

CARE Checklist of information to include when writing a case report





Topic	Item	Checklist item description	Reported on Line
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	_1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	. 14
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	. 29-31
	3b	Main symptoms and/or important clinical findings	33-37
	3c	The main diagnoses, therapeutic interventions, and outcomes	38-52
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	54
ntroduction	4	One or two paragraphs summarizing why this case is unique (may include references)	. 64-70
atient Information	5a	De-identified patient specific information	73
	5b	Primary concerns and symptoms of the patient	74-79
	5c	Medical, family, and psycho-social history including relevant genetic information	74-79
	5d	Relevant past interventions with outcomes	
linical Findings	6	Describe significant physical examination (PE) and important clinical findings	80-101
imeline	7	Historical and current information from this episode of care organized as a timeline	NA
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	NA
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	
	8c	Diagnosis (including other diagnoses considered)	73-79
	8d	Prognosis (such as staging in oncology) where applicable	NA
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	102-113
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	102-120
	9c	Changes in therapeutic intervention (with rationale)	NA
Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	NA
	10b	Important follow-up diagnostic and other test results	114-120
	10c	Intervention adherence and tolerability (How was this assessed?)	. NA
	10d	Adverse and unanticipated events	
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	123-125
	11b	Discussion of the relevant medical literature with references.	. 126-154
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	155-160
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	1== 100
atient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	
nformed Consent	13	Did the patient give informed consent? Please provide if requested	