

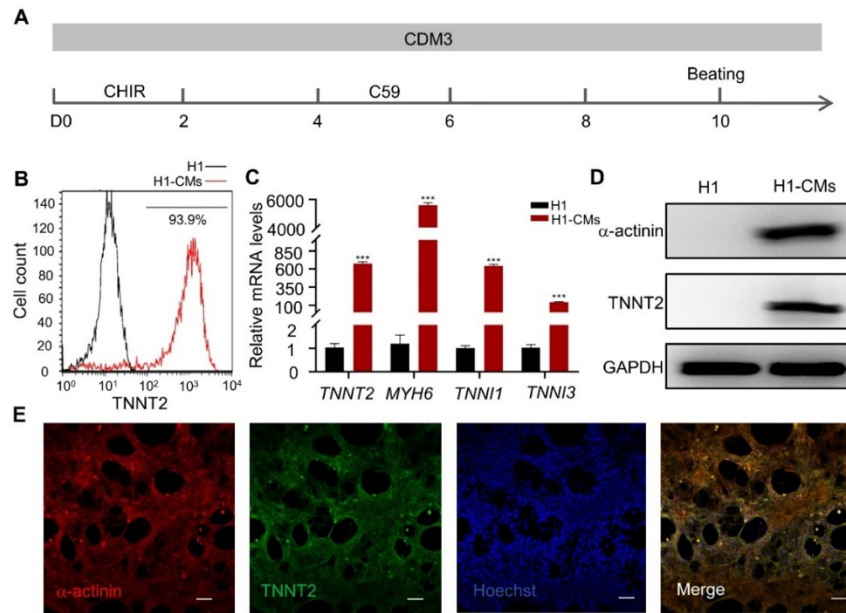
## SUPPLEMENTAL INFORMATION

### **Intermittent starvation promotes maturation of human embryonic stem cell-derived cardiomyocytes**

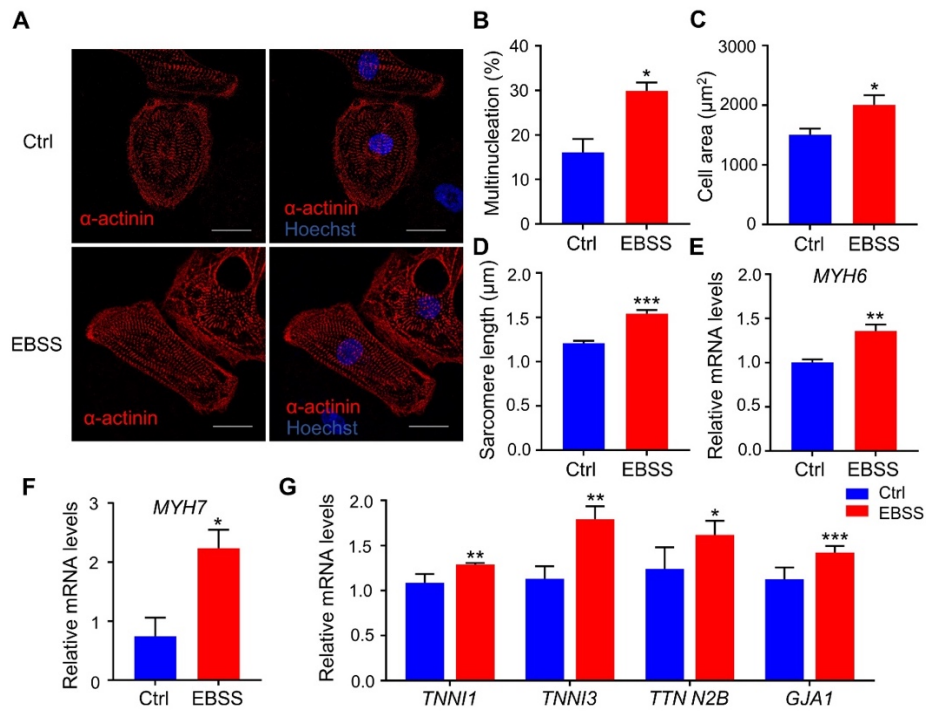
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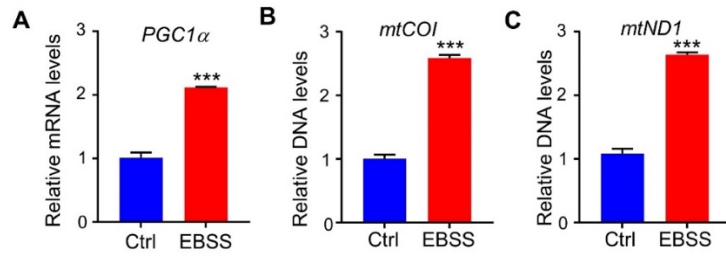
# These authors contributed equally to this work



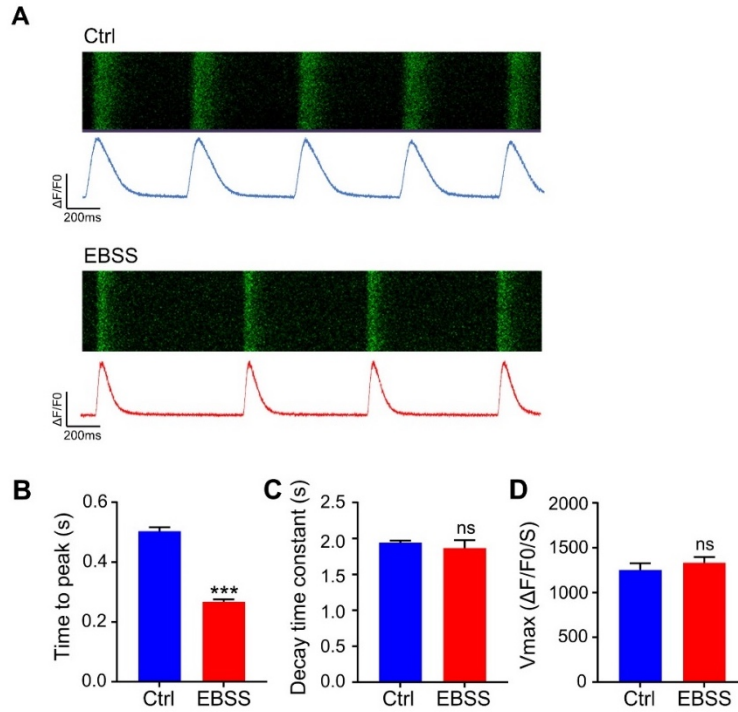
**Supplemental Figure 1. Acquisition and identification of H1-CMs.** (A) Schematic of cardiomyocyte differentiation protocol. (B) Flow cytometry analysis for cardiac troponin T (TNNT2) to indicate cardiomyocyte differentiation efficiency. (C) qPCR analysis of cardiac marker genes (*TNNT2*, *MYH6*, *TNNI1* and *TNNI3*) in H1-CMs. (D) Western blotting analysis of  $\alpha$ -actinin and TNNT2. (E) Immunofluorescent staining of  $\alpha$ -actinin (red) and TNNT2 (green) in H1-CMs. Nuclei were stained with Hoechst 33342 (blue). Scale bar, 100  $\mu$ m. All data are presented as mean  $\pm$  SEM; Student's *t*-test; \*\*\**p* < 0.001.



**Supplemental Figure 2. Intermittent starvation promotes hES3-CMs structural maturation.** (A) Representative immunostaining images of  $\alpha$ -actinin (red) in control and EBSS-treated hES3-CMs. The nuclei were stained with Hoechst 33342 (blue). Scale bar, 50  $\mu\text{m}$ . (B) Statistical analysis of multinucleation in the control and EBSS-treated hES3-CMs. (C) Statistical analysis of cell area in the control and EBSS-treated hES3-CMs. (D) Statistical analysis of sarcomere length in the control and EBSS-treated hES3-CMs. (E-F) Representative marker (*MYH6* and *MYH7*) of myocardial structure were increased in EBSS-treated CMs. (G) The qPCR analysis of the structural gene marker *TNNI1*, *TNNI3*, *TTN N2B*, *GJA1*. All data are presented as mean  $\pm$  SEM; Student's *t*-test; \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ .



**Supplemental Figure 3. Metabolism and mitochondria-related gene expression in hES3-CMs.** (A) qPCR analysis of the metabolic marker (*PGC1α*). (B-C) qPCR analysis of the mitochondrial DNA copy number (*mtCOI* and *mtND1* DNA) in EBSS-treated hES3-CMs. All data are presented as mean  $\pm$  SEM; Student's *t*-test; \*\*\*  $p < 0.001$ .



**Supplemental Figure 4. Intermittent starvation promotes calcium handling of hES3-CMs.** (A) Representative images showing the time-lapse recording of calcium activity (green) and the calcium handling traces from control (blue trace) and EBSS-treated (red trace) hES3-CMs preloaded with the calcium indicator Fluo-4 AM. (B-D)  $\text{Ca}^{2+}$  transient properties of control and EBSS-treated hES3-CMs, including the time to peak (B), decay time constant (C), and maximal velocity of upstroke (D). All data are presented as mean  $\pm$  SEM; Student's *t*-test; \*\*\*  $p < 0.001$ , and ns, not significant.

**Supplemental movie 1. Representative movie of beating H1-CMs.**

**Supplemental movie 2. Representative movie of beating H1-CMs treated with EBSS.**

**Supplemental table 1. List for PCR primers.**

<b>Genes</b>	<b>Species</b>	<b>Sense (5'→3')</b>	<b>Antisense (5'→3')</b>
<i>TNNT2</i>	Human	ACCAAAGCCCAGGTCGTTC	CAGCGCCTGCAACTCATTC
<i>TNNI3</i>	Human	CCTCCAACCTACCGCGCTTAT	CTGCAATTTTCTCGAGGCGG
<i>TNNI1</i>	Human	GCTCCACGAGGACTGAACAA	CTTCAGCAAGAGTTTGCGGG
<i>TTN N2B</i>	Human	CCAATGAGTATGGCAGTGTCA	TACGTTCCGGAAGTAATTTGC
<i>MYH6</i>	Human	CAAGAGCCGTGACATTGGTG	AGGTTGGCAAGAGTGAGGTT
<i>MYH7</i>	Human	ACCTGTCCAAGTTCCGCAAG	TCATTCAAGCCCTTCGTGCC
<i>PGC1α</i>	Human	AACAGCAAAAGCCACAAAGACG	GGGGTCAGAGGAAGAGATAAAGTTG
<i>GJA1</i>	Human	CATTGTGGACCAGCGACCTT	GGTGCACTTTCTACAGCACCT
<i>RYR2</i>	Human	TCCGGAAACAGTATGAAGACCA	CACACAACGCTGGCAATTCA
<i>HCN4</i>	Human	AAGCTGCGTTTTCGAGGTCTT	GTCTCCTTGTTGCCCTTGGT
<i>ATP2A2</i>	Human	TCAAGCACACTGATCCCGTC	GCTACCACCACTCCCATAGC
<i>KCNJ2</i>	Human	TACGGCGAGAGTCGGAGAT	TGCTTGACCCATCTTGACCAG
<i>PLN</i>	Human	CCCCAGCTAAACACCCGTAA	AGCTGGCAGCCAAATATGAGA
<i>SCN5A</i>	Human	CACGCGTTCACCTTCCTTCG	TCGAAGAGCCGACAAATTGC
<i>SDHA</i>	Human	ACTGTTGCAGCACAGCTAGAA	GCTCTGTCCACCAAATGCAC
<i>SDHB</i>	Human	ACAAGGCTGGAGACAAACCT	CCTTCGGGTGCAAGCTAGAG
<i>18S rRNA</i>	Human	GTAACCCGTTGAACCCATT	CCATCCAATCGGTAGTAGCG
<i>mtND1</i>	Human	AACCTCAACCTAGGCCTCCT	GAGTTTGATGCTCACCCCTGA
<i>mtCOI</i>	Human	ACGTTGTAGCCCACTTCCAC	CATCGGGGTAGTCCGAGTAA
<i>18S rDNA</i>	Human	GCTGAGAAGACGGTCGAACT	CGCAGGTTACCTACGGAAA

**Supplemental table 2. Antibodies used for immunofluorescence (IF), flow cytometry (FAC) & western blotting (WB).**

<b>Antibody</b>	<b>Company</b>	<b>Catalog Number</b>	<b>IF</b>	<b>FAC</b>	<b>WB</b>
Troponin T (TNNT2)	Thermo Scientific	MS-295-P1		1:200	1:1000
Troponin T (TNNT2)	Proteintech	15513-1-AP	1:200		
Sarcomeric Alpha Actinin ( $\alpha$ -actinin)	Abcam	ab9465	1:200		1:1000
GAPDH	Sungene Biotech	KM9002T			1:1000
LC3I/II	Cell Signaling Technology	4108S			1:1000
Parkin	Cell Signaling Technology	4211S			1:1000
Alexa Fluor® 488 AffiniPure Donkey Anti-Rabbit IgG (H+L)	Jackson ImmuoResearch	711-545-152	1:1000		
Alexa Fluor® 488 AffiniPure Donkey Anti-Mouse IgG (H+L)	Jackson ImmuoResearch	715-545-151	1:1000		
Alexa Fluor® 594 AffiniPure Donkey Anti-Rabbit IgG (H+L)	Jackson ImmuoResearch	711-585-152	1:1000		
Alexa Fluor® 594 AffiniPure Donkey Anti-Mouse IgG (H+L)	Jackson ImmuoResearch	715-585-151	1:1000		
Peroxidase AffiniPure Donkey Anti-Mouse IgG (H+L)	Jackson ImmuoResearch	715-035-151			1:2000
Peroxidase AffiniPure Rabbit Anti-Goat IgG (H+L)	Jackson ImmuoResearch	305-035-003			1:2000
Peroxidase AffiniPure Donkey Anti-Rabbit IgG (H+L)	Jackson ImmuoResearch	711-035-152			1:2000