Figure S2: Pooled SMD about psychiatric symptoms which assessed with different scales

| Study or Subgroup | Experimental | | | Control | | | Weight | Std. Mean Difference |
	Mean	SD	Total	Mean	SD	Total		IV, Random, 95% CI
8.1.1 PANSS								
Huang YB. et al 2019	23.96	2.87	80	32.81	3.95	80	14.7%	-2.55 [-2.97, -2.13]
Liu L. et al 2018	42.22	6.52	45	51.28	6.49	45	14.4%	-1.38 [-1.84, -0.92]
Liu SS. et al 2017	43.62	5.93	58	51.26	6.53	40	14.6%	-1.23 [-1.67, -0.79]
Xiang JF. et al 2019	42.81	5.88	45	50.35	6.21	45	14.5%	-1.24 [-1.69, -0.78]
Yang J. et al 2017	42.68	9.02	41	53.39	10.55	41	14.4%	-1.08 [-1.55, -0.62]
Ying C. et al 2020	46.07	15.07	28	59.46	20.57	23	13.4%	-0.74 [-1.31, -0.17]
Subtotal (95% CI)			**297**			**274**	**86.0%**	**-1.38 [-1.89, -0.87]**

Heterogeneity: Tau² = 0.35; Chi² = 36.68, df = 5 (P < 0.00001); I² = 86%
Test for overall effect: Z = 5.27 (P < 0.00001)

8.1.2 BPRS								
Shen YR. et al 2016	21.18	3.15	81	28.42	4.02	30	14.0%	-2.11 [-2.62, -1.61]
Subtotal (95% CI)			**81**			**30**	**14.0%**	**-2.11 [-2.62, -1.61]**

Heterogeneity: Not applicable
Test for overall effect: Z = 8.19 (P < 0.00001)

| **Total (95% CI)** | | | **378** | | | **304** | **100.0%** | **-1.48 [-1.96, -1.01]** |

Heterogeneity: Tau² = 0.35; Chi² = 42.57, df = 6 (P < 0.00001); I² = 86%
Test for overall effect: Z = 6.15 (P < 0.00001)
Test for subgroup differences: Chi² = 3.96, df = 1 (P = 0.05), I² = 74.8%