Figure S8: Pooled SMD about family burden whcih assessed at different time point

Study or Subgroup	Experimental			Control			Weight	Std. Mean Difference IV, Random, 95% CI
	Mean	SD	Total	Mean	SD	Total		
3.3.1 3 months								
Liu L. et al 2018	20.29	6.59	45	25.32	5.23	45	48.1%	-0.84 [-1.27, -0.41]
Liu SS. et al 2017	20.48	6.26	58	25.36	7.63	40	51.9%	-0.71 [-1.12, -0.29]
Subtotal (95% CI)			**103**			**85**	**100.0%**	**-0.77 [-1.07, -0.47]**
Heterogeneity: Tau² = 0.00; Chi² = 0.18, df = 1 (P = 0.67); I² = 0%								
Test for overall effect: Z = 5.04 (P < 0.00001)								
3.3.2 6 months								
Liu L. et al 2018	13.2	6.43	45	20.29	6.6	45	49.3%	-1.08 [-1.52, -0.64]
Liu SS. et al 2017	14.37	3.68	58	20.12	6.11	40	50.7%	-1.18 [-1.62, -0.75]
Subtotal (95% CI)			**103**			**85**	**100.0%**	**-1.13 [-1.44, -0.82]**
Heterogeneity: Tau² = 0.00; Chi² = 0.11, df = 1 (P = 0.74); I² = 0%								
Test for overall effect: Z = 7.13 (P < 0.00001)								
3.3.3 12 months								
Xiang JF. et al 2019	19.42	7.55	45	25.42	6.32	45	100.0%	-0.85 [-1.29, -0.42]
Subtotal (95% CI)			**45**			**45**	**100.0%**	**-0.85 [-1.29, -0.42]**
Heterogeneity: Not applicable								
Test for overall effect: Z = 3.87 (P = 0.0001)								
3.3.4 18 months								
Xiang JF. et al 2019	13.22	3.44	45	19.31	5.84	45	100.0%	-1.26 [-1.71, -0.81]
Subtotal (95% CI)			**45**			**45**	**100.0%**	**-1.26 [-1.71, -0.81]**
Heterogeneity: Not applicable								
Test for overall effect: Z = 5.44 (P < 0.00001)								

Test for subgroup differences: Chi² = 4.59, df = 3 (P = 0.20), I² = 34.7%