

Supplementary Material

Supplementary Table 1.1

All Mean L-DOPA Concentrations (μg/G).

Treatment Condition	Sed/Water			Sed/Alcohol			Run/Water			Run/Alcohol			Two-Way ANOVA Statistics		
Brain Area	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Exercise Effect	Alcohol Effect	Interaction
Striatum area	0.06229	0.00457	7	0.06013	0.00404	8	0.053	0.00679	8	0.07411	0.00235	9	$F(1,32)=0.25, p=0.62$	$F(1,32)=4.30, p=0.04$	$F(1,32)=6.30, p=0.01$
Hypothalamus area	0.23167	0.01507	9	0.24878	0.02065	9	0.222	0.01193	7	0.25922	0.02041	9	$F(1,32)=0.00, p=0.98$	$F(1,32)=2.23, p=0.14$	$F(1,32)=0.31, p=0.58$
Brainstem area	0.04756	0.00325	9	0.05878	0.00361	9	0.053	0.00252	9	0.05456	0.00236	9	$F(1,32)=0.06, p=0.08$	$F(1,32)=4.47, p=0.04$	$F(1,32)=2.65, p=0.11$
Caudal cortical area	0.01567	0.00496	6	0.04444	0.0142	9	0.02467	0.00633	9	0.02967	0.00519	9	$F(1,32)=0.10, p=0.75$	$F(1,32)=3.23, p=0.08$	$F(1,32)=1.63, p=0.21$
Cerebellum area	0.06278	0.01128	9	0.06511	0.00399	9	0.06167	0.00213	9	0.05878	0.00417	9	$F(1,32)=0.34, p=0.56$	$F(1,32)=0.00, p=0.95$	$F(1,32)=0.17, p=0.68$
Hippocampus area	0.01725	0.00475	8	0.022	0.00264	9	0.01578	0.00191	9	0.02175	0.00258	8	$F(1,32)=0.36, p=0.55$	$F(1,32)=1.61, p=0.21$	$F(1,32)=0.07, p=0.79$
Prefrontal cortex area	0.07775	0.0067	8	0.09233	0.00338	9	0.097	0.00496	9	0.08656	0.0118	9	$F(1,32)=0.07, p=0.78$	$F(1,32)=0.82, p=0.37$	$F(1,32)=2.86, p=0.10$

Supplementary Table 1.2**All Mean DA Concentrations ($\mu\text{g}/\text{G}$).**

Treatment Condition	Sed/Water			Sed/Alcohol			Run/Water			Run/Alcohol			Two-Way ANOVA Statistics		
Brain Area	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Exercise Effect	Alcohol Effect	Interaction
Striatum area	4.86633	0.16555	9	4.36089	0.15701	9	4.41356	0.13539	9	4.66856	0.19549	9	$F(1,32)=0.19, p=0.66$	$F(1,32)=0.58, p=0.45$	$F(1,32)=5.33, p=0.02$
Hypothalamus area	0.48911	0.02872	9	0.50211	0.04628	9	0.42533	0.01791	9	0.53933	0.04816	9	$F(1,32)=0.13, p=0.72$	$F(1,32)=2.88, p=0.09$	$F(1,32)=1.80, p=0.18$
Brainstem area	0.148	0.03837	9	0.08322	0.00483	9	0.08067	0.0124	9	0.08956	0.01555	9	$F(1,32)=1.95, p=0.17$	$F(1,32)=1.65, p=0.20$	$F(1,32)=2.86, p=0.10$
Caudal cortical area	0.38922	0.0351	9	0.48511	0.06843	9	0.48378	0.05083	9	0.59378	0.11336	9	$F(1,32)=1.94, p=0.17$	$F(1,32)=1.98, p=0.16$	$F(1,32)=0.01, p=0.92$
Cerebellum area	0.01711	0.00376	9	0.00733	0.00116	9	0.00789	0.00118	9	0.00822	0.00189	9	$F(1,32)=3.69, p=0.06$	$F(1,32)=4.45, p=0.04$	$F(1,32)=4.69, p=0.03$
Hippocampus area	0.017	0.00564	9	0.00889	0.00145	9	0.026	0.01742	9	0.01433	0.00385	9	$F(1,32)=0.56, p=0.46$	$F(1,32)=1.11, p=0.29$	$F(1,32)=0.04, p=0.84$
Prefrontal cortex area	0.13244	0.04623	9	0.18878	0.08678	9	0.09778	0.02211	9	0.18633	0.06772	9	$F(1,32)=1.05, p=0.31$	$F(1,32)=0.10, p=0.75$	$F(1,32)=1.01, p=0.32$

Supplementary Table 1.3**All Mean HVA Concentrations ($\mu\text{g}/\text{G}$).**

Treatment Condition	Sed/Water			Sed/Alcohol			Run/Water			Run/Alcohol			Two-Way ANOVA Statistics		
Brain Area	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Exercise Effect	Alcohol Effect	Interaction
Striatum area	0.31333	0.01626	9	0.36256	0.01798	9	0.30989	0.00985	9	0.39967	0.02732	9	$F(1,32)=0.78, p=0.38$	$F(1,32)=13.53, p=0.0009$	$F(1,32)=1.15, p=0.29$
Hypothalamus area	0.16778	0.00826	9	0.18144	0.01681	9	0.19656	0.0262	9	0.20922	0.01656	9	$F(1,32)=2.47, p=0.12$	$F(1,32)=0.53, p=0.47$	$F(1,32)=0.00, p=0.97$
Brainstem area	0.04456	0.00467	9	0.04778	0.00352	9	0.03544	0.00237	9	0.04367	0.00319	9	$F(1,32)=3.55, p=0.06$	$F(1,32)=2.76, p=0.10$	$F(1,32)=0.44, p=0.51$
Caudal cortical area	0.04322	0.00369	9	0.06489	0.00455	9	0.05111	0.00334	9	0.06967	0.00962	9	$F(1,32)=1.18, p=0.28$	$F(1,32)=11.75, p=0.001$	$F(1,32)=0.05, p=0.82$
Cerebellum area	0.00511	0.00203	9	0.00222	0.00078	9	0.00144	0.00044	9	0.00144	0.00067	9	$F(1,32)=3.53, p=0.06$	$F(1,32)=1.95, p=0.17$	$F(1,32)=1.35, p=0.25$
Hippocampus area	0.02122	0.00917	9	0.01411	0.00089	9	0.01511	0.00285	9	0.02511	0.00669	9	$F(1,32)=0.18, p=0.67$	$F(1,32)=0.05, p=0.82$	$F(1,32)=2.08, p=0.15$
Prefrontal cortex area	0.10878	0.01187	9	0.11233	0.00744	9	0.08722	0.00322	9	0.12889	0.01997	9	$F(1,32)=0.04, p=0.84$	$F(1,32)=3.39, p=0.07$	$F(1,32)=2.41, p=0.13$

Supplementary Table 1.4**All Mean DOPAC Concentrations ($\mu\text{g}/\text{G}$).**

Treatment Condition	Sed/Water			Sed/Alcohol			Run/Water			Run/Alcohol			Two-Way ANOVA Statistics		
Brain Area	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Exercise Effect	Alcohol Effect	Interaction
Striatum area	0.34189	0.02144	9	0.38122	0.02964	9	0.337	0.02184	9	0.42922	0.04766	9	$F(1,32)=0.45, p=0.50$	$F(1,32)=4.22, p=0.04$	$F(1,32)=0.68, p=0.41$
Hypothalamus area	0.11622	0.00616	9	0.12411	0.00683	9	0.11467	0.00932	9	0.14533	0.01201	9	$F(1,32)=1.23, p=0.27$	$F(1,32)=4.75, p=0.03$	$F(1,32)=1.61, p=0.21$
Brainstem area	0.02411	0.00262	9	0.02611	0.0022	9	0.01878	0.00252	9	0.02278	0.00221	9	$F(1,32)=3.24, p=0.08$	$F(1,32)=1.67, p=0.20$	$F(1,32)=0.15, p=0.70$
Caudal cortical area	0.02578	0.00341	9	0.039	0.00431	9	0.03244	0.00288	9	0.04389	0.00702	9	$F(1,32)=1.48, p=0.23$	$F(1,32)=6.99, p=0.01$	$F(1,32)=0.04, p=0.84$
Cerebellum area	0.00822	0.00301	9	0.00356	0.00087	9	0.00244	0.00094	9	0.00267	0.00073	9	$F(1,32)=3.86, p=0.06$	$F(1,32)=1.74, p=0.19$	$F(1,32)=1.97, p=0.17$
Hippocampus area	0.00189	0.00189	9	0	0	9	0.00044	0.00044	9	0.00144	0.00144	9	$F(1,32)=0.00, p=0.97$	$F(1,32)=0.13, p=0.72$	$F(1,32)=1.48, p=0.23$
Prefrontal cortex area	0.05622	0.01834	9	0.05422	0.01049	9	0.03333	0.00433	9	0.05033	0.01028	9	$F(1,32)=1.23, p=0.27$	$F(1,32)=0.41, p=0.52$	$F(1,32)=0.64, p=0.42$

Supplementary Table 1.5**All Mean (HVA+DOPAC)/DA Concentrations ($\mu\text{g}/\text{G}$).**

Treatment Condition	Sed/Water			Sed/Alcohol			Run/Water			Run/Alcohol			Two-Way ANOVA Statistics		
Brain Area	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Exercise Effect	Alcohol Effect	Interaction
Striatum area	0.13456	0.00524	9	0.17089	0.00901	9	0.14644	0.00474	9	0.18056	0.01926	9	$F(1,32)=9.86, p=0.003$	$F(1,32)=0.94, p=0.34$	$F(1,32)=0.01, p=0.91$
Hypothalamus area	0.59233	0.03618	9	0.62644	0.03577	9	0.735	0.05602	9	0.672	0.04288	9	$F(1,32)=0.11, p=0.74$	$F(1,32)=4.68, p=0.03$	$F(1,32)=1.24, p=0.27$
Brainstem area	0.582	0.07892	9	0.90156	0.06665	9	0.73811	0.07626	9	0.82322	0.07129	9	$F(1,32)=7.59, p=0.009$	$F(1,32)=0.28, p=0.60$	$F(1,32)=2.55, p=0.12$
Caudal cortical area	0.17922	0.01393	9	0.22878	0.01642	9	0.18133	0.01319	9	0.22211	0.02544	9	$F(1,32)=6.31, p=0.01$	$F(1,32)=0.01, p=0.90$	$F(1,32)=0.06, p=0.80$
Cerebellum area	0.63678	0.16532	9	0.63778	0.15784	9	0.47878	0.13534	9	0.45544	0.07611	9	$F(1,32)=0.01, p=0.93$	$F(1,32)=1.52, p=0.22$	$F(1,32)=0.01, p=0.92$
Hippocampus area	1.15822	0.11511	9	1.85578	0.26905	9	1.659	0.34618	9	2.328	0.55093	9	$F(1,32)=3.67, p=0.06$	$F(1,32)=1.86, p=0.18$	$F(1,32)=0.00, p=0.96$
Prefrontal cortex area	1.64656	0.2383	9	1.61389	0.28537	9	1.477	0.15099	9	1.728	0.39063	9	$F(1,32)=0.15, p=0.69$	$F(1,32)=0.01, p=0.92$	$F(1,32)=0.26, p=0.61$

Supplementary Table 1.6**All Mean 5-HT Concentrations ($\mu\text{g}/\text{G}$).**

Treatment Condition	Sed/Water			Sed/Alcohol			Run/Water			Run/Alcohol			Two-Way ANOVA Statistics		
Brain Area	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Exercise Effect	Alcohol Effect	Interaction
Striatum area	1.05389	0.03197	9	0.92944	0.03976	9	0.97044	0.02332	9	0.97622	0.05608	9	$F(1,32)=0.22, p=0.64$	$F(1,32)=2.23, p=0.14$	$F(1,32)=2.70, p=0.11$
Hypothalamus area	2.75656	0.17181	9	2.51944	0.1596	9	1.925	0.18894	9	2.84256	0.27675	9	$F(1,32)=1.54, p=0.22$	$F(1,32)=2.77, p=0.10$	$F(1,32)=7.97, p=0.008$
Brainstem area	1.13744	0.03185	9	1.10622	0.04923	9	0.95056	0.04209	9	0.99511	0.03879	9	$F(1,32)=13.25, p=0.001$	$F(1,32)=0.03, p=0.87$	$F(1,32)=0.86, p=0.36$
Caudal cortical area	0.49022	0.02498	9	0.47644	0.02633	9	0.45544	0.02125	9	0.51622	0.04096	9	$F(1,32)=0.01, p=0.92$	$F(1,32)=0.64, p=0.43$	$F(1,32)=1.62, p=0.21$
Cerebellum area	0.44411	0.05205	9	0.29089	0.03557	9	0.29533	0.02368	9	0.23056	0.03108	9	$F(1,32)=5.90, p=0.02$	$F(1,32)=6.22, p=0.01$	$F(1,32)=2.35, p=0.13$
Hippocampus area	1.07689	0.08106	9	1.05	0.03093	9	1.00133	0.05873	9	1.08644	0.09576	9	$F(1,32)=0.08, p=0.78$	$F(1,32)=0.17, p=0.68$	$F(1,32)=0.62, p=0.43$
Prefrontal cortex area	0.92789	0.05857	9	0.97278	0.02805	9	0.90811	0.01622	9	0.94	0.07511	9	$F(1,32)=0.27, p=0.60$	$F(1,32)=0.58, p=0.45$	$F(1,32)=0.02, p=0.89$

Supplementary Table 1.7**All Mean 5-HIAA Concentrations ($\mu\text{g}/\text{G}$).**

Treatment Condition	Sed/Water			Sed/Alcohol			Run/Water			Run/Alcohol			Two-Way ANOVA Statistics		
Brain Area	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Exercise Effect	Alcohol Effect	Interaction
Striatum area	0.72944	0.03969	9	0.75689	0.01881	9	0.68411	0.01943	9	0.75533	0.03403	9	$F(1,32)=0.64, p=0.42$	$F(1,32)=2.80, p=0.10$	$F(1,32)=0.55, p=0.46$
Hypothalamus area	2.30967	0.11587	9	2.44178	0.1883	9	1.74978	0.21173	9	2.50522	0.15282	9	$F(1,32)=3.32, p=0.07$	$F(1,32)=6.73, p=0.01$	$F(1,32)=2.11, p=0.15$
Brainstem area	1.34622	0.10066	9	1.57189	0.09881	9	1.168	0.03479	9	1.32378	0.0459	9	$F(1,32)=7.82, p=0.008$	$F(1,32)=6.27, p=0.01$	$F(1,32)=0.21, p=0.64$
Caudal cortical area	0.409	0.03249	9	0.44844	0.02436	9	0.39389	0.02178	9	0.45378	0.0224	9	$F(1,32)=0.04, p=0.84$	$F(1,32)=3.75, p=0.06$	$F(1,32)=0.15, p=0.69$
Cerebellum area	0.64411	0.14069	9	0.39544	0.04027	9	0.35244	0.01849	9	0.37556	0.01523	9	$F(1,32)=2.31, p=0.13$	$F(1,32)=4.41, p=0.04$	$F(1,32)=3.36, p=0.07$
Hippocampus area	1.16044	0.14207	9	1.36978	0.06861	9	1.11844	0.05908	9	1.20811	0.08329	9	$F(1,32)=1.18, p=0.28$	$F(1,32)=2.53, p=0.12$	$F(1,32)=0.41, p=0.52$
Prefrontal cortex area	0.59978	0.0538	9	0.759	0.02442	9	0.67144	0.0284	9	0.70722	0.01784	9	$F(1,32)=0.09, p=0.77$	$F(1,32)=8.21, p=0.007$	$F(1,32)=3.29, p=0.07$

Supplementary Table 1.8**All Mean 5-HIAA/5-HT Concentrations (μg/G).**

Treatment Condition	Sed/Water			Sed/Alcohol			Run/Water			Run/Alcohol			Two-Way ANOVA Statistics		
Brain Area	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Exercise Effect	Alcohol Effect	Interaction
Striatum area	0.69372	0.03611	9	0.82476	0.03734	9	0.70671	0.01985	9	0.79401	0.06087	9	$F(1,32)=0.05, p=0.83$	$F(1,32)=7.01, p=0.01$	$F(1,32)=0.28, p=0.59$
Hypothalamus area	0.85625	0.05299	9	0.9715	0.04154	9	0.88904	0.03793	9	0.9177	0.06008	9	$F(1,32)=0.05, p=0.83$	$F(1,32)=2.16, p=0.15$	$F(1,32)=0.78, p=0.38$
Brainstem area	1.18139	0.07914	9	1.41995	0.06485	9	1.24551	0.05939	9	1.34944	0.07906	9	$F(1,32)=0.00, p=0.96$	$F(1,32)=5.79, p=0.02$	$F(1,32)=0.90, p=0.35$
Caudal cortical area	0.8341	0.04601	9	0.94635	0.03268	9	0.86592	0.03107	9	0.90342	0.05834	9	$F(1,32)=0.02, p=0.89$	$F(1,32)=2.97, p=0.09$	$F(1,32)=0.74, p=0.39$
Cerebellum area	1.49012	0.342	9	1.3901	0.06305	9	1.21664	0.04895	9	1.46175	0.08825	8	$F(1,32)=0.30, p=0.59$	$F(1,32)=0.15, p=0.69$	$F(1,32)=0.86, p=0.35$
Hippocampus area	1.05502	0.08418	9	1.2993	0.03708	9	1.12469	0.03328	9	1.13722	0.04823	9	$F(1,32)=0.72, p=0.40$	$F(1,32)=5.54, p=0.02$	$F(1,32)=4.51, p=0.04$
Prefrontal cortex area	0.63954	0.03687	9	0.78367	0.0285	9	0.73939	0.02798	9	0.80655	0.09395	9	$F(1,32)=1.28, p=0.26$	$F(1,32)=3.79, p=0.06$	$F(1,32)=0.50, p=0.48$

Supplementary Table 1.9**All Mean NE Concentrations ($\mu\text{g}/\text{G}$).**

Treatment Condition	Sed/Water			Sed/Alcohol			Run/Water			Run/Alcohol			Two-Way ANOVA Statistics		
Brain Area	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Mean	SEM	N	Exercise Effect	Alcohol Effect	Interaction
Striatum area	0.39089	0.00768	9	0.36956	0.01096	9	0.34344	0.01472	9	0.40922	0.01773	9	$F(1,32)=0.09, p=0.77$	$F(1,32)=2.79, p=0.10$	$F(1,32)=10.7, p=0.002$
Hypothalamus area	1.73656	0.09665	9	1.77967	0.15899	9	1.36967	0.05085	9	1.97389	0.18475	9	$F(1,32)=0.42, p=0.52$	$F(1,32)=5.87, p=0.02$	$F(1,32)=4.42, p=0.04$
Brainstem area	0.54289	0.01864	9	0.55889	0.02093	9	0.50556	0.01749	9	0.54411	0.01593	9	$F(1,32)=2.00, p=0.16$	$F(1,32)=2.19, p=0.14$	$F(1,32)=0.39, p=0.53$
Caudal cortical area	0.29722	0.01296	9	0.27767	0.01089	9	0.26478	0.0072	9	0.30689	0.01225	9	$F(1,32)=0.03, p=0.87$	$F(1,32)=1.02, p=0.31$	$F(1,32)=7.78, p=0.008$
Cerebellum area	0.44489	0.06014	9	0.31111	0.02734	9	0.27844	0.00786	9	0.35622	0.01755	9	$F(1,32)=3.12, p=0.08$	$F(1,32)=0.66, p=0.42$	$F(1,32)=9.49, p<0.05$
Hippocampus area	0.38667	0.02836	9	0.33311	0.02404	9	0.27378	0.01248	9	0.396	0.01761	9	$F(1,32)=1.34, p=0.25$	$F(1,32)=2.55, p=0.12$	$F(1,32)=16.69, p=0.0003$
Prefrontal cortex area	0.4	0.01969	9	0.41311	0.02229	9	0.35178	0.01531	9	0.47522	0.03001	9	$F(1,32)=0.10, p=0.75$	$F(1,32)=9.20, p=0.004$	$F(1,32)=6.06, p=0.01$

Supplementary Table 2.1**Mean Brain Sample Weight (g).**

Brain Area	Mean	SEM	N
Striatum area	0.0713222	0.0016328	36
Hypothalamus area	0.0107667	0.0004867	36
Brainstem area	0.0981806	0.003387	36
Caudal Cortical area	0.1263028	0.0047036	36
Cerebellum area	0.052775	0.0017409	36
Hippocampus area	0.0385917	0.00099	36
Prefrontal Cortex area	0.0342642	0.0013972	36

