## Supplementary Appendix. <sup>3</sup>P<sub>0</sub> pair-creation model

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The  ${}^{3}P_{0}$  pair-creation model is an effective model to compute  $A \to BC$  open-flavor strong decays [1–4]. Here, a hadron decay takes place in its rest frame and proceeds via the creation of an additional  $q\bar{q}$  pair. The quarkantiquark pair is created with the quantum numbers of the vacuum, i.e.  $J^{PC} = 0^{++}$  (see **Figure 1**), and the decay width can be expressed as [1–8]

$$\Gamma_{A \to BC} = \Phi_{A \to BC}(k_0) \sum_{\ell} \left| \langle BCk_0 \, \ell J | \, T^{\dagger} \, |A \rangle \right|^2 \,. \quad (S1)$$

The final state is characterized by the relative orbital angular momentum  $\ell$  between B and C and a total angular momentum  $\mathbf{J} = \mathbf{J}_B + \mathbf{J}_C + \ell$ . One usually assumes harmonic oscillator wave functions for the parent, A, and daughter, B and C, hadrons, depending on a h.o. parameter,  $\alpha_{\text{ho}}$ . In the meson case, one has

$$\Phi_{n_{j}l_{j}m_{j}}(\mathbf{q}_{j}) = \mathcal{N}_{n_{j}l_{j}}(\alpha_{j})L_{n_{j}}^{l_{j}+1/2}(\alpha_{j}^{-2}q_{j}^{2}) e^{-\frac{1}{2}q_{j}^{2}/\alpha_{j}^{2}} \\
\mathcal{Y}_{l_{j}m_{j}}(\mathbf{q}_{j}) ,$$
(S2)

where the index j = A, B or C distinguishes among parent and daughter mesons,  $\alpha_j = \alpha_{\text{ho}}, n_j$  is the radial quantum number,  $L_{n_j}^{l_j+1/2}(\alpha_j^{-2}q_j^2)$  a Laguerre polynomial and  $\mathcal{Y}_{l_jm_j}(\mathbf{q}_j)$  a solid spherical harmonic [9];

$$\mathcal{N}_{n_j l_j}(\alpha_j) = \sqrt{\frac{2n_j!}{\Gamma(n_j + l_j + 3/2)}} \ \alpha_j^{-l_j - \frac{3}{2}}$$
(S3)

is the normalization factor of the h.o. wave function of **Eq. S2**. The coefficient  $\Phi_{A\to BC}(k_0)$  in **Eq. S1** is the phase-space factor (PSF) for the decay. Several prescriptions for  $\Phi_{A\to BC}(k_0)$  are possible [10], including the non-relativistic one,

$$\Phi_{A \to BC}(k_0) = 2\pi k_0 \frac{M_B M_C}{M_A} , \qquad (S4)$$

depending on the relative momentum  $k_0$  between B and C and on the masses of the parent,  $M_A$ , and daughter hadrons,  $M_B$  and  $M_C$ . The second option is the standard relativistic form,

$$\Phi_{A \to BC}(k_0) = 2\pi k_0 \frac{E_B(k_0) E_C(k_0)}{M_A} , \qquad (S5)$$

where  $E_B = \sqrt{M_B^2 + k_0^2}$  and  $E_C = \sqrt{M_C^2 + k_0^2}$  are the energies of the daughter hadrons. The third possibility

is to use an effective PSF [11, 12],

$$\Phi_{A \to BC}(k_0) = 2\pi k_0 \frac{\tilde{M}_B \tilde{M}_C}{M_A} , \qquad (S6)$$

where  $\tilde{M}_B$  and  $\tilde{M}_C$  are the effective masses of the daughter hadrons, evaluated by means of a spin-independent interaction. Our choice here is to use the PSF of **Eq. S5**. However, it is worth to note that in the case of heavy baryons and mesons, whose internal dynamics is almost non-relativistic and the hyperfine interactions are relatively small, the three types of phase-space factors are expected to provide very similar results.

The transition operator of the  ${}^{3}P_{0}$  model is given by [1–4, 13, 14]:

$$T^{\dagger} = -3\gamma_0 \int d\mathbf{p}_3 \, d\mathbf{p}_4 \, \delta(\mathbf{p}_3 + \mathbf{p}_4) \, C_{34} \, F_{34} \, V(\mathbf{p}_3 - \mathbf{p}_4) \\ \times \left[ \chi_{34} \times \mathcal{Y}_1(\mathbf{p}_3 - \mathbf{p}_4) \right]_0^{(0)} \, b_3^{\dagger}(\mathbf{p}_3) \, d_4^{\dagger}(\mathbf{p}_4) \; .$$
(S7)

Here,  $\gamma_0$  is the pair-creation strength, whose value is fitted to the reproduction of the experimental strong decay widths [15];  $b_3^{\dagger}(\mathbf{p}_3)$  and  $d_4^{\dagger}(\mathbf{p}_4)$  are the creation operators for a quark and an antiquark with momenta  $\mathbf{p}_3$  and  $\mathbf{p}_4$ , respectively; see **Figure 1**. The created  $q\bar{q}$  pair is characterized by a color-singlet wave function,  $C_{34}$ , a flavorsinglet wave function,  $F_{34}$ , a spin-triplet wave function  $\chi_{34}$ , and a solid spherical harmonic  $\mathcal{Y}_1(\mathbf{p}_3 - \mathbf{p}_4)$ , because the quark and antiquark are in a relative *P*-wave.

 $V(\mathbf{p}_3 - \mathbf{p}_4)$  in **Eq. S7** is the pair-creation vertex (PCV). In the original formulation of the  ${}^{3}P_{0}$  model [1–3], one has  $V(\mathbf{p}_{3} - \mathbf{p}_{4}) = 1$ . Possible refinements of the PCV were discussed in Refs. 13, 14. In the present calculations, we consider the PCV or quark form factor (QFF) [7, 14, 16, 17]

$$V(\mathbf{p}_3 - \mathbf{p}_4) = e^{-(\mathbf{p}_3 - \mathbf{p}_4)^2 / (6\alpha_d^2)} , \qquad (S8)$$

where  $\alpha_{\rm d}$  is the QFF parameter. The introduction of this particular PCV is motivated by the request that the  $q\bar{q}$  pair of created quarks has an effective size.

In addition to that, another modification of the original  ${}^{3}P_{0}$  model is worth to be taken into account. It consists in the substitution of the constant pair creation strength  $\gamma_{0}$  of **Eq. S7** with an effective, flavor-dependent, pair-creation strength,

$$\gamma_0^{\text{eff}} = \frac{m_{\text{u,d}}}{m_{\text{i}}} \gamma_0 . \tag{S9}$$

Its purpose is to suppress unphysical heavy quark paircreation [7, 8, 14, 18]. The mechanism consists in multiplying  $\gamma_0$  by a reduction factor  $m_{\rm u,d}/m_{\rm i}$ , with i = u, d, s

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or c; see **Table 1**. For example, the creation of  $s\bar{s}$  pairs is suppressed with respect to  $u\bar{u} \ (d\bar{d})$  by a factor of  $(m_{\rm u,d}/m_{\rm s})^2 = 0.36$ , while that of  $c\bar{c}$  by one of  $(m_{\rm u,d}/m_{\rm c})^2 = 0.05$ . In the case of  $m_{\rm i} = m_{\rm u}$  or  $m_{\rm d}$ ,  $\gamma_0^{\rm eff} = \gamma_0$  and no suppression occurs. It is worth to note that this particular choice for the pair-creation strength breaks the  $SU(3) \ [SU(4)]$  flavor symmetry and its effect

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cannot be re-absorbed in a redefinition of the model parameters or in a different choice of the  ${}^{3}P_{0}$  model vertex factor [14].

Finally, the  $\langle BCk_0 \ell J | T^{\dagger} | A \rangle$  <sup>3</sup> $P_0$  amplitudes of Eq. S1 can be calculated analytically by means of the formalism discussed in Ref. 4. For the open-flavor strong decays of baryons, see also Ref. 14.

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