

CARE Checklist of information to include when writing a case report



Topic	Item	Checklist item description	Reported on Line
Title Key Words Abstract (no references)	1	The diagnosis or intervention of primary focus followed by the words "case report"	1-2
	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" ...	25-26
	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	40-48
	3b	Main symptoms and/or important clinical findings.	81-175
Introduction	3c	The main diagnoses, therapeutic interventions, and outcomes.	168-175
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	211-213
	4	One or two paragraphs summarizing why this case is unique (may include references)	211-213
	5a	De-identified patient specific information.	81-175
Patient Information	5b	Primary concerns and symptoms of the patient.	81-175
	5c	Medical, family, and psycho-social history including relevant genetic information.	81-175
	5d	Relevant past interventions with outcomes.	81-175
	6	Describe significant physical examination (PE) and important clinical findings.	81-175
Clinical Findings	7	Historical and current information from this episode of care organized as a timeline.	81-175
	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	81-175
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	not applicable
	8c	Diagnosis (including other diagnoses considered)	168
Diagnostic Assessment	8d	Prognosis (such as staging in oncology) where applicable.	not applicable
	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care).	168-170
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	165
	9c	Changes in therapeutic intervention (with rationale)	not applicable
Therapeutic Intervention	10a	Clinician and patient-assessed outcomes (if available)	not applicable
	10b	Important follow-up diagnostic and other test results.	170-175
	10c	Intervention adherence and tolerability (How was this assessed?)	84-175
	10d	Adverse and unanticipated events.	not applicable
Follow-up and Outcomes	11a	A scientific discussion of the strengths AND limitations associated with this case report	190-210
	11b	Discussion of the relevant medical literature with references.	41-78, 177-216
	11c	The scientific rationale for any conclusions (including assessment of possible causes).	177-216
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion.	211-213
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received.	not applicable
	13	Did the patient give informed consent? Please provide if requested.	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>