

Online Supplement

eTable 1: Definitions of Acute Respiratory Distress Syndrome over time

	Ashbaugh 1967	AECC 1994	Berlin Definition 2012
Timing	Nil	Acute	Acute: Within 1 week of known clinical insult or new or worsening respiratory symptoms
Chest imaging	Chest radiographs: Diffuse alveolar infiltration	Bilateral infiltrates on frontal chest radiographs	Chest radiographs/CT: bilateral opacities consistent with pulmonary oedema
Oxygenation	Not clearly defined, but did report cyanosis refractory to nasal oxygen and IPPV	ALI: $\text{PaO}_2/\text{FiO}_2 \leq 300\text{mmHg}$ ARDS: $\text{PaO}_2/\text{FiO}_2 \leq 200\text{mmHg}$ *regardless of PEEP*	ALI removed <u>Mild:</u> $200\text{mmHg} < \text{PaO}_2/\text{FiO}_2(2) \leq 300\text{mmHg}$ (CPAP or PEEP $\geq 5\text{cm H}_2\text{O}$) <u>Moderate:</u> $100\text{mmHg} < \text{PaO}_2/\text{FiO}_2 \leq 200\text{mmHg}$ (PEEP $\geq 5\text{cm H}_2\text{O}$) <u>Severe:</u> $\text{PaO}_2/\text{FiO}_2 \leq 100\text{mmHg}$ (PEEP $\geq 5\text{cm H}_2\text{O}$)
PAWP/Oedema	Nil	$\leq 18\text{mmHg}$ or no evidence of left atrial hypertension	Excluded from definition. Replaced with respiratory failure not fully explained by cardiac failure or fluid overload

Abbrev: AECC: American European Consensus Conference; CT: computer tomography; IPPV: intermittent positive-pressure ventilation; ALI: acute lung injury; ARDS: acute respiratory distress syndrome; PEEP: positive end-expiratory pressure; CPAP: continuous positive airway pressure; PAWP: pulmonary artery wedge pressure

References: (1–3)

eTable 2: Prevalence and mortality of ARDS according to severity

Severity	Prevalence (%)	ICU/hospital mortality (%)
Mild	30	34.9
Moderate	46.6	40.3
Severe	23.4	46.1

Legend: Values are represented in percentages of the ARDS population.

Reference: (4)

eTable 3: Differentiating factors between the two ARDS inflammatory subphenotypes

Parameters	Differentiating markers between subphenotypes	Suphenotype levels	
P1 levels with respect to P2			
Laboratory markers	IL-6, -8, -10, IFN- γ	↓	↑
	sTNFr-1, ICAM-1	↓	↑
	Ang-1/-2, RAGE	↓	↑
	WCC	↓	↑
	Creatinine,	↓	↑
	bicarbonate, PaCO2	↑	↓
	albumin, glucose	↑	↓
Clinical parameters	Heart rate	↓	↑
	Systolic BP	↑	↓
	Vasoactive use		
	Minute ventilation,	↓	↑
	plateau pressure	↓	↑
	PEEP	↓	↑
	Respiratory rate	↓	↑
Coagulation markers	Protein C	↑	↓
	Platelet count	↑	↓
	PAI-1	↓	↑
	vWF	↓	↑

Abbreviations: IL: interleukin; sTNFr-1: soluble tumor necrosis factor receptor-1; Ang-1/2: angiopoietin-1/2; RAGE: receptor for advanced glycation end-products; CRP: C reactive protein; WCC: white cell count; PCT: procalcitonin; PAI-1: plasminogen activator inhibitor-1; vWF: von willebrand factor; PEEP: positive end expiratory pressure; IFN- γ : interferon gamma; ICAM-1: Intercellular adhesion molecular-1; ICAM-1: intercellular adhesion molecule-1; WCC: White cell count; PaCO₂: partial pressure of carbon dioxide in arterial blood; BP: Blood pressure.

References: (5–10)

eTable 4: Mortality and reaction to interventions

Cohort	Intervention	Hypoinflammatory	Hyperinflammatory
ALVEOLI	PEEP strategy	Mortality 24% with higher PEEP; 16% with low PEEP	Mortality 42% with higher PEEP; 51% with low PEEP.
FACTT	Fluid strategy 90 day mortality rate	26% mortality with fluid liberal strategy; 18% with fluid conservative strategy.	40% mortality rate with fluid liberal strategy; 50% with fluid conservative strategy.
HARP	Simvastatin (28 day mortality)	16% mortality when treated with Simvastatin; 17% mortality when given placebo.	32% mortality when treated with Simvastatin; 45% mortality when given placebo.
SAILS	Rosuvastatin	No evidence for subphenotype specific treatment benefit	
Kitsios et al	Comparison of at risk for ARDS and ARDS	90 day mortality for ARDS 22%; at risk for ARDS 18%	90 day mortality for ARDS 44%; at risk for ARDS 53%

Abbreviations: PEEP: Positive end expiratory pressure; ARDS: Acute Respiratory Distress Syndrome; ALVEOLI: Assessment of Low tidal Volume and elevated End-expiratory volume to Obviate Lung Injury; FACTT: Fluid and Catheter Treatment Trial; HARP: Hydroxymethylglutaryl-CoA Reductase Inhibition with Simvastatin in Acute Lung Injury to Reduce Pulmonary Dysfunction-2; SAILS: Statins for Acutely Injured Lungs from Sepsis.

References: (5–10)

References

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