**Supplemental table 2**. Loss to follow-up analysis (primary outcome, PSS) in a RCT evaluating effects of a mindfulness intervention among students at VIA's undergraduate program for teacher education (n=67), Denmark, 2019 and 2020.

|  |  |  |  |
| --- | --- | --- | --- |
| **Characteristics** | Analyzed(n=56) | Lost to follow up (n=11) | p-value |
| Sex |  |  |  |
|  Women, n (%) | 42 (75) |  7 (64) |  |
|  Men, n (%) | 14 (25) |  4 (36) | 0.45 |
| Age, mean (SD) | 27 (4) | 25 (2) | 0.36 |
| Baseline mental health, mean (SD) |  |  |  |
|  Perceived Stress Scale | 18.69 (6.20) | 17.00 (5.04) | 0.40 |
|  Symptom Check List-5 |  2.23 (0.51) |  2.25 (0.65) | 0.88 |
|  WHO-5 Well-being Index | 57.07 (18.03) | 58.55 (15.10) | 0.80 |
|  Brief Resilience Scale |  3.57 (0.97) |  4.02 (0.78) | 0.11 |