency.
- 218 Intracellularly cleavable linkages are typically inserted within the polymeric chain, affording a
- 219 dynamic structure that reveals the nucleic acid payload in response to a site-specific stimulus (Troiber
- and Wagner 2011).

221 In a similar sense, multiblock copolymers impart modularity and enable multifunctionality. As an 222 example, polymeric carriers are often based on the electrostatic condensation and shielding by a 223 cationic polymer such as polydimethylaminoethyl methacrylate (pDMAEA). pDMAEA can then be 224 copolymerized with a second block of P(N-(3-(1H-imidazol-1-yl)propyl)acrylamide (PImPAA) and 225 poly(butyl acrylate) (pBA) that mediates an acid-triggered endosomal escape. PImPAA and PBA 226 were designed based on viral membranolytic peptides, and they disrupt the endosomal membrane 227 synergistically through electrostatic and hydrophobic interactions, respectively (Gillard et al. 2014; 228 Truong et al. 2013). Such cationic polymer-based carriers serve as valuable tools for assessing the 229 potency of nucleic acids under study. At this time, structural heterogeneity, imprecise surface 230 conjugation, lack of structure-function insights, and cytotoxicity at therapeutically effective 231 formulations currently hamper their clinical utility (Troiber and Wagner 2011; Lv et al. 2006).

232 **2.2.2 Encapsulation by Lipid-based Vectors**

233 Nucleic acid protection through charge neutralization and condensation by cationic materials may only 234 provide partial nuclease resistance (Moret et al. 2001). Moreover, additional encapsulation by lipid 235 membranes to form lipopolyplexes has been shown to enhance protection from nucleases and the 236 overall therapeutic efficacy of nucleic acids (Yen et al. 2018). For this reason, lipid-based vectors such 237 as liposomes and solid lipid nanoparticles are commonly explored as nucleic acid carriers (Barba et al. 238 2019). Compared to other nucleic acid delivery systems, lipid-based carriers offer ease of 239 Their lipid formulation mimics the lipid bilayer, imparting manufacturing and scalability. 240 biocompatibility and conveniently facilitating cellular uptake (Ghasemiyeh and Mohammadi-Samani 241 2018).

242 Among these, liposomes have shown the most promise (Barba et al. 2019). They are spherical vesicles 243 made of a lipid bilayer with an aqueous core (Barba et al. 2019; Kulkarni et al. 2018) and can be 244 designed to carry both hydrophilic and lipophilic cargo (Barba et al. 2019; Ghasemiyeh and Mohammadi-Samani 2018). The earliest work demonstrating liposome-mediated gene delivery was 245 246 in 1980 by Fraley et al. (1980) when SV40 DNA was encapsulated and delivered using large 247 unilamellar vesicles. They found that using PS exhibited the highest delivery efficiency. Felgner et 248 al. (1987) then showed that using synthetic cationic lipids such as DOTMA resulted in a higher 249 transfection efficiency. Since then, cationic lipids bearing different structure modifications such as 250 DOTAP, DOSPA, DMRIE, and DL-cholesterol have been incorporated in liposome-based gene 251 delivery systems (Zhi et al. 2013; Yin et al. 2014). For anionic cargo such as nucleic acids, the cationic 252 head group permits condensation of the large biomolecule (Zhi et al. 2013). Moreover, polycationic 253 head groups such as polyamines can be used to form polycationic liposomes. These combine the ability 254 of cationic liposomes to complex nucleic acids and that of polycations to mediate endosomal escape 255 via the proton sponge effect (Yamazaki et al. 2000; Sugiyama et al. 2004; Asai et al. 2011; Yonenaga et al. 2012). Nonionic lipids such as fusogenic DOPE and cholesterol can also be incorporated into the 256 257 liposome to further enhance its stability and delivery efficiency (Wasungu and Hoekstra 2006).

Modular release usually centers on the lipid formulation where the lipid envelope is destabilized either by an external stimulus such as temperature or an cellular stimulus such as low pH (Heidarliet al. 2017;

Abri Aghdam et al. 2019). As an example, Yatvin et al. (1978) introduced the idea that liposomes can

261 preferentially release cargo at the diseased site in response to mild hyperthermic temperature (around 262 40°C). This was initially achieved using DPPC alone or with DSPC, which has a phase-transition 263 temperature of 42-44°C, above which its membrane permeability increases (Kono et al. 2010; Abri 264 Aghdam et al. 2019). Among efforts that followed on the construction of heat-responsive liposomes 265 (Matsumura and Maeda 1986; Maruyama et al. 1993; Gaber et al. 1995; Tomita et al. 1989; 266 Anyarambhatla and Needham 1999; Needham et al. 2000), Anyarambhatla and Needham (1999) 267 notably incorporated a lysolipid to DPPC to bring down the phase-transition temperature to a clinically 268 achievable range (39-40 °C) and initiate release within tens of seconds (Needham et al. 2000). As this 269 design only achieved 50% cargo release within an hour at 42°C (Needham et al. 2000), succeeding 270 studies focused on modulating the temperature-responsiveness of liposomes. One strategy is the 271 incorporation of thermosensitive polymers that can impart a sharp and tunable phase transition 272 temperature to the liposome. Upon heating, the polymeric components form hydrophobic domains that 273 disrupt the lipid bilayer (Kono et al. 2010).

274 On the other hand, pH-sensitive liposomes exploit the differential acidification in the vicinity of 275 malignant tumors or within endosomes for controlled release via membrane fusion or destabilization 276 (Yatvin et al. 1980; Budker et al. 1996; Heidarli et al. 2017). Earlier anionic pH-responsive designs 277 were constructed with a bilayer rich in PE that is stabilized by anionic lipids containing carboxylate 278 head groups at physiological pH (Budker et al. 1996). PE typically forms an inverted hexagonal phase 279 on its own (Chernomordik et al. 1995). Thus, when the anionic carboxylate head groups are protonated 280 in a region of lower pH, the PE-rich bilayer is disrupted (Budker et al. 1996). While there were reports 281 on using anionic liposomes for nucleic acid delivery (Legendre and Szoka 1992; Wang and Huang 282 1989), their negative charge limits both the efficient packing of polyanionic nucleic acids and 283 interaction with the negatively charged cellular membrane. For this reason, cationic pH-sensitive 284 liposomes were developed. These contain a weakly basic lipid component such as DOTAP and 285 DODAP that have a pKa slightly below physiological pH (Budker et al. 1996; Sato et al. 2012).

286 Certain early formulations of lipid-based carriers were limited in part by toxicity and immunogenicity 287 at high lipid concentrations, as well as by low bioavailability and low biodistribution (Zatsepin et al. 288 2016; Huggins et al. 2019). Overtime these formulations have been significantly improved. In addition, 289 the ease of lipid synthesis and structural modifications permit thorough studies on structure-activity 290 relationships and thus, enable a guided design of more efficient and safe delivery systems (Zhi et al. 291 2013). Furthermore, lipid-based carriers can be easily decorated with receptor ligands to target specific 292 cell types such as tumor and angiogenic endothelial cells (Yonenaga et al. 2012). Such studies 293 culminated in 2018 with the success of Patisiran (ONPATTRO®), a liposomal vector developed by 294 Alnylam Pharmaceuticals, as the first US Food and Drug Administration approved synthetic carrier of 295 siRNA into cells (Adams et al. 2018; Hoy 2018; Wood 2018).

296 2.2.3 Chemical Modifications

297 Chemical modifications may impart one or more of the following: in vivo stability, cellular delivery, 298 reduced immunogenicity, and potency through enhanced target binding affinity (Corey 2007; Judge et 299 al. 2006; Whitehead et al. 2009). Such modifications may alter the phosphodiester backbone 300 (phosphothiorates, boranophosphates, and locked nucleic acids), the ribose sugar (2' modifications, 4' 301 thio), or the base (ribodifluorotoluyl nucleotide) (Corey 2007). In particular, 2'-O-modifications on 302 siRNA impart nuclease resistance (Whitehead et al. 2009) and suppression of sequence-dependent 303 immunostimulation by some sequences (Judge et al. 2005; 2006). Furthermore, Jackson et al. (Jackson 304 et al. 2006) showed that by specifically modifying position 2 in the siRNA guide strand, off-target 305 binding of other transcripts to the seed region is reduced. In addition, uncharged nucleic acid mimics

306 such as peptide nucleic acids and morpholino oligomers present unique chemical properties and may 307 improve biodistribution and efficacy. Details on the structure, properties, and applications of 308 chemically modified nucleic acids and DNA/RNA mimics have been extensively reviewed elsewhere 309 (Corev 2007; Summerton 2006; Karkare and Bhatnagar 2006; Chery 2016).

310 2.2.4 Utility of Inorganic Nanoparticles

311 Inorganic nanoparticles are emerging as appealing synthetic vectors for nucleic acid delivery owing to 312 their unique properties such as tunable size and surface properties, multifunctional capabilities, chemical and thermal stability, and low inherent toxicity (Loh et al. 2015; Y. Ding et al. 2014). 313 314 Incorporating nucleic acid cargo into inorganic nanoparticles can be accomplished using the following general strategies: complexation between negatively charged nucleic acid material and positively 315 charged inorganic nanoparticle, direct conjugation of nucleic acid onto the inorganic particle with a 316 317 stimuli-responsive linker, and addition of cationic amphiphilic polymer to facilitate the assembly 318 formation between the inorganic nanoparticle and the nucleic acid (Loh et al. 2015).

- Another approach to protect and deliver nucleic acid cargos is via encapsulation using metal-organic frameworks (MOFs) (Liang et al. 2015; Tolentino et al. 2020; Li et al. 2019; Poddar et al. 2019). These are porous structures built from metal ions or metal clusters linked by organic ligands (Li et al. 2019). The nucleic acid can be accommodated in the MOF structure through electrostatic and coordination interactions. Such physical confinement and the characteristic positive surface charge of MOFs offer effective protection of nucleic acid cargo against enzymatic degradation, which is, in many ways,
- 325 analogous to viral capsids (Li et al. 2019; Poddar et al. 2019).

While viruses deliver their nucleic acid cargo mostly through vesical fusion with the aid of some 326 327 membrane fusion proteins (Harrison 2008), inorganic nanoparticles do so with more complexity and 328 hence present some formidable challenges. To achieve intracellular response, the nucleic acid cargo 329 preferably needs to disassemble from the inorganic nanoparticle construct and escape the endosome. 330 The mechanism by which these events (cell internalization and endosomal escape) occur depends on 331 the identity and properties of the inorganic core, chemistry of the conjugation technique utilized, and 332 response of other nanoparticle components to cellular or external stimuli (Sokolova and Epple 2008). 333 For example, magnetic iron oxide (Fe₃O₄) nanoparticle, when utilized as a delivery vehicle, can be 334 stimulated to produce oscillating magnetic fields which could then promote more efficient endocytosis 335 (Fouriki and Dobson 2014). Furthermore, the inclusion of cell penetrating peptides and cationic 336 amphiphilic polymers (e.g. polyethylenimine) as transfecting components assists in the endosomal 337 escape via membrane destabilization and osmotic swelling, respectively (Thomas and Klibanov 2003; 338 Dowaidar et al. 2017). On the other hand, biocompatible MOFs like Zeolithic Imidazolate Framework-339 8 (ZIF-8) possess a hydrophobic and positively-charged surface (Zhuang et al. 2014), which enable

340 them to interact with the cell membrane and enable internalization through endocytosis.

341 A promising use of a metal nanoparticle for nucleic acid delivery is exemplified by spherical nucleic 342 acids (SNAs). SNAs radially display a high density of nucleic acids around a spherical nanoparticle. 343 The introduction of high concentrations of salt masks the polyanionic backbone of the nucleic acids, 344 permitting clustering around a very small surface area (Mirkin et al. 1996; Cutler et al. 2011; Cutler et al. 2012). Moreover, the attachment of nucleic acids to a scaffold enhances their target binding affinity 345 to complementary nucleic acids by restricting their conformational flexibility, reducing the entropic 346 347 cost of binding (Lytton-Jean and Mirkin 2005). SNAs have low immunogenicity (Massich et al. 2009) 348 and are readily taken up by cells (Cutler et al. 2011) via caveolin-dependent endocytosis (Choi et al. 349 2013), eliminating the need for potentially toxic transfection agents (Cutler et al. 2011; Cutler et al. 350 2012). Unlike the abovementioned examples of inorganic nanoparticles, SNAs do not rely on

351 complexation nor encapsulation to protect their nucleic acid cargo (Mirkin et al. 1996; Cutler et al.

- 352 2011; Cutler et al. 2012). The mechanism by which they protect nucleic acids is discussed more in
 - **Section 2.2.5.**
 - 354

355 2.2.5 Self-generated Sterics

356 The overall 3D architecture of spherical nucleic acids (SNAs) imparts nuclease resistance through 357 steric-shielding and enhanced local ionic strength (Seferos et al. 2009). This sterics-based mechanism 358 of nucleic acid protection has defined an entire class of nucleic acid delivery systems. These nucleic 359 acid displaying nanomaterials or NADNs, have recently been reviewed by Gudipati and colleagues 360 (2019). While the metallic gold core provides a means of sensing and tracking the intracellular fate of 361 the nanoconstructs (Mirkin et al. 1996; Cutler et al. 2012), it has limited therapeutic use. Thus, later 362 generations of SNAs that have been developed contain biocompatible cores such as such proteins 363 (Brodin et al. 2015; Samanta et al. 2020) and liposomes (Banga et al. 2014).

364 Designed to build upon the successful properties of SNAs, NADNs utilize densely packed 365 oligonucleotides around a scaffold, enhancing oligonucleotide stability and permitting scavenger-366 mediated endocytosis but are built upon biodegradable core materials. The scaffolds of reported 367 NADNs are chemically diverse (Rush et al. 2013; Banga et al. 2014; 2017; Awino et al. 2017; Ding et 368 al. 2018; Roloff et al. 2018; Ruan et al. 2018) and can be programmed for responsiveness to 369 biochemical stimuli (Awino et al. 2017; Santiana et al. 2017). For example, our lab developed nucleic 370 acid nanocapsules (NANs) comprised of nucleic acids photochemically tethered to the surface of 371 stimuli-responsive, crosslinked micelles (Awino et al. 2017; Santiana et al. 2017).

Overall, this section underscores that virus particles are metastable machines built to protect the viral genome and that its overall responsiveness to the environment enables it to carry out its function as an infectious particle. In a similar fashion, nonviral synthetic carriers are designed to protect nucleic acid cargo and facilitate controlled release. **Table 1** provides a summary of the structures and cellular trafficking of viral and nonviral carriers. Similar to viruses, functional components (as summarized in **Table 2**) are incorporated into the design of nonviral vectors that facilitate cellular entry (**Section 3**), endescenel essence (**Section 4**) and publicar delivery (**Section 5**).

378 endosomal escape (Section 4), and nuclear delivery (Section 5).

379 **3** Cellular Targeting, Attachment, and Entry

Tropism is the ability of viruses to target specific cell types by binding their surface protein or peptide ligands to specific host cell receptors. The elaborate means with which they make use of these ligands accounts for their cell target specificity and high uptake efficiency (Ni et al. 2016). Mechanisms governing the targeting and specific uptake of viruses and nonviral vectors alike rely on the use of electrostatic forces, multiple receptors for enhanced specificity, and multivalent interactions.

385 3.1 Receptor ligands are central to the molecular mechanisms of targeting, attachment, and 386 entry.

387 Prior to entry, viruses often adhere to the cell surface via non-specific electrostatic interactions 388 involving viral surface components (i.e. membrane glycoproteins) and negatively charged sugars (i.e. 389 heparin sulfate) attached on the target cell surface (Mazzon and Marsh 2019; Grove and Marsh 2011). Though such interactions may lack specificity, they provide the virus an initial foothold on the cell 390 391 before recruiting specific cell receptors and facilitating entry (Grove and Marsh 2011). Most viruses, 392 which include influenza virus, coronavirus, reovirus and polyomavirus, utilize the sialic acid receptors 393 on the host cell surface for initial attachment (Maginnis 2018). Taking inspiration from this virus 394 behavior, a number of delivery methods have either functionalized nucleic acid cargo with sialic acid

(St-Pierre et al. 2016) or encapsulated them in nanocarriers decorated with sialic acids on the surface
(Tang et al. 2019). A notable example of the latter strategy is demonstrated in the work of Tang and
co-workers (2019). In their study, they have successfully delivered reporter (luciferase) and functional
(antitumor p53) mRNAs to cancer cells using a liposomal nanoparticle containing surface sialic acids.
Other than sialic acids, viruses utilize a plethora of receptor ligands which are proteoglycans (i.e. cell
adhesion molecules) and lipids (i.e. PS) by nature, to mediate cellular attachment and entry (Maginnis
2018). On the other hand, synthetic vectors make use of a more chemically diverse array of ligands but

402 mostly for targeting purposes.

403 Targeted delivery is desired for synthetic vectors as it confers safety, efficacy, and efficiency. It limits 404 the release of the therapeutic to diseased cells or tissues, minimizing adverse off-target effects that 405 could outweigh therapeutic benefits. Secondly, it enhances efficacy by localizing a high concentration 406 of the drug to a specific site. Third, efficiency is achieved by providing access to sites such as certain 407 cells or subcellular locations (e.g. nucleus) that are normally inaccessible to the therapeutic (Rohovie 408 et al. 2017). Many non-viral strategies have derived targeting domains from viral ligands for specific 409 cell or tissue targeting. For example, the adenovirus-derived RGD peptide has been used to direct the 410 nucleic acid delivery of lipoplexes, dendriplexes, and polyplexes to tumor cells overexpressing integrin 411 $\alpha_{v}\beta_{3}$ on the cell surface (Danhier et al. 2012). The successful delivery of RGD-conjugated ASOs to 412 melanoma cells has also been demonstrated (Juliano et al. 2008; Kang et al. 2008; Alam et al. 2008; 413 Juliano et al. 2011). An RGD-based polycationic liposome was also developed to specifically target

414 cancer cells and angiogenic endothelial cells (Yonenaga et al. 2012).

415 Other ligands of non-viral origin also offer targeting properties. For example, monoclonal antibodies 416 have a been highly effective at targeting delivery of cytotoxic drugs to cancer cells (Sievers et al. 2001; 417 Younes et al. 2010; Krop et al. 2010). Their ability to specifically and avidly bind to cell-specific 418 receptors makes them equally viable targeting domains for biologics such as therapeutic nucleic acids. 419 Their use in directing nucleic acid carriers has been demonstrated in several studies (Moffett et al. 420 2017; Palanca-Wessels et al. 2011; Ngamcherdtrakul et al. 2015; Huggins et al. 2019; Nanna et al. 421 2020). They can be either directly conjugated to the nucleic acid (Huggins et al. 2019; Nanna et al. 422 2020) or to the vector (Moffett et al. 2017; Palanca-Wessels et al. 2011; Ngamcherdtrakul et al. 2015). 423 Antibody-RNA conjugates (ARCs) are promising in that they overcome possible limitations of 424 nanoparticle-based formulations such as poor diffusivity, toxicity, and immunogenicity while still 425 significantly extending the half-life of the cargo (Nanna et al. 2020). Earlier conjugation methods for 426 therapeutic attachment to antibodies involve nonselective conjugation to lysine or cysteine residues. 427 Consequently, prior formulations suffer mainly from product heterogeneity (Huggins et al. 2019). 428 Recently published works on ARC synthesis involved highly specific mechanisms for conjugation, giving a precise drug: antibody ratio of 2 (Huggins et al. 2019; Nanna et al. 2020). 429

430 Nucleic acid aptamers offer another promising approach in delivering nucleic acid cargos to specific 431 cell-types (Dassie and Giangrande 2013). Aptamers are short, chemically synthesized, single stranded 432 oligonucleotides (DNA or RNA), which adopt a specific three-dimensional (3D) structure and bind to 433 their ligands with high affinity (K_Ds in the pico- to nano-molar range) (Sun et al. 2014). Although 434 aptamer-nucleic acid conjugates possess no innate mechanisms for endosomal escape on their own, 435 aptamers can be conjugated on to nucleic acid carriers with endosomal escape activity as a way to 436 improve cell specific targeting (Yan and Levy 2018). For example, Zhao and co-workers (2011) 437 designed a nanocomplex composed of a cationic PEI core endosomal escape component, CD30 RNA 438 aptamer targeting lymphoma cells and siRNA that inhibits the expression of anaplastic lymphoma 439 kinase (ALK). Such an assembly was proven to selectively bind lymphoma cells, deliver the siRNA 440 intracellularly, silence ALK expression, and arrest the growth of lymphoma cells (Zhao et al. 2011).

441 Lastly, small molecules are commonly used as targeting ligands as they are easily synthesized at a

- 442 modest cost. They are more stable than biological ligands such as aptamers and peptides, and their 443 conjugation is often relatively simple. However, these molecules are often not the natural ligands of 444 the target cell receptors and thus have lower affinity and specificity for a given receptor, the latter 445 giving rise to off-target effects. Nevertheless, the relative structural simplicity and functional 446 designability of small molecules make them attractive and viable targeting domains (Friedman et al. 447 2013).
- For example, folate (Vitamin B9) is widely used for targeting folate receptor-positive cell lines, with a high affinity ($K_D = 1$ nM) and minimal toxicity. Folate-functionalized vectors are typically internalized via receptor-mediated endocytosis, but reduced folate carriers, though having lower affinity, directly
- 451 enter the cytosol. Folate-expressing imaging agents are currently in Phase I and Phase II clinical trials,
- 452 but they are not yet clinically approved for targeting therapeutic nanoparticles (Sikorski et al. 2015).
- Likewise, benzamides (anisamide, in particular) target sigma receptors that are upregulated in cancer
- cell lines. Benzamide analogues can also target dopamine receptors selectively. So far, these have been
- used to deliver small molecule drugs such as doxorubicin encapsulated in liposomes but have not been
- 456 explored in gene-delivery yet (Banerjee et al. 2004; Mach et al. 2004).

457 **3.2** Multivalent interactions facilitate cellular uptake.

- Multivalent interactions between the viral ligands and host cell surface receptors not only amplify the strength of the interaction but also promote viral entry. This is exemplified by the influenza virus where the interaction of multiple capsid protein trimers (2-4 per 100 nm²) with spatially concentrated sialic acid functionalities on the surface of the host cell (50-200 per 100 nm²) is necessary for effective attachment and uptake (Mammen et al. 1998). Apart from high surface density, the spatial arrangement of the ligands is equally important. For example, the internalization of the simian virus 40 (SV40) necessitates the pentameric presentation of its viral capsid protein 1 to successfully bind to the cellsurface CM1 recentors and facility and surface is (Truers et al. 2010)
- 465 surface GM1 receptors and facilitate endocytosis (Ewers et al. 2010).
- 466 This parallels with carbohydrate-based delivery systems such as siRNAs and ASOs conjugated to N-467 acetylgalactosamine (GalNAc) for hepatic targeting. GalNAc involves multi-site interactions with 468 asioglycoprotein receptors (ASPGR) of hepatocytes, facilitating endocytosis. (Nair et al. 2014; Debacker et al. 2020). In 2019, Alnylam's givosiran (GIVLAARI®) was the first US Food and Drug 469 470 Administration approved GalNAc conjugate for acute hepatic porphyria, and other conjugates are 471 underway (Debacker et al. 2020). ASPGR is a liver-specific receptor that has been targeted for hepatic-472 directed therapeutics. It is a heterooligomeric complex that is capable of interacting with multiple 473 GalNAc molecules (Meier et al. 2000). The strong binding affinity of monomeric GalNAc with 474 ASPGR is in the micromolar range, and the avidity of the interaction can be enhanced by 10^3 to 10^5 , 475 depending on the number and spacing of GalNAc units (Lee and Lee 2000). Specifically, the structure 476 of ASPGR was found to optimally bind three divergent GalNAc residues (Lee and Lee 2000) spaced from a common branch point by 14-20 Å and separated from each other by 15-20 Å (Lee et al. 1983; 477 478 Khorev et al. 2008).
- Other synthetic vectors having multivalent interactions with cell receptors have been developed to mimic viral behavior and have shown an enhanced cellular uptake of the carriers or nucleic cargo. A prime example of this is the study of Nakagawa et al. (2010), wherein they delivered a splice switching antisense oligonucleotide (SSO) directly conjugated to anisamide, a sigma receptor present in plasma membranes, to tumor cells, and investigated their ability to modify the splicing of a reporter gene
- 484 (luciferase). Mono-anisamide and tri-anisamide conjugates were synthesized, and it was demonstrated

that the multivalent conjugate yielded a more enhanced receptor-specific cell uptake and biological effect (Nakagawa et al. 2010). Another study highlighting the beneficial effect of multivalency to nucleic acid cargo internalization is carried out by Kang et al. (2018). In their study, siRNA specific to Bcl2, an anti-apoptotic protein, was tethered to MUC-1- and nucleolin-targeting aptamers and delivered to cancer cells. Fluorescence microscopy revealed the positive correlation between aptamer valency (n =1,3,9) and cellular internalization. Moreover, higher tumor accumulation was observed for multivalent aptamer conjugates compared to mono- and divalent conjugates. These studies underscore the critical need for multivalent internetions in designing delivery systems for nucleic acids.

492 the critical need for multivalent interactions in designing delivery systems for nucleic acids.

493 **3.3** Attachment to multiple receptors confers cell target specificity and uptake efficiency.

494 Maginnis (2018) provides a comprehensive review of how virus interactions with host receptors govern 495 pathogenicity. Worth noting are evolutionarily conserved mechanisms among viruses, redundancy in 496 target primary receptors, and diversity of secondary receptors. One conserved mechanism is the 497 conformational change involved in the sequential binding to multiple receptors that leads to fusion or 498 endocytosis. For instance, the trimeric glycoprotein (GP) complex of the human immunodeficiency virus (HIV) is formed by the GP120/GP41 heterodimer and is necessary for cellular targeting and entry. 499 500 GP120 binds CD4 on the surface of T-cells, T-cell precursors, macrophages, dendritic cells, and 501 microglial cells. GP120 binding induces a conformational shift in the trimeric GP, revealing a GP120 502 binding domain specific for one of many chemokine coreceptors such as CXCR4 and CCR5. These 503 coreceptors vary across different cells and thus mainly determine tropism (Fanales-Belasio et al. 2010; Wilen et al. 2012). The involvement of coreceptors form the basis of some anti-viral drugs such as 504 505 Maraviroc, a US Food and Drug Administration and European Medicines Agency approved HIV/AIDS 506 treatment. It acts by antagonizing CCR5, the secondary receptor of HIV in CD4⁺ T cells. In particular, 507 maraviroc binding induces a change to the inactive conformer of CCR5 (López-Huertas et al. 2017).

508 In terms of redundant receptors, integrins are of particular interest because they are commonly involved 509 in the internalization of viruses. Integrins are heterodimeric cell surface receptors that mediate cell 510 adhesion, migration, differentiation, and tumor growth. The binding of a virus to a host induces the 511 clustering and/or structural changes of integrins, resulting in intracellular cues that enhance binding 512 affinity, drive structural changes in the cytoskeleton, and/or facilitate uptake. This is demonstrated by 513 certain viruses such as the adenovirus whose secondary attachment to integrins initiates intracellular 514 signals that ultimately lead to viral uptake (Stewart and Nemerow 2007). For the human 515 cytomegalovirus, the binding of its glycoproteins to both the epidermal growth factor receptors (EGFR) 516 and integrin on the host cell brings EGFR and integrins into close proximity, eliciting signaling 517 responses that facilitate cellular uptake and nuclear trafficking (Wang et al. 2005).

518 For synthetic vectors, engaging multiple receptors presents an opportunity for programming more 519 specific and efficient nucleic acid delivery systems. The use of multiple ligands for enhanced 520 specificity and uptake is guided by knowing which receptors are overexpressed in the tissue or region 521 of interest. Just as integrins are often implicated in virus entry, they have become popular targets for 522 drug and gene delivery for their natural abundance, efficient endocytosis, and differential expression 523 on a number of tumor cells and angiogenic endothelial cells (Wang et al. 2010; Juliano et al. 2011). 524 For instance, Nie et al (2011) developed a synthetic dual-ligand targeted vector in which plasmid DNA 525 is condensed by polyethylenimine (PEI). In this study, they conjugated PEG-ylated PEI-based polyplexes with peptides B6 and arginylglycylaspartic acid (RGD) that target transferrin and integrin, 526 527 respectively. This strategy exploits the fact that tumor cells overexpress transferrin while vasculature 528 that supply blood to these newly formed tumor cells overexpress integrins. Importantly, RGD-integrin 529 binding stabilizes the B6-transferrin interaction. This design has shown to improve transfection

- 530 efficiency and specificity. Thus, as illustrated in **Figure 3**, it demonstrates the power of mimicking the
- 531 dual-receptor internalization of natural viruses such as the adenovirus, herpes simplex virus, and SV40
- 532 (Hussein et al. 2015).

In another study, Dong and colleagues (2018) depict the dual targeting ability of RGDK peptide sequence. In this particular example, they designed a siRNA/amphiphilic dendrimer complex decorated with a dual targeting peptide RGDK. The design of the targeting peptide is such that it protects and stabilizes the siRNA-dendrimer complex by electrostatic interaction. Similar to Nie et al.'s study, the RGD part binds to target integrin receptors on tumor vasculature while the full length RGDK interacts

538 with neuropilin-1 (Nrp-1), which is expressed on tumor cells, thereby enhancing cellular uptake.

539 4 Cytosolic delivery

For a virus to deliver its genome to the cytosol or nucleus, it needs to penetrate either the cellular
membrane or a subcellular membrane within the cytoplasm such as the endo-lysosomal membrane.
This section talks about how viruses and synthetic carriers alike manage to bring their nucleic acid

543 cargo into the host cell interior with mechanisms to overcome cellular barriers.

544 **4.1 Direct cytosolic delivery**

545 Some enveloped viruses such as HIV are able to directly translocate their genome into the cytosol via 546 cell membrane fusion. As mentioned in **Section 3.3**, the binding of the HIV glycoprotein to its primary 547 receptor drives structural changes within the glycoprotein, facilitating a subsequent interaction with a 548 coreceptor that then mediates viral entry (Wilen et al. 2012). Binding to two receptors enhances the 549 strength of viral attachment, and for HIV, this allows the N-terminal fusogenic peptide of GP41 to 550 penetrate the membrane. The heptad repeats of GP41 interact to form a hairpin loop, facilitating the 551 fusion of the viral and host cellular membranes (Chan et al. 1997; Fanales-Belasio et al. 2010).

552 For nonviral carriers, a particle can also be designed such that it directly transfects cargo to the cytosol 553 (Jiang et al. 2015). For instance, Motion et al. (Motion et al. 2012) reported a promising phosphatase-554 triggered liposome carrier that was directly inspired by HIV. It incorporates an inactive phosphorylated 555 version of the GP41 peptide that, when dephosphorylated, shifts to its fusogenic alpha-helical 556 conformer. The phosphorylated form, on the other hand, has an increased random coil structure that 557 is unable to interact with a lipid membrane. Since phosphates are overexpressed and secreted by 558 diseased tissues, the fusogenic peptide is activated in a diseased cell, facilitating fusion with the plasma 559 membrane and targeted cytosolic delivery. Such system has great potential as a nucleic acid carrier. 560 Additionally, Vickers et al. (Vickers et al. 2011) showed that exogenous miRNA can be directly 561 delivered to the cytosol of target cells by endogenous high density lipoprotein. This direct transfection 562 is mediated by scavenger receptor B1 (SR-B1) (Vickers et al. 2011) and has also been demonstrated 563 for the direct delivery of fluorescently labeled siRNA to SR-B1 expressing tumor cells (Shahzad et al. 564 2011).

565 In addition, siRNA (Jiang et al. 2015; 2018) and CRISPR-Cas9 ribonucleoprotein (CRISPR-Cas9-566 RNP) (Mout et al. 2017) can be directly transfected across the cell membrane using nanoparticle-567 stabilized nanocapsules (NPSCs). Previously shown to mediate the direct cytosolic delivery of small 568 molecules (Yang et al. 2011) and proteins (Tang et al. 2013), NPSCs are formed by assembling a 569 preformed complex of nucleic acids and arginine-coated nanoparticles on the surface of an oil droplet 570 (Jiang et al. 2015). The inorganic- and lipid-based hybrid construct efficiently delivered nucleic acid 571 cargo to the cytosol with an siRNA knockdown efficiency of 90% (Jiang et al. 2015; 2018) and to the 572 nucleus with a CRISPR-Cas9-RNP gene editing efficiency of 30% (Mout et al. 2017). In vivo assays

573 of spleen-directed siRNA loaded NPSCs showed good selectivity and immunomodulatory activity, 574 demonstrating the potential for targeted delivery (Jiang et al. 2018).

575 **4.2 Endosomal escape**

576 Most viruses and synthetic nucleic acid carriers are internalized via endocytosis. While viruses manage 577 to escape into the cytosol efficiently, synthetic carriers pale in contrast, only having around 1-2% 578 endosomal release (Gilleron et al. 2013). Thus, endosomal escape is the bottleneck of nucleic acid 579 delivery and ultimately determines therapeutic efficiency (Gilleron et al. 2013; Shetee et al. 2014; 580 Selby et al. 2017).

581 While direct fusion with the plasma membrane may seem simpler, endocytosis offers several 582 advantages - one being evasion of molecular crowding in the cytosol and microtubule-assisted 583 shuttling to the nucleus or other subcellular locations (Barrow et al. 2013). Furthermore, as endocytosis 584 is often linked to signaling cascades, the invading particle can influence its intracellular fate by 585 targeting the appropriate receptor (Marsh and Helenius 2006; Nemerow and Stewart 1999). For viruses, endocytosis can lower the risk of triggering an immune response because rapid endocytotic 586 uptake minimizes the exposure of viral immunogenic epitopes to the extracellular milieu (Miyauchi et 587 588 al. 2009). Importantly, the physical integrity of the viral capsid is responsive to both chemical and 589 mechanical stimuli brought about by interactions with the host. This provides a basis for disassembly 590 once the genome has reached its target site (Yamauchi and Greber 2016; Greber 2016). Similarly, 591 endocytosis enables opportunities to embed responsiveness of a nonviral carrier to endolysosomal cues. 592 For these reasons and the overwhelming tendency for nonviral carriers to undergo endocytotic entry,

593 research efforts are more directed towards enhancing endosomal escape efficiency.

594 **4.2.1 Cellular cues drive endosomal escape via membrane fusion or penetration.**

595 Staring et al. (2018) provides an excellent discussion of how viruses carry out endosomal escape to 596 avoid degradation or recycling. For their remarkable endosomal escape efficiency, viruses have served 597 as templates for engineering the endosomal escape mechanism of non-viral vectors. A unifying theme 598 is a conformational change in viral structural proteins that drives viral and endo-lysosomal membrane 599 fusion for enveloped viruses or membrane penetration by nonenveloped viruses. These structural rearrangements are triggered by cellular cues such as low pH or acid-dependent proteolytic activity. 600 601 Such viral proteins or peptides contain ionizable groups such as critical histidine residues whose 602 imidazole groups (pKa~6) are protonated as the pH drops in the endosome. These histidine residues 603 act as pH sensors involved in pH-dependent structural changes of the protein or peptide as observed 604 for the surface protein hemagglutinin (HA) glycoprotein (GP) of the influenza virus. Moreover, they 605 also serve as internal buffers. This "proton sponge" effect leads to endosomal swelling and rupture. 606 For this reason, histidine residues (5-20) are added to peptide domains (such as TAT) of nucleic acid carriers (Lo and Wang 2008). A research study by Meng et al. (Meng et al. 2016) has discussed a 607 multifunctional peptide-based nanocarrier composed of different peptide fragments – a CPP segment 608 609 (TAT) for cell penetration, an ELMD segment for endo-lysosomal membrane disruption, and stearyl 610 moieties to improve hydrophobicity and cell membrane binding ability of the peptide-DNA complex. For the ELMD segment, six histidine resides were inserted to increase endosomal escape by "proton 611 sponge" effect. All these amino acids were dextrorotatory to protect the DNA/peptide nanocarrier 612

613 from proteolysis.

614 **4.2.1.1 Membrane fusion**

615 For the endosomal escape of enveloped viruses, the influenza virus is a classic model (Figure 4A).

616 The fusogenic HA has been used or mimicked as an endosomal escape domain. Following endocytosis,

617 the acid-triggered proteolysis induces the conformational change of the viral GP spike. This exposes

618 the hydrophobic subunit HA2 that facilitates the endosomal escape of the ribonucleoprotein contents

619 into the cytosol (Pinto et al. 1992). Specifically, endosomal acidification induces a conformational

- change in HA that sequesters charged residues glutamate-15 and aspartate-19. This reveals a V-shaped 620
- 621 HA conformer with a hydrophobic pocket that penetrates deeply into the endosomal membrane. The 622 enhanced penetration increases the lateral pressure in the hydrophobic pocket and the surface tension
- 623 at the interface of the viral and endosomal membranes. Altogether, these drive the hemifusion of the
- 624 two lipid membranes (Han et al. 2001).

Synthetic HA2 analogs have demonstrated improved endosomal escape ability (Ye et al. 2012). Ye et 625 al. (Ye et al. 2012) developed and studied different types of fusogenic peptides (HA2, R8) by 626 627 conjugating them to gelatin-silica nanoparticles (GSNPs). These GSNPs were used to deliver plasmid 628 DNA and their endosomal escape efficiency was measured and compared. They concluded that the 629 endosomal escape efficiency of TAT-HA2 conjugate was superior as compared to others. Moreover, 630 the concentration of the peptide dictates the extent of its interaction with the membrane. While the 631 peptide domains only engage the membrane electrostatically at low concentrations, pore formation is

632 observed at higher concentrations.

633 The endosomal escape of the influenza virus can be largely ascribed to the sequestering of the 634 hydrophilic cap of HA to reveal a hydrophobic domain HA2 that then engages the endosomal 635 membrane. This mechanism has inspired Lönn et al. (2016) to develop endosomal escape domains 636 (EEDS), which are hydrophobic peptides containing Trp and Phe residues. For EED-TAT-siRNA 637 conjugates, the presence of indole and/or phenyl rings at an optimal distance of six PEG units from the 638 TAT domain is able to significantly enhance the endosomal escape of siRNA. Additionally, the 639 concept of hydrophobic unmasking has also been exhibited by NANs. Amphiphilic surfactant-DNA 640 conjugates were constructed to mimic the disassembly products of the nanocapsule. The membrane 641 permeating ability of these conjugates (Hartmann et al. 2018) suggests that the hydrophobic group 642 revealed only after disassembly could facilitate the endosomal escape of the degradation products.

643 Similarly, pH-sensitive fusogenic liposomes (Figure 4B) have been developed to mimic the acid-644 triggered endosomal escape of viruses (Budker et al. 1996). Sato et al. described the delivery of siRNA 645 for gene silencing using low pH-activatable cationic liposomes (Sato et al. 2012). The responsiveness 646 to low pH is enabled by using a lipid containing a tertiary amine head group that is almost neutral at 647 physiological pH but is cationic at low endosomal pH (Kogure et al. 2008; Moriguchi et al. 2005; Sato 648 et al. 2012). The lipid also consists of two long linoleyl fatty acid chains, forming cone-shaped 649 molecules that further mediate endosomal escape through membrane fusion. Because the apparent pK 650 of the ionizable lipid is 6.5, rapid membrane fusion and siRNA release is induced in the endosomes

651 before lysosomal degradation occurs (Sato et al. 2012; Sakurai et al. 2014).

652 4.2.1.2 Membrane penetration

653 Unlike enveloped viruses that possess a lipid envelope capable of fusing with the plasma or endo-654 lysosomal membrane, nonenveloped viruses make use of membranolytic peptides to escape the 655 endosome. While membrane penetration is not completely understood, the exact mechanism can range 656 from temporary membrane destabilization to pore formation to complete disruption (Staringet al. 657 2018). The elegance of viral endosomal escape using membranolytic peptides is exemplified by the adenovirus. The mechanical stress caused by binding multiple receptors primes the shedding of the 658 capsid coat (Burckhardt et al. 2011). This liberates membranolytic viral protein VI that then creates 659 660 small lesions on the plasma membrane. As a response, the host secretes lipid hydrolase acid 661 sphingomyelinase that catalyzes ceramide production for membrane repair. The increased level of

662 ceramide enhances interaction of protein VI with the endosomal membrane, leading to endosomal 663 rupture. This illustrates how the host cell's natural response to membrane damage is exploited by a 664 virus for it to escape the limiting vesicle (Staring et al. 2018). Moreover, a study by Ortega-Esteban 665 and colleagues (2015) showed that upon virus maturation, the expansion of the genome stiffens virions. 666 As in the case of the adenovirus, the rise in internal pressure renders the capsid more susceptible to 667 disruption and, thus, contributes to the overall endosomal escape mechanism and eventual uncoating 668 of the virus at the nuclear pore complex (Ortega-Esteban et al. 2015; Greber 2016).

669 Similarly, the Glutamic acid-Alanine-Leucine-Alanine (GALA) peptide is a targeting and endosomal escape peptide that has been used in siRNA delivery (Subbarao et al. 1987; Kusumoto et al. 2013; 670 2014). GALA was originally designed to undergo an acid-triggered change from a random coil to a 671 672 membrane-disrupting alpha helical structure (Subbarao et al. 1987). Later on it was found to target the 673 sialic acid residues on lung endothelium (Kusumoto et al. 2013), making it a promising multifunctional 674 ligand. On the other hand, KALA is a modified version of GALA with alanine to lysine substitutions 675 and reduced glutamic acid content. These features allow DNA condensation, endo-lysosomal disruption, and nucleic acid release (Wyman et al. 1997; Shaheen et al. 2011). Miura et al. (2017) 676 677 performed a complete study of KALA as a fusogenic peptide. They modified the surface of a DNA-678 encapsulating liposome with KALA peptide sequences. In this study, they found that as compared to 679 the full-length KALA sequence (27 residues), the short-KALA3 peptide (14 residues) was the shortest 680 KALA peptide to form a α-helical structure at physiological pH. Thus, short-KALA3 can be used to 681 elicit transgene expression (Miura et al. 2017). KALA peptide has also been used before for delivery 682 of siRNA-PEG conjugates (Mok and Park 2008).

683 **4.2.2 Small molecules for enhancing endosomal escape efficiency**

684 The fact that fusogenic or membranolytic peptides are often required to gain cytosolic access 685 underscores the necessity for an endosomal escape component in a drug delivery system. This idea has been extended to various small molecules that can be used as tools to cross the endo-lysosomal 686 687 membrane either through direct conjugation to or co-delivery with the nucleic acid cargo (Gilleron et 688 al. 2015; Osborn et al. 2015; Maxfield 1982; Juliano et al. 2018; Joris et al. 2018; Du Rietz et al. 2020; 689 B. Yang et al. 2015; Wang et al. 2017). For example, cationic amphiphilic drugs (CADS) have been 690 shown to enhance siRNA delivery due to their ability to increase the permeability of the endo-691 lysosomal membrane (Joris et al. 2018; Du Rietz et al. 2020). On the other hand, oligonucleotide 692 enhancing compounds (OECs) are small molecules covalently linked to siRNAs, ASOs, and single 693 stranded oligonucleotides and have been screened for improved cytosolic and nuclear delivery without 694 an external carrier (Yang et al. 2015; Wang et al. 2017). Through a set of structure-activity experiments, hydrophobic phenyl rings, the presence and relative placement of a tertiary amine, and 695 696 carbamate modifications were identified as essential and tunable features for enhancing the therapeutic 697 availability of the oligonucleotides. How OECs influence the intracellular redistribution of oligonucleotides is not yet clear but, similar to CADs, involves an increase in endomembrane 698 699 permeability rather than complete disruption. Though the potency imparted by OECs holds great 700 promise, the challenge of enhancing efficacy while minimizing cytotoxicity remains (Juliano et al. 701 2018).

Additionally, Orellana et al. (2019) reported the use of nigericin, a novel, small molecule endosomal escape agent, to enhance the cytosolic delivery of folate-conjugated miRNA. Nigericin is a proton ionophore that exchanges osmotically inactive protons inside the endosomes with potassium ions in the cytosol. The combined high concentration of sodium and potassium ions raises the osmotic pressure inside the endosomes, resulting in endosomal rupture and release of the miRNA payload.

707 **4.2.3 Intracellular receptor targeting as a potential endosomal escape strategy**

708 For effective host cell infection, the Lassa virus (Jae et al. 2014) and ebolavirus (EBOV, Carette et al. 2

709 2011; Côté et al. 2011; Wang et al. 2016) escape the endosome via a critical switch from their 710 extracellular receptor (involved in cellular attachment and entry) to an intracellular endo-lysosomal

extracellular receptor (involved in cellular attachment and entry) to an intracellular endo-lysosomal
 receptor to mediate membrane fusion (Jae and Brummelkamp 2015). This is commonly due to the pH

712 drop in the endosome that primes the viral glycoprotein (GP) for a receptor switch (Staring et al. 2018).

713 In particular, LASV was found to bind mainly to α-dystroglycan (Cao et al. 1998) as well as TAM 714 receptor Tyr kinases, DC-SIGN of dendritic cells, and C-type lectins of liver and lymph nodes 715 (Shimojima et al. 2012) and is taken up mainly through macropinocytosis (Oppliger et al. 2016). The 716 trimeric LASV spike protein is composed of a receptor-binding domain (GP1), a fusion protein subunit 717 (GP2), and a unique stable signal peptide (SSP) (Burri et al. 2012) that directs the polypeptide to the 718 endoplasmic reticulum and also interacts with GP2 during membrane fusion (Nunberg and York 2012). 719 Structural studies support an entry model wherein endo-lysosomal pH (5.0-6.0) induces a 720 conformational change in GP1 that facilitates an intracellular receptor switch to LAMP1, a late 721 endosomal/lysosomal protein (Cohen-Dvashi et al. 2015; Li et al. 2016). Further acidification in the 722 lysosomes (pH 4.0) sheds GP1, exposing GP2 that mediates membrane fusion (Li et al. 2016). The 723 pH-dependence of the conformational change is attributed to the pH-sensing His triad on the surface 724 of the spike protein (Cohen-Dvashi et al. 2015; 2016). Mutation of these His residues reveals that 725 LAMP1 binding is not necessary for membrane fusion but greatly enhances viral infection efficiency

726 (Cohen-Dvashi et al. 2016).

727 Similarly, attachment of EBOV to the host cell membrane facilitates internalization principally through 728 macropinocytosis (Nanbo et al. 2010), with evidence that the virus is also taken up via clathrin-729 mediated endocytosis (Aleksandrowicz et al. 2011). Several cell membrane contact sites have been 730 identified that seem to facilitate virus attachment such as β 1-integrins and Tyro3 (TAM) family kinase 731 receptors, but no sites for direct interaction with the EBOV GP have been identified yet. C-type lectins 732 (L-SIGN, DC-SIGN, and hMGL) have also been shown to enhance adherence of the virus to the host 733 cell membrane. Due to the broad tropism of EBOV across different cell types and different host 734 organisms, it has been difficult to identify cell surface receptors that facilitate internalization (Hunt, 735 Lennemann, and Maury 2012). So far, TIM-1 was determined to be the EBOV receptor for epithelial 736 cells (Kondratowicz et al. 2011). Upon entry, endo-lysosomal acidification activates proteases 737 cathepsin B and cathepsin L that cleave the EBOV GP. Proteolysis reveals the active conformer GP2, 738 which then binds to Niemann-Pick C1 (NPC1), a cholesterol transporter embedded on the endo-739 lysosomal membrane. This interaction facilitates the fusion of the viral and lysosomal membranes, 740 releasing the viral nucleocapsid into the cytosol (Carette et al. 2011).

741 Because NPC1 is involved in vesicular trafficking, it is even more interesting that it is responsible for 742 limiting lipid nanoparticle-mediated siRNA delivery by shuttling the bulk of the lipid nanoparticles 743 back to the outside of the cell after endocytosis (Sahay et al. 2013). Moreover, inhibition of NPC1 744 greatly increases the cytosolic delivery of the siRNA cargo (Wang et al. 2016). A similar effect was 745 observed when ESCRT-1, another endo-lysosomal protein involved in vesicular sorting, was knocked down to enhance the delivery of a therapeutic anti-miRNA (Wagenaar et al. 2015). Alternatively, the 746 747 entrapment of oligonucleotides in the late endosomes can be exploited. Instead of inhibiting or 748 knocking down endo-lysosomal-associated proteins such as NPC1, LAMP1, or ESCRT-1, a ligand that 749 engages the intracellular receptor can be used to facilitate the cytosolic delivery of the cargo. This 750 could potentially be applicable to lipid-based systems where membrane fusion precedes content 751 release.

752 <mark>5 Nuclear Delivery</mark>

753 Unlike cytoplasmic viruses, nuclear viruses (such as SV40, adenovirus, influenza virus and HIV) need 754 to travel further in order to replicate themselves in the nucleus of the host cell. They must cross a total 755 of three cell barriers to reach the nucleus – the plasma membrane, cytosol and the nuclear membrane. 756 Thus, they have evolved to use their structural features along with cellular transport machinery to hijack 757 the well-protected nuclear import process. The size, structure, and composition of the viral proteins 758 determines the mechanism by which it enters the nucleus. The structure and surface properties of 759 nuclear viruses are also different from cytoplasmic viruses as the capsid of these viruses needs to be 760 intact when they are traversing through the highly crowded cytosol but should breakdown in the 761 perinuclear area (Cohen et al. 2011; Kobiler et al. 2012).

762 The nucleus is the main regulator of intracellular functions such as gene activation, cell division and 763 proliferation, metabolism and protein production. As such, it is also considered as the most important 764 target to deliver intact therapeutic exogenous oligonucleotides to treat diseases at the genetic level 765 (Faustino et al. 2007; Pouton et al. 2007). However, cytosolic trafficking is a critical bottleneck for 766 the efficient nuclear delivery of nucleic acids (Ni et al. 2019). Previous studies show that when a pDNA is microinjected into the cytoplasm, the cellular enzymes degrade the DNA before it can reach the 767 768 nucleus through Brownian motion (Cohen et al. 2009). Thus, it is necessary to protect as well as 769 actively traffic the DNA to the perinuclear region.

To reach the nucleus, a number of different cytosolic trafficking strategies have been explored by nuclear viruses. Among these, the karyopherin-dependent and microtubule-assisted pathways have been extensively studied and mimicked for nucleic acid delivery (Bai et al. 2017). Thus, this section discusses these two common viral nuclear import mechanisms and how these pathways have inspired the development of nonviral vectors for therapeutic and diagnostic purposes (Cohen et al. 2011; Kobiler et al. 2012).

776 **5.1 Karyopherin-mediated pathway**

777 The nuclear trafficking of the viral ribonucleoproteins (vRNPs) is required for production and release 778 of mature virions. To travel actively towards the nucleus, viruses use nuclear localization signals 779 (NLSs) to mediate nucleus entry of the vRNPS. NLS sequences are short basic peptide motifs that are 780 recognized by karyopherin proteins and are transported to the nucleus via karyopherin α/β -mediated 781 pathway (Cros and Palese 2003). Detailed chemical and biophysical studies show that the influenza A 782 virus, herpes simplex virus, and SV40 consist of these NLS sequences embedded in their viral proteins. 783 These specific sequences interact with the α subunit of dimeric karyopherin α/β receptors with high 784 specificity. The karyopherin α binding site classifies the type of NLS as either classical or nonclassical. The classical NLS (derived from SV40) binds to inner concave surface of the ARM domain of 785 786 karyopherin α . On the other hand, nonclassical NLS are the viral peptides that bind specifically and 787 exclusively to the minor groove of the karyopherin α . An example is the NLS obtained from influenza A virus (Li et al. 2019). The trimeric karyopherin-NLS complex docks at NPCs and is passaged across 788 the nuclear envelope and released into the interior. This transport mechanism is based on 789 790 nucleocytoplasmic gradient of the GTP bound form of Ran protein as the Ran-GTP/GDP ratio is high in the nucleus but low in the cytoplasm. This difference in concentration acts as the driving force to 791 792 transport the trimeric complex inside the nucleus (Fay and Panté 2015).

Miller and Dean (2009) summarized nuclear targeting ligands that can be used to deliver therapeutic nucleic acids. These ligands can be easily modified and conjugated to the surface of a nanoparticle or directly to the gene of interest. Variants of virus-derived NLS peptides are most commonly used as

nuclear targeting ligands (Kim et al. 2017). Thus, carriers decorated with or nucleic acid cargo associated with the NLS peptide sequence also undergo nuclear uptake via the karyopherin α/β pathway (Pan et al. 2012; Ray et al. 2015; Zanta et al. 1999; Cartier and Reszka 2002). One such example by Hu et al. 2012 has been discussed in detail in Figure 5 wherein the classical NLS peptide sequence derived from SV40 virus was used to deliver a plasmid DNA (pDNA) polyplex across the nuclear envelope via karyopherin-dependent pathway (Hu et al. 2012).

802 Alternatively, the DNA nuclear-targeting sequence (DTS) is a 72 bp aptamer derived from SV40 and 803 has innate affinity for NLS-tagged cytoplasmic proteins such as transcription factors (TFs) (van Gaal et al. 2011). DTS-containing plasmids bind to one or more TFs, and the complex is shuttled into the 804 805 nucleus. If cells are undergoing proliferation due to injury, the addition of DTS/NLS sequence shows 806 limited effect in gene expression as the guard of the nuclear envelope breaks down (Miller and Dean 807 2009). So far, DTS expressing plasmids have been delivered by electroporation or direct injection. 808 Thus, it is possible to use DTS as a targeting ligand for gene vectors but not in vivo. In addition, 809 plasmids complexed with proteins like HMG-1, histone H2B proteins, karyopherin receptors, and 810 nucleoplasmin show increased transgene expression due to nuclear uptake (Miller and Dean 2009).

811 **5.2 Microtubule-assisted transport**

812 Many viruses use microtubule (MT) facilitated transport to traverse the cytoplasmic medium. Viral proteins induce rearrangement of microfilaments and recruit molecular motors such as dynein and 813 814 kinesin to traverse from the plus to the minus terminal of MTs (Döhner et al. 2005). The MT-organizing 815 center nucleates the minus end of the MTs and is close to the nucleus. This is how the viral capsid is 816 transported actively to reach nearby regions of the nucleus (Naghavi and Walsh 2017). Viruses such 817 as the adenovirus, adeno-associated virus (AAV), and influenza A virus are able to hijack the cellular 818 microtubule transport system, intercepting traffic to the nucleus. Amongst these, the adenovirus and 819 influenza A virus are released out of the endosome before traveling along the microtubule in a non-820 vesicle dependent manner. In contrast, AAV is transported while within the endosome and the 821 endosomal vesicle ruptures near the nucleus. The ligands that attach the endosomal membrane to the 822 MT system are still currently unknown (Cohen et al. 2011).

823 In an effort to mimic viruses, the dynein binding protein (DBP) is often used as a ligand for nuclear 824 uptake as it can mediate the transport of cargo via the MT-assisted pathway (Favaro et al. 2014; Favaro 825 et al. 2018). A review by Midoux et al. 2017 (2017) has listed the dynein binding viral proteins and 826 selective peptide sequences that have been used for efficient nonviral gene delivery. These peptides 827 help to actively deliver the nanovector to the centrosome wherein the dynein interacts dynamically 828 with the nuclear envelope and rearranges the nuclear lamin protein filaments, thereby increasing the 829 permeability of nucleus (Dalmau-Mena et al. 2018). Moreover, Cohen and Granek (2014) provided 830 theoretical insights on the rational design of spherical nanocarriers that require active transport to the 831 nucleus. One recent example using such pathway is a peptide vector synthesized by Favaro et al. 2018 832 (2018). In this study, a dynein binding protein (TRp3) was incorporated into the vector to enhance 833 microtubule-assisted delivery of an encapsulated gene towards the nucleus of the cell (Figure 6).

834 6 Concluding Remarks

Evolution has honed viruses to be master hijackers of a broad range of host cells. They possess unique structural and mechanistic features wherein overarching themes such as capsid metastability, genome protection, stimuli-responsiveness, receptor duality, and synergistic ligand activity make them attractive templates for the design of non-viral nucleic acid carriers. Based on these outstanding characteristics of viruses, it is evident that an ideal carrier needs to find a balance between nucleic acid

840 protection and release, two seemingly contradictory functions. A dynamic structure that responds to

- site-specific cues such as low pH or enzymatic activity help to control the release of nucleic acid cargo.
- 842 These cues can vary with microenvironments within a cell, enabling biochemically controlled release
- 843 mechanisms. Alternatively, the vector can be made sensitive to external stimuli such as light or
- temperature, which is more applicable to locally delivered formulations (Takemoto et al. 2014).

845 While therapeutic nucleic acids have made it to the clinical setting, extrahepatic targeting and 846 endosomal escape remain as major hurdles in their delivery (Dowdy 2017). Viruses commonly target 847 multiple receptors for enhanced specificity and uptake, and this collective feature has been applied by 848 synthetic carriers. Viral mimicry and the development of nucleic acid vectors iterate with our 849 understanding of viral mechanism. Accordingly, advancements in techniques that identify viral ligands 850 and corresponding host receptors, interrogate structure, and probe dynamics of ligand-receptor 851 interactions may be translated to the design of more effective targeting domains for synthetic carriers.

852 In many ways, the outstanding difference in the transfection efficiency of viruses and synthetic vectors stems from the lack of a consensus of what drives endosomal escape. Escape from the endosome is 853 854 influenced by a large range of factors such as nanoparticle properties (size, shape, and composition), 855 mode of cellular uptake, and the type of cell (Selby et al. 2017). Moreover, mechanistic insights tend 856 to be context-dependent as they are influenced by multiple factors such as the type of carrier, type of cell, and experimental conditions (LeCher et al. 2017). Structural studies on determinants of 857 858 endosomal escape, while informative, often do not address the possible interplay of uptake route and 859 intracellular trafficking. Moreover, uptake mechanisms are overlapping and poorly understood, making it difficult to determine the exact uptake mechanism of a particular construct (Nelemans and 860 861 Gurevich 2020). As uptake mechanisms typically involve signaling cascades, their relationship with intracellular trafficking are important considerations. Also, the implication of recycling pathways in 862 863 viral and non-viral cytosolic access (Carette et al. 2011; Sahay et al. 2013; Wang et al. 2016) suggests 864 further studies on their exact role in therapeutic delivery. Filling such scientific gaps may help guide the design of more efficient nucleic acid delivery systems. Additionally, some viruses (such as the 865 866 adenovirus) have been found to exploit cellular responses to membrane disruption concurrent with membrane fusion or penetration (Staring et al. 2018). In this light, future synthetic carriers may also 867 868 be tailored to utilize host damage control to enhance therapeutic delivery. For this to be an effective 869 strategy, it is imperative that the sensing of and response to invading particles by the host cell be exhaustively studied. 870

In summary, viruses can serve as a source of inspiration for chemists and materials scientists alike in
 the design considerations of non-viral vectors due to their efficient uptake and delivery of nucleic acid

873 cargo. By designing nanoscale materials with stimuli-responsive properties and efficient targeting and

874 internalization, therapeutic nucleic acids can be more rapidly brought forward for clinical application.

875 **7** Author Contributions

876 All authors have contributed to the design and writing of this work and have approved it for publication.

877 8 Contribution to the Field

The delivery of therapeutic nucleic acids into cells is an area of growing interest in the medical and pharmaceutical fields. Despite the immense potential of these biological molecules to treat diseases through gene regulation, they have proven challenging to translate clinically. This review seeks to provide examples of how chemical and biochemical mechanisms by which viruses enter host cells can serve as a design template for non-viral nucleic acid delivery. Specifically, how viruses engage cell

883 membranes is reviewed, along with current synthetic formulations for delivering RNA and DNA that 884 find inspiration in various ways from viruses. The main bottlenecks to the successful delivery of active 885 nucleic acids into cells, that of cell-specific targeting and endosomal escape, are discussed alongside 886 the mechanisms by which viruses overcome such barriers.

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Figure 1. Virus structure and function inform the design of nucleic acid delivery systems. A. Viruses evolve to deliver their genome efficiently to the host cell for replication. As such, their genome encodes proteins essential for genome protection, tropism, intracellular trafficking, controlled genome release, and replication. B. Synthetic carriers are designed to deliver a diversity of therapeutic nucleic acid cargo including pDNA, siRNA, ASOs, miRNA, mRNA, CRISPR-Cas9 guide RNAs (gRNAs), ribozymes, and DNAzymes. Analogous to viruses, functional domains are embedded on the construct that enable a balance between nucleic acid protection and programmed, stimulus-induced release.

Endosomal **Nucleic Acids** Vector **Core Design Mode of Entry** Ref Nuclear Escape Delivery Delivered Viruses and Virus-like Particles **Preinitiation** DNA, siRNA, HIV Enveloped, cone-Sequential N/A Bukrinsky shaped capsid binding of spike complex is shRNA, 2004; Hamid, Size: 100 nm protein GP120 to transported <mark>miRNA</mark> Kim, and Shin CD4 and a along the 2015; Fanalesmicrotubule Belasio et al. **chemokine** receptor to the 2010 perinuclear promotes membrane region. NLS peptides on fusion and direct **cytosolic** viral capsid delivery. promote karyopherinmediated nuclear uptake. CCMV Direct cytosolic siRNA, mRNA, Non-enveloped, N/A N/A Lam and icosahedral capsid delivery dsDNA Steinmetz 2019; Size: 30nm Pretto and van Hest 2019: Villagrana-Escareño et al. 2019; Mukherjee et al. 2006 MS2 Non-enveloped Receptor-Incorporation of N/A shRNA, Fu and Li 2016; bacteriophage with mediated Galaway and penetrating or mRNA, Stockley 2013; complex structure and endocytosis fusogenic miRNA, siRNA icosahedral head (when targeting peptides could Ashley et al. Size: 27 nm ligands are facilitate 2011: Prel et al. added) endosomal 2015; Yao et al. escape. 2015: Pan. Jia. et al. 2012; Pan, Zhang, et al. 2012; Lam and Steinmetz 2018 M13 Non-enveloped Receptor-**Disruption** of N/A **Mammalian** Kim et al. 2012; filamentous mediated **caveosomes** DNA transgene Tian et al. 2015; bacteriophage endocytosis and/or Karimi et al. composed of helically (when targeting 2016; Moon et **caveosome** arranged coat proteins al. 2015; ligands are trafficking (need Size: 880 nm length, added) further studies) Passaretti et al. <mark>6.6 nm width</mark> 2020; Yata et al. 2014 AAV Nonenveloped, Clathrin-Endosomal Endosomal siRNA. DNA Tomar et al. icosahedral capsid mediated acidification acidificatio 2003; Xu et Size: 20-25 nm endocytosis exposes n exposes al. 2005 phospholipase NLS domain that lyses domains endo-lysosomal that direct membrane genes to nucleus unknownCerami AdV Nonenveloped, Binding to Microtubule DNA transgene, Greber et icosahedral capsid with CAR and de-enhanced dynein/ therapeutic genes al. 1997; fiber knobs on vertices integrins insertion to and dynactin Tatsis and Size: 90-100 nm facilitates membrane motor Ertl 2004; Volpers and integrindisruption of complex dependent early endosomes Kochanek endocytosis by protein VI 2004; Russell 2009; Fay

2080 Table 1. Nucleic Acid Carriers: Properties and Trafficking

						and Panté 2015; Staring et al. 2018
IV	Enveloped, spherical capsid with helical symmetry Size: 80-120nm Shape: spherical	Binding to sialic acid groups facilitates endocytosis.	pH drop in endosomes reveals hydrophobic HA2 subunit tha mediates fusion	NLS sequences on nucleoprote in mediate karyopherin -dependent nuclear delivery	siRNA, miRNA	James and Whitley 2017; Couch 1996; Mammen et al. 1998; Pinto, Holsinger, and Lamb 1992; Neumann et al. 1997; Li et al. 2015; de Jonge et al. 2006; Li et al. 2013
HBV	Enveloped, icosahedral capsid Size: 42 nm	Binding of major surface antigens of HBV to cellular receptors NTCP and HSPG facilitate receptor mediated endocytosis.	Need further studies but shown to be insensitive to pH	Microtubule assisted perinuclear delivery; karyopherin- dependent nuclear entry	DNA	Li 2015; Venkatakrishna n and Zlotnick 2016; Tsukuda and Watashi 2020; Brandenburg et al. 2005
EBOV	Enveloped, filamentous virus with helical symmetry Diameter: 80 nm, length: 600-1400 nm	Macropinocytosi s	Binding to NPC1 in late endosomes or lysosomes facilitates fusion and endosomal escape	N/A	none	Beniac et al. 2012; Falasca et al. 2015; Hunt, Lennemann, and Maury 2012; Kondratowicz et al. 2011; Nanbo et al. 2010; Aleksandrowicz et al. 2011; Carette et al. 2011; Côté et al. 2011; H. Wang et al. 2016
<u>SV40</u>	Non-enveloped, spherical capsid with icosahedral symmetry Size: 45 nm	SV40 VP1 protein binds to MHC-1 receptor and undergoes caveolin mediated internalization	Caveosomes undergo dynamic shape changes, and the virus is transported to the smooth endoplasmic reticulum.	Capsid disassembly occurs in smooth ER; exposed NLS peptide facilitates nuclear uptake via karyopherin -mediated pathway	none	Fay and Panté 2015, Norkin et al. 1998, Pelkmans et al. 2001, Nakanishi et al. 2007
Carbohydı	rate-based vector	D	TT 1	NT (A	'D) I (NT · · · ·
siRNA- GalNAc3 conjugates	Tris-GalNAc ligand of ASPGR is covalently attached to siRNA	Receptor- mediated endocytosis	Unknown	N/A	siRNA	Nair et al. 2014; Springer

						and Dowdy 2018
Protein/Pepti	ide-based vectors					
ARCs	Antibody is conjugated to alkyne-siRNA sense strand via a bifunctional azidoLys peptide linker	Receptor- mediated endocytosis	N/A	N/A	siRNA	Huggins et al. 2019
REDV-Gm- TAT-Gm- NLS tandem peptide	Peptide sequences covalently linked with Gly repeats pack pDNA via electrostatic condensation Size: 200 nm Shape: Spherical	REDV selectively binds to integrin $\alpha 4\beta 1$ of endothelial cells, leading to endocytosis. TAT promotes membrane permeability.	NLS have buffering capacity	NLS facilitates karyopherin α/β mediated perinuclear delivery	pDNA	Hao et al. 2017
T-Rp3	Modular His ₆ -tagged protein composed of the recombinant DBP, a DBD, and TAT Size: 100 nm Shape: free from - toroidal; bound form - spherical	TAT facilitates endocytosis mostly via clathrin- dependent pathway	His ₆ tag induces "Proton-sponge effect"	T-Rp3 interacts with microtubule and is transported to the perinuclear region Nuclear entry is due to hydrophobi c interaction of positively charged amino acid residues with NPC	pDNA, siRNA, dsRNA	Favaro et al. 2014; Favaro et al. 2018
Polymer-base A-C3	ed vectors Cationic diblock copolymer pDMAEA- PImPAA-pBA condenses nucleic acids Size: 200 nm Shape: Spherical	Cationic pDMAEA facilitatesclathri n-mediated endocytosis	Ionizable PImPAA elicits proton sponge effect; Hydrophobic PBA inserts into endosomal membrane	BA binds to NPC via hydrophobi c interaction	pDNA, siRNA	Gillard et al. 2014, Truong et al. 2013
PAT-SPN	Cationic diblock copolymer DMAEA- PAA-BA condenses nucleic acids; PEG shell is tethered to polyplex core through an MMP-7 peptide substrate Size: 46 nm Shape: Spherical	MMP-7 activated particle enter via endocytosis	pH-dependent membrane destabilization by endosomolytic PAA-BAA block	Not shown	DNA, siRNA	Li et al. 2013
Lipid-based	vectors	D:		27/4	DIT INT	a .
Liposomes	Lipid combinations containing ionizable cationic lipids, fusogenic lipids, cholesterol, and PEG-lipids form spherical bilayers with an aqueous core Size: <200 nm Shape: Spherical	Direct fusion or endocytosis	Membrane fusion – can be made responsive to cellular (pH, enzymes, redox potential) or external (temperature, magnetic field,	N/A	mRNA, siRNA, pDNA, ASOs	Semple et al. 2010; Akinc et al. 2010; Corbett et al. 2020; Callaway 2020; Jeffs et al. 2005;

			light) stimuli; may also be decorated with penetrating or fusogenic domains to facilitate escape			Wheeler et al. 1999; Lechardeur et al. 1999; Heidarli, Dadashzade h, and Haeri 2017
SLNPs	Nucleic acids combined with cationic lipids form neutral complexes that are encapsulated by solid lipids Size: ~150 nm Shape: spherical	Phagocytosis or endocytosis (depends on cell type and surface modification)	Membrane destabilization	N/A	siRNA	Lobovkina et al. 2011; Arana et al. 2019
Inorganic Na	noparticles					_
AuNPs	Covalent attachment of nucleic acid cargo or supramolecular assembly Size: ~50 nm Shape: spherical, rod- like, star-like, triangular	Clathrin- mediated endocytosis	Polycationic functionalities on the surface disturb the pH balance leading to osmotic swelling and endosomal rupture - "proton sponge" mechanism	N/A	DNA, siRNA, miRNA	Burger et al. 2014; Ding et al. 2014; Neshatian et al. 2014; Mendes et al. 2017; Xie et al. 2017
Fe3O4 NPs	Covalent attachment of nucleic acid cargo or supramolecular assembly Size: 50-100 nm Shape: spherical	Endocytosis that could be enhanced by the application of oscillating magnetic field	osmotic swelling if polycationic polymers are used, membrane destabilization if coated with lipids or functionalized with cell penetrating peptides	N/A	DNA, siRNA	McBain et al. 2008; Cutler et al. 2010; Jiang et al. 2013; Urie and Rege 2015; Dowaidar et al. 2017; Cruz-Acuña et al. 2018
NanoMOF s	biomineralization, pore encapsulation, supramolec ular assembly Size: 30-300 nm Shape: spherical, ellipsoidal, cubic, hexagonal, octahedral	Endocytosis	osmotic swelling induced by metal cations from degraded MOF	N/A	DNA, aptamers (DNA and RNA), miRNA, siRNA, pDNA	Liang et al. 2015; Peng et al. 2018; Sun et al. 2018; Li et al. 2019; Teplensky et al. 2019; Sun et al. 2020
NPSCs	Complexes of nucleic acid and Arg-rich inorganic nanoparticles are assembled on an oil drop Size: 150-500 nm Shape: spherical	Direct fusion and cytosolic delivery	N/A	No data yet	siRNA, CRISPR- Cas9-gRNA	Jiang et al. 2015; Mout et al. 2017; Jiang et al. 2018
usAuNP	Tiopronin-covered AuNPs conjugated to TFO Size: 2-20 nm Shape: spherical	Caveolae- mediated endocytosis	Passive diffusion out of the endosome	2 and 6 nm gene carrying NP undergo passive diffusion whereas any size above 10 nm stays	c-myc promoter- binding TFO	Cai et al. 2011; Huang et al. 2012; Huo et al. 2014

Nucleio A	id Displaying Nonastructures			in cytoplasm.		
INUCIEIC AC	anostructures	(INADINS)			'DNIA 'DNIA	Nr. 1.
SNAs	Outward display of densely packed nucleic acids physically adsorbed or covalently bonded to a nanoparticle core Size: <100 nm Shape: spherical, rod- like, triangular prism	Caveolae- mediated endocytosis	N/A, most trapped in endosomes	N/A	siRNA, miRNA, DNAzymes, aptamers, ribozymes, immunostimulato ry DNA	Mirkin et al. 1996; Elghanian et al. 1997; Jin et al. 2003; Ni et al. 2006; Massich et al. 2009; Seferos et al. 2009; Cutler et al. 2011; Cutler et al. 2012; Young et al. 2012; Choi et al. 2013; Banga et al. 2017; Li et al. 2018; Rouge et al. 2015
NANs	Nucleic acids are radially displayed on and photochemically tethered to the surface of crosslinked micelles. Hollow core permits co- delivery of small molecules and large biomolecules Size: 20-180nm Shape: Spherical	Endocytosis	Micelle cross- linkages are enzymatically cleaved by endosomal esterases or proteases, revealing a hydrophobic surfactant tail that facilitates cytosolic access	N/A	DNA, siRNA, DNAzyme, pDNA	Awino et al. 2017; Santiana et al. 2017; Hartmann et al. 2018; Hartmann et al. 2020; Tolentino et al. 2020
Nucleic Acid Nanogel	Double stranded nucleic acid linkers with single stranded overhangs hybridize with multiple DNA strands clicked onto a polymeric backbone, serving as crosslinks that condense the construct into a nanogel Size: 80-1200 nm Shape: spherical	Endocytosis	Unknown	None	siRNA, Cas9/sgRNA	Ding et al. 2018; Ding et al. 2019; Ding et al. 2020

2081 Abbreviations: AAV, adeno-associated virus; siRNA, small interfering RNA; AdV, adenovirus; shRNA, small hairpin RNA; VLP, 2082 virus-like particle; NTPC, sodium taurocholate cotransporting polypeptide; HSPG, heparan sulfate glycoprotein; CCMV, cowpea 2083 chlorotic mottle virus; mRNA, messenger RNA; miRNA, microRNA; GalNAc, N-acetylgalactosamine; ASPGR, asioglycoprotein 2084 receptor; ARC, antibody-RNA conjugate; REDV, Arg-Glu-Asp-Val; Gm, Gly repeats; TAT, transactivator of transcription peptide; NLS, 2085 nuclear localization sequence; pDNA, plasmid DNA; DBD, DNA-binding domain; DBP, dynein-binding protein; pDMAEA, 2086 dimethylaminoethyl methacrylate; PImPAA, P(N-(3-(1H-imidazol-1-yl)propyl)acrylamide; pBA, poly(butyl acrylate); PAT-SPN, 2087 proximity-activated targeting smart polymeric nanoparticle; PEG, polyethylene glycol; MMP-7, matrix metalloproteinase-7; SLNP, solid 2088 lipid nanoparticle; AuNP, gold nanoparticles; Fe₃O₄ NP, iron oxide nanoparticle; NanoMOF, nano metal-organic framework; NPSC, 2089 nanoparticle stabilized nanocapsules; CRISPR-Cas9-gRNA, clustered regularly spaced palindromic sequences (CRISPR) CRISPR-

- 2090 associated (Cas9) guide RNA; usAuNP, ultrasmall gold nanoparticle; TFO, triplex forming oligonucleotides; SNA, spherical nucleic
- 2091 acids; NAN, nucleic acid nanocapsules

Components	Examples	Mechanism of Action	Nucleic Acid Carriers	Ref
Targeting, Attachn	ient, and Entry			
Aptamers	Electrostatically adsorbed RNA-based CD30 aptamer	Binding to surface CD30 specifically overexpressed in ALK ⁺ ACLC promotes endocytosis	siRNA-loaded cationic polymer-based vector	Zhao et al. 2011
	Surface-anchored RNA-based transferrin aptamer	Binding to cell surface transferrin receptor mediates endocytosis	siRNA-loaded liposomes	Wilner et al. 2012
Peptides	Integrin-targeting peptides (e.g. RGD, REDV, AG86)	Binding to integrins facilitates clathrin- or receptor- mediated endocytosis	siRNA-peptide conjugates, pDNA- peptide complexes	Hao et al. 2017; Kang et al. 2019
	GLP1	Binding to GLP1R on pancreatic islet beta cells facilitates endocytosis	ASO-GLP1 peptide conjugates	Ämmälä et al. 2018
	TAT	Cationic naked or conjugated peptide can enter cells via macropinocytosis or receptor- mediated endocytosis	siRNA-TAT-EED conjugates	Lönn et al. 2016; Khan et al. 2020
	R8	Acid-labile hydrazone linkages are cleaved around tumor cells, revealing cationic CPP that mediates endocytosis	siRNA-loaded, ACPP- decorated liposomes	Xiang et al. 2017
	MPG	Hydrophobic domain of peptide facilitates direct cytosolic entry	Noncovalent MPG complexes peptide- siRNA and peptide- pDNA complexes	Simeoni 2003
Carbohydrates	GalNAc	Multivalent binding to hepatocyte ASGPR mediates endocytosis	siRNA-GalNac conjugates	Nair et al. 2014
Small Molecules	Folate	Binding to folate-receptors overexpressed in cancer cells mediates endocytosis	pDNA loaded liposomes functionalized with folic acid as targeting ligand.	Sikorski et al. 2015 Feb; Cui et al. 2016; Orellana et al. 2017
	Bivalent β-turn analogues	Mimic β-turn recognition motifs that facilitate protein-protein interactions; hydrophobic tail added to enhance membrane attachment	pDNA-loaded BIVs	Burgess 2001; Shi et al. 2010
	Nigericin	Ion exchange between endosomal H^+ and cytosolic K^+ results in endosomal swelling and rupture	miRNA-folate-nigericin conjugates	Orellana et al. 2019
Antibodies	Surface-anchored Anti-CD3 and Anti- CD8 antibodies	Binding to surface CD3 and CD8 receptors on T-cells promotes endocytosis	mRNA-loaded polymer-based carrier	Moffett et al. 2017
	Anti-CD22 mAb-SA	Binding to CD22 receptor in lymphoma cells promotes receptor- mediated endocytosis	siRNA-loaded polymer- based system	Palanca- Wessels et al. 2011
	Surface-conjugated Anti-HER2 mAb	Binding to HER2 overexpressed in breast cancer cells facilitates endocytosis	siRNA-loaded inorganic- and polymer- based system	Ngamcherdtra kul et al. 2015
	Anti-CD33 IgG4 mAb	Binding to CD33 ⁺ AML THP1 cells facilitates endocytosis	Antibody-siRNA Conjugates (ARCs)	Huggins et al. 2019
Endosomal Escape				
Peptides	Fusogenic peptides (e.g. HA2-derived peptides, GALA, KALA)	Glu- or His-rich peptides undergo acid-driven conformational change to alpha-helical structure, leading to pore formation	pDNA entrapped in gelatin-silica nanoparticles modified with fusogenic peptides, or nanobiomimetic	Ye et al. 2012; Kusumoto et al. 2014; Alipour et al.

2093 **Table 2. Key components added to modulate trafficking**

			carrier composed of targeting and fusogenic peptides by which DNA is condensed.	2017; Ni et al. 2019
	Addition of 5-20 His to the targeting ligand	Proton sponge effect	pDNA-His modified peptide complexes	Lo and Wang 2008; Chang et al. 2010
	Endosomal Escape Domains (EEDs)	Hydrophobic W- and F-containing peptides destabilize endo- lysosomal membranes	siRNA-TAT-EED conjugates	Lönn et al. 2016
Small molecules	Oligonucleotide Enhancing Compounds (OECs)	Enhance membrane permeability	ASO/SSO/siRNA-OEC conjugates	Yang et al. 2015; Wang et al. 2017; Juliano et al. 2018; Seth et al. 2019
	Cationic Amphilic Drugs (CADs, e.g. chloroquine)	Weak bases that destabilize the endo-lysosomal membrane	Adjuvants for GalNAc- cholesterol-siRNA conjugates	Du Rietz et al. 2020
Polymer	PEI	Osmotic endosomal rupture	siRNA-loaded cationic polymer	Zhao et al. 2011
	Multiblock (co)polymers (e.g. DMAEA-PAA-PBA, pDMAEA-PImPAA- PBA)	Endosomal rupture via ionic and hydrophobic interactions with membrane	DNA/RNA-polymer complexes	Li et al. 2013; Truong et al. 2013; Gillard et al. 2014
Hydrophobic domains	Surfactant	Surfactant destabilizes endosomal membrane	Polymeric micelle, siRNA-DNA conjugates, DNAzyme- NANs	Zhang et al. 2015; Hartmann et al. 2018; Hartmann et al. 2020
	Cationic or ionizable lipids (e.g. DOPE)	Lipid fusion destabilizes membrane	siRNA-loaded liposomes	Semple et al. 2010; Wilner et al. 2012
Nuclear Targeting	and Entry			
Aptamers	DTS (from SV40 enhancer region)	DTS binds to cytoplasmic NLS- tagged proteins bound for nuclear delivery	DTS sequence- containing plasmids	Miller and Dean 2009
	NFκB-motif embedded on plasmid sequence	NFκB binds with motif on pDNA and shuttles construct to nucleus	pDNA/polymer complexes	Breuzard et al. 2008
	Surface-displayed DNA-based nucleolin aptamer (AS411)	Active transport and binding to nucleolin localized in nuclear membrane	Polymeric micelle	Zhang et al. 2015
Peptides	Dynein Binding Protein (DBP)	DBP binds to motor and is carried to centrosome through microtubules	Recombinant DBP- containing protein condensed with pDNA, siRNA and dsRNA	Favaro et al. 2018; Favaro et al. 2014; Dalmau-Mena et al. 2018
	Nuclear Localization Signal (NLS)	Form weak, multiple interactions with cytoplasmic karyopherin bound for active nuclear transport via NPC	pDNA condensed with cationic NLS; AuNP conjugated complex of CRISPR/Cas9- gRNA, Cas9, and NLS; pDNA-NLS conjugates	Hao et al. 2017; Kim et al. 2017; Mout et al. 2017
Small Molecules	Dexamethasone (Dex)	Dex binds to nuclear membrane glucocorticoid receptor and dilates NPC; enhances affinity of polycations to nuclear membrane	HA/PEI ₁₈₀₀ -Dex/pDNA ternary complexes	(Fan et al. 2013)

2094 Abbreviations: CD, cluster of differentiation (receptor); ALK⁺, anaplastic lymphoma kinase; ACLC, anaplastic large cell lymphoma;

2095 siRNA, small interfering RNA; ASO, antisense oligonucleotide; GLP1, glucagon-like peptide 1; GLP1R, glucagon-like peptide 1

receptor; TAT, transactivator of transcription (peptide); EED, endosomal escape domain; CPP, cell-penetrating peptide; R8, Octa-Arg
(peptide); GalNAc, N-acetylgalactosamine; ASGPR, asioglycoprotein receptor; BIV, bilamellar invaginated vesicle; miRNA,
microRNA; mAb-SA, streptavidin-conjugated monoclonal antibody; HER2, human epidermal growth factor 2; IgG4, immunoglobin G4;
AML, acute myeloid leukemia; HA2, hemagglutinin 2 (peptide); GALA, Glu-Ala-Leu-Ala (peptide); pDNA, plasmid DNA; SSO, spliceswitching oligonucleotide; PEI, polyethylenimine; pDMAEA, dimethylaminoethyl methacrylate; PImPAA, P(N-(3-(1H-imidazol-1yl)propyl)acrylamide; pBA, poly(butyl acrylate); PAA, propylacrylic acid; DOPE, dioleoylphosphatidylethanolamine; DTS, DNA
nuclear targeting sequence; SV40, simian 40 virus; NFκB, nuclear factor kappa-light-chain-enhancer of activated B cells; dsRNA,

- 2103 double-stranded RNA; AuNP, gold nanoparticle; CRISPR-Cas9-gRNA, clustered regularly spaced palindromic sequences (CRISPR)
- 2104 CRISPR-associated (Cas9) guide RNA; NPC, nuclear pore complex; HA, hyaluronic acid



2106

Figure 2. Mechanisms to protect nucleic acid cargo. A. Examples of common viruses. Despite structural diversity, viruses collectively protect their genome through charge condensation and encapsulation by a capsid and, for an enveloped virus, an outer lipid membrane. **B.** Examples of nonviral nucleic acid delivery systems. Beyond condensation and encapsulation, nonviral carriers also use chemical modifications, self-generated sterics, or a combination of strategies to achieve the same purpose.



Figure 3. Targeting multiple receptors enhances cellular specificity and transfection efficiency. 2115 2116 A. The entry of adenovirus into the host cell occurs in a three-step process – binding, drifting, and 2117 shedding. First, the adenovirus binds to the Coxsackievirus and adenovirus receptor (CAR) of the host 2118 cell surface through fiber knobs jutting out the vertices of the icosahedral shaped viral capsid. Second, 2119 acto-myosin drifting of the virus-bound CAR receptor leads to internment of the penton base protein 2120 of the viral capsid by integrins expressed on the cell surface. Third, the slow drifting motion $(0.1 \,\mu\text{m/s})$ 2121 of the CAR receptor and the stable nature of binding causes mechanical stress onto the viral capsid, 2122 the first uncoating step in the capsid disassembling process. The protein VI of the inner capsid is 2123 exposed which makes lesions in the plasma membrane and undergoes integrin-dependent endocytosis 2124 (Burckhardt et al. 2011) **B.** As described by Nie et al. (Nie et al. 2011), a synthetic dual-ligand targeted 2125 vector system was constructed using a cationic polymer PEI to deliver pDNA. PEG moieties were 2126 used to shield the charge of the polyplex. Inspired from natural viruses, the polyplex was conjugated 2127 with Transferrin receptor (TFR)-binding B6 peptide and integrin-recognizing RGD sequence for dual 2128 targeting purpose. The receptor specificity of the dual targeted polyplex shows increased gene 2129 transfection as compared to the single targeting peptide. The integrin receptor binding helps in cellular 2130 association and the vector is internalized via TFR-mediated endocytosis.

2131



Figure 4. Endocytosis provides an opportunity for integrating stimulus-responsive nucleic acid 2134 2135 release. A. The influenza virus releases its genome (complexed with nucleoproteins, gray spheres) 2136 into the cytosol in a pH-dependent manner. Endosomal acidification drives the influx of protons through the Matrix Protein 2 (M2) ionophore. This liberates the ribonucleoprotein (RNP) complex 2137 from Matrix Protein 1 (M1) and exposes the fusogenic subunit HA2, which, in turn, facilitates fusion 2138 2139 of the viral and endosomal membranes (Pinto et al. 1992). Neuraminidase (NA) enables release of the influenza virus from the host cell after replication (James and Whitley 2017). **B.** On the other hand, 2140 pH-responsive fusogenic liposomes are composed of ionizable lipids with weakly basic head groups 2141 2142 that are rapidly protonated as the pH drops in the endosomes. This enables the protonated lipids to promote fusion and nucleic acid release before lysosomal degradation (Budker et al. 1996; Kogure et 2143 2144 al. 2008; Sato et al. 2012).

Figure 5. Karyopherin-mediated nuclear delivery of SV40 and of a synthetic nanovector. A. 2147 2148 SV40 binds to MHC-1 class receptors present on the host cell surface. This mediates the recruitment 2149 of caveolin-1 positive vesicles, and the virus is eventually taken up into caveosomes. These 2150 caveosomes undergo dynamic structural changes to form long tubular membrane extensions, which are 2151 then released from caveosomes and are transported to the smooth ER (Pelkmans et al. 2001). Once 2152 inside the ER lumen, the disassembly of viral capsid begins, and the partially disassembled capsid 2153 undergoes structural changes in the cytosol to expose the NLS embedded in the minor capsid. The NLS 2154 moiety is recognized by the karyopherin family, and the viral genome is transported to the nucleus as karyopherin cargo (Toscano and de Haan 2018; Nakanishi et al. 2007). **B.** In this study by Hu et al. 2155 2156 (2012), PEI conjugated to β-cyclodextrin (PC) was used to transfect pDNA. Results shows that it is 2157 internalized by caveolae- and clathrin- dependent pathways. To enhance the nuclear delivery of DNA, the NLS peptide inspired from SV40 virus was combined and conjugated to the PC backbone. 2158 2159 Compared to PC/pDNA, PC/NLS/pDNA shows higher gene transfection efficiency.

Figure 6. Microtubule(MT)-assisted nuclear delivery of adenovirus mimicked by a recombinant 2161 2162 **peptide vector.** A. Adenovirus undergoes receptor-mediated endocytosis by targeting CAR and 2163 integrin receptors present on the cell surface. Once inside the endosome, protein VI contains an N-2164 terminal amphipathic helix that fragments the endosomal membrane. An adjacent peptide motif is also 2165 exposed which helps to drive the viral capsid out of the endosome (Flatt and Butcher 2019). After 2166 endosomal escape, the hexon facet of the viral capsid interacts with the kinesin light chain and cytoplasmic dynein protein. Thus, the virion hijacks the host's dynein/dynactin motor proteins to 2167 2168 hitchhike towards the nucleus. As the viral capsid docks onto the nuclear pore complex (NPC), the 2169 kinesin motor mediates a tug-of-war process for final uncoating of the viral capsid and release of the 2170 viral genome (Scherer and Vallee 2011). **B.** To mimic this nuclear virus strategy, a peptide-based nonviral vector was synthesized by Favaro et al. (2018) wherein they used modular recombinant TRp3 2171 2172 protein (human dynein light chain) that interacts with dynein motor proteins and undergoes MT-2173 assisted nuclear delivery. In addition to the MT-targeting protein, this peptide vector is composed of 2174 TAT for cell targeting, a DNA binding domain for electrostatic condensation of DNA and six histidine 2175 moieties for endosomal escape. Conclusively, this modular protein is able to efficiently deliver nucleic 2176 acid cargos including plasmid DNA, dsRNA and siRNA (Favaro et al. 2018).